

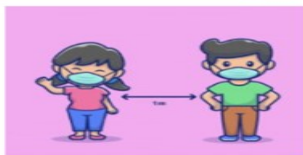
Looking Back at my



A year that started with dreams, illusions and goals, quickly changed. We used to be able to go out and enjoy ourselves, say hi and give hugs then suddenly we started a quarantine with anguish, uncertainty, and fear where everything had to be left for later. And so we changed our everyday dress for masks and armor that can defend us from an invisible enemy which we don't want to face today or tomorrow or ever. A year where unfortunately, we lost family, friends, colleagues, and acquaintances and some still keep fighting. A year that taught us to love and take care of ourselves, and to cherish our loved ones. We have learned to value every detail and go one step at a time. 2020 is over and we are still at home hoping that 2021 will be much better.

By: Claudia Orantes

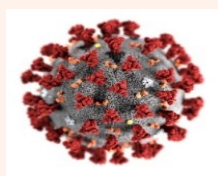
**2021
PLEASE
BE NICE**



Two Poems by: Laura Uriostegui

Pandemic Haiku

In March you came
Isolation and masks: required; frontline people were
The 2020 new Heroes.



Acrostic Poem - This is true?

Can you imagine a city without people on the streets?
Or celebrations without people or only online?
Vaccines as a hope?
Isolation as a rule?
Days like this we lived in 2020
1st If we want to change this situation, we must follow
9 words for three basic rules: wear a mask, stay at home, get your shot.

Presidential Inauguration – Famous Presidents

By: Marianne Ngangoum



Thomas Jefferson was born on April 13, 1743 in Shadwell, Virginia. He was born into a family of British origin and studied in Virginia. After attending College at William and Mary, Jefferson became a lawyer. He defended slaves seeking to regain their freedom. Then was elected to the Virginia House of Burgesses. Also, Thomas Jefferson was the primary author of the Declaration of Independence in 1776 and wrote the U.S Constitution. He served as Governor of Virginia during the American Revolution from 1785 to 1789, he also served as ambassador to France. He worked as George Washington's Secretary of State, and as John Adam's Vice President. He became the third President of the United States and won the U.S. election two times. He negotiated with Napoleon about the sale of Louisiana, doubling the area of the country, and following peace negotiations with France, his administration proceeded to reduce military resources. Finally, he died on July 4, 1826.



Inauguration Day – January 20, 2021

Kamala Harris, the first woman Vice President of the U.S., is a great example for all women. I'm in a country where I can improve myself. I know that my skin color or where I come from does not matter. The important thing is my spirit; to work hard for my goals and to make my dreams come true.

By: Sandra Martinez



ELVIS PRESLEY'S BIRTHDAY - JANUARY 8th



Elvis Aron Presley was born January 8, 1935 in Tupelo, Mississippi. He is also known simply as Elvis, an American singer, musician and actor. He is one of the most significant cultural icons of the 20th century and is often referred to as the "King of Rock and Roll" or simply "the King". Many fans of Elvis Presley's legacy, make a yearly pilgrimage to Graceland, to his legendary house, where their idol lived. There is an annual event there - Elvis Presley proclamation ceremony.

Presley was famous for his love of peanut butter, banana and bacon sandwiches, hot-dogs and cola. His fans now celebrate his birthday by cooking and eating his favorite meals and watching films in which he played. They also decorate their homes with photos of the King, dress like him and make performances of well-known Elvis songs.

By: Iuliia Vostokova

HOW THE PANDEMIC HAS AFFECTED MY FAMILY AND ME

By: Marianne Ngangoum

I left my country, Cameroon, in October 2019. I was so excited to start life in a new country. I barely started with English class at Burbank Adult School in February 2020 and the U.S. was put in quarantine and I was thinking that it was going to last a few weeks, but the nightmare continued and every day we have more new cases. The more time flies, the more people die from Covid-19. I was

so afraid thinking about my family in Cameroon where they don't have enough equipment to take care of people with Covid, and me here with my sister. It was so difficult for me because I had just gotten my first job in the U.S. and in an instant I lost it.

