

# Counselor's Corner

August 2024



MRS. MILLER, NCC



## About the "Guiding Greyhounds" Program

This school year, OPE students will be receiving character education lessons, otherwise known as, "Guiding Greyhounds", in the library once a month.

Your student will be learning "The Big 5" domains: Self-Management, Self-Awareness, Social Awareness, Relationship Skills, and Responsible Decision-Making through character traits each month.

We will be learning these traits from a book study called, "Be A Bridge".

Each month, 1 student from each class will be selected to be the "Bridge Builder of the Month". We will host a celebratory breakfast for the students where they will receive a kind word, certificate, and a yard sign.



Book study:  
"Be A Bridge".  
Click on book to listen!



# About "The Big 5"



**OAK PARK  
ELEMENTARY**

*Guiding  
Greyhounds*

Banners are hung throughout the school as daily reminders.

# Monthly Traits

*Guiding Greyhounds*

**BRIDGE BUILDER OF THE MONTH**

*Big Question: How can you Be a Bridge?*



SEPT

**BE YOURSELF**  
**SELF-AWARENESS**

OCT

**BE INCLUSIVE**  
**SOCIAL AWARENESS**

NOV

**BE KIND**  
**SELF-AWARENESS**

DEC

**BE UNDERSTANDING**  
**RELATIONSHIP SKILLS**

JAN

**BE RESPECTFUL**  
**RELATIONSHIP SKILLS**

FEB

**BE LOVING**  
**SELF-AWARENESS**

MAR

**BE RESILIENT**  
**SELF-MANAGEMENT**

APR

**BE ATTENTIVE**  
**SOCIAL AWARENESS**

MAY

**BE BRAVE**  
**RESPONSIBLE DECISION-MAKING**



**OAK PARK**  
**ELEMENTARY**