

Appendix B: Approved Lists for Individual Student Snacks and Classroom Celebrations

Seneca Valley School District

SUGGESTED FOOD FOR SCHOOL CLASSROOM CELEBRATIONS

This list does not provide absolute protection for students with specific or general allergies. The implementation of approved food list is not intended to replace medical advice from physicians or other healthcare providers. Individual students with food allergies must file an Allergy Action Plan with the school's nurse.

INDIVIDUALLY WRAPPED CHIPS	FRUITS	FROZEN ITEMS
<ul style="list-style-type: none"> • Utz Brand of Pretzels (Various Holiday Assortments - Rings, Bats/Pumpkins for Halloween, Rods) • Sensible Portions Veggie Sticks or Chips (Various Flavors) • SunChips Multigrain (Variety Pack) • Dare Crackers • Stacey's Pita Chips (Any Size, Plain Only) • Frito Lay Classic Variety Pack of Bags (6 Varieties) includes (but changes) Doritos Nacho Cheese, Cheetos Crunchy, Lay's Classic, Doritos Cool Ranch, Frito's Original, Lay's Sour Cream & Onion, Lay's Barbecue • Pepperidge Farm Goldfish Crackers (Cheddar, Whole Wheat, Baby, Pretzel - NO CHOCOLATE) • Pirate's Booty Popcorn • Kellogg's Original Rice Krispy Treats • Ritz Crackers (Plain Only) • Annie's Cheddar Bunnies (Any Size, Original Only) • Original Chex (One Variety is Gluten-Free Too) • Welch's 100% Fruit Snacks • Tostitos Scoops Originals • Frito Lay Bean Dip • Philly Pretzel Company *mustard has no dairy or soy www.phillysoftpretzefactory.com 	<ul style="list-style-type: none"> • Individual Packets (e.g. apples), Whole-Unpeeled, or Store Bought Packaged Tray • Sunmaid Raisins (Bulk or Snack Size) • Sunsweet Apricots, Dates, Mango (No Other Varieties, No Yogurt Versions) • Mott's Apple Sauce (Any Variety) • Kirkland Peaches in Water, Snack Cups or Bulk Size • Made in Nature Dates, Figs, and Berry Variety (Bulk Only) • Costco's Kirkland Apple Sauce Pouches • GoGo Squeeze (Any Variety) Fruit <p>Note: All kiwis and bananas should not be consumed by individuals allergic to latex. http://www.livestrong.com/article/333412</p>	<ul style="list-style-type: none"> • Outshine Frozen Fruit Bars • Italian Ice Cups- Must Be Manufactured in a Nut - Free Plant • Frozen Yogurt Bars/Cups- Must Be Manufactured in a Nut – Free Plant
DAIRY		
<ul style="list-style-type: none"> • Stonyfield Farm Smoothies • Gogurts • Cheese Sticks, Individually Wrapped 		
VEGETABLES		CAFETERIA PLATTER SELECTIONS
<ul style="list-style-type: none"> • Individual Packets (e.g. carrots) • Store Bought, Packaged Tray • Store-Bought Salsa 		Contact the Cafeteria Manager in your child's school for options and pricing

These brand names are listed because they publish allergen safety information.

1. Drinks for parties will be limited to water, milk or 100 percent juice.
2. Items that are being shared with the class must be store bought/cafeteria-purchased and individually wrapped.
3. If a label says product "may contain traces of peanuts/nuts" or "processed with" or "processed on" or "shared equipment," **it is not a safe snack.**
Please note that manufacturers often change their production lines, methods and labeling. Therefore, it is important to check the product at the time of purchase.
4. Non-food items for birthday celebrations and parties are acceptable and encouraged. Such items include: pencils, erasers, bookmarks, stickers, coloring books, crayons and small safe novelty items. Check with your child's teacher for other ideas and to make sure novelty items are acceptable for the classroom.