

Trauma Resources for Cattaraugus County



*“This is real, this is all of us, we are the movement.”
~ Dr. Nadine Burke Harris*

VISION STATEMENT: To improve the health and wellbeing of those affected by trauma and to build community resources to prevent and overcome trauma, and to build resilience, trust, and safety.

MISSION STATEMENT: We engage the community to understand and respond to the complex and profound impact of trauma through prevention, education, planning, outreach and treatment.

VALUE STATEMENT: The Cattaraugus TIC supports the 5 Guiding Principles of Trauma Informed Care - Safety, Choice, Collaboration, Trustworthiness, and Empowerment.

The QR code below will allow you access to our most recent Resource Data base of therapists who have been trained in Trauma Informed Therapies. Includes EMDR, Progressive Counting, TF CBT

