

July/August Menu High School



		7/24 Wednesday	7/25 Thursday	7/26 Friday		
Breakfast		WG Chocolate Donuts Cereal w/ String Cheese Protein Pack(47)	Pancake Sandwich Cereal w/ Power Snack	Frudel Varies by month Cereal w/ String Cheese Cottage Cheese(16)/Crackers(19)		
Rotation Station		Chix Tenders Dinner Roll	BBQ Beef Rib Sandwich WG Bun	Super Nachos		
Garden Cafe		Chicken Chef Salad	Chicken Chef Salad	Chicken Chef Salad		
Burger Grille		Ham & Cheese Sub	Ham & Cheese Sub	Ham & Cheese Sub		
Burger Grille		Burger Grille(31)	Burger Grille(31)	Burger Grille(31)		
Pizza Parlour		Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)		
Vegetable		Sweet Potato Fries	Baked Beans	Guacamole		
		7/29 Monday	7/30 Tuesday	7/31 Wednesday	8/1 Thursday	8/2 Friday
Breakfast		4oz Yogurt/Giant Goldfish Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Breakfast Pizza Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	Cinnamon Roll Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Confetti Mini Pancakes Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	Breakfast Carrot Cake Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack
Rotation Station		Mini Corn Dogs	Philly Cheesesteak	Breaded Chx Drum (2) WG Roll	Orange Chicken Fried Rice	Beef Taco Stick
Garden Cafe		Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
Burger Grille		Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap
Burger Grille		Burger Grille(31)	Burger Grille(31)	Burger Grille(31)	Burger Grille(31)	Burger Grille(31)
Pizza Parlour		Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)
Vegetable		Tater Smiles	Steamed Carrots	Baked Beans	Steamed Broccoli	Sliced Cucumbers
		8/5 Monday	8/6 Tuesday	8/7 Wednesday	8/8 Thursday	8/9 Friday
Breakfast		Breakfast Bar Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Cheese Omelet IW(DST) Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	WG Powdered Donuts Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Pancake Sausage Stick Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	French Toast Stick(DST) Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack
Rotation Station		Enchiladas	Pot Stickers Stir Fried Rice	Breaded Ravioli	Chicken Fajita Bowl Wg Tortillas	Chicken Nuggets WG Roll
Garden Cafe		Buffalo Chicken Salad	Buffalo Chicken Salad	Buffalo Chicken Salad	Buffalo Chicken Salad	Buffalo Chicken Salad
Burger Grille		Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap
Burger Grille		Burger Grille(31)	Burger Grille(31)	Burger Grille(31)	Burger Grille	Burger Grille(31)
Pizza Parlour		Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	Pizza Variety	Pizza Variety(35)
Vegetable		Refried Beans	Spinach Mandarin Salad	Sweet Waffle Fries	California Vegetables	Tater Tots
		8/12 Monday	8/13 Tuesday	8/14 Wednesday	8/15 Thursday	8/16 Friday
Breakfast		Benefit Bars Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Turkey Egg Bites(DST) Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	Muffin Varies by Month Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Egg Sandwich(DST) Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	Strawberry Mini Bagels Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack
Rotation Station		Red Tamale (2)	Chicken Penne Alfredo	Mozzarella Pull-Apart	Popcorn Chicken Bowl	Mexican Pizza
Garden Cafe		Chicken Taco Salad	Chicken Taco Salad	Chicken Taco Salad	Chicken Taco Salad	Chicken Taco Salad
Burger Grille		Turkey Sub	Turkey Sub	Turkey Sub	Turkey Sub	Turkey Sub
Pizza Parlour			Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	
Vegetable		Ranch Beans	Carroteenies	Steamed Veggie Blend	Mashed Potatoes	Fresh Broccoli w/Ranch
		8/19 Monday	8/20 Tuesday	8/21 Wednesday	8/22 Thursday	8/23 Friday
Breakfast		2ct Popart (2g) Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Breakfast Burrito Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	WG Chocolate Donuts Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Pancake Sandwich Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	Frudel Varies by month Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack
Rotation Station		Hot Dogs & Chili Dogs WG Bun	(3) Wings & Mac (6oz) District	Chix Tenders Dinner Roll	BBQ Beef Rib Sandwich WG Bun	Super Nachos Recipe
Garden Cafe		Chicken Chef Salad	Chicken Chef Salad	Chicken Chef Salad	Chicken Chef Salad	Chicken Chef Salad
Burger Grille		Ham & Cheese Sub	Ham & Cheese Sub	Ham & Cheese Sub	Ham & Cheese Sub	Ham & Cheese Sub
Burger Grille		Burger Grille(31)	Burger Grille(31)	Burger Grille(31)	Burger Grille(31)	Burger Grille(31)
Pizza Parlour		Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)
Vegetable		French Fries	Romaine Caesar	Sweet Potato Fries	Baked Beans	Guacamole
		8/26 Monday	8/27 Tuesday	8/28 Wednesday	8/29 Thursday	8/30 Friday
Breakfast		4oz Yogurt/Giant Goldfish Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Breakfast Pizza Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	Cinnamon Roll Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack	Confetti Mini Pancakes Cereal w/ Power Snack Cottage Cheese/Crackers Protein Pack	Breakfast Carrot Cake Cereal w/ String Cheese Cottage Cheese/Crackers Protein Pack
Rotation Station		Mini Corn Dogs	Philly Cheesesteak	Breaded Chx Drum (2) WG Roll	Orange Chicken Fried Rice	Beef Taco Stick
Garden Cafe		Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad	Chicken Caesar Salad
Burger Grille		Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap
Burger Grille		Burger Grille(31)	Burger Grille(31)	Burger Grille(31)	Burger Grille(31)	Burger Grille(31)
Pizza Parlour		Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)	Pizza Variety(35)
Vegetable		Tater Smiles	Steamed Carrots	Baked Beans	Steamed Broccoli	Sliced Cucumbers

Offered Everyday at Breakfast:

- 1% White Milk
- Fat Free White Milk
- Fat Free Flavored Milk
- 100% Fruit Juice

Offered Every Day at Lunch:

- Fresh Fruit and Vegetable Bar
- 1% White Milk
- Fat Free White Milk
- Fat Free Flavored Milk

All meals comply with the National School Breakfast and Lunch Programs for nutrition compliance.

() Indicates Carbohydrate Count

Menu Subject to change based on availability.

This institution is an equal opportunity provider.