



TEEN CHAT LINE



Monday through Friday
from 2pm to 8pm EST

Youth Peer Advocates (YPAs)
operate this **anonymous and
confidential warmline** to provide
support **for youth experiencing
emotional concerns or stress**
in non-crisis situations.

**WE CAN
RELATE**

YPA's are between the ages of 18 and 30
with their own identified lived experience
with mental health (or other) systems.

For more information visit **JustTellOne.org**