



Recreation & Community  
Service Department

# 2024 FALL ACTIVITY GUIDE

*Bringing Family & Community Together Through Recreation Since 1934!*

[wawmrec.com](http://wawmrec.com)



**Fall Into Fun: Explore Our Exciting Fall Recreation Programs! #WeREcommendIt**

# Registration Information

## Registration Begins

**Residents: Monday, August 5, 2024 - 8am**  
**Non-Residents: Monday, August 19, 2024 - 8am**

### How to Register:



**Online**  
wawmrec.com



**Phone-In**  
414-604-4900



**In-Person**  
Office Hours  
M-TH: 8am-5pm | F: 8am-4pm



**Mail/24-Hour Dropbox**  
2450 S. 68th Street  
West Allis, WI 53219

- **Online:** Go to **wawmrec.com**, click on “Register” or “My Account” and enter your login information. If you are not already a member, click “Create Account” and complete the household and family member information. When finished, click “Done” to submit your request. We will process your request and email your login information. If you do not have an account set up with us and want to register right away on August 5, please establish an account with us early. Accounts are reviewed for accuracy and residency only during office hours and can take up to one business day to approve.
- **Phone-In:** Call 414-604-4900, press “0” to speak to an Office Operations Specialist and charge by phone using Visa, Mastercard or Discover.
- **Secure Dropbox:** A 24-hour dropbox is located on the northeast side of the building by the main entrance.
- **US Mail:** Send the registration form with your check or money order to the WAWM RCS Department.

**Our office will be closed 9/2, 11/28, 11/29, 12/24, 12/25, 12/31, 1/1.**

### Additional Information:



Like us on Facebook and follow us on Instagram - **@wawmracs**



Visit us at [wawmrec.com](http://wawmrec.com)



Find this icon throughout the guide for new and exciting classes this season.



Equity in Programming and Staff • Fostering Relationships • Focus on Healthy Lifestyles • Exceeding Expectations • Community First • Tradition Since 1934

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## Recreation & Community Services Leadership Team

<b>Shelly Strasser</b> , Director	414-604-4937	<b>Cassie Stanton</b>	414-604-4925
<b>Chad Larson</b> , Assistant Director	414-604-4940	Manager, Office Operations	
Facilities and Operations		<b>Tami Francis</b>	414-604-4910
<b>Ty Stahl</b> , Assistant Director	414-604-4927	Office Operations Specialist	
Community Services		<b>Cassy Ramirez</b>	414-604-4930
<b>Robyn Elliott</b> , Manager	414-604-4912	Office Operations Specialist	
Marketing and Communications		<b>Joel Irizarry</b>	414-604-4929
<b>Bobby Foreman</b> , Manager	414-604-4968	Head Custodian	
Intermediate School Athletics, Youth Sports, Jr. Programs		<b>Michael Bruckner</b>	
<b>Linda Gritzmacher</b> , Manager	414-604-4911	Facility Support	
Early Childhood, Preschool, Young At Heart, Adaptive Programs		<b>Heidi Polczynski</b>	
<b>Ashley Phillips</b> , Manager	414-604-4938	Facility Support	
Aquatics, Facility Rentals, Fine Arts, Youth Theater		<b>Isaiah Sanders</b>	
<b>Amanda Schwichtenberg</b> , Manager	414-604-4963	Facility Support	
Adult Sports & Fitness			
<b>TBD</b> , Manager	414-604-4959		
Out of School Time			
<b>TBD</b> , Manager	414-604-4951		
Enrichment Programs, Events & Trips			
<b>TBD</b> , Specialist	414-604-4914		
Out of School Time			

### NEW TO THE AREA?

Are you new to the area? We invite you to stop in our office or give us a call! We would love the opportunity to meet you and let you know what we offer. We have many classes, activities, programs and leagues for all ages. Welcome to the community and we look forward to meeting you!

## Fall Welcome from Shelly Strasser Director of the WAWM Recreation & Community Services Department

### Celebrating 90 Years of Excellence in Service

This year we are celebrating a remarkable milestone - 90 years of service and leadership in recreation in West Allis and West Milwaukee. The last nine decades have been an incredibly evolving journey of growth, development, dedication, creative program delivery and service.

We'd like to extend a huge thank you to those past and present: community members, community partners, staff and participants, who have been with us every step of the way. Your support has been the driver and motivator that has shaped our success.

As we look to the future, we're excited to continue crafting spaces and programs that encourage, inspire, and support healthy lifestyles and choices with a commitment to excellence that's as strong as ever. Here's to 90 years of supporting social, physical, intellectual, cultural, economic, emotional and environmental well-being and many more to come!

We wouldn't be able to celebrate our 90th Anniversary without acknowledging our founder, Superintendent Harry Nash, who realized the importance of organized recreation and the first Director, Fred Zirkel. In 1934, Mr. Zirkel laid the foundation for the West Allis-West Milwaukee Recreation & Community Services Department. Today, our department continues to thrive, with quality programs, a caring and talented team and beautiful facilities.

I think we are looking and doing pretty good for 90 years old and there is nothing slowing us down. Just this summer we welcomed our community into our new addition at 2450 S. 68th Street as we outgrew the space we previously had! Stop by the Recreation Center and ask for a tour, we'd love to see you around! It is exciting to imagine what our department and recreation will look like in another 90 years. Just like our predecessors, I am sure we will be amazed!

Thank you for your continued support. We look forward to serving West Allis and West Milwaukee for another 90 years!



### New Name Alert!

Lane Intermediate has been rebranded as the Activity & Fitness Center.

# KNOW BEFORE YOU GO!



All children must be at least 3 years of age to attend lessons on their own and **MUST** be accompanied by an adult if they have not entered 4K.



Swim diapers are allowed when worn with appropriate swimsuits.



Participants must pass all skills to move to the next level.



Class length: Parent & Child and Level 1: 30 minutes; Level 2-7: 50 minutes; Level 8: 1 hour.



Swim goggles are recommended for Levels 3-8.



If you have any questions regarding swim level classification, contact Ashley Phillips at 414-604-4938 or [phillipsa@wawmsd.org](mailto:phillipsa@wawmsd.org).



The WAWM RCS Department reserves the right to move your child out of a level for their own safety.



Water and air temperature is regulated by the District's Facilities & Operations Department, not the WAWM RCS Department. They make every attempt to maintain a pool temperature of 82 degrees.

