



## LOCAL MENTAL HEALTH RESOURCES

*Please be aware that this is not a complete list of local mental health treatment resources.*

### **Outpatient Therapy (Individual, Group, Family, Couples)**

Arbour Counseling	978-453-5736	10 Bridge Street, Lowell, MA
Bridgewell	978-256-1444	35 Market Street, Lowell, MA
Center for Family Development	978-459-2306	81 Bridge Street, Lowell, MA
Greater Lowell Psychiatric Association	978-256-6579	73 Princeton Station, North Chelmsford, MA
Institute for Health and Recovery	617-661-3991 x112	97 Central Street, Lowell, MA
Lowell Community Health Center**	978-937-9700	161 Jackson Street, Lowell, MA
South Bay Community Services	978-453-6800	22 Old Canal Drive, Lowell, MA
Trauma and Family Integration	978-677-7823	144 Merrimack Street, Lowell, MA
Vinfen*	978-674-6700	672 Suffolk St, Lowell, MA

### **Child/Adolescent Services**

Center for Family Development	978-459-2306	81 Bridge Street, Lowell, MA
Institute for Health and Recovery	617-661-3991 x112	97 Central Street, Lowell, MA
NFI Family Resource Center (Accepts walk-ins)	978-455-0701	27 Prescott Street, Lowell, MA
South Bay Community Services	978-453-6800	22 Old Canal Drive, Lowell, MA
Trauma and Family Integration	978-677-7823	144 Merrimack Street, Lowell, MA
Wayside Youth and Family Network	978-221-6923	73 E. Merrimack Street, Lowell, MA

### **Supportive Environments/Peer Supports/Social Opportunities**

Bridgewell	978-256-1444	35 Market Street, Lowell, MA
Northeast Independent Living Program	978-687-4288	35 John Street, Lowell, MA
Renaissance Club	978-454-7867	176 Walker Street, Lowell, MA

### **Adult Day Programs (18+)**

Bridgewell	978-459-0389	35 Market Street, Lowell, MA
South Bay Community Services	978-453-6800	22 Old Canal Drive, Lowell, MA

### **Department of Mental Health (DMH)**

Lowell Site Office	978-322-5000	391 Varnum Avenue, Lowell, MA
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### **Additional Case Management (must have DMH services)**

Vinfen	978-674-6700	672 Suffolk St, Lowell, MA
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### **Psychiatric Medication Providers**

Bridgewell	978-256-1444	35 Market Street, Lowell, MA
Greater Lowell Psychiatric Association	978-256-6579	73 Princeton Station, North Chelmsford, MA
Lowell Community Health Center**	978-937-9700	161 Jackson Street, Lowell, MA

### **Community Crisis Stabilization (CCS) Program**

Lahey CSS (Lowell)	978-455-3397	391 Varnum Avenue, Lowell, MA
Lahey CSS (Lawrence)	978-620-1250	12 Methuen Street, Lawrence, MA

### **Psychiatric Emergency Services**

Lowell Emergency Services Program	978-455-3397	391 Varnum Avenue, Lowell, MA
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*\*\*Both Lowell General Hospital Emergency Departments are staffed with Lowell ESP crisis clinicians.*

*\*Vinfen has absorbed MHA's outpatient clinic and DMH services*

*\*\* Behavioral Health program*