



Pelham Union Free School District

K-12 Comprehensive Developmental School Counseling Plan

CONTENTS

INTRODUCTION

1. Brief description of school district community
2. Board of Education vision statement
3. K-12 Counseling Program Overview
4. List of department members, mental health providers, and district administrative supervisor

FOUNDATION/MANAGEMENT:

1. NYSED Regulation Part 100.2(j)
2. School Counseling Program vision, mission & goals
3. Student standards:
 - i. ASCA http://static.pdesas.org/content/documents/ASCA_National_Standards_for_Students.pdf
 - ii. NYSED CDOS <http://www.nysed.gov/common/nysed/files/programs/career-technical-education/cdoslea.pdf>

DELIVERY/ACCOUNTABILITY: School Counseling Program Map

1. Program activity or service
District/Program goal
2. Program objective.
3. ASCA Indicator
4. NYSED/CDOS Regulation being met
5. Timeline
7. Staff & resources needed
8. Assessment

The Community

The Pelham Public Schools serve approximately 2,900 students in four neighborhood elementary schools, one middle school and one high school. It is located in the southernmost tip of Westchester County, 30 minutes north of New York City. With an academically diverse student body, the District sets high expectations and provides opportunities for all students and faculty to reach their full potential. Residents share a commitment to education as well as the arts, sports, and civic responsibility. They have supported the annual budget for more than 20 years.

District Vision Statement

Our Vision

The Pelham school community, comprising The Board of Education, administrators, teachers, school staff, parents, students and community members, has high expectations and standards for all students.

The Pelham school community challenges and inspires its students to become creative and critical thinkers who make ethical choices, to work both independently and collaboratively to solve problems, to become life-long learners and responsible citizens in a democratic society, and to be prepared for the demands of a highly technological and global community.

The Pelham school community celebrates diversity, fosters a sense of belonging for all children and emphasizes the importance of contributing to the greater community.

The Board of Education, administrators, teachers, school staff, parents, students and community members all share the responsibility for public education in Pelham.

The Pelham school community is dedicated to continuous improvement and is committed to maintaining the flexibility necessary to anticipate and respond to a changing world.

Board of Education

Jackie De Angelis, President

Natalie Marrero, Vice President

Sidney Burke, Trustee

Kathryn Cohen, Trustee

Annemarie Garcia, Trustee

Will Treves, Trustee

Administration

Dr. Cheryl Champ, Superintendent of Schools

Dr. Steven Garcia, Executive Director for Human Resources & Leadership

Dr. Alice Bowman, Asst. Superintendent for Teaching and Learning

Mr. Jim Hricay, Asst. Superintendent for Business

Ms. Traci Holtz, Asst. Superintendent for Pupil Personnel

K-12 Counseling Overview

The K-12 counseling program is a comprehensive array of counseling activities and services for all students in the district. In grades K-12, the program is designed by school leaders, counselors, and psychologists in coordination with the faculty and support staff. In K-5, the primary purposes are assisting students who exhibit any attendance, academic, behavioral, or adjustment problems, educating them concerning the avoidance of child sexual abuse, and encouraging parental involvement. In 6-12, the primary purposes are academic advisement, career planning, social/emotional counseling, and post-secondary counseling for the students. The K-12 program is reviewed annually, data-driven improvements are designed and implemented, and the program is updated.

Mission

The Mission of the K -12 School Counseling Plan is to inspire a standard of excellence for all students through the areas of academic, career, and personal social development.

School Counselors, School Psychologists, and Social Work Staff

Eugene Farrell, Director of Counseling Services Grades K-12

Gena Archer, School Counselor – Middle School

Luis Barcelo, School Counselor – High School

Elizabeth Belanfante, School Psychologist – Hutchinson Elementary

Scott Brown, School Counselor – Middle School

Sharon Charles, School Social Worker – Middle School

Lisa Cornacchia, School Counselor – Middle School

Katelin Cuccia, School Counselor - High School

Sarah Desoye, School Psychologist – Prospect Hill Elementary

Dena Delfino, School Psychologist – High School

Tiziana Didonna, School Psychologist – Middle School

Margaret Ellis, School Counselor – High School

Jeanean Hergenrother, School Psychologist – High School

Terence Huvane, School Counselor – High School

Tricia Joseph, School Psychologist – Middle School

Anna Marie Nardone, School Psychologist – Colonial Elementary

Andrea Pellicane, School Counselor – High School

Angela Snyder, School Social Worker – Middle School

Kerri Weaver, School Psychologist – Siwanoy Elementary

Lila Zahed, School Social Worker – High School

Elementary School Program Objectives Grades K-5:

