



Student Center Group Services

The Student Center offers many different types of supportive, therapeutic groups throughout the school year. We'd like to give parents the opportunity to know a little bit more about these groups and hope you will enroll your child in the group(s) they feel might best support your child. Please initial next to the groups you feel might be most helpful. Issues discussed in any of our groups are confidential and are not shared except by written request/consent to another party including other school personnel. These groups take place during the school day and students are responsible for making up any missed work. *Please sign and return the consent form for each group your child wants to be a part of.

***Please note that groups are offered when there is sufficient student interest.**

_____ **RTR "Girl Power"**: discusses the concepts of healthy and unhealthy relationships. Education on topics such as prevention of Sexually Transmitted Infections (STI's), reducing the risk of pregnancy, and understanding consent and refusal skills. This group is for students identifying as female, and runs every other week for an anticipated total of 16 classes.

_____ **RTR "Game Changers"**: discusses the concepts of healthy and unhealthy relationships. Education on such topics as prevention of Sexually Transmitted Infections, pregnancy prevention, understanding consent, refusal skills, and navigating peer pressure to become sexually active. This group is geared for those students identifying as male. It runs every other week for an anticipated total of 16 classes.

_____ **"Teen 2 Teen"**: this Lesbian, Gay, Bisexual, and Transgendered group provides therapeutic support for any teen who is identifying on the LGBTQI spectrum or is unsure of how they identify. This group typically meets bi-weekly during school and offers teen-to-teen support, discussing "coming out", relationships, dating, managing college concerns, and other topics.

_____ **"Grief and Loss"**: addresses the needs of students who are coping with the loss of a loved one which includes normalizing grief experiences by hearing from other teens, providing education and support, helping teens to understand the normal grief process, and engaging teens in grief-related activities to facilitate conversation about the grief process. Meets roughly once per month.

_____ **"Kids Cope" Anger Management**: this support group provides resources and skill building to help address anger management concerns.

_____ **Other**: Please describe a group you think your student could benefit from. We'll consider running a group when we have sufficient interest:

Student Name: (please print) _____ **Grade:** _____

Parent Signature: _____