



Kathleen Pichel, RN
Nurse Leader
P 508-529-7758 x3006
kpichel@valleytech.k12.ma.us

Stephanie Dunham, RN
School Nurse
P 508-529-7758 x3005
sdunham@valleytech.k12.ma.us

Blackstone Valley Regional Vocational Technical High School
65 Pleasant Street, Upton, MA 01568
F 508-529-3514
www.valleytech.k12.ma.us

Dr. Michael F. Fitzpatrick
Superintendent-Director

MEDICATION POLICY

Dear Parent/Guardian,

We would like to inform you of the policies that have been put in place to ensure health and safety of children needing medication during the school year. Our school district requires that the following forms be on file in your child's health record before we begin to give any medicine at school.

Either prescription or over the counter.

- 1. Signed Nurse Emergency Information Form:** Incoming freshmen and transfer students should return this form to the nurses' office. All other students in grades 10, 11, & 12 need to update the Medical Information form in Power School at the start of each school year. Medications that can be given during the school day with parental/guardian permission are Tylenol, Ibuprofen, Tums, Hydrocortisone 1% cream, and Bacitracin ointment.
- 2. Prescribed and Over the Counter Medications:** For all other medications, not listed above, an order needs to be written by your child's physician, nurse practitioner, etc. Some examples are ADHD medication, insulin/glucagon for diabetes, migraine headache & anxiety medication, inhalers, Epipens, non-drowsy antihistamines (Clariten, Zyrtec) and Benadryl. If Benadryl is given during a shop day, they will not be allowed to return to shop and will need to be dismissed. If Benadryl is given during an academic day the student could still be dismissed at the discretion of the nurse. These orders must be renewed as needed at the beginning of each academic year.

You or a responsible adult whom you designate should deliver medicines to the school in a pharmacy or manufacturer-labeled container. Please ask your pharmacist to provide separate bottles for prescription medications for school and home. No more than a thirty-day supply of medicine should be delivered to the school.

Any student who uses an inhaler for asthma or an Epipen for allergic reactions must have a supply of this medication for school. These medications must be kept in the nurses' office unless otherwise directed by your physician and reviewed with the school nurse.

Students are **not allowed** to take any form of narcotic or muscle relaxants before or during school even with a note from their physician. (Examples of narcotic drugs: Vicoden, Percocet, Tylenol with Codeine; Example of muscle relaxant: Flexeril). Also, students are **not allowed** to be in possession of medications (prescription and/or over the counter drugs) during the course of the school day. All medications must be kept in the nurses' office.

When your child needs a medicine to be given during the school day, please act quickly to follow these policies so we may begin to give the medicine as soon as possible.

Thank you for your help.

Sincerely,

Kathy Pichel, RN
Nurse Leader

Stephanie Dunham, RN
School Nurse