- Prepare students to participate effectively in their current and future educational programs
- Help students who exhibit any attendance, academic, behavioral, or adjustment problems
- Educate students concerning the avoidance of sexual abuse
- Encourage parent involvement
- The program teaches skills to students to navigate social/emotional and peer-related issues
- Explore career opportunities and interests

Comprehensive School Counseling Program Map

Pelham Public Schools

Delivery	Foundation			Management			Accountability
Program Activity/Service	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/C DOS	Time	Grade	Staff	Assessment
Story Hour	Students learn to confidently navigate social/emotional and peer-related issues	M3, B-LS 1, B-SMS 1	3a.4	4-5 meetings/ year	Pre-K - K	Teachers Principal	Student feedback Teacher feedback Discipline referrals Attendance
Town Meetings	Students learn to confidently navigate social/emotional and peer-related issues	M1, B-LS 10, B-SS 1, B-SS 6	3a.4	4-5 meetings/ year	K-5	Teachers Principal	Student feedback Teacher feedback Discipline referrals Attendance
Helping Relationships	Explore career opportunities and interests	M6, B-LS 7, B-SS 3	1.1	March/ April	K	Teachers Community Workers	Teacher feedback Student feedback
DARE	Students learn to confidently navigate social/emotional and peer-related issues	M1, B-LS 1, B-LS 2, B-SMS 3, B-SMS 9, B-SS 5, B-SS 9	3a.4	March April	5	Teachers DARE Officers (Police)	Student feedback Teacher feedback
Morning Meetings	Students learn to confidently navigate social/emotional and peer-related issues	M2, M3, B-LS 2, B-SMS 7, B-SS 2, B-SS 6	3a.4	Daily	K-5	Teachers	Student feedback

Comprehensive School Counseling Program Map

Pelham Public Schools

Delivery	Foundation			Management			Accountability
Program Activity/Service	Program Objective	ASCA Mindsets & Behaviors For Student Success	NYSED/ CDOS	Time	Grade	Staff	Assessment
5 th Grade Evening Parent Meetings	Helps students at key transition points and encourages parent involvement	M6, B-LS 7, B-LS 10, B-SMS 10	2.1 3a.3 3a.6	February	5	Counselors Administration	Student/parent feedback
Student Transition Program: Elementary Visit, Middle School Tour, and Scavenger Hunt	Helps students at key transition points and encourages parent involvement	M2, M3, B-LS 3, B-LS 4, B-LS 6, B-SMS 1, B-SS 3, B-SS 6	2.1 3a.3 3a.6	August	5-6	Counselors Administration	Student/parent feedback

Secondary School Program Objectives Grades 6-12:

- The program provides an annual review of each student’s educational progress
- The program provides instruction to help students learn about post-secondary options
- The program empowers students to confidently navigate social/emotional and peer-related issues
- The program provides instruction to help students learn about careers and career planning
- The program helps students who exhibit attendance, academic, behavior or adjustment problems
- The program helps students at key transition points and encourages parent involvement
- The program helps students develop coping skills for stress and anxiety

