How to Access Counseling Services in Our Community

Updated August 2023

Suicide and Crisis Lifeline	**988**
Crisis Text Line	**741-741**
North Sound Regional Crisis Line	**1-800-584-3578**
National Suicide Prevention Lifeline	**1-800-273-TALK (8255)**
Health & Human Services Information and Referrals	**211**

For families who have medical coupons/Medicaid, call the **Access Line** at 1-888-693-7200 for a phone screening and referral to a counseling agency. The Access Line will help determine eligibility and will likely refer you to:

Counseling Resources Accepting Only State Insurance

Compass Health (Medicaid/DSHS only) 425-349-8700
3320 173rd Place NE, Smokey Point

- If an interpreter is needed, intake appointment is made through the Access Line at 425-349-8200

SeaMar Counseling 425-609-5505
5007 Claremont Way, Everett

Catholic Community Services 1-888-693-7200
1918 Everett Avenue, Everett

Additional Local Child/Teen & Family Counseling Services

Call your insurance provider to discuss providers that accept your insurance.

www.psychologytoday.com → click on Find A Therapist - sort therapists by zip code, insurance, issues, gender and more

Fountaingate Psychological & Family Services 360-653-0374
1106 Columbia Avenue, Suite 100, Marysville
Offers both in person and telehealth

Wrightway Counseling 360-474-6262
135 N. Olympic Avenue, Arlington
Offers both in person and telehealth

Long Counseling and Evaluation Services, PLLC 425-598-0421
9416 271st St NW
Stanwood, WA 98292

Counseling for the Soul 425-780-7938
Telehealth only

Cedar Valley Counseling 425-338-7589
3305 Oakes Ave
Everett, WA 98201

Soundview Wellness 360-218-4645
6231 188th St NE
Arlington, WA 98223
Offers both in person and telehealth

Counseling Services for Wellbeing – Burien Branch 206-242-8211
Telehealth available

Counseling Services for Wellbeing – Smokey Point Branch 360-215-2020
Telehealth only

Touchstone Counseling 360-788-4228
Telehealth only

Rule and Associates 360-734-0615
Telehealth only

King Health Associates 360-329-2055
Telehealth only

Intensive Services

Charlie Health 1-866-219-5070
charliehealth.com
Telehealth only for ages 12+

The Center for Behavioral Health, Everett Clinic
2901 174th St. NE, Smokey Point 360-454-1953
4420 76th St. NE, Marysville 425-339-5453

Smokey Point Behavioral Hospital 1-844-202-5555 (toll free)
3955 156th ST NE, Marysville

Skagit Behavioral Health 360-424-0400
406 S. First Street Suite 308
Mt. Vernon, WA 98273