

SPSL Division Schools
Frontier
Cedarcrest
Liberty
Bethel
Spanaway
Cougar Mt.

SPSL MIDDLE SCHOOL - WRESTLING SCHEDULE

First Day of Practice: October 29, 2024

Minimum Practices Required: 8

Meet Starting Time: 3:30 pm

Commissioner: Linda Foreman Cedarcrest MS Middle

Varsity & JV Schedule

1 <u>Friday, November 8, 2024</u>			2 <u>Wednesday, November 13, 2024</u>			3 <u>Friday, November 15, 2024</u>		
Take Down Jamboree			Cougar Mt	@	Cedarcrest	Bethel	@	Cedarcrest
LOCATION: Liberty			Frontier	@	Bethel	Frontier	@	Spanaway
			Spanaway	@	Liberty	Liberty	@	Cougar Mt
4 <u>Tuesday, November 19, 2024</u>			5 <u>Friday, November 22, 2024</u>			6 <u>Tuesday, December 3, 2024</u>		
Bethel	@	Spanaway	Liberty	@	Frontier	Frontier	@	Cedarcrest
Cedarcrest	@	Liberty	Spanaway	@	Cedarcrest	Spanaway	@	Cougar Mt
Frontier	@	Cougar Mt	Cougar Mt	@	Bethel	Liberty	@	Bethel
7 <u>Thursday, December 5, 2024</u>			8 <u>Monday, December 9, 2024</u>			9 <u>Wednesday, December 11, 2024</u>		
Cedarcrest	@	Cougar Mt	Cedarcrest	@	Bethel	Spanaway	@	Bethel
Bethel	@	Frontier	Spanaway	@	Frontier	Liberty	@	Cedarcrest
Liberty	@	Spanaway	Cougar Mt	@	Liberty	Cougar Mt	@	Frontier
9 <u>Wednesday, December 18, 2024</u>			10 <u>Thursday, January 9, 2025</u>			11 <u>Saturday, January 18, 2025</u>		
JV Tournament			Frontier	@	Liberty	League Tournament		
LOCATION: Cedarcrest			Cedarcrest	@	Spanaway	LOCATION: SLHS @ 9am		
			Bethel	@	Cougar Mt			