



Aledo ISD SHAC meeting minutes – March 6, 2023

- I.** **Welcome** ~ Meeting began at 5:31 PM, 27 members were present including 22 voting members and 4 non-voting members. It was noted that the meeting was being recorded and the recording would be available on the AISD website following the meeting. The recording is available for viewing [here](#).

- II.** **Public Comment** ~ SHAC meetings are open to the public. Public Comment is part of the agenda at each meeting. No public comment was requested for this meeting.

- III.** **Review Mission & Purpose of SHAC** ~ Purpose and Mission of the SHAC Committee were reviewed – the purpose of the SHAC is to reflect local community values in the District’s health curriculum and instruction and the mission is *to establish and communicate guidelines and age-appropriate strategies to implement ongoing programs empowering students at all levels to make informed choices for a healthy lifestyle reflective of our community’s values.*

- IV.** **Drug Awareness program review** ~ Discussion continued relative to Drug Abuse Awareness planning. At a previous meeting it was suggested that the committee would like to bring in non-Texas Education Agency program resources. Kristin Robbins explained process; groups would have 20 minutes of table discussion surrounding the options presented as an alternative to the TEA provided opioid curriculum; then they would present their findings/observations to the entire group.

Table group opinions varied widely. Things that were appreciated were K-12 curriculum options; easy to navigate sites; short lessons; ability to incorporate into existing health classes. Things that were detractors were medical and research based but not really written in language that students would embrace; limited student population targets; difficult to navigate sites and vague cost options.

Committee discussed the value of the Texas A&M survey (which the district would have to pay for) that ascertained exactly which substances our student population was using. Drug testing reveals that students are utilizing marijuana. Cost is a major consideration. No major consensus on any option presented. Seemed that most committee members would favor a speaker-type education source that was presented a few times of year to be most impactful.

V. TEA Opioid Toolkit Review TEA has recently released a new fentanyl response communications toolkit. District is planning related Parenting University session April 13th with Tarrant County Sheriff and their experiences with fentanyl with the intent to provide tips and strategies for parents to engage in conversations with their kids. They will be followed by parents in our community who have been impacted by fentanyl. This will provide us something to focus on as it directly impacts our community. We may encourage parents to bring high school age students with them to facilitate conversation. It is possible it may be recorded. Table groups discussed TEA toolkit. This is not a curriculum to put in front of kids, it is a communications toolkit for districts to initiate dialogues with parents and students. Discussion with table groups suggested ideas for utilizing toolkit. Ideas included bathroom stall posters; weekly email / newsletter; student curated content (exit ticket on canvas).

VI. Subcommittee on Physical Fitness subcommittee will evaluate what the district does related to physical fitness and make recommendations to the larger group. Members who volunteered at the beginning of the year will meet as a subcommittee to discuss Fitnessgram results from last year.

Subcommittee will meet on April 6th to review historical data and then compare to recent trends. There is a 2 year gap of missing data due to COVID disruptions.

VII. **New Business** ~ No new business was presented.

VIII. **Future Meeting dates/times** ~.

a. 4.24.23

Adjournment Time: 6:49 PM