We just prayed every day and kept hoping that everything was going to be okay. After we started with online classes, the other difficult part that nobody was preparing for, was the internet being unstable. It was so hard, especially for me. Will I be able to improve my English? Now, all we can do is keep faith, and hope that everything is going to be fine while practicing barrier measurements: wear a mask, stay home, maintain social distance and wash your hands



The Corona Vaccination

By Angelica L. Arevalo

Since January 15, 2020 when the first case of Covid-19 appeared in the United States, our way of life has changed radically, unfortunately this pandemic has taken the lives of many people, regardless of color or race and we have had to adapt to do things differently.



Thank God, the vaccine against Covid-19 was finally approved and on December 14, 2020 in New York City, the first intensive care nurse received the first vaccination against Covid-19. At present, as of January 13, 2021, around 28 million people have been vaccinated in the world, and the United States has already injected around 2 million. I am trusting in God that everyone can be vaccinated soon so that this pandemic can be eradicated.

Personally, I'm very grateful that I made the decision to get the vaccine. I had my doubts but I did it for my own protection and for the protection of others. In this way I can contribute a little bit to help eradicate this terrible pandemic.



The Corona Vaccinations By: CARLOS COBO MACIAS



Now there are authorized and recommended vaccines to prevent COVID – 19 in the United States:

New Year Resolutions Crossword Puzzle *By: Laura Uriostegui*

At the New Year, it is a common activity to think about the year that is ending and about the things that we want for the coming year. This activity is called Resolutions: thoughts, goals or things that you want to happen during the year. What are your resolutions for 2021? (Here are some ideas)

ACROSS

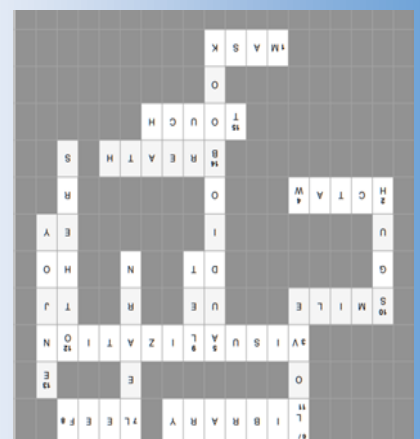
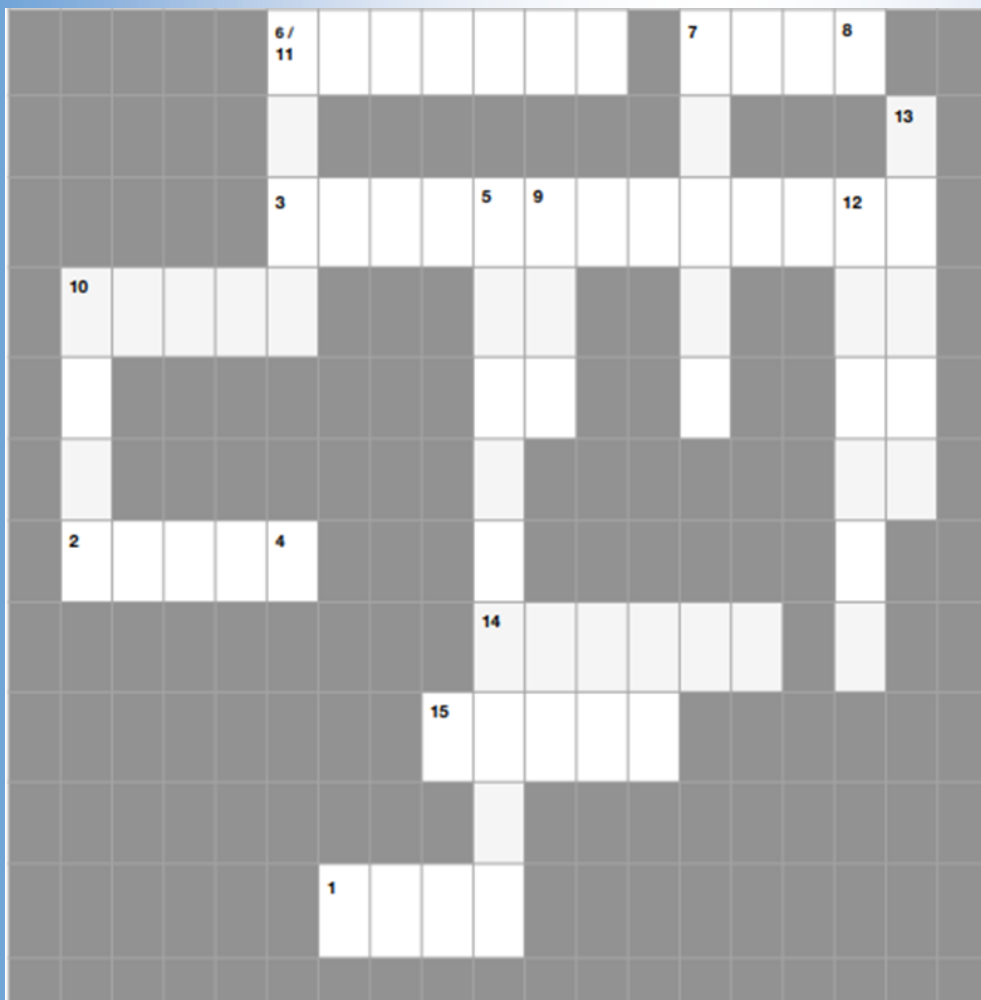
- Every time you go outside, use a cab or go to the park, you need to wear a (1) to protect yourself and others.
- Do a (3) board that helps you to reach your goals.
- Another good way to practice English is to (4) T.V. without captions or if you need, with English captions.
(write it backwards)
- Get a (6) card and borrow lots of books.
- (8) your emotions, understand where they came from. (write it backwards)
- A (10) always lights up your face.
- Take a deep (14) .
- Be in (15) with family and friends by calling, texting, or emailing).