## SAFETY FIRST - POOL REGULATIONS



Per state code, all swimmers must thoroughly rinse off in the shower before entering the pool.



Any swimmer who has entered kindergarten must use their respective male/female locker room. Locker room attendants are available to assist.



Do not bring valuables to the pool. The WAWM RCS Department is not responsible for lost, stolen or damaged items.



Street shoes are not allowed in the pool area. Shoes must be removed. Clean sandals or slippers may be worn.



Per state law, use of cell phones and electronic devices is prohibited in locker rooms.



The New Berlin Swim Club (NBSC) is dedicated to promoting a positive experience through competitive swimming. Multiple training levels are offered from beginner to accomplished swimmers. NBSC strives to teach skills that are safe, healthy and fun, while teaching life long skills such as teamwork and good sportsmanship.

NBSC's competitive swim program is a rewarding experience, helping swimmers reach their full potential. Any swimmer able to complete one length of the pool (25 yards) is encouraged to join us for a skills evaluation. Swimmers 5 years old through high school age are eligible. Over 18? Join our Masters team!

Conveniently practice out of New Berlin West and New Berlin Eisenhower pools.

If you have questions about NBSC please contact us at [nbswim.org](http://nbswim.org) or [nbscswim@hotmail.com](mailto:nbscswim@hotmail.com)



# American Red Cross “Learn to Swim” Lessons

## Parent & Child Swim 2+yrs

Parents and children learn together to increase their child’s comfort level in the water and build a foundation of basic skills, such as getting their face wet in the pool, blowing bubbles, front and back floats and glides. This level is fun-filled to help introduce water safety concepts and encourage a healthy recreational habit. One adult per child is required.

## Level 1: Little Beginners

Level 1 introduces first-time swimmers to the aquatic environment and helps them gain basic aquatic skills that are the foundation for later levels. Front and back floats, blowing bubbles and leg and arm actions are introduced.

## Level 2: Introduction of Water Skills

Level 2 teaches basic personal water safety skills to help children feel comfortable in the water while improving elementary aquatic skills such as bobbing in the water, front and back glides and combined arm and leg action with assistance.

## Level 3: Fundamental Aquatic Skills

Level 3 leads participants to success through fundamental skills such as floating and recovering to a vertical position. Participants will continue to increase their independence with treading and swimming on their front and back.

## Level 4: Stroke Development

Level 4 will teach swimmers to do front crawl, rotary breathing and elementary backstroke the width of the pool. They will be introduced to deep water entries and simple dives, while continuing to improve their deep water treading skills.

## Level 5: Stroke Refinement

Level 5 will help the swimmer develop confidence and distance in previously learned strokes while introducing new strokes. Swimmers will begin to develop scissor and frog kicks, underwater swimming skills and new deep water dives.

## Level 6: Swimming and Skill Proficiency

Level 6 swimmers will practice their front crawl and elementary backstroke for 50 yards, backstroke for 25 yards and butterfly for 15 yards. Participants will continue to strengthen their frog and scissor kicks. Open turns are introduced and deep water skills are refined.

## Level 7: Fitness Swimmer

Level 7 helps swimmers refine their strokes and skills so participants swim with ease, efficiency and power over greater distances. Participants will begin to incorporate flip turns into their front crawl.

## Level 8: Intro to Competitive Swimming

Level 8 will introduce swimmers to what to expect in competitive swimming. Swimmers will learn to do starts from blocks, use equipment such as paddles and pull buoys and understand the terminology and format of competitive swimming. This is a higher level program that will build endurance.

### American Red Cross “Learn to Swim” Lessons - *Frank Lloyd Wright Intermediate*

Code	Class	Day	Date	Time	RES/NR
301002.01	Level 2	M	9/9-11/11	6-6:50pm	\$40/\$60
301005.01	Level 5	M	9/9-11/11	7-7:50pm	\$40/\$60
301001.01	Level 1 (5+yrs)	T	9/10-11/12	6-6:30pm	\$30/\$45
301000.01	Parent/Child	T	9/10-11/12	6:30-7pm	\$30/\$45
301004.01	Level 4	T	9/10-11/12	7-7:50pm	\$40/\$60
301006.01	Level 6	T	9/10-11/12	8-8:50pm	\$40/\$60
301000.02	Parent/Child	TH	9/12-11/14	6-6:30pm	\$30/\$45
301001.04	Level 1 (3-4yrs)	TH	9/12-11/14	6:30-7pm	\$30/\$45
301003.01	Level 3	TH	9/12-11/14	7-7:50pm	\$40/\$60
301007.01	Level 7	TH	9/12-11/14	8-8:50pm	\$40/\$60

### American Red Cross “Learn to Swim” Lessons - *Nathan Hale High School*

Code	Class	Day	Date	Time	RES/NR
301001.02	Level 1 (3-4yrs)	W	9/11-11/13	6-6:30pm	\$30/\$45
301001.03	Level 1 (5+yrs)	W	9/11-11/13	6:30-7pm	\$30/\$45
301002.02	Level 2	W	9/11-11/13	7-7:50pm	\$40/\$60
301008.01	Level 8	W	9/11-11/13	8-9pm	\$40/\$60

## American Red Cross “Learn to Swim” Lessons - Frank Lloyd Wright Intermediate

Code	Class	Day	Date	Time	RES/NR
301002.03	Level 2	SAT	9/14-11/16	8-8:50am	\$40/\$60
301003.02	Level 3	SAT	9/14-11/16	9-9:50am	\$40/\$60
301004.02	Level 4	SAT	9/14-11/16	10-10:50am	\$40/\$60
301000.03	Parent/Child	SAT	9/14-11/16	11-11:30am	\$30/\$45
301001.05	Level 1 (5+yrs)	SAT	9/14-11/16	11:30am-12pm	\$30/\$45
301003.03	Level 3	SAT	9/14-11/16	1-1:50pm	\$40/\$60
301002.04	Level 2	SAT	9/14-11/16	2-2:50pm	\$40/\$60
301005.02	Level 5	SAT	9/14-11/16	3-3:50pm	\$40/\$60

### Teen/Adult Swim Lessons - Level 1 11+yrs

*Frank Lloyd Wright Intermediate*

The goal of this beginner level class is to build confidence in the water, develop basic swimming skills and improve on your strokes. These lessons will work on a variety of aspects important to swimming to help you feel more comfortable in the water.

