



# 2024-2025 CVSD Food Service Information

Dear Parents/Guardians:

Welcome back to a new school year at ConeWago Valley! The CVSD school food service staff is looking forward to serving your children nutritious meals that support their success in school and promote healthy lifestyles. Our goal is to provide good customer service and quality meals that meet the latest federal and state guidelines. Be sure to encourage your children to participate in the school meal program for breakfast and lunch to ensure they are energized for the duration of the school day! If you have any comments, questions or concerns throughout the school year, please do not hesitate to contact me. We look forward to serving you!

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## What makes school meals healthy?

The most recent guidelines for school meals were set by the Healthy Hunger Free Kids Act along with USDA Standards.

All meals served are based on a meal pattern, which states that each meal must contain a certain number of calories, fat, sodium, fruit, vegetable, grains, meat/meat alternates, and fluid milk.

## What Makes a Meal?

CVSD participates in an offer vs. serve meal pattern for both breakfast and lunch. That means we offer all the components (fruit, vegetable, grain, protein, & milk) that are necessary per state & federal guidelines, and the students can take or decline items as they wish. At breakfast, we offer four components of which the student must choose a minimum of three. At lunch, we offer five components of which the student must choose a minimum of three items but can take up to 5.

*To purchase a reimbursable breakfast or lunch, one of the components chosen MUST be a fruit or vegetable.*

## Food Allergies

The CVSD Food Service department accommodates for dietary needs for food allergies for all K-12 students while maintaining the integrity of the reimbursable meal. If your child has a food allergy, please notify the school nurse and complete and submit the 'Food Allergy Form' which can be found on the Food Service webpage.

Menus and additional food service information can be found at [www.conewago.k12.pa.us/district-services/food-services](http://www.conewago.k12.pa.us/district-services/food-services)

**WE ARE HIRING**

Interested in joining our food service team? Apply online at: [www.conewago.k12.pa.us/employment](http://www.conewago.k12.pa.us/employment)

## Free & Reduced Meals

Student meals are priced based upon household eligibility. In order to qualify for free or reduced meals, you must complete an application at the start of **each** school year, even if you were approved the previous year. We encourage you to complete a new application before **OCTOBER 2, 2024**. If you do not, your child's prior year status will expire and he/she will be charged full price for meals until a new application is submitted & approved. If you feel your family is eligible and would like to apply, you may do so online via Skyward Family Access, COMPASS, or via a paper application. Some families may be automatically eligible, or directly certified, through the state for free meals. Regardless of approval type, you will receive a notification letter regarding your household eligibility in Skyward Family Access.

Please note that if you accrue a negative balance prior to meal approval, you are responsible to pay for that negative balance.

*Free & Reduced meal rates are for reimbursable meals only and do **not** include a la carte items.*

## 2024-2025 School Meal Prices

	<u>Breakfast</u>	<u>Lunch</u>
Reduced	Free	Free
Elem	Free	\$2.50
MS/HS	Free	\$2.75

*This institution is an equal opportunity provider.*

## How Do I Pay for School Meals?

Options for food payments include cash, check, or online payment via Skyward.

If you are paying with cash, please send it to school with your child in a sealed envelope with their full name and PIN.

If you are paying by check please make it out to CVSD Food Service with your child's name and PIN number on the check. Please note that all returned checks may accrue a fee set by the bank.

Online payments can be made by logging in to Skyward Family Access and clicking on the Food Service Tab. There, you can click on 'Make a Payment' to be redirected to our payment processing system, RevTrak. In addition, Skyward allows parents to view their child's purchases and current account balance. Here you can also set restrictions, purchase limits, & low balance alerts.

Students use their PIN or ID card for purchasing all food items at the register. Purchases are deducted accordingly from their prepaid account based upon each student's eligibility status.

## A La Carte Purchases

A variety of a la carte items are available for students at CVIS, NOMS, & NOHS. Please note that a la carte items are not included as part of the Free/Reduced meal program, and are charged at full price. Your child must have cash or money on their account to purchase a la carte snacks/beverages. This includes an extra milk at the elementary level. All negative balances must be paid in full to be able to purchase a la carte items. If you would like restrictions set or prefer to not allow a la carte purchases, please contact the food service department.