WHEN DO I KEEP MY CHILD HOME FROM SCHOOL??

If your child is sick, it is often most appropriate to keep him/her home from school. A child who is sick will not be able to perform well in school and is likely to spread the illness to others. It may helpful if you have prior arrangements with a child care giver, if possible, so you will not be caught without a place or person to care for your child when they are ill.

Some guidelines to follow when deciding if your child should stay home from school:

1. **Fever in the past 24hours (temperature 100.5 or higher)**
2. **Vomiting in the past 24hours.**
3. **Diarrhea in the past 24hours**
4. **Sore throat accompanied by a fever, chills, or body aches**
5. **A cold that is bad enough where your child has lost sleep, his/her nose is constantly running, or a persistent bad cough.**
6. **If you think your child may have "Pink Eye"**
7. **If you think your child may have Strep Throat**
8. **If you think your child may have a contagious illness**
9. **If your child has Head Lice-unless they have been treated and there are no LIVE bugs in their hair any longer.**

If your child becomes ill at school and needs to come home, or is found to have a possible contagious illness or issue, you will be called to come and take your child home. It is essential that the Nurses' office have phone numbers where you or a family/friend can be reached. It is also essential that if the phone number(s) change, you be sure the Nurses' office is notified.

If you are not sure whether your child should come to school, you can contact your school nurse in the morning.