

Tennis Study Guide

History

1. Tennis originated in France from the royalty social group. Mary Outerbridge brought tennis to the United States.
2. Tennis tournaments were first played on a grass surface.
3. The most famous tennis tournament is Wimbledon.

Etiquette

1. If you are unable to determine if the ball is good or out- **Call it Good!**
Remember: A ball on the line is good.
2. If you think your opponent made a bad call- **Accept the Call!**
3. The most important rule in tennis is, *“Do unto others as you would have them do unto you”*.

Terminology

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| 1. Ace | serve untouched by an opponent. |
| 2. Advantage In | server's point after deuce. |
| 3. Advantage Out | receiver's point after deuce. |
| 4. Deuce | when the score is 40-40 or any tie score after that. |
| 5. Love | no score...zero. |
| 6. Forehand Stroke | stroke used when ball comes to your dominant side. |
| 7. Backhand Stroke | stroke used when ball comes to your non-dominant side. |
| 8. Foot Fault | server touches baseline with a foot while serving. |
| 9. Rally | when two players (or teams) exchange a series of shots and continue to hit the ball back and forth in play. |
| 10. Match | completed contest. |
| 11. Set | when a player or team has won 6 games and leads by two games. Example: 6 – 4. |
| 12. Lob | shot lifted over the head of opponent. |
| 13. Let | ball that must be replayed due to interference or a served ball that touches the net and still goes into the correct service area. |
| 14. Server | player initiating play |
| 15. Volley | when ball is hit back and forth without touching the ground. |

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Scoring

1. The server calls the score out and always gives server's score first followed by the opponents' score.
2. The server gets two chances to make a good serve.
3. An example of scoring is provided below.

<u>Server</u>	<u>Receiver</u>	<u>Score</u>
1 Point	0 Points	15-love
2 Points	0 Points	30-love
3 Points	0 Points	40-love
3 Points	1 Point	40-15
3 Points	2 Points	40-30
3 Points	3 Points	Deuce
3 Points	4 Points	Advantage Out (receiver)
4 Points	4 Points	Deuce
5 Points	4 Points	Advantage In (Server)
6 Points	4 Points	Game for server