WELLNESS POLICY ASSESSMENT FORM

The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) requires all local educational agencies participating in federal Child Nutrition programs to establish and implement, for all schools under its jurisdiction, local school wellness policies that meet minimum standards designed to promote sound nutrition, student health, reduce childhood obesity, and provide transparency to the public on the school nutrition environment.

This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools/Departments should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform school staff of implementation status of goals.

Goals/Objectives		in	Part in	Not in	List steps that have been taken to implement goal & implementation challenges	List steps to be taken to fully implement / expand on goal.
NUTRITION EDUCATION - response	onsible party: Director of Student Services					als
GOAL 1: The District's food service staff, to consistently promote healthy nutrition me appropriate settings	eachers, and other District personnel shall essages in cafeterias, classrooms, and other					
Objective 1: At a minimum, the district will nutrition program.	maintain the participation in federal child	Х				
Action Steps	Methods for Measuring Implementation					
Communicate school food programs within first two weeks of the school year (mechanisms include AISD parent notification systems such as the Aledo ISD App, district email and district webpage); send follow-up notification within first two weeks of second semester.	Participation rates in federal child nutrition programs at beginning, middle, and end of school year. Resources needed: Development of communications and follow-up letter				DATA AVAILABLE FROM CN DIRECTOR CAFE SERVICES IN STUDENT HANDBOOK, WEBSITE, MENUS/ON WEBSITE 2ND SEMESTER	
	Obstacles:					
	Info sometimes does not reach parents					
	Negative perception of school meals					
	Parents choosing not to disclose information related to income or family information to determine eligibility for free or reduced price meals.					

the selected theme which will be used to pr	rition staff will provide all AISD campuses with comote health and nutrition.	in	Part in Place	Not in Place	List steps that have been taken to implement goal & implemetation challenges	List steps to be taken to fully implement / expand on goal.
Action Steps	Methods for Measuring Implementation					
Distribute health and nutrition themes to	Data Collected:					
campus principals at BTS. Principals use	Campus documentation of completion of				DATA AVAILABLE FROM CN	
campus site-based teams to develop activities around the monthly theme	support activities for monthly themes				DIRECTOR/CAMPUS PRIN	
(examples include announcements,	Resources needed:					
posters, food tasting opportunities,	Campus access to themes					
connections to classroom curriculum).	Staff to implement activities					
	Obstacles:					
	None					

Goals/Objectives NUTRITION EDUCATION			Part in Place	Not in Place	List steps that have been taken to implement goal & implemetation challenges	List steps to be taken to fully implement / expand on goal.
GOAL 2: The District shall share education the general public to promote healthy nut health of students.						
Objective 1: The district will seek out oppor nutrition programs and will regularly inform programs offered by the District.	tunities to offer supplemental food and n families and the community regarding any	х				
Action Steps	Methods for Measuring Implementation					
Research food access programs available in the community with which the District could partner (food pantry programs, backpack programs supported by local churches, summer meal programs, etc.)	Data Collected: The number of supplemental programs the District currently offers or promotes; additionally, the number of kids supported through the various programs				Six or more	
	The types of food access programs identified and way the information was communicated to families and the community				Free/Reduced Meal Program Manna/Manna Room Back Pack Program PK - 8 Thanksgiving Meal Delivery Supplemental SNAP	
	Resources needed:				Food Drives Above communicated	
	Partnerships with community organizatio Literature to sent to Families, community; campus counselors to provide referrals and resources Obstacles: Limited resources/organizations	ns			various ways: ASID webpg, campus counselors, local churches and non-profits	

Goals/Objectives NUTRITION EDUCATION		1.		Not	List steps that have been	List steps to be taken to fully implement / expand
		lin	in	in	taken to implement goal &	on goal.
Objective 2: Consistently post in an easily a	coassible location on the District's or each	Place	Place	Place	implemetation challenges	en gem
campus's website the monthly school break		X				
nutritional information for each meal.	gust und funch menus, along with the	^				
Action Steps	Methods for Measuring Implementation					
Director of Communications will work	Data Collected:					
with the Child Nutrition Director to obtain						
information concerning menus and	MENU & NUTRITION INFO POSTED ON					
nutritional information to post at the	AISD CN WEBPAGE & AISD APP					
district and campus levels						
	The number of times the menus were				DATA AVAILABLE FROM CN	
	viewed during the school year				DIRECTOR	
	(Communications Director)				(6500+ JULY-OCT, 2020)	
	Resources needed:					
	Website location along with metrics to					
	tabulate number of views					
	Staff to create and distribute the menus					
	for posting to the website					
	Obstacles:					
	All nutritional information may not be					
	readily available					
	Not all families have Internet access					