DOWN

- Give and receive more lovely (2) . (write it backwards and up)
- Walk more, move more and if you listen to an (5) you also exercise your brain.
- Do you want to (7) something new? Review the Burbank Adult School catalog.
- Deal with it then (9) it go.
- Remember to say I (11) you to yourself and to the (12) you care about.
- (13) every moment.

ANSWERS (figure out where they go)

Watch, Breath, Hugs, Others, Visualization, Feel, Love, Touch, Enjoy, Smile, Let, Library, Learn, Audiobook, Mask



Armenian Christmas Celebration by Adrine Shahbazyan

I celebrate New Year's in a different Christmas on December 25th. We celebrate our children on December 31. That is 6th of January by reuniting with family very exotic foods to put on the table. ads, barbeque, and fruit, and some the table when the 12:00 midnight marker hits as we go into a new year. That is how we celebrate



[This Photo](#) by Unknown Author

way. We Armenians don't celebrate New Year's and give presents to because we celebrate Christmas on the and celebrating. The women make For example, we make Armenian sal-fruits for later. We also put drinks on

My New Year's Resolution by Princy Wanniarachchi

My new year's resolution is to ing dishes. I enjoy cooking and es every Sunday to enjoy with of January 2021, I decided to first Sunday called Hoppers. and coconut milk. It is a pan-



[This Photo](#) by Unknown Author is

keep myself occupied with mak- would like to make different dish- my family. Starting in the month make a Sri Lankan Dish on the Hoppers are made with rice, flour, cake with a crispy outer layer.

On the second Sunday of January, I made another Sri Lankan dish to enjoy with my family, Watalampam



And, on the third Sunday of January, I made yellow rice.



