



Aledo ISD SHAC meeting minutes – December 8, 2022

- I. **Welcome** ~ Meeting began at 5:31 PM, 29 members were present including 25 voting members and 4 non-voting members. It was noted that the meeting was being recorded and the recording would be available on the AISD website following the meeting. The recording is available for viewing [here](#).

- II. **Public Comment**~ SHAC meetings are open to the public. Public Comment is part of the agenda at each meeting. No public comment was requested for this meeting.

- III. **Review Mission & Purpose of SHAC** ~ Purpose and Mission of the SHAC Committee were reviewed – the purpose of the SHAC is to reflect local community values in the District’s health curriculum and instruction and the mission is *to establish and communicate guidelines and age-appropriate strategies to implement ongoing programs empowering students at all levels to make informed choices for a healthy lifestyle reflective of our community’s values.*

- IV. **Bylaws Review** ~ Proposed change to Bylaws RE: Membership Attendance
 - a. Membership language

Quorum was in attendance. Group discussion was held regarding proposed changes and 2 possible proposals. Following group discussion, there was general agreement on proposal #2. Voting commenced and proposal # 2 was passed 23-1. Original language, both proposals and newly adopted language are below:

CURRENT LANGUAGE:

Members who have not attended at least three meetings within a twelve month period will be considered inactive and subject to replacement upon approval of the SHAC. Replacement process will be the same as original appointment process (see Article II, Section 3F).

PROPOSED LANGUAGE (PRIOR TO MEETING ON 10.20):

Members ~~who have not attended at least three meetings within a twelve month period~~ whose attendance ability drops below 65% in a school year term will be considered inactive and subject to replacement upon approval of the SHAC school board. The ~~Replacement process will be started at the same as original process~~ next school board meeting, and candidates chosen from the list of SHAC applicants for the current school year (See Article II, Section 3F).

ALTERNATIVE PROPOSED LANGUAGE #1 (BASED ON DISCUSSION ON 10.20):

Members ~~who have not attended at least three meetings within a twelve month period~~ whose attendance ability drops below 65% in a school year term will be considered inactive and subject to replacement upon approval of the SHAC school board. The ~~Replacement process will be started at the same as original process~~ next school board meeting that does not already have a posted agenda, and candidates shall be chosen from interested individuals in the same role at the same campus the list of SHAC applicants for the current school year (See Article II, Section 3F).

ALTERNATIVE PROPOSED LANGUAGE #2 (BASED ON DISCUSSION ON 10.20):

Members ~~who have not attended at least three meetings within a twelve month period~~ who did not attend at least 65% of all SHAC meetings in the prior school year shall will be considered inactive and ~~subject to replacement upon approval of the SHAC~~ will be replaced the following school year, even if their term was not completed. ~~Replacement process will be the same as original process~~ (See Article II, Section 3F).

New language in Article 4, Section 4 of the SHAC Bylaws will read:

Members who did not attend at least 65% of all SHAC meetings in the prior school year shall be considered inactive and will be replaced the following school year, even if their term was not completed (See Article II, Section 3F).

V. Vaping Awareness~ Reviewed student code of conduct punishment for Vaping Offenses. Current practice for the first vaping offense requires viewing a video from 2018 and relates to JUULING. JUULING is not really relevant to current trends and usage among teens has been significantly reduced. SHAC was asked for feedback to consider replacing current resource with new options. Two videos were presented for contemplation and discussion that emphasized student remorse with vaping choices. There was not a vote to be taken this evening, just group discussion. Discussion surrounded whether

the curriculum should be utilized on a wider scale and delivered to younger students as a preventative measure or whether it should remain a disciplinary consequence. Committee members voiced support that the options presented were an improvement to what was currently in use and that it may be appropriate to share with younger students. No vote was taken because the materials are intervention resources and not health curriculum. This allows for the immediate moving forward with the resources in January for that purpose. Group may move towards the utilization of the resources on a wider scale with all students and that would involve a discussion and vote at a later date.

VI. Opioid Awareness Curriculum Follow Up ~ At the October SHAC meeting discussion surrounded the language in Senate Bill 435 that tasked SHACs to recommend Opioid awareness education. TEA provided options for curriculum programming to select from. Aledo SHAC felt that there was not enough information available from the resources provided to make a decision. Since the October SHAC, meeting Aledo ISD has pivoted with new information from TEA. It has been confirmed that there is nothing in statute that states that districts shall provide opioid awareness curriculum in the way that it does for other mandated curriculum, such as suicide awareness. The TEKS for Health education include instruction related to drug use and abuse awareness without a specific emphasis on opioid awareness. Aledo ISD students do receive this instruction in 8th grade during the High School credit Health class. This clarification was confirmed by TEA, ESC XI in Fort Worth and ESC X in Dallas. A survey of surrounding districts in the area and across the metroplex also revealed that none were utilizing curriculum specific to opioid use and awareness.

This additional insight provided the SHAC group with three options to consider going forward with:

Option #1: Do nothing and continue utilizing the resources we presently provide, which include:

- a. CATCH curriculum (K-8 Health programming);

- b. Goodheart-Wilcox textbooks (Health I, high school credit health course);
- c. Stanford Medical School Tobacco Prevention Resources (free); OR

Option #2: Pivot further and consider new resources related to substance abuse and opioid awareness and addiction not provided by TEA. Links and options were presented to table groups. Also invited any new suggested resources; OR

Option #3: Continue the work that was started earlier this year in prior SHAC meeting, with previous resources shared.

Table group discussion to determine path forward followed. Suggestions included having a speaker or large event surrounding awareness & prevention. The consensus feedback following group discussion was to pursue Option #2, to consider new resources related to opioid awareness and addiction, not necessarily provided by TEA. This work will be continued in future SHAC meetings.

VII. **New Business** ~ Shattered Dreams will be offered to AHS students this year in April. This is a program for Juniors and Seniors to participate in and learn about the dangers of drinking & driving as well as distracted driving.

VIII. **Future Meeting dates/times**

- a. 1.26.23, 3.6.23, 4.24.23

Adjournment Time: 7:03 PM

Purpose TEC § 28.004: The purpose of a local School Health Advisory Council (SHAC) is to assist the district in ensuring that local community values are reflected in the district' health education instruction.

Mission Statement The Aledo ISD School Health Advisory Council (SHAC) will establish and communicate guidelines and age-appropriate strategies to implement ongoing programs enabling students at all levels to make informed choices for a healthy lifestyle reflective of our community's values.