Goals/Objectives NUTRITION EDUCATION		Fully in Place	in	Not in Place	List steps that have been taken to implement goal & implemetation challenges	List steps to be taken to fully implement / expand on goal.
	and beverage advertisements accessible to products that meet the federal guidelines					
Objective 1: 100% of foods available in venduring school day will be Smart Snack comp		Х				
Action Steps	Methods for Measuring Implementation					
Child Nutrition Director will be assigned to	Data Collected:					
communicate this expectation to all campus principals. Campus administration to contact CN Director for vending compliance.	As reported by campus principal, the percent of vending machines with exterior advertisements that are not Smart Snacks compliant at the beginning and end of the school year					
	Resources needed:					
	Obstacles: Identifying vending machines that are only used outside of the school day and whether any advertisements are accessible to students during day					
	Existing contractual provisions in vendor	contrac	ts			
Goals/Objectives NUTRITION EDUCATION		in	in	Not in Place	List steps that have been taken to implement goal & implementation challenges	List steps to be taken to fully implement / expand on goal.

Action Steps Objective 2: One-hundred percent of high school students in each four-year control will control training before the ducation as a required elective. In grades K-21 nutrition education will be embedded within the health curriculum and physical education trackers to evaluate current delivery of nutrition education. Methods for Measuring Implementation Agendas and sign-in sheets from planning meetings valuate current delivery of nutrition education. Resources needed: Texas Essential Knowledge and skills for each course being evaluated	GOAL 4: The District shall deliver nutrition	education that fosters the adoption					
Objective 1: Maintain one hundred percent of high school students in each four-year cohort will complete one-half credit of health education as a required elective. In grades & 12 mixtulom where appropriate deducation write one-half credit of health and physical education write appropriate within the health curriculum and physical education trachers to health and physical education teachers to evaluate current delivery of nutrition education. Methods for Measuring Implementation Agendas and sign-in sheets from planning meetings evaluated current delivery of nutrition education. Agendas and sign-in sheets from planning meetings evaluated obstacles:		•					
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each course being evaluated	education.						
Obstacles: Securing planning time for staff Securing planning plan		Texas Essential Knowledge and skills for					
Securing planning time for staff Subjective 2: One-hundred percent of students will have access to drinking water at all times during the school day ADJUSTMENT DUE TO COVID		each course being evaluated					
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Place Place Implemetation challenges On goal.							on goal.

PHYSICAL ACTIVITY						
GOAL 1: The District shall make appropria	te before-school/after-school physical					
	age students to participate including those					
who are not participating in physical educ	• • • • • • • • • • • • • • • • • • • •					
Objective 1: Provide programs that foster f						
school schedule.		X				
Action Steps	Methods for Measuring Implementation					
Site-based campus committees evaluate	Data Collected:					
fitness offerings to students and staff and	Campus documentation on fitness				Runner's Club, Bouncers,	
establish reasonable and appropriate	options provided Campus Principal				Jumpers, UIL Athletic activities	
goals						
	Resources needed:					
	Personnel to promote and monitor					
	Equipment for participation					
	Obstacles:					
	Funding and equipment					
Objective 2: Provide programs that support	physical activity in family events.	X				
Action Steps	Methods for Measuring Implementation					
Campus site-based committees establish	Data Collected:					
goals to provide appropriate physical	Campus documentation on available				Cowtown 5K, Virtual	
fitness activities that allow parents to	activities				Run/Walk/Crawl; virtual	
support, role model, and/or participate in					lessons for students include	
family events					choice boards with family-	
					based physical activities (ie	
					GoNoodle)	
	Resources needed:					
	Staff for planning & communicating					
	opportunities. Equipment, other					
	Obstacles:					
	Funding and Personnel					
			_			
Goals/Objectives				Not	List steps that have been	List steps to be taken to
PHYSICAL EDUCATION		in Place		in Place	taken to implement goal & implemetation challenges	fully implement / expand on goal.

GOAL 2: The District shall make appropria District employees in order to promote en District employees and students.	te training and other activities available to njoyable, life-long physical activity for					
Objective 1: The District will offer a free or	low-cost shot clinics to staff and students.	Х				
Action Steps	Methods for Measuring Implementation					
Lead Nurse works in conjunction with	Data Collected:					
PCHD to provide this service on behalf of	358 in 2020/2021					
the District;	Resources needed:					
Evening flu shot clinic offered for first time	Flier provided by PCHD and by AISD					
in 2020-2021; COVID vaccinations pending	Communications team					
	Service provider for immunizations					
	Obstacles:					
	Participation rates may be effected by					
	location(s) service is provided					
	in district.					
Objective 2: The District will offer employee	e wellness programs which encourages					
participation in programs that includes hea	Ilthy lifestyles through proper nutrition,	Х				
exercise and use of accountability partners.						
Action Steps	Methods for Measuring Implementation					
District has created Employee Wellness	Data Collected:					
Plan called Elevating Greatness and established an Employee Assistance Program as a capstone element to this plan;	Documentation on number of programs offered to staff Documentation on number of participants					
AISD Business Office promote wellness	Resources needed:					
with weekly newsletter	District Staff and OneAmerica EAP					
	Obstacles:					
	Some support staff that do not have					
	daily access to computers often and/or					
	do not receive communications on					
	programs					
Goals/Objectives		Fully	Part	Not	List steps that have been	List steps to be taken to
PHYSICAL EDUCATION		in Place	in Place	in Place	taken to implement goal & implemetation challenges	fully implement / expand on goal.

