



JANUARY & FEBRUARY 2020

PRESCHOOL PRESS

Sign up
for
Picture
Day!

FEATURING
In Memory of
Helen von Seggern

*TK & Kindergarten Enrollment
Begins
January 25th*



JANUARY & FEBRUARY

The Preschool Press is back! And so is Parent Ed, well, back-ish. They are doing a great job keeping community connected in these uncertain times. Though we are still very much in this pandemic I am hopeful the vaccine is the beginning of the road to recovery.

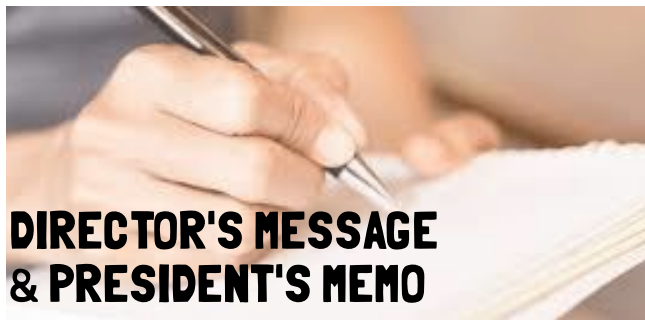
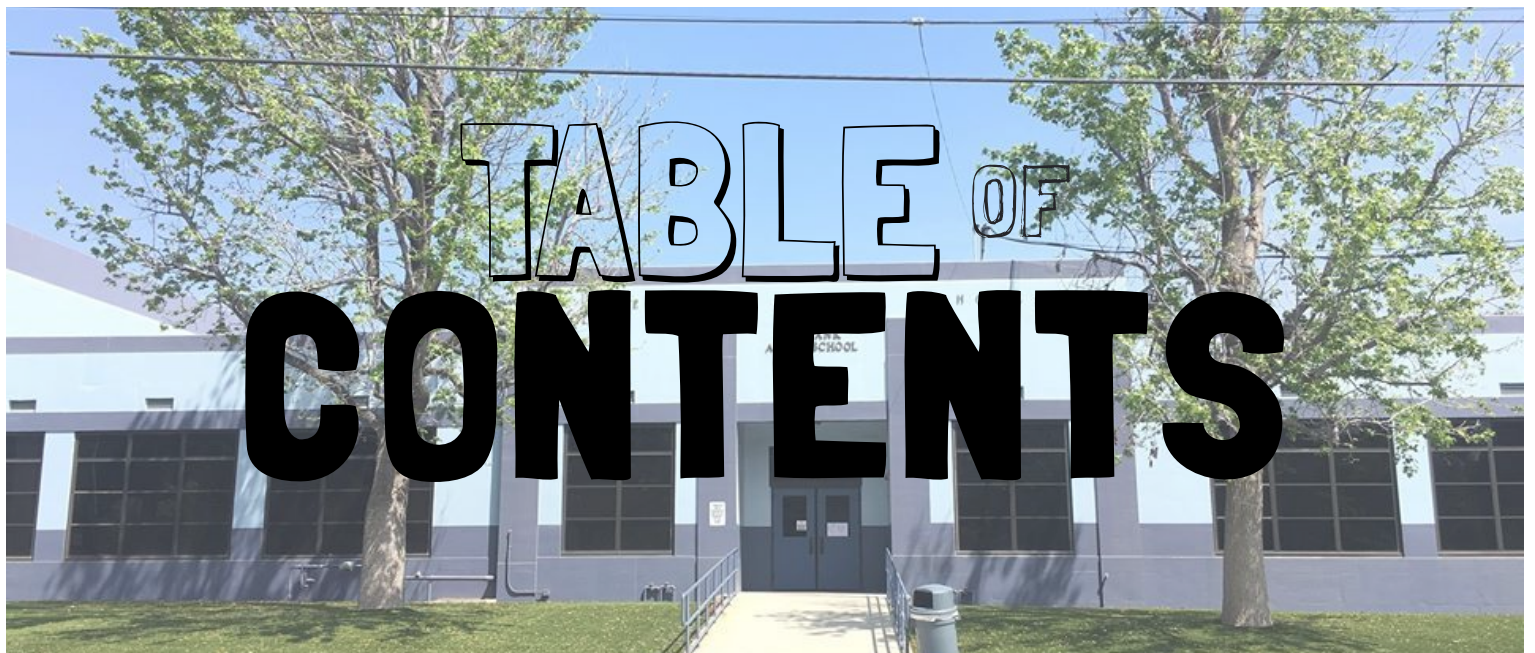
As a therapist I'm keenly aware of the impact on people's ability to manage stress, depression, and anxiety. I see it daily, I experience it myself, and I hear about it from colleagues. I'd like to take this opportunity to say once again, if anyone needs help getting linked mental health services, I will gladly (and confidentially) link you. The first step can often be the hardest one, but the potential relief and wellness you can gain will be well worth it. I promise.