Code	Day	Date	Time	RES/NR
302003.02	TH	9/12-11/14	8-8:50pm	\$45/\$68

### Teen/Adult Swim Lessons - Level 2 11+yrs

*Nathan Hale High School*

This intermediate level class builds upon the skills learned in the Level 1 class. The goal of this class is to improve strokes, work on endurance in the water and become an overall stronger swimmer. Swimmers should be able to independently float on front and back for 30 seconds, pick up a ring from the bottom of the shallow end with full face submerged under water, kick on their front and back for 25 yards and tread water in chest deep water for 30 seconds.

Code	Day	Date	Time	RES/NR
302003.01	W	9/11-11/13	8-8:50pm	\$45/\$68

## **NEW** Private Swim Lessons

Private swim lessons are designed to help meet the needs of participants who are seeking more individualized instruction. This is a one-on-one lesson with an instructor to help you or your child to accomplish specific skills, strokes, or even endurance. Lesson times range between 4-9pm and each lesson is 30 minutes. You will be contacted prior to your first lesson to schedule a time.

*Frank Lloyd Wright Intermediate*

Code	Day	Date	Time	RES/NR
301009.01	M	9/9-11/11	4-9pm	\$200/\$300

*Nathan Hale High School*

Code	Day	Date	Time	RES/NR
301009.02	W	9/11-11/13	4-9pm	\$200/\$300



### Aqua Zumba

This class is perfect for those looking to add a low-impact, high-energy aquatic exercise to their fitness routine. Aqua Zumba blends the Zumba philosophy with water resistance for one pool party you won't want to miss! Easy on your joints but don't be fooled, this is a great workout! **No class 9/30, 10/7.**

*Susie Cuellar - Frank Lloyd Wright Intermediate*

Code	Day	Date	Time	RES/NR
302001.01	M	9/9-11/11	5-5:50pm	\$36/\$54

*Dina Sharafinski - Nathan Hale High School*

Code	Day	Date	Time	RES/NR
302001.02	W	9/11-11/13	5-5:50pm	\$45/\$68

### Adult Water Exercise

*Mary Ann Batchelor - Frank Lloyd Wright Intermediate*

Get an energetic water exercise workout with the instructor joining you in the water. Exercises will include routines, dance moves and stretching all done to music at varied intensities according to your ability. This class is for both the swimmer and non-swimmer looking for a full body workout. Weights and noodles will be used.

Code	Day	Date	Time	RES/NR
302002.01	T	9/10-11/12	5-5:50pm	\$45/\$68
302002.02	TH	9/12-11/14	5-5:50pm	\$45/\$68

## Lifeguarding - Blended Learning (BL) 15+yrs

Frank Lloyd Wright Intermediate

The lifeguard course provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies injuries and sudden illnesses until EMS personnel take over. **Prerequisites:** minimum age of 15 years old; swim 300 yards continuously; tread water for 2 minutes using only the legs; complete a timed event within 1 minute 40 seconds by starting in the water and swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object return to the surface and swim 20 yards on the back to return to the starting point exit the water without using steps or a ladder. Participants who successfully complete the lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED valid for two years.

**FEE: \$200 RES/\$300 NR**

**301010.01 TH: 11/21 & FRI: 11/22 - 5-9pm**  
**SAT: 11/23 & SUN: 11/24 - 8am-5pm**



## Lifeguards & Water Safety Instructors Needed!

Fees waived if you come work for us! See page 31 to apply today.

## Jr. Lifeguarding Class 11+yrs

Frank Lloyd Wright Intermediate

Jr. Lifeguard Class is an effective transition for upper-level swimmers and encourages participants to stay involved with aquatics. This class will focus on swim development, life-saving skills and getting participants ready for the lifeguarding course.

Code	Day	Date	Time	RES/NR
301010.02	M	9/9-11/11	8-9pm	\$60/\$90

## Discover Scuba 10+yrs

Aquatic Adventures, INC. - Frank Lloyd Wright Intermediate

Have you ever wondered what it is like to breathe underwater? Then this PADI Discover Scuba Diving experience is your chance to give scuba a try in a fun, inexpensive, no-pressure setting. During this experience, try scuba diving to see if you like it without a big commitment of time or money. There is nothing like breathing underwater for the very first time. It takes a little getting used to but after a few minutes, you will realize how easy scuba diving really is. No experience is required. You will learn some basic skills and safety rules that can help in obtaining a full certification in your future!

Code	Day	Date	Time	RES/NR
301012.01	SAT	11/23	10am-12pm	\$65/\$98

## Masters Swimming 18+yrs

Nathan Hale High School

Masters swimming promotes health, wellness, fitness and competition through organized and structured swim workouts. The program aims to encourage and promote improved physical fitness and health and offers the opportunity to participate in lifelong fitness and/or competitive swimming. **Please note:** Wednesdays will be held at Frank Lloyd Wright Intermediate. **No class on 11/28.**

Code	Day	Date	Time	RES/NR
302004.01	M/W	9/16-12/18	9-10pm	\$150/\$225
302004.02	T/TH	9/17-12/19	9-10pm	\$150/\$225
302004.03	M-TH	9/16-12/19	9-10pm	\$300/\$450

## Swimming Technique and Swim Stroke Clinic 8+yrs

Nathan Hale High School

This clinic provides swimmers the chance to work on their freestyle, backstroke, breaststroke and butterfly techniques; starts off the blocks; flip turns and more. This is a great program for anyone new to the swim team, kids trying out for a swim team and/or experienced competitive swimmers of all ages past and present that are looking to refine their swimming technique and additional skills that help win the race! **Prerequisite:** Anyone that can swim a 100 yard individual medley consisting of 25 yard butterfly, 25 yard backstroke, 25 yard breaststroke and 25 yard freestyle.

**Please note:** Wednesday, September 11 will be held at Frank Lloyd Wright Intermediate.

Code	Day	Date	Time	RES/NR
301011.01	M-TH	9/9-9/12	4:30-6pm	\$90/\$135



REGISTER NOW [wawmrec.com](http://wawmrec.com) or 414-604-4900

**NEW** **WAWM Wahoo Swim Team**  
*Thom Ferris - Nathan Hale High School*

This program is for swimmers who want to take their swimming to the next level. Participants will practice and compete with others of similar age and abilities. We offer many different levels based on age and ability. The teams focus is on team building, goal setting, skill development, preparing swimmers for the high school team, and having fun. Whether you are new to competitive swimming or not, we have a place for everyone. **Prerequisite:** Swimmers should have an idea of the four competitive strokes of freestyle, backstroke, breaststroke and butterfly. Team members should be able to swim 25-yards of any stroke without stopping. **Please note:** Wednesdays will be held at Frank Lloyd Wright Intermediate.

