

MAYPEARL ISD



Menu items subject to availability!

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Meal Pricing	Breakfast	Lunch
Primary	2.70	3.60
LSK	2.70	3.60
M.S.	2.70	3.60
H.S.	2.70	3.70
Adult	3.90	4.70

LUNCH Menu

August-December 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken, Seasoned Corn, Fries	Chicken Taco, Seasoned Pinto Beans, Chopped Salad	Mini Chicken Corndogs, Seasoned Corn, Seasoned Green Beans	Walking Taco, Seasoned Pinto Beans, Chopped Salad	Pizza, Seasoned Corn, Chopped Salad
2	Chicken Sandwich, Burger Salad, Seasoned Corn	Beef Nacho, Seasoned Pinto Beans, Chopped Salad	Cheeseburger, Tater Tots, Burger Salad	Chicken Nuggets, Mashed Potatoes, Seasoned Green Beans	Pizza, Seasoned Green Beans, Chopped Salad
3	Popcorn Chicken, Seasoned Green Beans, Chopped Salad	Cheeseburger, Tater Tots, Burger Salad	Crispy Beef Tostada, Seasoned Pinto Beans, Chopped Salad	Chicken Tenders, Mashed Potatoes, Roasted Broccoli	Pizza, Seasoned Corn, Chopped Salad
4	Burrito, Seasoned Pinto Beans, Seasoned Corn	Mini Chicken Corndogs, Seasoned Green Beans, Tater Tots	Chicken Sandwich, Tater Tots, Burger Salad	Chicken Nuggets, Mac and Cheese, Roasted Broccoli	Pizza, Seasoned Green Beans, Chopped Salad

OTHER DAILY SELECTIONS:

- FF Chocolate and 1% White Milk**
- Fresh & Canned Fruit**
- Uncrustable w/graham cracker and cheese stick**
- Cheese Sandwich w/graham cracker and cheese stick**

NUTRITION BITES:

- Lunch is an important source of key food groups and nutrients including vegetables and protein with a quarter of daily energy coming from lunch¹.
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

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29	30	31				

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan

1. NHANES 2011-12 and NHANES 2013-2014.
 2. USDA. MyPlate.gov. <http://www.myplate.gov>.