I was sad to hear of Helen von Seggern's passing, but also amazed reading about the life she led and the work she did to make Parent Ed what it is today. I had hoped to meet her at our 2020 Gala, but like most things in 2020, Covid interrupted. In addition to her accomplishments, she must have made some sort of record being 107-years-old! WOW, imagine what she saw in her lifetime and the experiences she had; just incredible. I am forever grateful that she created the Parent Ed program as it not only supported me as a new parent, but connected me to lifelong friends.

The woman lived through two World Wars and two pandemics! At her core, it was community and the care of families that left a legacy many of us will reap the benefits of for years to come. Thank you Helen, may you rest in peace.

Latisha O'Connor

Editor In Chief
Preschool Press
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burbankparented.org



IN LOVING MEMORY
HELEN VON SEGGERN
DECEMBER 12, 1913 – JANUARY 7, 2021



TK & KINDERGARTEN ENROLLMENT



DIRECTOR'S MESSAGE

CHRIS TUTAK

Welcome to 2021!

I was excited to begin a New Year with new hope for us all. But then, days into it, with COVID-19 cases rising and everything else going on I was beginning to wonder...But I am at heart an optimistically positive person so again, Happy New Year!

The exciting news is that we have 4 classes running this semester instead of the 2 we had in the fall. I have Infant I, Deanna Jennings has Toddler/2's at 9:30 Fridays, Christina Yew has 3's/4's/and Multi-age on Thursdays, and Linda Matusumoto has School Age on Wednesdays and Thursdays (contact her for the times). No class except Infant I and School

Age had enough enrollment to run independently, but combining classes allows us to offer something rather than nothing. Please email me if you have questions about enrolling:

christutak@burbankusd.org



Chris Tutak
Director of Parent Ed Programs

The second exciting news is that we are offering...

SCHOOL PICTURE DAYS!

They will be on the morning on **February 25th & 26th at school**. I have to finalize the logistics with our principal

but it will be with all the safety measures possible. No props, (bring your own), you will be the only one touching your child, (bring your own brush, etc.) and everyone in masks. This will be a first come/first served situation. Besides information in this issue, I will email last year's classes. School age children are welcome.

You MUST let me know if you will have pictures taken; if there is little response, they may not come.

Former student, Spencer Solberg chose Parent Ed for his **Eagle Scout** project. He has made six Busy Boards for the children's rooms. They are very involved and extremely well made. Look for photos in this issue.

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Out of all his options for a project he decided to remember our program where he and his family made many friends and wonderful memories.

