Comprehensive Sexual Health Education

Lakewood School District

Welcome!

Thank you for joining us:

- How are you connected to the district?
- What questions did you bring with you tonight?



Lakewood Schools

A small district going big places

We are commited to partnership for quality education for all students.

Today's objective:

To gain an understanding of the proposed CSHE materials and give an opportunity for input.

CSHE timeline

Senate Bill 5395

State requires all public schools to provide comprehensive sexual health education to all students by the 2022-2023 school year

3 Dec 2020

15 Dec 2021

School board approves district stakeholder committee to review curriculum options and recommend to the curriculum adoption committee.

School board approves committee

Goal

Select CSHE materials that supports the needs of the students and families of LWSD and meets the criteria set forth in the state Senate Bill 5395.

CSHE required by grade level:

notes:

- Grades K-3 are only required to have Social/Emotional Learning which the district has already been providing through the *Second Step* curriculum.
- Parents have the option to opt their student out of CSHE

Grades 4-5

Instruction must be provided at least once including the following topics of instruction:

- HIV/STD prevention (required annually starting no later than 5th grade)
- Human Growth and Development
- Affirmative consent (understanding and respecting personal boundaries)
- Bystander intervention (how to safely intervene when witnessing bullying, harassment, or sexual violence)
- Healthy relationships (with friends and family)
- How to avoid exploitive relationships

Grades 6-8

Instruction must be provided at least twice including the following topics of instruction:

- HIV/STD prevention (required annually)
- Human Growth and Development refresher
- Choosing healthy behaviors and reducing health risks (including abstinence, condom use and contraception)
- Affirmative consent (understanding and respecting personal boundaries)
- Bystander intervention (how to safely intervene when witnessing bullying, harassment, or sexual violence)
- Healthy relationships (with friends, family and dating relationships)
- Understand the influence of family, peers, community and media on healthy sexual relationships
- How to avoid exploitive relationships and the consequences of sexual offenses involving minors

Grades 9-12

Instruction must be provided at least twice including the following topics of instruction:

- HIV/STD prevention (required annually)
- Human Growth and Development refresher
- Choosing healthy behaviors and reducing health risks (including abstinence, condom use and contraception)
- How to identify and access valid health care and prevention resources
- Bystander intervention (how to safely intervene when witnessing bullying, harassment, or sexual violence)
- Healthy relationships (with friends, family and dating relationships)
- Understand the influence of family, peers, community and media on healthy sexual relationships
- How to avoid exploitive relationships and the consequences of sexual offenses involving minors

First team meeting

Stakeholders meet and review the requirements of the law and the selection process

30 March 2022

Team Recommendations

The team selects:
Great Body Shop for grades 4-5 and *Get Real* grades 6-12 for recommendation

28 June 2022

Community Forum

Community invited to review proposed CSHE materials and provide feedback

14 Sept 2022

April-June

Team meets monthly and after consideration and review unanimously selects two sets of materials to recommend

Team continues to meet

July-September

Curriculum materials posted on district website for community to preview

Preview posted

What's next?

September 27

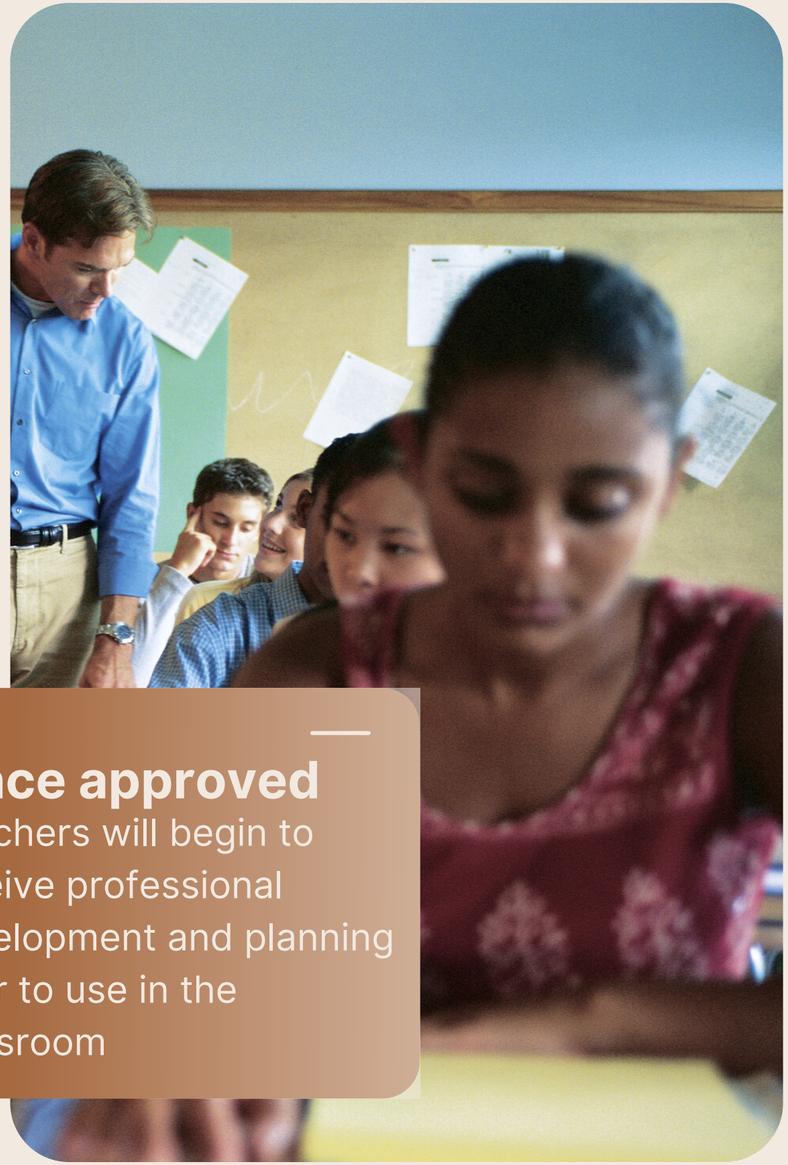
CIMC will consider approval of materials & recommend to school board

October 5

School board will consider CIMC recommended materials for approval

Once approved

Teachers will begin to receive professional development and planning prior to use in the classroom



the selected curriculums

The Great Body Shop

Grades 4-5

Mission: To equip children and their families with the knowledge and skills needed to make healthy choices throughout a lifetime.



Get Real

Grades 6-8

Get Real is an evidence-based middle school curriculum that emphasizes social and emotional skills as a key component of healthy relationships and responsible decision making.



Get Real

Grades 9-12

Get Real's high school curriculum includes 11 lessons and is an effective follow-up to the Get Real *Middle School*

Let's dig into the standards and materials together



Step One

On your table you will find a list of the required standards. Peruse them and select one to research further.

Step Two

Take a few minutes to look through the materials online to find the lesson that address your chosen standard

Step Three

Write down any questions or comments you may have regarding the materials/standards on the provided form

Step Four

After a time of investigation you will have time to discuss with your table group your findings

Step Five

Each table group will share out their main topic/question of discussion

Step Six

We will take these comments/questions back to the CMIC

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Thank you for coming

We value your input and are grateful you took the time out of your evening to join us. If you have more feedback, concern or questions feel free to reach out.