



Lakewood's 2024 Track Schedule

Practice begins April 8, 2024

Date	Day	Location	Opponent	Dismiss	Depart	Start
4/24	Wednesday	AWAY @ Coupeville	Coupeville	1:00 PM	1:15 PM	3:30 PM
5/1	Wednesday	HOME	S. Whidbey			2:45 PM
5/8	Wednesday	AWAY @ Granite Falls	Granite	1:50 PM	2:00 PM	3:30 PM
5/16	Thursday	AWAY @ Sultan	S, GF, NCA	1:50 PM	2:00 PM	3:30 PM
5/22	Wednesday	Prelims @ HOME	ALL			3:30 PM
5/29	Wednesday	Finals @ HOME	ALL			3:30 PM

PICTURE DAY IS MAY 2nd @ LHS STADIUM

Running events begin at 3:30 PM; field events begin at 3:45 PM *

Players must have a current physical, completed Emergency Card and packet, signed Player's Contract and Spectator's Contract before they can participate.

If an athlete will not be riding the bus back to LMS after an away game, a parent or legal guardian must inform the coach 24 hours prior to the game. Players may only ride home with a parent or legal guardian.

Players must have 8 practices before they can participate in a game.

Teams may stop for dinner when returning from a game. Parents will be notified if/when this may occur.

Please be aware of possible revisions to this schedule after the season begins.

WINNING IS FOR A DAY.
INTEGRITY, CHARACTER, AND GOOD
SPORTSMANSHIP ARE FOR A LIFETIME.