**8yrs & under**



**Red Ribbons**

This level is for swimmers who are novice to swimming and will have an emphasis on stroke technique and mechanics of competitive swimming, along with introduction to interval training, starts, turns and other aspects of competitive swimming.

Code	Day	Date	Time	RES/NR
301013.01	M	9/16-12/16	4-4:30 pm	\$30/\$45



**Blue Ribbons**

This level is for swimmers who have some experience with swimming and has an emphasis on learning all four competitive swim strokes, starts, turns and more.

Code	Day	Date	Time	RES/NR
301013.02	M	9/16-12/16	4:30-5pm	\$30/\$45

**9-18yrs**



**Bronze Ribbons**

This level is for swimmers who are novice to swimming and will have an emphasis on learning all four competitive swim strokes, starts, turns and more.

Code	Day	Date	Time	RES/NR
301013.03	M	9/16-12/16	5-6pm	\$60/\$90



**Silver Ribbons**

This level is for swimmers who have some experience with swimming and emphasis on stroke technique and mechanics of competitive swimming and introduction to interval training, starts, turns and more.

Code	Day	Date	Time	RES/NR
301013.04	M/T	9/16-12/17	6-7pm	\$120/\$180



**Gold Ribbons**

This level is for experienced swimmers' with an emphasis on stroke technique and mechanics of competitive swimming, along with low-level intensity interval training, starts, turns, and more. Practices will be three days a week Monday-Wednesday.

Code	Day	Date	Time	RES/NR
301013.05	M-W	9/16-12/18	7-8pm	\$180/\$270

**Juniors 10-18yrs**

This level is for experienced swimmers with an emphasis on mid-level intensity interval training, starts, turns and more. Dryland exercises to be done on deck. **No practice 11/28.**

Code	Day	Date	Time	RES/NR
301013.06	M-TH	9/16-12/19	8-9pm	\$240/\$360

**Seniors 12-18yrs**

This level is for experienced swimmers with an emphasis on stroke technique and mechanics of competitive swimming, along with high-level intensity interval training, starts, turns and more. Dryland exercises to be done on deck. **No practice 11/28.**

Code	Day	Date	Time	RES/NR
301013.07	M-TH	9/16-12/19	8-9pm	\$240/\$360

**High school swimmers will be evaluated on the first day to be placed in either Juniors or Seniors**

**High School Swim Team Members**

*Pre-season Boys*

Code	Day	Date	Time	RES/NR
301013.08	M-TH	9/16-11/12	8-9pm	\$155/\$233

*Post-season Girls*

Code	Day	Date	Time	RES/NR
301013.09	M-TH	11/18-12/19	8-9pm	\$138/\$207



**CHECK WEBSITE FOR OPEN SWIM/LAP SWIM TIMES.**



## Preschool registration is now open! Enroll today!

Thinking about school starting in fall? Need a preschool program for your 3 or 4 year old who missed the September 1 cut-off date? We have the answer! We offer a 2-day per week preschool program. The program includes small and large group instruction and 1:1 instruction centering around a new theme each week. Pre-reading activities include the ABC's, the Letter People and instruction with emergent reader books. Pre-math activities will include sorting, colors, patterns, shapes, graphing and numbers. We also offer play-based learning centers for reading, math, science, dramatic play and creative art. Children will be encouraged to use their creative energy to develop necessary social skills to learn and play successfully in a group setting. This program will also offer structured large muscle movement activities.

The preschool program will run September 2024 through May 2025 and is held at the Recreation Center. Children must be comfortable in a classroom setting without a parent and must be able to use the restroom independently. The preschool program is instructed by certified classroom teacher, Ashley Dallman. A classroom aide will be in class each day to assist.

**A \$50 non-refundable deposit will secure your spot and will be applied towards the program fee. Call 414-604-4900 and one of our team members can assist you.**



### MEET ASHLEY!

Ashley Dallman grew up in West Allis-West Milwaukee at the summer playgrounds. She attended UW-Whitewater and graduated with a degree in Early Childhood/Special Education. For the past six years, she taught preschool special education in Menomonee Falls. In her free time, she enjoys crafting, rollerblading, and spending time with her daughter.

### Preschool Sessions

#### Recreation Center

This is a TWO day/week program. You choose Monday/Wednesday or Tuesday/Thursday. Monthly payments will be available as an option.

Code	Day	Date	Time	RES/NR
403400.01	M/W	9/4-5/21	9-11:30am	\$815/\$1222
403400.02	T/TH	9/5-5/22	9-11:30am	\$815/\$1222



### Open House

Stop in anytime between 5:30-7pm to meet your teacher and check out the classroom. Please attend on the day your child is signed up for in fall. If you cannot make that day, please contact Linda.

Session	Date
M/W Students	Monday, August 19
T/TH Students	Tuesday, August 20

For more information, contact Program Manager, Linda Gritzmacher at 414-604-4911 or [gritl@wawmsd.org](mailto:gritl@wawmsd.org)



## TAKE A LOOK!

Be sure to review your receipt. We put important information about your activities on there! Also, please review your address, email and phone number for accuracy. Give us a call at 414-604-4900 or email us at [wawmrec@wawmsd.org](mailto:wawmrec@wawmsd.org) and we can get your account updated!

REGISTER NOW [wawmrec.com](http://wawmrec.com) or 414-604-4900

**Tumble Bugs 1-4yrs w/adult**

*Natasha Ergen - Madison Elementary*

Does your child love jumping, rolling and doing somersaults? Join us in warm-up songs, simple tumbling techniques and play with fun equipment and props. Children will develop large motor skills including balance and coordination.

