Nutrition

The board recognizes that a healthy school environment prepares students for college, careers, and successful futures. Students who eat well-balanced meals are more likely to learn in the classroom. The board supports the district's increased emphasis on nutrition at all grade levels to enhance the well-being of the district's students. Therefore, it is the policy of the board to provide students with access to nutritious food as stated in this policy and the accompanying procedure.

Nutrition and Food Services Program
The board supports the philosophy of the National School Lunch and School Breakfast Programs and will provide wholesome and nutritious meals for children in the district's schools. The board authorizes the superintendent or designee to administer the food services program, provided that any decision to enter into a contract with a food service management company will require the approval of the board. Expenditures for food supplies shall not exceed the estimated revenues.

The superintendent or designee is responsible for:

- Annually distributing meal applications and determining eligibility for school meals;
- Protecting the identity of students eligible for free and reduced-price meals;
- Ensuring meals meet USDA meal pattern requirements;
- Ensuring meal periods are in compliance with USDA regulations;
- Establishing a Food Safety Plan;
- Determining meal prices and submitting them to the board for approval annually;
- Using the full entitlement of USDA Foods;
- Maintaining a nonprofit school food service account;
- Ensuring all revenues are used solely for the school meal program;
- Establishing a meal charge policy if not serving meals at no cost to students;
- Accommodating children with special dietary needs;
- Ensuring compliance with USDA nondiscrimination policies;
- Following proper procurement procedures; and
- Ensuring compliance with the Smart Snacks in School nutrition standards.

Federal Programs
Participation in various federal programs related to nutrition, including the National School Lunch Program, the School Breakfast Program, and the United States Department of Agriculture (USDA Smart Snacks in School nutrition standards, require a wellness policy. The district will address and follow its comprehensive wellness policy in accordance with 6702 – Wellness

Cross References:

3210 - Nondiscrimination
6701 – Physical Education and Recess
6702 – Health and Wellness

Legal References:

RCW 28A.210.365 Food choice, physical activity, childhood fitness - Minimum standards - District waiver or exemption policy.
RCW 28A.235.120 Meal Programs - Establishment and Operation - Personnel - Agreements

RCW 28A.235.130 Milk for children at school expense

RCW 28A.235.140 School breakfast programs

RCW 28A. 235.145 School breakfast and lunch programs -Use of state funds

RCW 28A. 235.150 School breakfast and lunch programs - Grants to increase participation - Increased state support

RCW 28A.235.160 Requirements to implement school breakfast, lunch, and summer food service programs - Exemptions

RCW 28A.235.170 Washington grown fresh fruit and vegetable grant program

RCW 28A.623.020 Nonprofit program for elderly - Authorized - Restrictions

RCW 69.04 Intrastate Commerce in Food, Drugs and Cosmetics

RCW 69.06.010 Food and beverage service worker's permit - Filing, duration - Minimum training requirements

RCW 69.06.020 Permit exclusive and valid throughout state - Fee

RCW 69.06.030 Diseased persons - May not work - Employer may not hire

RCW 69.06.050 Permit to be secured within fourteen days from time of employment.

RCW 69.06.070 Limited duty permit

WAC 392-157-125 Time for meals

2 CFR Part 200 - Procurement

7 CFR, Parts 210 and 220

7 CFR, Part 245.5

Management Resources:

2022 - June

2018 - May Policy Issue

2017 - July Issue

2017 - April Issue

2015 - June Issue

2014 - February Issue

Policy News, February 2005 Nutrition and Physical Fitness Policy

Policy News, December 2004 Nutrition and Physical Fitness Update

OSPI Child Nutrition School Wellness Policy Best Practices for Policy Development, Implementation and Evaluation

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