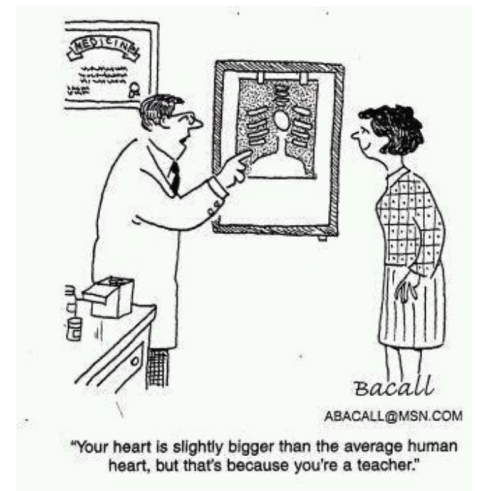
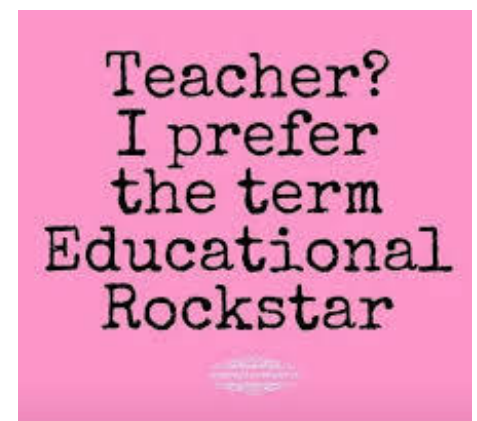
I want to send out SPECIAL THANKS to Amy Gleason, our Board President; Troy Titus-Barrow, Vice President; and Sara McDermott, our treasurer. I should say 'your' Board officers! They have continued in their Board positions, (as have all the others), and have continued to take care of Board business. They have been there when needed and I appreciate it very much.

Finally, I need to announce the passing of our first Director, **Helen von Seggren**. Although

we are so sad that she is no longer with us, her amazing devotion to our program made it what it has become. She hired me as a teacher many years ago and until the Pandemic stopped it, a few of us had lunch with her monthly. She lived 107 years devoted to the children and the families of Burbank. Linda Matsumoto has kindly added an article about her in this issue.

The teachers and aides are doing all they can to keep our program alive through these continuing difficult times. Deanna, Kathy, Linda M., Christina, Allison, Linda B., and Tekla miss you all as do I.

Here's to positive thinking!
Chris

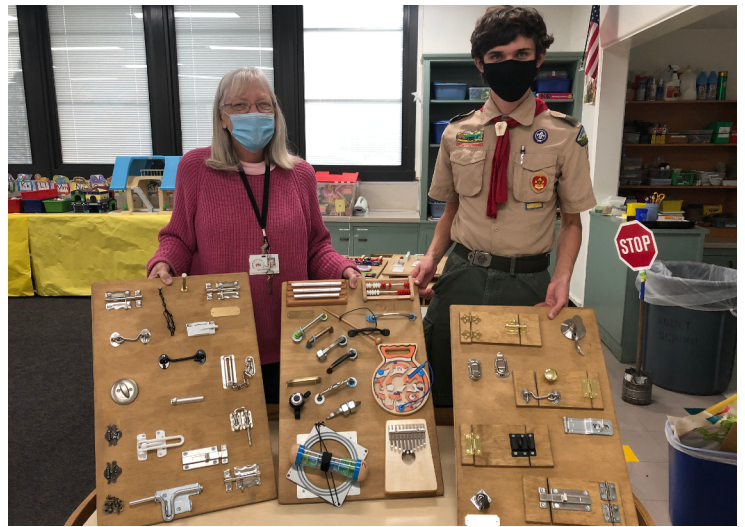


EAGLE PROJECT

BY SPENCER SOLBERG



The Eagle Scout Service Project, or simply Eagle Project, is the opportunity for a Scout (Scouts, B.S.A.), or qualified Venturer or Sea Scout in the Boy Scouts of America (B.S.A.) to demonstrate leadership of others while performing a project for the benefit of his community. Spencer Solberg, a Parent Ed alumni, chose to give back to the community that had given him so much from an infant to elementary school. Thank you Spencer!



PRESIDENT'S MEMO

AMY GLEASON

Happy New Year!

I hope everyone had a nice holiday break. I loved how I didn't have to set the alarm to get up! Instead of distance learning, my girls and I watched holiday movies, which was very relaxing and made this strange Covid era feel a little better. We tried to keep the holiday magic as close to those in the past, while considering the current climate; I think my husband Craig and I did a great job.

Despite not being able to go to our usual holiday hangouts, we did manage to get tickets for The Elf on the Shelf drive-thru. Kudos to the event producers, the girls absolutely loved it and had a fantastic time. These days things look a lot different, but I think our roles as parents is to do our best not to let this strange time overshadow the magic of the season for our children.

Easier said than done, I know!