**No class 11/28.**

*1-2yrs*

Code	Day	Date	Time	RES/NR
303205.01	TH	9/12-10/10	9:30-10:15am	\$19/\$29
303205.03	TH	9/12-10/10	5:30-6:15pm	\$19/\$29
303205.05	TH	10/17-11/14	9:30-10:15am	\$19/\$29
303205.07	TH	10/17-11/14	5:30-6:15pm	\$19/\$29
303205.09	TH	11/21-12/19	9:30-10:15am	\$15/\$23
303205.11	TH	11/21-12/19	5:30-6:15pm	\$15/\$23

*3-4yrs*

Code	Day	Date	Time	RES/NR
303205.02	TH	9/12-10/10	10:30-11:15am	\$19/\$29
303205.04	TH	9/12-10/10	6:30-7:15pm	\$19/\$29
303205.06	TH	10/17-11/14	10:30-11:15am	\$19/\$29
303205.08	TH	10/17-11/14	6:30-7:15pm	\$19/\$29
303205.10	TH	11/21-12/19	10:30-11:15am	\$15/\$23
303205.12	TH	11/21-12/19	6:30-7:15pm	\$15/\$23



**Mushy Gushy Sticky Fun 1-4yrs w/adult**

*Natasha Ergen - Madison Elementary*

Messy fun for your child that you don't have to clean up! Children will play with shaving cream, pudding, dirt and more. Explore your senses of touch and sight with many fun activities. **No class 11/29.**

Code	Day	Date	Time	RES/NR
303150.01	F	9/13-10/11	9:30-10:15am	\$19/\$29
303150.02	F	10/18-11/15	9:30-10:15am	\$19/\$29
303150.03	F	11/22-12/20	9:30-10:15am	\$15/\$23

**NEW Adventures in Crafting and Storytime 2-4yrs w/adult**

*Noreen Murray - Madison Elementary*

Come make a special craft then listen to a story about what we made.

Code	Day	Date	Time	RES/NR
303405.01	T	9/3	9:15-10am	\$5/\$8
303405.02	T	9/10	9:15-10am	\$5/\$8
303405.03	T	9/17	9:15-10am	\$5/\$8
303405.04	T	9/24	9:15-10am	\$5/\$8
303405.05	T	10/1	9:15-10am	\$5/\$8
303405.06	T	10/8	9:15-10am	\$5/\$8
303405.07	T	10/15	9:15-10am	\$5/\$8
303405.08	T	10/22	9:15-10am	\$5/\$8
303405.09	T	10/29	9:15-10am	\$5/\$8
303405.10	T	11/12	9:15-10am	\$5/\$8
303405.11	T	11/19	9:15-10am	\$5/\$8
303405.12	T	11/26	9:15-10am	\$5/\$8
303405.13	T	12/3	9:15-10am	\$5/\$8
303405.14	T	12/10	9:15-10am	\$5/\$8
303405.15	T	12/17	9:15-10am	\$5/\$8

**Fantastic Fun Painting 2-4yrs w/adult**

*Natasha Ergen - Madison Elementary*

There are so many different ways to paint! You will get to paint using different utensils as well as different materials to paint on.

Code	Day	Date	Time	RES/NR
303146.01	F	9/13-10/11	10:45-11:30am	\$19/\$29

**Artistic Masterpiece 2-4yrs w/adult**

*Natasha Ergen - Madison Elementary*

Come create different artistic pieces using different small motor skills like cutting, gluing and painting. **No class 11/29.**

Code	Day	Date	Time	RES/NR
303153.01	F	10/18-11/15	10:45-11:30am	\$19/\$29
303153.02	F	11/22-12/20	10:45-11:30am	\$15/\$23

**Colorful Artist 2-4yrs w/adult**

*Reigna Perdue - Madison Elementary*

Red, orange, yellow and all the colors in the rainbow! This hands-on class will embrace your child's inner artist with colorful projects.

Code	Day	Date	Time	RES/NR
303190.01	SAT	9/14	10-11am	\$5/\$8

**All Things Fall 2-4yrs w/adult**

*Reigna Perdue - Madison Elementary*

Fall is such a great time to have fun! Does your child love playing in the leaves? This class will engage your child in hands-on fall activities.

Code	Day	Date	Time	RES/NR
303190.02	SAT	10/26	10-11am	\$5/\$8

**Beginner Ballet/Poms 3-4yrs w/adult**

*Mariela Martinez - Recreation Center*

Come learn the basics of poms and ballet. Each week will include ballet and poms. **No class 11/25.**

Code	Day	Date	Time	RES/NR
303305.01	M	9/9-10/7	4:30-5pm	\$13/\$20
303305.02	M	10/14-11/11	4:30-5pm	\$13/\$20
303305.03	M	11/18-12/16	4:30-5pm	\$10/\$15

**Advanced Dance Ballerinas 3-4yrs w/adult**

*Mariela Martinez - Recreation Center*

It's ballet time! If your child loves to dance, walk on their tip toes and twirl around, this is the class for them. This class is for those with two years experience in class or who have taken ballet at least three times. **No class 11/25.**

Code	Day	Date	Time	RES/NR
303300.01	M	9/9-10/7	5:15-5:45pm	\$13/\$20
303300.02	M	10/14-11/11	5:15-5:45pm	\$13/\$20
303300.03	M	11/18-12/16	5:15-5:45pm	\$10/\$15



**Dino-tastic! 2-4yrs w/adult**

*Reigna Perdue - Madison Elementary*

Calling all dinosaur lovers! This class will turn your child into a mini archaeologist. As they explore different dinosaurs, they'll be stomping around having so much fun!

Code	Day	Date	Time	RES/NR
303190.03	SAT	11/16	10-11am	\$5/\$8

**Sensory Play 8-36mos w/adult**

*Caren Korobkin - Madison Elementary*

Sensory play is hands-on activities that let children explore senses including smell, touch, sight, hearing and taste.

*8-15mos*

Code	Day	Date	Time	RES/NR
303406.01	W	9/11, 9/18	9-9:30am	\$6/\$9
303406.04	W	10/9, 10/16	9-9:30am	\$6/\$9
303406.07	W	11/6, 11/13	9-9:30am	\$6/\$9
303406.10	W	12/4, 12/11	9-9:30am	\$6/\$9

*16-24mos*

Code	Day	Date	Time	RES/NR
303406.02	W	9/11, 9/18	10-10:45am	\$10/\$15
303406.05	W	10/9, 10/16	10-10:45am	\$10/\$15
303406.08	W	11/6, 11/13	10-10:45am	\$10/\$15
303406.11	W	12/4, 12/11	10-10:45am	\$10/\$15

*25-36mos*

Code	Day	Date	Time	RES/NR
303406.03	W	9/11, 9/18	11-11:45am	\$10/\$15
303406.06	W	10/9, 10/16	11-11:45am	\$10/\$15
303406.09	W	11/6, 11/13	11-11:45am	\$10/\$15
303406.12	W	12/4, 12/11	11-11:45am	\$10/\$15



**Fun with Everyday Objects 8-36mos w/adult**

*Caren Korobkin - Madison Elementary*

Little ones love to play with different objects. Some are big and some are small. A child's imagination can run wild as they explore the many different objects that are placed before them.