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Celebrating During a Pandemic by Miguel Barrera



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I remember before the pandemic started, we used to celebrate with large groups of people, family, and friends. There were large gatherings and we did not take any precautions to stay safe.

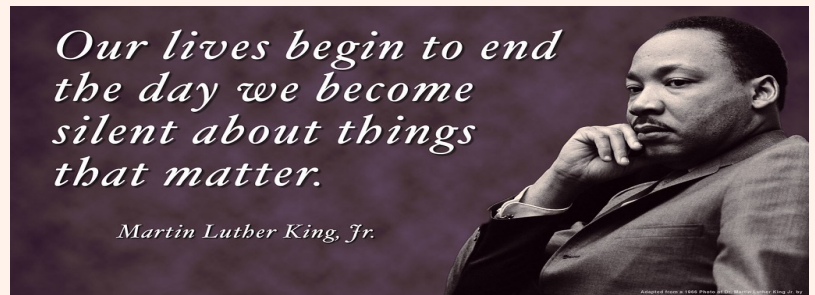
During this past year, celebrating any kind of events has been done in a completely different way. We now celebrate with social distancing through Zoom and other ways on the Internet, and sometimes with drive-by parades. Nowadays, we take more precautions and only have small gatherings, And, we also wear face masks and shields. And in some cases, people have hand sanitizing stations provided to sanitize their hands.

Some people take precautions to stay safe and clear from this virus, and some just don't care.

Martin Luther King, Jr. Day

January 15, 1929- April 4, 1968

“Free at last, Thank God Almighty, we are free at last



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Martine Luther King was an important leader of the African American Civil Rights movement. His most famous speech was “**I Have a Dream.**”

It took many years for Congress to decide the celebrate the holiday. In the years leading up to the official decree, many African-Americans celebrated the birthday themselves with a few states declaring King’s birthday a state holiday. The bill was finally passed by both the House of Representatives and the Senate, and was signed unto law on November 2,1983. The holiday is celebrated on the third Monday in January.

By Pirat Pulpun Level 5 AM

JANUARY 20 INAUGURATION DAY



The inauguration of JOE BIDEN as the 46th President of the UNITED STATE OF AMERICA took place amidst extraordinary political, public health, economic and security crisis.

Una nación bajo Dios indivisible, con libertad y justicia para todos. She said reciting a part of the Pledge of Allegiance.



Kamala Harris may be the first woman to serve as vice president of the United State, also marked the first time an American of South Asian descent was elected to such national office.

By Anabel Velez



LADY GAGA took the stage to sing the National Anthem for the inauguration Joe Biden and Kamala Harris.



Jennifer Lopez took the inauguration stage to perform a medley of patriotic song THIS LAND IS YOUR LAND. She took a moment to speak in Spanish.

Wanda

We are sure you are also one of the thousands of people who have been almost forced to stay home due to isolation or quarantine due to the new virus called coronavirus or COVID-19. All this social isolation and the change in our daily routines are still a challenge for all humanity. Our nature as human beings has been threatened above all by the fear, creating us a lot of anxiety, concern and especially the fear of contagion.

And now, our daily from this predator that stress for us. All this especially of learning learn to give value to another regardless of life is one and that we today and it is all we have and from which we can learn from it. Now we are in this moment, tomorrow has not happened yet.



question is how we can escape is creating a new additional puts us in a learning situation, how to control our feelings, small things, learn to love one race, color or religion, learn that have to live it with love. Now is

tomorrow has not happened yet.

Passy

I learned from the new lifestyle of quarantine how important relationships are and how beneficial socializing is to my life. For example, before quarantine I have more opportunities to visit my mom and my sister but now is way harder. This different situation made me realize how important my mom and my sister are to me and how much joy they bring into my life. This new lifestyle showed me how active and productive I used to be before, but it is not that case anymore. I know how to find ways to entertain myself at home and not fall into laziness. It's so hard to wake up in the morning and complete assignments and go to work, but I have to.