Many people I know, like to make New Year's resolutions and in the past, I always come up with a small list for myself, but then when I was unable to attain my goal, I would feel disappointed in myself. So with everything



Amy Gleason
BPEC President

going on last year, and in anticipation of a new, but so different from last year, I have decided not to be too hard on myself if/when I don't accomplish a goal! I am barely keeping it together with this distance learning thing. My big goal for 2021 is to concentrate on me. I am

going to start taking time out for me once in a while. I am the type of person that puts everyone else first. I am exhausted by the end of the year! This year is about reclaiming some "me" time. Make sure that you take time for yourself too. Find a quiet space, read a book, meditate, grab a cup of coffee or tea by yourself, take a walk, exercise, etc. There are so many ways to calm the mind and your body.

Your wellness and mental health are essential.

Take some time out so you can be the best version of yourself. If you are happy, then your family and friends will be too.

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On a separate note, I want to thank everyone who participated in the **Holiday Basket** program that Janet Diel and the Burbank Coordinating Council organize annually. Before COVID, our program would adopt 15 families, but since we are not physically at school, the two classes in session adopted families. Also, our dedicated board members raised enough money to purchase four grocery store gift cards and 13 teen gift cards for families in need. I am genuinely thankful for the generosity of our board

Hopefully, by December we'll be back in school to participate fully in the Holiday Basket program again. I sincerely miss all the seasonal activities that we do during the year, so I have everything crossed that we can once again experience these fun events.

Unfortunately, our BPEC community has been deeply saddened by the passing of Mrs. **Helen von Seggern**. To

date she was our longest serving director. The auditorium at The Burbank Adult School bears her name. In December she celebrated her 107th birthday and she passed peacefully in her sleep on Friday, January 8th, 2021. Our beloved more than a centenarian did not let the grass grow under her feet.

She was a community activist and continued to attend church every single Sunday! She also continued to give, show her support for the community that she loved so very much up until her last breath. I will always remember her smiling and enjoying our galas. If she had not carried out her vision for our parent and children program, that we all know and love as The Burbank Parent Education Program, I would have never made the friends that I have, I would not have found my **village**. I have learned to be a better parent because of BPEC. I am so incredibly grateful to Helen, all the BPEC teachers and aides. In

our 53+ year history, our directors have been Helen von Seggern, Linda Matsumoto, and Chris Tutak.

We are fortunate to have Chris and Linda as our teachers. They continue to share their wisdom and knowledge! Keeping us all calm and seeing us through this unprecedented time. Rest in Power Helen. You will be greatly missed by us all.

Have a great January/February - Happy Valentines Day and remember to take some time for yourself.

Be safe!
Wear a mask!

See you in March for another edition of the Preschool Press.

Amy Gleason
BPEC President 2020-2021



HELEN von SEGGERN

DECEMBER 12, 1913 – JANUARY 7, 2021

Helen von Seggern was the matriarch of our Parent Education Program. Helen just passed away on January 7. She lived to the amazing age of 107. She was a life long learner, always learning and growing herself. She surprised people with how much she maintained her curious and open mind. What a great example for everyone to follow.

She was interested in all things family and community. I took over for Helen when she retired and promised her that I would look after "her baby," our parent ed program. Now the torch has passed to Chris Tutak. The goals of this program have remained the same throughout the years. We are here to help parents reach their goals of parenting the best they can as per Helen's example.

Helen started this program at the Burbank Adult School over 55 years ago. She had the vision to look at parenting as an important skill for society. When she began this program it started small with 1 or 2 classes. She grew it to a program with about 25 classes. During that time her core vision remained the same. This was to help parents be the best parents that they can be for their children. This gave parents the chance to be the parents they always wished they had.

Helen took us from being scattered at several locations at different elementary schools in Burbank to our "home" at the Burbank Adult School site. With planning and staffing our classes became a great source for the community. Helen's vision of the importance of parenting well has continued through our classes over the years. If we are to include this pandemic year we even went virtual. The outreach to help parents and families thrive continues.

Helen was a small but mighty person with big shoes for us to fill. Helen was very diplomatic with some parents. Always calming down the worries of new parents. Helen has been teacher, mentor, diplomat, mother hen, nurse and all around professional. In celebration of Helen, the auditorium at the Adult School is named the Helen von Seggren Auditorium. She was the first woman to have a school building in Burbank named after a woman. This is very fitting. We are all so proud of that recognition for Helen.

