

Name _____ Teacher _____ Period _____ Sem _____

SHAWNEE HIGH SCHOOL
Physical Education Student Contract

To help you successfully complete the physical education credit requirements, it is important that you familiarize yourself with the following information:

A. Class Preparation:

1. Use of Locker Rooms:

- a. Once the school day begins, students are not allowed in the athletic locker room area until the end of the school day.
- b. Students are not allowed in the PE locker room area other than during their regularly scheduled physical education class.
- c. All students are expected to be in the locker room when the bell rings. Chronic lates will be handled through the school's disciplinary process.
- d. It is strongly recommended that each student use a combination lock to secure clothing and valuables during PE class. If your possessions are ever stolen from the locker room, you must report the incident to a gym teacher immediately.
- e. All locks and personal belongings must be removed from the locker at the end of each class period. If this procedure is not followed, the lock will be removed by an instructor. Exception: some lockers may be assigned to athletic teams.
- f. After dismissal from class, students are to remain in the locker room or gym until the passing bell rings.

2. Physical Education Attire:

- a. Acceptable attire includes: athletic sneakers, socks, T-shirts, sweat shirt, athletic shorts or sweat pants.
- b. Unacceptable attire includes: shoes, boots, platform or slip on sneakers, shirts with buttons/zippers/collars, or inappropriate slogans or images, tank tops, sweaters, cut-offs, shorts with belt loops, all jewelry.

B. Safety:

1. All students are expected to adhere to safety rules and procedures as well as activity/game regulations.
2. **Incidental contact in some activities/games is unavoidable**, however, willful, flagrant, and over-aggressive contact will not be tolerated. Consequences will be:
 - a. **removal from activity/game**
 - b. **a deduction of (- 5 points) will be taken from student's participation grade**
 - c. **a discipline record will be sent to the student's Assistant Principal**

C. Physical Education Make-up Procedures:

1. **To receive credit in physical education for medical reasons:**
 - a. The student must receive a note from a physician and present it to the school nurse before his/her scheduled PE class period.
 - b. The nurse will then write a pass to be presented to the PE teacher. The only acceptable medical excuse is a written one from the school nurse.
 - c. If a student has a medical problem which limits participation in some activities, the note from the doctor should be specific as to what you can or can not participate in.
2. **To receive credit in physical education for all other approved absences:** (example) absent from school, student council meeting, class meetings, field trips, or guidance appointments scheduled by the guidance counselor, etc. a written make-up report or participation in an after school fitness activity. **This after school option must be scheduled with your teacher. One period make-up time will be expected for each period missed, as stated in school make-up policy.**
3. Students who can NOT participate in physical education due to injury/illness are prohibited from participation in school athletics until medically cleared to return to physical education class.

D. Grades:

1. Marking period grade:

a. 80% Participation / Preparedness / Psychomotor:

1. - 10 points: **unprepared & not participating, cutting**
2. - 5 points: **being unprepared (BEING UNPREPARED DOES NOT EXCUSE YOU FROM PARTICIPATING IN CLASS), removal from class for discipline reasons**
3. - 5 points: **absent from class for any acceptable reason**
4. - 2 points: **jewelry, safety infractions, and cell phones in class**
5. - 2.5 points: **lack of effort (participation) and / or psychomotor assessment (demonstration of activity related skills and procedures)**
6. -1 point: **late to class/attendance roll spot (first time warning), subsequent lates will deduct one point per occurrence**

b. 20% Cognitive Assessment:

1. **There will be 5 written quizzes throughout the semester (one per unit).**
2. **Various performance assessments based on the curriculum.**

2. Final Grades:

1. **Marking period grade + marking period grade ÷ 2 = final grade**

E. Fitness Testing

Students are expected to give maximum effort during testing. Poor effort will result in loss of points for the day. Students can earn a fitness t-shirt based on total overall fitness score against the rest of the grade for the semester and the entire year.

F. Physical Education Achievement Award:

Awards will be presented to those students who maintain an "A" average in each marking period and approach physical education with enthusiasm, demonstrating a high level of fitness, physical skills and knowledge about each of the content areas in their curriculum. In addition, the student should reflect qualities of leadership, sportsmanship, and respect for self and others at all times.

G. Proper Hygiene:

1. **Regularly wear clean physical education attire.**
2. **Wash hands after physical education class.**
3. **Use disinfectant wipes on vinyl surfaces and the pins before using any piece of equipment in the weight room.**
4. **If you have a tinea, bacterial, or viral skin infection, cover all infected areas of the body.**
5. **See your physician should you suspect you have any skin infection.**

H. Physical Education Study Guides:

Activity study guides and medical report forms are available to students for viewing and downloading off the Shawnee Physical Education Home Page.

I have read the above information. I understand it is my responsibility to secure my belongings in a locker and use a combination lock, to wear the acceptable attire during class, to follow the rules of the locker room, and to follow the rules of the activity. In addition, I understand the grading system for physical education and the make up procedures for any classes missed for acceptable reasons.

Student Signature _____ Date _____

Parent Signature _____ Date _____
required from all 9th grade and transfer students