



Aledo ISD SHAC meeting minutes – January 26, 2023

- I. **Welcome** ~ Meeting began at 5:31 PM, 30 members were present including 23 voting members and 7 non-voting members. It was noted that the meeting was being recorded and the recording would be available on the AISD website following the meeting. The recording is available for viewing [here](#).

- II. **Public Comment** ~ SHAC meetings are open to the public. Public Comment is part of the agenda at each meeting. No public comment was requested for this meeting.

- III. **Review Mission & Purpose of SHAC** ~ Purpose and Mission of the SHAC Committee were reviewed – the purpose of the SHAC is to reflect local community values in the District’s health curriculum and instruction and the mission is *to establish and communicate guidelines and age-appropriate strategies to implement ongoing programs empowering students at all levels to make informed choices for a healthy lifestyle reflective of our community’s values.*

- IV. **Panorama student survey results** ~
 - a. Review/discussion

Scott Kessel, Executive Director of Student Services, introduced the student wellness survey results of our 5th-12th grade student population. The survey was conducted in the of Fall 2022 and samples compared to responses collected in the 2021-2022 and 2020-2021 school years. Our student responses were also compared to student responses in a national sample. The

schools we were compared against were of similar composition - a non-urban school setting with a less than 30% free and reduced lunch population.

Committee members were provided with folders containing survey results from Fall 2022 divided by District Data and Campus Data. Members were tasked with identifying (from survey data) 3 positives and 3 areas for growth for both the district and campus specific levels.

One of the takeaways from the 2021 survey was that students struggled with a sense of belonging. A solution to that was the Bearcat Ambassadors who welcome new students, of which there are many in a fast growth district and embrace them as they enter Aledo ISD. We have also increased teacher trainings and had 3 Parenting University sessions surrounding a Culture of Connectedness.

Included in the folders provided to committee participants were action plans that were developed by counselors to identify and address areas for growth found in the survey. Committee members were tasked with reviewing the action plans and offer suggestions to what was proposed by the campus counselors. Feedback will be provided to campus counselors for refinement of action plans.

V. Drug Awareness program review ~ Discussion resumed relative to Drug Abuse Awareness planning. At a previous meeting it was decided that the committee would like to bring in non-Texas Education Agency program resources. Table discussion surrounded the four options presented at last meeting to narrow a selection for presentation to the Board of Trustees. The time allocated for this topic was insufficient at this meeting. Members were directed to notate their thoughts on the chart paper provided, discussion to continue at the next meeting.

VI. New Business ~ No new business was presented.

VII. Future Meeting dates/times ~.

a. 3.6.23, 4.24.23

Adjournment Time: 7:01 PM