As the leader of our staff, she guided us through rough times and good times with a sense of optimism. We all love and appreciate the work she has done on behalf of families in Burbank. We all laughed a lot and learned a lot under her tutelage. She has enriched and changed countless lives. I have always said that when I grow up I want to be just like Helen. During my daily job when problems came up, many times I asked myself "What would Helen say now? What would Helen do?" That kept me out of trouble. Helen will always be a huge presence at school. I know that Chris is following in her footsteps to continue Helen's legacy.

Finally I feel like we should all be singing "Wheels on the Bus" in memory of Helen. And Cheers once more to the Wonderful Helen!

Linda Matsumoto

2021-2022 Enrollment Dates

School Start Date: August 16, 2021

BUSD ENROLLMENT FOR RESIDENTS TK – 12 BEGINS January 25, 2021 and continues throughout the year	Enrollment Step 1 (required): Complete online portion at https://burbankusd.asp.aeries.net/AIR/ For more information and required documentation, visit our website at www.burbankusd.org and look for 2021/2022 Enrollment.	Enrollment Step 2 (required): Visit your school of residence's website and scan and email the the required remaining documentation. Enrollment must be completed by custodial parent or guardian.	A student is not enrolled or added to any waiting lists until BOTH steps have been completed. EARLY ENROLLMENT IS RECOMMENDED: If your school of residence is full, you may be placed on a waiting list and your student may be placed at another Burbank school in the interim.
Kindergarten Burbank residents only	Student MUST turn 5 years old <u>ON or BEFORE September 1, 2021.</u>	TK/Kindergarten Informational Meeting January 14, 2021 Via Zoom. Please visit the BUSD website for more information.	Please see the district website at www.burbankusd.org for specific times
Transitional Kindergarten Burbank residents only	Student must turn 5 years old between September 2 and December 2, 2021.	TK/Kindergarten Informational Meeting January 14, 2021 Via Zoom. Please visit the BUSD website for more information.	Please see the district website at www.burbankusd.org for specific times
Extended TK Burbank residents only	Student must turn 5 years old between December 3, 2021 and May 20, 2022.	Student must be identified as English learner, family in transition, foster youth, or free/reduced lunch. Once qualified, please follow enrollment steps above in the first row.	Please contact gabriellaplatten@burbankusd.org for an application and more information.
Kindergarten Dual Immersion-Spanish/English Application (Informational Meeting January 21, 2021) Admission is based upon space availability.	January 25 through February 24, 2021 Please email contact information at the right for an application. Lottery Drawing February 26, 2021 Notification to parents regarding lottery results begins March 1, 2021.	Students MUST enroll at their school of residence before applying for Dual Immersion. Applications must be submitted to Instructional Services at 1900 W. Olive Ave., 3 rd floor via mail or can be emailed to gabriellaplatten@burbankusd.org .	Kindergarten: Students must turn 5 years old <u>ON or BEFORE September 1, 2021.</u> Contact Gabriella Platten, Administrative Secretary at (818)729-4482 or gabriellaplatten@burbankusd.org for questions.
INTRAdistrict Transfer Permit Applications Burbank residents ONLY (request for school other than school of residence)	February 22 through March 19, 2021 Please visit the BUSD website for more information. Approval is based upon space availability and is honored in lottery fashion.	All new students must be enrolled at their school of residence and provide proof of residency prior to submitting any requests for an Intradistrict transfer.	For more information visit our website at www.burbankusd.org and look for 2021/2022 Registration/Enrollment Applications taken online, via mail or email. (818)729-4502 or melindadrechtsler@burbankusd.org .
INTERdistrict Permit Applications* Non-Burbank residents, employed full-time in Burbank or who own & operate their business within the Burbank District boundaries	Application period begins March 1 through April 5, 2021* *Interdistrict permits are accepted year round though this is the priority application period.	Applications taken online, via mail or email and must be accompanied by all required documents. Approval is based upon space availability.	For more information and required documentation, visit our website at www.burbankusd.org and look for 2021/2022 Enrollment. (818) 729-4467

The Burbank Unified School District is committed to equal opportunity for all individuals in education. District programs and activities shall be free from unlawful discrimination, including discrimination against an individual or group based on race, color, ancestry, nationality, national origin, immigration status, ethnic group identification, ethnicity, age, religion, marital status, pregnancy, parental status, physical or mental disability, sex, sexual orientation, gender, gender identity, gender expression, or genetic information; a perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics.

