

August Menu 2024

Tuesday, August 13

Crunchy Grass Fed Organic Beef Taco (gluten free, scratch-made)
Crispy Chicken Sandwich
Impossible Burger (plant-based patty, vegetarian)
Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

Wednesday, August 14

Grilled Cheese Sandwich (scratch-made, vegetarian)
Orange Chicken with Brown Rice
Yogurt & Granola (vegetarian, gluten free)
Fortune Cookie (vegetarian)

Thursday, August 15

Boar's Head Turkey & Cheddar Sub Sandwich (scratch -made)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pepperoni Pizza (scratch-made, contains pork)
Benefit Bar, String Cheese & Fruit Smoothie (vegetarian)

Friday, August 16

Grass Fed Beef Hamburger
Grass Fed Beef Cheeseburger
Macaroni & Cheese (vegetarian, scratch-made)
Yogurt & Granola (vegetarian, gluten free)
Fresh Baked Sugar Cookie (vegetarian)

Monday, August 19

Pasta with Butter Parmesan Sauce & Garlic Bread (scratch-made, vegetarian)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Margarita Pizza (vegetarian, scratch-made)
Yogurt & Granola (vegetarian, gluten free)

Tuesday, August 20

Cheese Chili Verde Tamale & Tortilla Chips (gluten free, vegetarian)
Grasse Fed Beef Hotdog
Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

Wednesday, August 21

Cheese Quesadilla (vegetarian, scratch-made)
Chicken Waffles
Yogurt & Granola (vegetarian, gluten free)

Thursday, August 22

Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll
EUSD Cheese Pizza (vegetarian, scratch-made)

EUSD BBQ Chicken Pizza (scratch-made)
Benefit Bar, String Cheese & Fruit Smoothie (vegetarian)

Friday, August 23

Brunch for Lunch (French Toast) (contains pork)
Mozzarella Stuffed Breadstick & Marinara (vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Fresh Baked Snickerdoodle Cookie (vegetarian)

Monday, August 26

Spaghetti with EUSD Marinara & Garlic Bread (scratch-made, vegetarian)
EUSD Cheese Pizza (scratch made, vegetarian)
EUSD Pineapple Pizza (scratch made, vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Whole Fruit Popsicle (vegetarian, gluten free)

Tuesday, August 27

Homemade Bean & Cheese Burrito (vegetarian, scratch-made)
Chicken Tenders
Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

Wednesday, August 28

Macaroni & Cheese (vegetarian, scratch-made) with Chicken Bites
Chicken Corndog (nitrate free)
Yogurt & Granola (vegetarian, gluten free)

Thursday, August 29

Fiesta Nachos (vegetarian) with Grass Fed Organic Beef (scratch-made, gluten free)
EUSD Cheese Pizza (scratch made, vegetarian)
EUSD Pepperoni Pizza (scratch-made, contains pork)
Benefit Bar, String Cheese & Fruit Smoothie (vegetarian)

Friday, August 30

Grass Fed Beef Hot Dog
Grilled Cheese Sandwich (scratch-made, vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Fresh Baked Chocolate Chip Cookie (vegetarian)

Student Meal Prices:

All EUSD Students eat for Free!

Adult & Visitor Meal Prices:

Adult/Visitor Breakfast: \$4.00

Adult/Visitor Lunch: \$6.00

Daily Salad Bar:

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab and grown organic lettuce and seasonal veggies!

Mondays: California Grown Plums

Tuesdays: Regionally Grown Grapes & Celery

Wednesdays: Locally Grown Sliced Apples & Jicama

Thursdays: Pineapple Chunks & Locally Grown Dassi Family Farms Persian Cucumbers

Fridays: Locally Grown Valencia Orange Slices

Various dressings are offered daily including Ranch, Balsamic and a gluten free option.

Breakfast Menu

Breakfast is served daily before school. Check with your school office for specific service times.

Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

Monday: Banana Bread & Whole Grain Cereal

Tuesday: Maple Belgian Waffle & Whole Grain Cereal

Wednesday: Fresh Baked Scone & Twin Bar

Thursday: Mini Pancakes & Whole Grain Cereal

Friday: Cinnamon Crumble Protein Muffin & Fruit Smoothie with Blueberry Oat Bar

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com.

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services:

lea.bonelli@eusd.net.

Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut-free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

****Menus are subject to change without notice****
This institution is an equal opportunity provider.