



Aledo ISD SHAC meeting minutes – January 24, 2022

Welcome ~ Meeting began at 5:31pm, 23 members were present including 20 voting members and 3 non-voting members. It was noted that the meeting was being recorded and the recording would be available on the AISD website following the meeting. The recording is available for viewing [here](#).

- I. **SHAC Purpose & Mission** ~ Purpose and Mission of the SHAC Committee were reviewed – the purpose of the SHAC is to reflect local community values in the District’s health curriculum and instruction and the mission is *to establish and communicate guidelines and age-appropriate strategies to implement ongoing programs empowering students at all levels to make informed choices for a healthy lifestyle reflective of our community’s values.*
- II. **Public Comment** ~ SHAC meetings are open to the public. Public Comment is part of the agenda at each meeting. No public comment was requested for this meeting.
- III. **Future meeting dates / times** ~ Future meeting dates of March 7, and April 25 were reviewed.
- IV. **Minutes from November 8 meeting** ~ The minutes from the prior meeting of the SHAC on 11.8.21 were shared with the members before the meeting. Opportunity was given for membership to discuss or suggest revisions to the minutes. No suggestions or revisions were made.

- V. **COVID-19 Update** ~ A short overview on COVID-19 cases and the AISD dashboard was presented and reviewed and included recent trends related to case counts.

- VI. **Character Education** ~ An update on the launch of the AISD Character Education Program *The Positivity Project*, or *P2* was shared, including feedback from district staff. A couple of members shared that the ease of implementation has made teachers very accepting of the program and one also noted that parents are sharing messages with teachers detailing how kids are bringing messages learned from the program home to apply the character strength for that week.

- VII. **Vaping Intervention** ~ A follow-up discussion on this topic took place, carried over from the meeting on November 8. More discussion regarding resources to utilize as the educational piece upon a first vaping offense by students. A discussion about the video previewed in November yielded a comment from one member reinforcing concerns about proposed new video. The concerns included that the individuals in the video did not portray regret in their use and that may send an unspoken message to kids that we don't wish to send. It was also suggested by a member that we might consider using resources related to avoiding peer pressure and making healthy decisions. It was decided to continue with the current video used at the first offense for the time being, but also to continue to search for new resources to replace it.

- VIII. **Potential Speaker** ~ An opportunity was presented to the group – originally brought by a parent – for a potential speaker to speak to students at some point later this school year. The district has already reserved the speaker to present to parents on the evening of Wednesday, March 30 at a Parenting University event. The name of the speaker, Nathan Harmon, and his organization, Your Life Speaks, were shared, along with links to video clips of him speaking, prior to

the meeting. The only discussion from the group on the matter of this potential speaker was to consider him as a motivational speaker for kids in older grades, as a speaker to parents, or possibly even to consider at an outdoor setting to put him in front of kids and avoid potential limitations with COVID restrictions related to large gathering of students indoors. Ultimately, the group was asked to review some of the video clips and be prepared to weigh in with further discussion at the next meeting.

- IX. **New Business** ~ This agenda item was added to give the opportunity for any SHAC members to bring new ideas, thoughts, suggestions, questions, etc. The purpose of this new item was explained and the floor was opened for any comments or input from members. Nothing was brought forward by the group at this meeting.

Adjournment ~ Meeting adjourned at 6:33pm