Mishell

The world's mood may now look gloomy because of the pandemic. Doing one productive thing each day makes me feel more positive. I set my sights on things that have been left undone for a long time, and reorganized to do something that I've always wanted to accomplish. I try to wake up at the same time every day, got to bed, eat, shower, exercise regularly and don't wear household clothes all the time. I hope that from my experience of quarantine, I can reflect more on what is important in life and focus on the health of my mind, body and soul.

Libertad

After one year in this quarantine finally I can see the way that this is helping me. First, I learned to understand and love myself. In my regular life, I was always in movement, meeting people, helping and being around people was my favorite. This year, being almost alone, has helped me to understand my own necessities, what my body needs, what my mind needs and what I have to change. I learned that we don't need institutions, teams, people or any other justification to do the things that we want, or we need. I'm very grateful that this quarantine happened in this time. I took a complete English course last year, I even met my teacher personally, the connection and our courage to continue made a normal class a necessity for me. I started to take more courses to improve

started to time, but place for my small office



my work, and I divide not only my also my home. My small office, a for my boyfriend,

Swathi

I have been learning about quarantine lifestyle. I have chance to learn yoga class and ESL class because it's online. I miss my friends and family members because of its covid-19. Now I spend more time to myself improvement and teach my kid. Everyone spends more time on electronics because of school, entertainment, homework, kids and adults. This is very bad for your eyes, brain, and body. My expenses are less compared to before lockdown. Know nature is very good, no politician, every one focus on health and fitness.

How Burbank Adult School Helped Me (by Mariana Marino, Level 6)

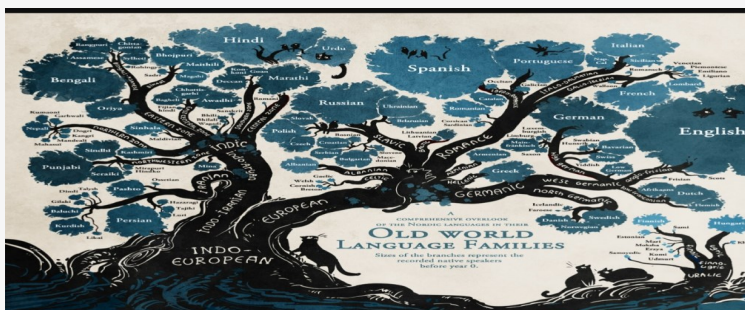
First of all, BAS helps us to improve our English by taking ESL classes. Some of us started at level 0 and finally we all found ourselves completing level 6.

Each one of us came with different goals to achieve, personal or educational goals, and the school gave us the opportunity and support to achieve them.

BAS also gave us the classes to aid our learning, Conversation, Com- By the way, all are free.

But not only that, it also new people and differ- come from countries

Finally, we always have



opportunity to take other ing such us Pronuncia- puting and much more.

opened us up to meeting ent cultures because we from all over the world. the efficient and friendly

How Burbank Adult School improved my English

I came to the United States of America because it was a dream of mine to live here since I was a child. I was in love with this country even without ever visiting it before. My family gave me many souvenirs from their trips to the U.S.A. I was in love with the people, language, music, food, culture, movies, everything from this amazing and beautiful country. I consider the United States the best place in the world. My knowledge of the English language began at the Universidad de las Fuerzas Armadas in Ecuador. There I was able to learn basic English grammar, but it is at the Burbank Adult School that my English greatly improved. My teachers at the Burbank Adult School have been a tremendous help.

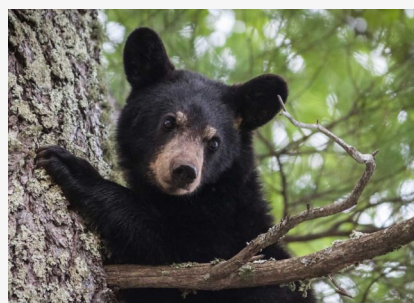
Now here I am. I've fallen in love with an American man and I have the opportunity to live in the United States. Therefore, I want to improve my English so that I may become a permanent resident of this country.