Comprehensive School Counseling Program Map

Pelham Public Schools

Comprehensive School Counseling Program Map							
Pelham Public Schools							
Delivery	Foundation			Management			Accountability
Program Activity/Service	Program Objective	ASCA Mindsets & behaviors for student success	NYSED / CDOS	Time	Grade	Staff	Assessment
Review academic placement for each student	Annual review of each student's educational progress	M5; B-LS6	2.1 3a.3	March	6-8	Counselors Teachers Administration	Report Cards Attendance Teacher feedback
Grade Level Weekly Parent Meetings	Annual review of each student's educational progress	B-LS9, B-SMS-5, B -SMS 10	2.1 3a.3	September-June	6-8	Counselors Teachers Administration	Report Cards Attendance Parent feedback
Review student grades per quarter	Annual review of each student's educational progress	B-LS9, B -SMS 5, B-SMS 10	2.1 3a.3	Quarterly	6-8	Counselors	Report cards & attendance
Grade level team meetings	Help students who exhibit attendance, academic, behavior or adjustment problems	M1, M4, M5: B-LS2, B-LS3	2.1 3a.3	Weekly	6-8	Counselors Teachers Administration	Report Cards Attendance Parent feedback

Naviance - Tell Me About You Classroom activity and follow up	Instruction to help students learn about careers and post-secondary options	M1, M4, BL-S7, BS-MS1, B-SMS8, B-SS 9	1.1 2.1 3a.7	September/October	6	Counselors/Teachers	Student Follow-Up Survey
--	---	---------------------------------------	--------------------	-------------------	---	---------------------	--------------------------

Comprehensive School Counseling Program Map							
Pelham Public Schools							
Delivery	Foundation			Management			Accountability
Program Activity/Service	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/CDOS	Time	Grade	Staff	Assessment
Healthy Relationships: Acceptance & Kindness	Help Students Navigate social/emotional and peer-related issues	M2 B-33 2 B-SS 4	3a.4	1 session Fall 1 session Spring	6	Social Worker/Teacher	Student feedback
Good Touches Bad Touches	Navigate social/emotional and peer-related issues	M2 B-33 2 B-SS 4	3a.4	September- November	6	Psychologists Science Teacher	Student feedback
Getting to Know You Groups	Help students who exhibit attendance, academic, behavior or adjustment problems	B-SS 2 B-LS 10 M2	1.1 2.1 3a.7	September - June	6	Social Worker	Student Feedback

Healthy Relationships: Dating Violence and Power and Control	Help Students Navigate social/emotional and peer-related issues	M2 B-33 2 B-SS 4	3a.4	1 Session	8	Social Worker/Teacher	Student Feedback
---	---	------------------------	------	-----------	---	-----------------------	------------------

Comprehensive School Counseling Program Map

Pelham Public Schools

Delivery	Foundation			Management			Accountability
Program Activity/Service	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/C DOS	Time	Grade	Staff	
Mountain Workshop Team Building	Help Students Navigate social emotional peer-related issues	M1, M4, B-LS 7, B-SMS 1, B-SMS 8, B-SS 9	1.1 2.1 3a.7	January	7	Counselors Teachers Administration	Student Feedback
Naviance - Career Exploration	Instruction to help students learn about careers and post-secondary option	M1, M4, B-LS 7, B-SMS 1, B-SMS 8, B-SS 9	1.1 2.1 3a.3 3b	January / February	8	Counselors	Inventory results
9th Grade Counselor Visit to Middle School	Helps students at key transition points and encourages parent involvement Enable students to benefit from the curriculum	M1 M3 B LS-8	2.1 3a.1 3a.2	January-February	8	9 th grade Counselor	Student Feedback
8th Grade Parent Night	Helps students at key transition points and encourages parent involvement	M5, M3 B-LS 8	2.1 3a.2 3a.3 3a.6	February	8	Middle and HS Counselors HS Administrators Students	Parent feedback

8th Grade Visit to HS Counseling Office	Helps students at key transition points and encourages parent involvement	M3, M6, B LS-8 B SMS 8 B-SS 3	2.1 3a.2	February	8	HS Counselors Students	Student Feedback Parent feedback
---	---	--	-------------	----------	---	---------------------------	---

