

# SAVE THE ER FOR EMERGENCIES

## SAVE TIME AND MONEY



When you want quicker non-emergency care than you can get from your doctor, consider skipping the emergency room and going to an in-network urgent care center. You won't have to wait for hours in a crowded room and you pay less — up to three times less for the same care that you would get in an emergency room.

### WHAT IS AN URGENT CARE CENTER?

An urgent care center is a freestanding, full-service, walk-in health care clinic that offers service seven days a week with extended hours. Appointments are not required. Urgent care centers offer the same services as primary care providers, plus some testing services such as X-rays and blood tests.

### URGENT OR EMERGENCY CARE — WHAT'S THE DIFFERENCE?

Go to an urgent care center for minor accidents like burns, cuts, strains and sprains, or common medical problems like the flu, colds, earaches, sore throat, allergic reactions and infections.

Go to an emergency room for more serious, life-threatening situations such as chest pain, shortness of breath, other difficulties with breathing, high fever with a stiff neck, broken bones, mental confusion and major injuries.

Choose the most appropriate setting for your care. Save time and spend less for the same care.

To locate an in-network urgent care center, go to your member website or call the Member Service number on the back of your member ID card.



### OTHER WAYS TO SAVE

Choose an X-ray/imaging center or a local independent lab for imaging and blood tests. It's quicker, more convenient and more efficient — and can cost up to 30 percent less than at a hospital.

Highmark Blue Shield is an independent licensee of the Blue Cross and Blue Shield Association.

3/17

CS201272



HIGHMARKBLUESHIELD.COM

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。