

WHO WE ARE AND WHAT WE DO

Under the direction of the Mt. Diablo Unified School District (MDUSD) and Contra Costa County Children's Behavioral Health MDUSD's Counseling and Therapeutic Services provides:

- Itinerant Mental Health Support to provide services in comprehensive schools
- Special education classes with mental health support for students who require significant social emotional and behavioral supports
- Mental health therapy and case management for identified students



INTAKE PROCESS

- Referrals are made through Coordinated Care Teams or by the IEP team including Psychologist and Program Specialist
- SEEC services require Educationally Related Mental Health Services (ERMHS) assessment and eligibility

PROGRAM SERVICES AND STAFF

The services providers collaborate to provide case management, counseling, and other related services based upon the individual education plan (IEP) to assist each student in attaining educational success. Students may have access to a mental health therapist, school psychologist, mental health assistant, special education classroom teacher, special education assistant, milieu coordinator, behavior specialist, speech and language pathologist, adaptive physical education teacher, occupational therapist, transition specialist, Workability I caseworker, and also wraparound services and Parent Project.

BEHAVIORAL HEALTH SPECIALISTS

The Behavioral Health Specialists are located at each SEEC and provide behavioral health services to students referred for assessment and assistance with the goal of facilitating and promoting appropriate behavioral health and personal growth. The Behavioral Health Specialist identifies the behavioral health needs of students and develops therapy goals and objectives for implementation through an individual therapy plan.

CONSULTATION & COLLABORATIVE SERVICES

SEEC support staff consult with parents, families, and other professionals, i.e., County Behavioral Health clinicians and supervisors, private therapists, physicians, probation officers and wraparound team facilitators.

Desired Outcomes:

- Increased collaboration between school and home
- Increased personal resources for coping and creating successful relationships at school, home, and in the community
- Decreased maladaptive symptoms that interfere with functioning
- Increase independence
- Increase self-advocacy skills
- Increase self-esteem
- Develop a comprehensive support system
- Transition to a less restrictive educational setting



Over 350 students are currently utilizing ERMHS at sites throughout MDUSD.

Fred Finch Collaborative

Counseling for selected general and special education students provided at Bel Air, Meadow Homes, Shore Acres, Wren Ave., Ygnacio Valley Elementary, El Dorado, Oak Grove, Valley View, Concord High, Mt. Diablo HS

District Programs

Meadow Homes Elementary School:

- Counseling for selected students provided by a District Behavioral Health Specialist (BHS)

Sunrise:

- A K-7 SEEC program operated with District Behavioral Health Specialists (BHS)

Sun Terrace Elementary School:

- A counseling enriched program serving general and special education students supported by a school psychologist, behaviorist, and District Behavioral Health Specialists (BHS)

Pleasant Hill Middle School:

- A SEEC program operated with District Behavioral Health Specialists (BHS)

Riverview Middle School:

- Counseling for selected students provided by a District Behavioral Health Specialist (BHS)

Concord HS:

- A SEEC program operated with District Behavioral Health Specialists (BHS)

Glenbrook Academy:

- A 8-12 SEEC program operated with District Behavioral Health Specialists (BHS)

Mt. Diablo HS:

- A SEEC program operated with District Behavioral Health Specialists (BHS)

Olympic HS:

- Counseling for selected students provided by a District Behavioral Health Specialist (BHS)
- A SEEC program operated with District Behavioral Health Specialists (BHS)

Counseling Clinic:

- Counseling for selected students provided by District School Psychologists and Behavioral Health Specialists (BHS)

MISSION STATEMENT

Special Education Department

The district will refine its delivery of special education services to strengthen communication with families, improve assessment of the needs of children, and improve implementation of special education services.

The district will provide in-service training to benefit administrators, teachers and assistants to establish a climate of acceptance for students with special needs and to foster integration.



MISSION STATEMENT

Social Emotional Educational Collaborative

The Social Emotional Health Program, with unconditional regard, provides Mt. Diablo Unified students mental health services in the least restrictive setting in order to prepare them to be independent and functioning students and citizens in their local communities.

FOR MORE INFORMATION CONTACT

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Counseling and Therapeutic Services (CTS)

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