

Student Name		date of birth
Health Plan	(circle) original or current	date of plan
School Information	school/year	teacher/team
Parent/Guardian	print	signature
School Nurse	print	signature
Health Care Provider signature not required	name	phone

Please complete the following to provide school staff information about your child's health condition. Health information is considered confidential; however, information on this form may be shared with teachers having direct contact with your child in order to provide a safe environment while your child is at school or engaged in school activities.

In the event of an emergency, every effort will be made to contact the parent and/or licensed health care provider listed on this form. If unable to make contact, school personnel will call 911 and transport to the nearest hospital.

Nosebleeds Description

A nosebleed is loss of blood from tissue lining the nose. Bleeding most commonly occurs in one nostril. Most nosebleeds occur because of minor irritations or colds. They can be frightening, but are rarely life threatening.

First Aid Intervention

When bleeding starts:

- sit upright and lean forward
- have child pinch nostrils shut for five to 10 minutes.
- breathe through mouth

****If, after first 10 minutes the bleeding continues, have the child blow nose to free clots. Then reposition pressure on nose. If this does not stop bleeding, insert gauze covered with petroleum jelly and re-apply pressure**

To prevent re-bleeding:

- don't pick or blow nose
- don't bend down for several hours after the bleeding episode

Seek medical care if:

- the bleeding lasts for more than 20 minutes
- the nosebleed follows an accident, a fall or an injury to the head, including a punch in the face that may have broken the nose

**** Wash hands as soon as possible to avoid possible blood exposure**

Management (please check all that apply)

[] I understand that the above intervention will be carried out as described.

[] I authorize exchange of information between the school and the listed health care provider