Comprehensive School Counseling Program Map							
Pelham Public Schools							
Delivery	Foundation			Management			Accountability
Program Activity/Service	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/C DOS	Time	Grade	Staff	Assessment
8th to 9th Grade Articulation Meetings	Helps students at key transition points and encourages parent involvement	M2, M1 B LS-7 B SMS-6 B SS-4 B SS-10	M2, M1 B LS-7 B SMS-6 B SS-4 B SS-10	June	8	9th Grade Counselor, middle school counselors and administration	Report Cards Attendance Parent feedback
Freshman Orientation	Helps students at key transition points and encourages parent involvement	B-LS 10 B-SMS 10 B-SS 3	2.1 3a.2 3a-3 3a-6	August	9	9-12 Grade Counselors Administrators Teachers	Report Cards Attendance Parent feedback
9th Grade Parent Coffee	Helps students at key transition points and encourages parent involvement	B-LS 10 B-SMS 10 B-SS 3	2.1 3a.3 3a.6	August	9	9-12 Grade Counselors Administrators Teachers	Report Cards Attendance Parent feedback
9th Grade Student /Parent Welcome Night	Helps students at key transition points and encourages parent involvement	B-LS 10 B-SMS 10 B-SS 3	2.1 3a.3 3a.6	October	9	9th Grade Counselors Administrators	Report Cards Attendance Parent feedback

9th Grade Steps-A Classroom Lessons	Skills training for emotional problem-solving. Students will learn to regulate emotions, decision-making, and problem-solving skills.	B-SMS 7 B-SS 4 B-SMS 5 M4 M5	3a. 4	6 sessions - Fall 6 Sessions - Spring	9	School Social Worker	Student Survey
--	---	--	-------	--	---	----------------------	----------------

Comprehensive School Counseling Program Map							
Pelham Public Schools							
Delivery	Foundation			Management			Accountability
Program Activity	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/ CDOS	Time	Grade	Staff	Assessment
Academic Planning Meetings	Annual review of each student's educational progress	M1, M3, M4, M5, M6, B-LS 1, B-LS 4, B-LS 7, B-LS 8, B-SMS 1	2.1 3a.3	January	9-12	Counselors	Annual Review of academic performance
Individual Case Management	Annual review of each student's educational progress	B-LS 1, B-LS 2, B-LS 3, B-LS 4, B-LS 5, B-LS 6, B-LS 7, B-LS 8, B-LS 9, B-LS 10 B-SMS 1-10 B-SS 1-10	2.1 3a.3	All	9-12	Counselors	Attendance Quarterly check of report cards
Career Seminars (Pelham Civics Association)	Instruction to help students learn about careers and post-secondary options	M1, M3, M4, M6, B-LS 1, B-LS 4, B-LS 5, B-LS 7, B-LS 9,	1,1 2.1 3a3 3b	4-6 Seminars October - April	9-12	Counselors Administration & Community members	Student Surveys

		B-LS 10, B-SS 3, B-SS 6, B-SS 10					
Counselors Visit Classrooms to present Course Selection Options	Enable students to benefit from the curriculum	M1, M2, M3, M4, M5, M6, B-LS 1, B-LS 2, B-LS 4, B-LS 5, B-LS 6, B-LS 7, B-LS 9, B-LS 10, B-SMS 1, B-SMS 5, B-SMS 8, B-SS 2, B-SS 3, B-SS 5, B-SS 6, B-SS 8, B-SS 9	2.1 3a.3	December	10-12	Counselors	Student/Parent Surveys

Comprehensive School Counseling Program Map

Pelham Public Schools

Delivery		Foundation		Management			Accountability
Program Activity	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/ CDOS	Time	Grade	Staff	Assessment
PSAT Presentation/Exam Administration	Instruction to help students learn about careers and post-secondary options	M5, M6: B-LS4, B-LS 7, B-SMS 1, B-SMS 5, B-SMS 6	1.1 2.1 3a.7	October	10	Administration	Student Feedback
Naviance Career Inventory Exploration	Instruction to help students learn about careers and post-secondary options	M1, M3, M4, M5, M6, B-LS1, B-LS2, B-LS4, B-LS5, B-LS6, B-LS7, B-LS9, B-LS10,	1.1 2.1 3a.3 3b	March	10	Counselors	Student Feedback/Inventory results