*8-15mos*

Code	Day	Date	Time	RES/NR
303100.01	M	9/9, 9/16	9-9:30am	\$6/\$9
303100.04	M	10/7, 10/14	9-9:30am	\$6/\$9
303100.07	M	11/4, 11/11	9-9:30am	\$6/\$9
303100.10	M	12/2, 12/9	9-9:30am	\$6/\$9

*16-24mos*

Code	Day	Date	Time	RES/NR
303100.02	M	9/9, 9/16	10-10:45am	\$10/\$15
303100.05	M	10/7, 10/14	10-10:45am	\$10/\$15
303100.08	M	11/4, 11/11	10-10:45am	\$10/\$15
303100.11	M	12/2, 12/9	10-10:45am	\$10/\$15

*25-36mos*

Code	Day	Date	Time	RES/NR
303100.03	M	9/9, 9/16	11-11:45am	\$10/\$15
303100.06	M	10/7, 10/14	11-11:45am	\$10/\$15
303100.09	M	11/4, 11/11	11-11:45am	\$10/\$15
303100.12	M	12/2, 12/9	11-11:45am	\$10/\$15

# Baby Safety Shower

Expectant families with children up to 3 years of age.



Join us on Thursday, November 14  
5:30-7pm at the West Allis-West Milwaukee Recreation  
& Community Services Department  
2450 S. 68th Street

This event is FREE. No registration required! For more information, call 414-328-7788.

## EDUCATIONAL BOOTHS

- Breastfeeding resources
- Baby/toddler nutrition
- Car seat safety
- Developmental milestones
- Gun safety
- Immunization resources
- Infant CPR/choking
- Infant and toddler care

- Infant and toddler safe sleep
- Pet safety
- Post-partum mental health concerns
- Pediatric first aid
- Poison prevention
- Water Safety
- WIC

**AND MUCH MORE!**

**PRIZE DRAWINGS  
AND LIGHT  
REFRESHMENTS**

Join us for crafts for children 3 and under, provided by the West Allis Public Library.





## Skyhawks Sports

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life. Skyhawks programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Skyhawks patient and knowledgeable staff use a variety of skill-building games and activities to give each participant a complete understanding and overview of the sport.

### Baseball Tots 2-4yrs w/adult

*Skyhawks Sports Staff - Pershing Elementary*

Baseball Tots is a developmental program that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. We build fitness, muscle coordination, baseball fundamentals and create a love for the game. Parent participation is required.

Code	Age	Day	Date	Time	RES/NR
305004.01	2-3	T	9/10-10/1	5:30-6pm	\$52/\$78
305004.02	3-4	T	9/10-10/1	6:10-6:40pm	\$52/\$78

### 1stDownTots 2-4yrs w/adult

*Skyhawks Sports Staff - Franklin Elementary*

This is a developmental program that uses a variety of fun games to engage kids while teaching the sport of football and developing fundamental skills. We build fitness, muscle coordination, football fundamentals and create a love of the game. We do not do any tackling or blocking at this level. Parent participation is required.

Code	Age	Day	Date	Time	RES/NR
305004.13	2-3	SAT	9/14-10/5	9-9:30am	\$52/\$78
305004.14	3-4	SAT	9/14-10/5	9:40-10:10am	\$52/\$78

### Soccer Tots 2-4yrs w/adult

*Skyhawks Sports Staff - Pershing Elementary*

This soccer-themed class helps youngsters develop motor skills while getting involved in sports. We develop kicking, running control and dribbling. This course will help kids learn to listen and follow instructions all while playing a variety of fun games with lots of physical activity. Parent participation is required.

Code	Age	Day	Date	Time	RES/NR
305004.05	2-3	T	10/15-11/5	5:30-6pm	\$52/\$78
305004.06	3-4	T	10/15-11/5	6:10-6:40pm	\$52/\$78

### Hoopster Tots 2-4yrs w/adult

*Skyhawks Sports Staff - Pershing Elementary*

This fun, skill-intensive program is designed for the beginning to intermediate player. Using our progression-based curriculum, staff focus on the whole player, teaching respect, teamwork and responsibility. Passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Parent participation is required.

Code	Age	Day	Date	Time	RES/NR
305004.09	2-3	T	11/19-12/10	5:30-6pm	\$52/\$78
305004.10	3-4	T	11/19-12/10	6:10-6:40pm	\$52/\$78

### Skyhawks Baseball 7-10yrs

*Skyhawks Sports Staff - Pershing Elementary*

Skyhawks baseball staff teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

Code	Age	Day	Date	Time	RES/NR
305004.03	5-6	T	9/10-10/1	6:50-7:35pm	\$59/\$89
305004.04	7-10	T	9/10-10/1	7:45-8:45pm	\$65/\$98

### Track & Field 5-12yrs

*Skyhawks Sports Staff - Franklin Elementary*

Skyhawks Track & Field combines technical development, fundamental techniques and safety with a major focus on fun! Using special equipment, our staff teaches exercises and drills that prepare athletes for a future of track & field events and cross country while inspiring a love for running and being active. Participants put it all together for one fun-filled day at the Skyhawks track meet for the final day of the course!

Code	Age	Day	Date	Time	RES/NR
305004.15	5-6	SAT	9/14-10/5	10:20-11:05am	\$59/\$89
305004.16	7-12	SAT	9/14-10/5	11:15am-12:15pm	\$65/\$98

### Skyhawks Soccer 5-10yrs

*Skyhawks Sports Staff - Pershing Elementary*

Developed over 40 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progression-based curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer.