education instruction and deliver of Texas Essential Knowledge and Skills. Action Steps Methods for Measuring Implementation Student Services Director will work with physical education teachers to Agendas and sign-in sheets from planning meetings		ents, parents, staff, and community members					
Objective 1: Inform the community of the facilities that are available for use outside of the school day by including a statement in at least one District or Campus publication, by pasting information on the District or campus website, or through use of appropriate signs. Action Steps Methods for Measuring Implementation Data Collected: Documentation of publications, website postings, and signs verifying that the infacilities. Documentation of publications, website postings, and signs verifying that the infacilities. Resources needed: A list of types and locations of facilities that are available for use in the District shall deliver physical education instruction that fosters the adoption and maintenance of healthy choices and lifestyles. Action Steps Methods for Measuring Implementation Documentation of publications, website postings, and signs verifying that the life information was communicated that are available for use in the District shall deliver physical education instruction that fosters the adoption and maintenance of healthy choices and lifestyles. GOAL 4: The District shall deliver physical education instruction and deliver of Texas Essential Knowledge and Skills. Action Steps Methods for Measuring Implementation Data Collected: Agendas and sign-in sheets from planning meetings Lagendas and sign-in sheets from planning							
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physical education TEKS. Resources needed:	evaluateand support current delivery of						
	physical education TEKS.	Resources needed:					

	Texas Essential Knowledge and skills for					
	each course being evaluated					
	Obstacles:					
	Securing planning time for staff					
Goals/Objectives SCHOOL BASED ACTIVITIES		Fully in Place	Part in Place	Not in Place	List steps that have been taken to implement goal & implemetation challenges	List steps to be taken to fully implement / expand on goal.
SCHOOL BASED ACTIVITIES - re	esponsible party: Child Nutrition Director/Cam	pus Pri	ncipals			
GOAL 1: The District shall allow sufficient cafeteria that are clean, safe, and comfort						
Objective 1: All campuses will build their m minutes to eat breakfast and 20 minutes to his or her meal and is seated.	aster schedules to allow for at least ten o eat lunch, from the time a student receives	х				
Action Steps	Methods for Measuring Implementation					
Evaluate current meal time allowances by	Data Collected:					
campus. Work with campus administrators to adjust master schedules as necessary.	The number of campuses that currently meet the standard compared to the previous school year.				ALL CAMPUSES MEET STANDARD	
	Resources needed:					
	Average time it takes for students to receive a meal and be seated				DATA AVAILABLE FROM CN DIRECTOR	
	Obstacles:					
	Master schedules take into account several issues, only one of which will be meal times				COVID-related scheduling challenges have increased overall serving time. We still aim to meet this goal for all students.	

Goals/Objectives					List steps that have been	List steps to be taken to fully implement / expand
SCHOOL BASED ACTIVITIES GOAL 1 cont					taken to implement goal & implemetation challenges	on goal.
GOAL I COIIC		Place	Place	Place	implemetation challenges	o .
Objective 2: All campuses will abide by AISI	Child Nutrition Department policies.	×				
Action Steps	Methods for Measuring Implementation					
1. On an annual basis, campus Principals	Data Collected:					
will designate specific dates for up to four	Designated campus-wide dates per camp	JS				
campus-wide parties.	Designated fundraisers per campus					
2. During meal times,	Resources needed:					
Parents/Guardians/Staff may provide any	Instructional lessons					
food/beverages for their own child but	Obstacles: Principal prior approval per campu	IS			COVID guidelines currently	
may not provide restricted foods or					prohibit outside guest on	
beverages to other students.					campus.	

WELLNESS POLICY

ASSESSMENT FORM

3. Students cannot have food delivered			
rom off-campus vendors.			
I. Food fundraisers and snacks for testing			
days are subject to policy compliance at all	1		
evels and must be approved by campus			
Principal.			
5. Food may only be provided if it is			
connected to an instructional supported			
esson or other activity with the approval			
of the campus Principal.			