- Loli Andino Level 6

Dangerous Animals in California and Dangerous People in the World. Who is more dangerous?

In general, animals are safe; however, under rare circumstances, facing a threat, hunger or extreme provocation, or if their young are in danger of being harmed, all animals can be dangerous. Most wild animals are afraid of humans and swim away or run to avoid human contact. We'll go over some dangerous animals in California:

American black bears - they can attack humans when it comes to food or protection for the young, and they can be lethal.



Rattlesnakes - there are around 800 rattlesnake bites each year in California resulting in one to two deaths. Chances of survival are excellent, but immediate attention and medical care are essential.



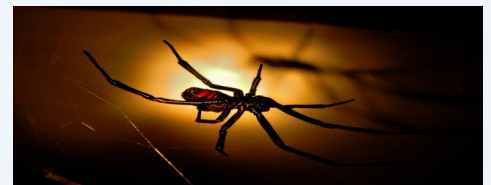
Coyotes - they are not particularly dangerous to humans - although they aren't friendly - but they can be lethal to cattle and sheep. However, there have been deadly coyote attacks to humans in California. Coyotes are getting used to urban areas, and they encroach on human settlements more often, which leads to more conflicts.



The great white shark - most shark attacks happen due to a sense of threat or confusion. When shark attacks are lethal, people die due to blood loss more often than from repeated bites.



Black widow spiders - in fact their venom is not usually lethal for humans. They are known for their nocturnal habits and because they spin impressive 3D webs.



Similarly, humans may be aware of some of the dangers. Some people will do great harm, such as terrorist attacks; maybe these people are far away from us, but people should also beware of the harm that ordinary people can do to people.

Liars - they will not only cheat people's money, but even their feelings and hurt people from the heart.

Robbers - they often hurt people in the process of committing their crimes.

In the present technology controls people's lives, but if we look back in history, power and money is the passion that moved the world. One example of this is Cody Wilson- Director of Defense Distributed. He is looking for total freedom of the internet and the creation of ungovernable weaponry and money markets. He uploaded a blueprint for 3D-printable weapons and software to make a gun called the Liberator was put on his website last year and had been downloaded 100,000 times in the USA.

People have been facing the serious Covid virus last year. The world is suffering, but there were a lot of people looting shops, burning houses, they just wanted to do bad things that was so sad.

Animals are more about protecting themselves, and humans are more about hurting others, so who is more dangerous?



The typical implementation of DST is to set clocks forward by one hour in the spring and backward one hour in the fall. An easy way to remember it is: spring- forward, fall -backward.” As a result there is one 23-hour day in late winter and a 25-hour day in early spring.

Daylight savings time in most of the United States starts on the 2nd Sunday in March and ends on the 1st Sunday in November. This year DST will start on Sunday, March 14th, 2021 and end on Sunday, November 7th, 2021. In the spring all clocks are turned forward by one hour, at 2:00 AM. In the fall all clocks are turned backward by one hour, at 2:00 AM. As a result there is more light in the evenings during spring and more light in the morning during fall.

George Hudson proposed the idea of DST in 1895. The German Empire and Austria- Hungary organized the first nationwide implementation starting on April 30, 1916. Many countries have used it in the past and are still using it. Some countries observe it in only some of their regions; for example, parts of Australia such as South Australia, Lord Howe Island, and many others use DST while some parts of Australia do not. All of the United States observes it except for Arizona and Hawaii. Only a minority of the world's population uses DST; Asia and Africa do not.

There are many pros of DST; it saves energy, promotes outdoor activity. It is good for physical and physiological health, and reduces traffic accidents and crime because it doesn't get dark until very late in the day. As good as it may sound DST has its cons as well the use of more electricity (in the fall), people have difficulty getting enough sleep at night when the evenings are bright. DST also hurts prime-time television broadcast ratings and theatres.

Daylight savings time has been going on for a really long time now, it has become a routine, even though it has its pros and cons.