Code	Age	Day	Date	Time	RES/NR
305004.07	5-6	T	10/15-11/5	6:50-7:35pm	\$59/\$89
305004.08	7-10	T	10/15-11/5	7:45-8:45pm	\$65/\$98



### Skyhawks Basketball 5-10yrs

*Skyhawks Sports Staff - Pershing Elementary*

This fun, skill-intensive program is designed for the beginning to intermediate player. Using our progression-based curriculum, staff focus on the whole player, teaching respect, teamwork and responsibility. Passing, shooting, dribbling and rebounding makes this one of our most popular programs.

Code	Age	Day	Date	Time	RES/NR
305004.11	5-6	T	11/19-12/10	6:50-7:35pm	\$59/\$89
305004.12	7-10	T	11/19-12/10	7:45-8:45pm	\$65/\$98

## Glow Run 2-8yrs w/adult

*Recreation Center*

Join us for a fun indoor glow run designed for you and your child that will brighten your night! Children can run a half mile or one mile run with a fun obstacle course.

2-5yrs

Code	Day	Date	Time	RES/NR
303210.01	F	10/18	5:30-6:30pm	\$5/\$8

6-8yrs

Code	Day	Date	Time	RES/NR
303210.02	F	10/18	6:45-7:45pm	\$5/\$8

## Trixters Gymnastics 4+yrs

*Nathan Hale High School*

Improve your child's flexibility, strength, coordination and self-confidence while exploring the fun world of gymnastics. Your gymnast will work on their skills in the areas of floor, uneven bars and balance beam. The gymnasts will be placed into groups with similar skill levels. Due to space limitations, classes are closed sessions. **No class 10/31, 11/28.**

4-6yrs

Code	Day	Date	Time	RES/NR
305125.01	T/TH	9/17-12/5	6-6:40pm	\$60/\$90

7-8yrs

Code	Day	Date	Time	RES/NR
305125.02	T/TH	9/17-12/5	6:45-7:25pm	\$60/\$90

9+yrs

Code	Day	Date	Time	RES/NR
305125.03	T/TH	9/17-12/5	7:30-8:10pm	\$60/\$90

## Kids Tennis Club 5K-5th Grade

*Liberty Heights Park*

Your child is invited to be part of a club that introduces them to the world of tennis. In a supportive and non-traditional environment, your child will learn the basics of tennis. This program is great for those just getting started and those who have played before.

*Beginner/No Experience*

Code	Day	Date	Time	RES/NR
305905.01	TH	9/12-10/17	5-5:45pm	\$15/\$23

*Intermediate/Advanced*

Code	Day	Date	Time	RES/NR
305905.02	TH	9/12-10/17	5:50-6:35pm	\$15/\$23



## Bucks Holiday Basketball Camp 7-14yrs

*Recreation Center*

Deck the halls with basketballs and stay active during the holidays with the WAWM RCS Department as we host the Milwaukee Bucks Holiday Camp. Each participant will receive a basketball, performance t-shirt and a ticket to a 2024-25 Milwaukee Bucks home game. The clinic director, Lance Foreman, is the current Milwaukee Bucks Youth Basketball Director. To register for this clinic, please visit: [www.bucks.com/camps](http://www.bucks.com/camps).

Day	Date	Time	Fee
TH-F	12/26-12/27	1-4pm	\$110

## Youth Golf Lessons 6-15yrs

*Jim Rewolinski - Sunnyslope Golf Course*

*4285 S. Sunnyslope Rd., New Berlin*

Looking to broaden your child's golfing horizons beyond the typical mini golf course? Our experienced golf instructor will lead your child through the fundamentals of golf. During these engaging lessons, your child will refine their golfing abilities at the range and practice green. Participants are required to purchase practice balls (small: \$10, medium: \$12, large: \$14). The practice ball dispenser vending machine accepts exact cash amounts or credit/debit cards only. Please ensure your child brings their own clubs to each lesson. Imagine, the sooner your child hones their golfing skills, the sooner they can join you on the course. For weather-related cancellations, please contact Jim at 414-427-9650.

6-10yrs

Code	Day	Date	Time	RES/NR
305600.01	SAT	9/14-10/19	10-11am	\$30/\$45

11-15yrs

Code	Day	Date	Time	RES/NR
305600.02	SAT	9/14-10/19	11am-12pm	\$30/\$45



## Basketball Preseason Training Clinic 5K-8th Grade

*Rise Up Basketball Academy - Recreation Center*

Join the talented coaches of Rise Up Basketball Academy and get ready for the upcoming basketball season. These training clinics are perfect for those looking to get into the game or those looking to fine tune and improve their skills as they head into another season.

*5K-4th Grade*

This session will focus on ball handling, footwork, finishing and will incorporate fun games!

Code	Day	Date	Time	RES/NR
305103.01	W	9/18	5:30-6:45pm	\$25/\$38

*5th-8th Grade*

This session will focus on ball handling, finishing, shooting and incorporate game-like competitions.

Code	Day	Date	Time	RES/NR
305103.02	W	9/18	6:45-8pm	\$25/\$38

# WAWM RCS YOUTH SPORTS PHILOSOPHY

Our youth sports leagues are guided by a set of core values that ensure a positive experience for all participants:

## INCLUSION

We welcome children of all skill levels and backgrounds.

## BALANCE

Our programs offer reasonable time commitments for families.

## SKILL DEVELOPMENT

We provide structured, age-appropriate instruction to help players grow.

## LIFELONG ENJOYMENT

Our goal is to foster a lifelong love of sports through positive experiences.



## YOUTH SPORTS LEAGUE GENERAL INFORMATION

- Participants should register based on their grade for the 2024-2025 school year.
- Players register individually and are placed on teams formed by the WAWM RCS Department based on schools.
- The WAWM RCS Department reserves the right to combine schools/grade levels if needed.
- Each team is coached by a volunteer parent, with the WAWM RCS Department staff present at all practices and games.
- **Team assignments and season schedules will be emailed one week before the start date.**
- Gym locations are subject to change.
- For weather-related updates, call the weatherline at 414-604-4900, Option 2.