		B-SMS3, B-SMS4, B-SMS5, B-SS3, B-SS6, B-SS8, B-SS10					
Grade 10 College Night	Instruction to help students learn about careers and post-secondary options	M1, M3, M4, M5, M6, B-LS1, B-LS2, B-LS4, B-LS5, B-LS6, B-LS7, B-LS9, B-LS10, B-SMS3, B-SMS4, B-SMS5, B-SS3, B-SS6, B-SS8, B-SS10	1.1 3a.3 3a.7	January	10	Counselors and College Admissions Officers	Student/parent feedback
Pre-ACT Exam Administration	Instruction to help students learn about careers and post-secondary options	M5, M6: B-LS4, B-LS 7, B-SMS 1, B-SMS 5, B-SMS 6	1.1 2.1 3a.7	March	10	Administration Teachers	Student Feedback

Comprehensive School Counseling Program Map

Pelham Public Schools

Delivery	Foundation			Management			Accountability
Program Activity	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/CDOS	Timeline	Grade	Staff	Assessment
BOCES Presentation/Visit	Instruction to help students learn about careers and post-secondary options	M5, M6: B-LS4, B-LS 7, B-SMS 1, B-SMS 5, B-SMS 6	1.1 2.1 3a-3 3b	January	10 & 11	Counselors	Student Feedback
Pelham/Eastchester College Fair	Instruction to help students learn about careers and post-secondary options	M5, M6: B-LS4, B-LS 7, B-SMS 1, B-SMS 5, B-SMS 6	1.1 2.1 3a-3 3a7	October	10 & 11	Counselors Administrators College Admission Representatives	Student Feedback

11th Grade College Night: Admissions Panel Discussion	Instruction to help students learn about careers and post-secondary options	M5, M6: B-LS4, B-LS 7, B-SMS 1, B-SMS 5, B-SMS 6	1.1 2.1 3a.3 3a.7	January	11	Counselors Administrators College Admission Representatives	Student Feedback
11th Grade College Night: Mock Interview Workshop	Instruction to help students learn about careers and post-secondary options	M 5, M 6, B-LS 6, B-LS 7, B-LS 9, B-LS, B-LS 9, B-LS 10, B-SMS 1, B- SMS 3, B- SMS 4, B-SMS 5, B- SMS 7, B- SMS 8, B-SMS 10, B-SS 1, B-SS 2, B-SS3,B-SS 5, B-SS 9	1.1 2.1 3a.3	January / February	11	Counselors College Admissions Personnel	Student Feedback
ACCESS-VR Coordination	Instruction to help students learn about careers and post-secondary options	M 5, M 6, B-LS 6, B-LS 7, B-LS 9, B-LS, B-LS 9, B-LS 10, B- SMS 1, B-SMS 3, B- SMS 6, B- SMS 5, B-SMS 7, B- SMS 8, B- SMS 10, B-SS 1, B-SS 2, B-SS3,B-SS 5, B-SS 9	1.1 2.1 3a.7 3b	January	12	Counselors Administrators NYS Disability Office Personnel	Parent feedback ACCESS-VR feedback

Comprehensive School Counseling Program Map

Pelham Public Schools

Delivery	Foundation			Management			Accountability
Program Activity	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED CDOS	Timeline	Grade Level	Staff	Assessment
Individual College Planning Conferences	Instruction to help students learn about careers and post-secondary Options	M 5, M 6, B-LS 6, B-LS 7, B-LS 9, B-LS, B-LS 9, B-LS 10, B- SMS 1, B-SMS 3, B- SMS 4, B- SMS 5, B- SMS 7, B- SMS 8, B-SMS 10, B-SS 1, B-SS 2, B-SS3,B-SS 5,	2.1 3a.3	January	11	Counselors	Student/Parent feedback Post-secondary reports