* All applicants must meet District requirements and deadlines.

SCHOOL PICTURE DAY!

February 25th & 26th from 9:00 am to 11:00 am. Due to Covid, things will go a little differently.

You **MUST** email Chris Tutak, Christutak@burbankusd.org, to say you will be having pictures taken. We need to have enough people to make it worthwhile for the photography company. Also Chris will be setting up blocks of time for people to arrive so please RSVP.

Payment is by **check** or **cash** ONLY. An envelope will be provided on the day of for you to fill out with your information and payment, which you will hand to the photographer. Please also bring a **pen**.

Masks are required for everyone over 2 years old once inside the school gate. School age children are welcome.

You may bring props from home, (i.e., stuffed animal, wagon, etc.). Also, bring your own hair brush as the photographer will not be providing one.

The photo session will be set up on the outside walkway by room 701 (3-year-old discussion room). You will drive to the back part of the parking lot to the last gate. One family at a time will wait on an outside bench in the walkway. When the bench is vacated, the next family, honor system, will take the bench. Children must stay with their parent. Stay in your car until it is your turn. An aide will help facilitate this process. Thank you.

Name _____

Package Type _____

Price _____ Circle YES or NO for props

Class Code: _____
For studio use only

We accept cash, check, money order, or even post dated checks.
Please enclose exact change. Make checks payable to Julie Lilly Photography
PLEASE MAKE ANY SPECIAL REQUESTS HERE:

Julie Lilly
Photography
17357 Tribune Street ~ Granada Hills, CA 91344
Phone (818) 831-8957 ~ jlplab@earthlink.net

Picture Day is Coming... Picture Day is Coming... Picture Day is Coming...
SEE POSTER FOR DATE, TIME, AND SAMPLES!
Prepaid Program - 100% Money Back Guarantee

Jumbo	Deluxe	Traditional	Studio Special
1 - 8 x 10 2 - 5 x 7 2 - 3 x 5 6 - jumbo wallets 4 - mini wallets 1 - pose 45. ⁰⁰ (tax incl.)	1 - 8 x 10 3 - 5 x 7 4 - 3 x 5 12 - jumbo wallets 8 - mini wallets 2 - poses 55. ⁰⁰ (tax incl.)	2 - 8 x 10 4 - 5 x 7 5 - 3 x 5 14 - jumbo wallets 8 - mini wallets 2 - poses 65. ⁰⁰ (tax incl.)	3 - 8 x 10 6 - 5 x 7 8 - 3 x 5 22 - jumbo wallets 12 - mini wallets 3 - poses 80. ⁰⁰ (tax incl.)

THRIFTY: 1-5 x 7, 1-3 x 5, 4-jumbo wallets, 4-mini wallets \$30.00 (tax incl.)
DIGITAL IMAGES on CD ROM can be added to any package for \$25.00 per pose

The photographer uses props (football, parasol, flower, book, etc.) unless otherwise requested. The finished package will be returned to the school within 30 days. Please fill out envelope and return to school on or before "Picture Day" to ensure that your child will be photographed. **PLEASE DO NOT FORGET TO INCLUDE YOUR PAYMENT.** Feel free to call if you have any questions.



VALENTINE'S DAY IDEAS

Write them Valentine Day love notes on heart shaped paper. Tell them how you love them everyday starting on February 1st or whatever day you choose then hang the hearts up somewhere in the house or put them on their door(s).



Make a special Valentines Day breakfast.

Make and decorate sugar cookies together.

Wrap a small present. It doesn't have to be something big, just a small thing.



Have a special Valentines Day Dinner.

Do something that your kids love to do that you don't do often.

Play a board game together.

Make Valentines for each other.



PARENT HUMOR

☐ SINGLE

☐ TAKEN

☒ WHO CARES?
I'M AMAZING.