ASVAB Test Administration	Instruction to help students learn about careers and post-secondary options	M 3, M 4, M 6, B-LS 1, B-LS 2, B-LS 4, B-LS 7, B-SMS 1, B-SMS 3, B-SMS 5, B-SMS 9, B-SMS 10, B-B-SS 9	1.1 2.1 3a.7 3b	January	11 & 12	Counselors Administrators Military Personnel	Score report Student Feedback
Financial Aid Workshop	Helps students at key transition points and encourages parent involvement	M 6, B-LS 1, B-LS 7, B-LS 9, B-SMS 4, B-SS 2, B-SS5, B-SS 8, B-SS 9, B-SS 10	1.1 2.1 3a.3 3a7	October	11&12	Administration Counselors Financial Aid Personnel	Parent Feedback
College Boot Camp: Common Application & Naviance	Instruction to help students learn about careers and post-secondary options	M 5, M 6, B-LS 6, B-LS 7, B-LS 9, B-LS, B-LS 9, B-LS 10, B-SMS 1, B-SMS 3, B-SMS 4, B-SMS 5, B-SMS 7, B-	M6 B-SMS 3	October	12	Administration Counselors School Social Worker	Student/Parent feedback Post-secondary reports

Comprehensive School Counseling Program Map							
Pelham Public Schools							
Delivery	Foundation			Management			Accountability
Program Activity/Service	Program Objective	ASCA Mindsets & Behaviors for Student Success	NYSED/C DOS	Time	Grade	Staff	Assessment
College Rep Visits	Instruction to help students learn about careers and post-secondary option	M 5, M 6, B-LS 6, B-LS 7, B-LS 9, B-LS, B-LS 9, B-LS 10, B-SMS 1, B-SMS 3, B-SMS 4, B-SMS 5, B-SMS 7, B-SMS 8, B-SMS 10, B-SS 1,	1.1 2.1 3a.3 3a7	September - November	12	Counselors Administrators College Admission Personnel	Student feedback

		B-SS 2, B-SS3,B-SS 5,					
College Boot Camp: Stress Reduction	Help students who exhibit attendance, academic, behavior or adjustment problems	M 1, M 2, M 4, B-SMS 2, B- SMS 7, B- SMS 8, B- SMS 9, B-SMS 10, B- SS 3		October	12	Counselors Administrators School Social Worker	Student Feedback
Senior Transition Speaker	Helps students at key transition points and encourages parent involvement	M 1, M 4, M 5, M 6, B- LS 3, B-LS 7, B-LS 9, B-SMS 1, B-SMS 2, B-SmS 7, B-SMS 10	3a.4 3a.6	June	12	Counselors Administrators	Student Feedback

Grade 6 Counseling theme: Orientation and Transition to Middle School for Students and Parents

Through a series of panel discussions, including evening parent meetings for elementary schools, counselor visitations to the elementary schools, and fifth-grade visitations to the middle school, the counseling program provides a comprehensive overview of the middle school mission statement. During the school year, counselors conduct classroom activities as well as small group sessions, to begin to familiarize students with the guidance program, and to address topics relevant to their transition to middle school.

Grade 7 Counseling theme: Developing Healthy Relationships and Communication Skills

Through a series of classroom presentations, as well as individual counseling and peer mediation, the development of healthy relationships and non-aggressive communication is explored, with a key focus on empowerment. Topics include but are not limited to: healthy communication in relationships, communication through social media, self-reflection, coping skills, safety strategies, being a responsible bystander, relational aggression, understanding violence, victim blaming, developing empathy, and understanding other perspectives.

Grade 8 Counseling theme: Mapping the Future Through Self-Assessment, High School Planning, and the Process of Career Exploration.

Through a series of classroom presentations, utilizing college and career assessment tools, students explore the college and career decision-making process by identifying personal goals, work-related values, interests and personality type. Additional continuing education of Healthy Relationships and Understanding abusive relationships including the issues of power and control in relationships.

Grade 9 Counseling theme: Orientation and Transition to High School for Students and Parents

Through a series of group meetings with counselors, students and parents gain a broad overview of high school expectations, academic requirements and strategies for success.

Grade 10 Counseling theme: Career Exploration

Through self-analysis and personal exploration, students gain an understanding of their interests, abilities and aptitudes in relation to career choices and post-high school plans.

Grade 11 Counseling theme: Post High School Planning

Through student/parent planning meetings, PSAT review and analysis, evening programs, and individual counseling sessions, students examine personal interests and talents and their implications for life.

Grade 12 Counseling theme: Continued post-high school planning and transition

Through individual meetings, information sessions, and transition programs for both students and parents, the Counseling Department provides a comprehensive post-high school planning process