## YOUTH SPORTS LEAGUE TIMELINE

**4K-1st Grade Leagues:** 1 day a week (1 hour) **2nd-8th Grade Leagues:** 2 days a week (1 hour each day).

Sport	Grades	Registration Opens	Registration Closes	Program Dates
Basketball	4K-1st	Monday, September 9, 2024	Friday, December 20, 2024	Week of January 4-Week of February 22
Basketball	2nd-8th	Monday, September 9, 2024	Monday, November 18, 2024	Week of December 9-Week of February 22
Indoor Soccer	4K-8th	Monday, November 25, 2024	Friday, February 14, 2025	Week of March 3-Week of May 2
Girls Softball	3rd-8th	Monday, April 17, 2025	Friday, May 16, 2025	Week of May 26-Week of July 31
T-Ball	4K	Monday, March 3, 2025	Friday, May 9, 2025	Week of June 2-Week of July 28
Summer Baseball	5K-3rd	Monday, March 3, 2025	Friday, May 9, 2025	Week of June 2-Week of July 28
Summer Soccer	4K-8th	Monday, March 3, 2025	Friday, May 16, 2025	Week of June 9-Week of August 8
Flag Football	4K-8th	Monday, June 2, 2025	Monday, July 28, 2025	Week of August 12-Week of October 14
Fall Soccer	4K-8th	Monday, June 2, 2025	Monday, July 28, 2025	Week of August 12-Week of October 14
Volleyball	4K-8th	Monday, June 2, 2025	Friday, August 22, 2025	Week of September 9-Week of November 11



## Consider Volunteer Coaching

Coaching a sport is an incredible way to connect with young athletes and make a lasting impact as a mentor and role model. If you've always wanted to coach but didn't know where to start, we're here to help!

### Why Volunteer with Us?

- **Support:** The WAWM RCS Department hires a League Director for every youth sports league. Our League Director ensures a consistent, quality experience for all players and supports volunteer coaches every step of the way.
- **Focus on Player Development:** With the League Director handling practice planning, volunteer coaches can focus on player development, teamwork, and providing equitable instruction to all athletes.
- **Game Day Experience:** On game days, coaches manage player substitutions, assign positions, and create a fun, positive learning environment.

**Time commitment:** 4K-1st Grade: They meet once a week for an hour. | 2nd-8th Grade: They meet twice a week for an hour each time.

If you are interested in volunteer coaching, please indicate that at the time of registration. All volunteer coaches are subject to a confidential background check.

**For more information, contact Youth Sports Manager, Bobby Foreman at 414-604-4968 or foremanr@wawmsd.org**

Basketball registration opens Monday, September 9 at 8am. All players will receive their own basketball.



### 4K-1st Grade Instructional Basketball

*Horace Mann Elementary*

This program encourages individual skill development. Players will focus on developing their individual ball skills, dribbling, and proper shooting form. At 1st grade, an emphasis will be placed on team play and sharing the ball (passing). This is an 8-week season in which teams will practice for the first three weeks followed by five weeks of an introduction to gameplay.

• **Registration Deadline: Friday December 20 at 4pm**

**Fee for 4K-1st Grade Basketball: \$35 RES/\$53 NR**  
**After the 12/20 deadline: \$45 RES/\$68 NR**

### Lil Dribblers 4K Co-Ed

Code	Day	Date	Time
305102.01	SAT	1/4-2/22	9am or 10am

### Jr. Dribblers 5K Co-Ed

Code	Day	Date	Time
305102.02	SAT	1/4-2/22	11am or 12pm

### Dribblers 1st Grade Co-Ed

Code	Day	Date	Time
305102.03	SAT	1/4-2/22	1pm or 2pm*

\*Times may be adjusted based on the number of teams formed.



### 2nd-8th Grade Basketball Leagues

The emphasis of our 2nd-8th grade league play shifts to team play and game play strategies. Players will focus on spacing, passing and catching and team defense. This league is a 10-week season. For the first three weeks, teams will practice once during the week and on Saturday. Starting January 14, games will be every Saturday. **No practice 12/23-1/1.**

- **Registration Deadline: Monday, November 18 at 5pm.**
- All interested coaches must attend the coaches clinic on Wednesday, December 4 at 6pm at the Recreation Center.

**Fee for 2nd-8th Grade Basketball: \$45 RES/\$68 NR**  
**After the 11/20 deadline: \$55 RES/\$83 NR**

### Fast Break 2nd-3rd Grade

Practice Location: Horace Mann Elementary  
 Practice Time: 5:45pm or 6:45pm  
 Game Location: Dottke High School  
 Game Time: Boys: 9am, 10am, 11am or 12pm  
 Girls: 1pm, 2pm or 3pm

Code	Day	Date
305102.04	Boys	M, T, W or TH
305102.05	Girls	M, T, W or TH

### Shooters 4th-5th Grade

Practice Location: Activity & Fitness Center  
 Practice Time: 5:45pm or 6:45pm  
 Game Location: Activity & Fitness Center  
 Game Time: Boys: 9am or 10am  
 Girls: 11am or 12pm

Code	Day	Date
305102.06	Boys	M, T, W or TH
305102.07	Girls	M, T, W or TH

### All Stars 6th-8th Grade

To evenly divide players into teams, there will be a mandatory skills assessment. Players will be contacted with the team roster and season schedule following the skills assessment. Practice starts the week of December 9, based on coach availability.

Practice Location: Activity & Fitness Center  
 Practice Time: 5:45pm or 6:45pm  
 Game Location: Activity & Fitness Center  
 Game Time: Boys: 1pm or 2pm  
 Girls: 3pm or 4pm

Code	Day	Date
305102.08	Boys	M, T, W or TH
305102.09	Girls	M, T, W or TH

**Skills assessment: Saturday, December 7 at the Activity & Fitness Center - Boys: 10-11am | Girls: 11am-12pm**





## WAWM Intermediate School Interscholastic Sports 6th-8th Grade

Athletic opportunities are open to all 6th-8th grade school district residents including those who attend a parochial school, private school, home school or public school outside the district that does not offer sports. Student-athletes will work on building their fundamentals, teamwork and leadership skills while representing their school against local schools based on the conference their sport competes in. All participants must register with their attendance area school. All student-athletes will need a physical on file before participating in either the first day of tryouts or the first practice. If tryouts are required, participation fees will be due after the teams are announced.

- For 7th-8th grade girls and boys basketball and 7th-8th grade girls volleyball, Frank Lloyd Wright and West Milwaukee Intermediate will compete in the Jr. Parkland Conference.
- For 6th grade girls and boys basketball and 6th grade girls volleyball, student-athletes will have the opportunity to participate in WAWM RCS Department leagues. This aligns with the conferences we participate in for these sports, which do not include 6th grade interscholastic athletics. This creates a more inclusive opportunity for all interested athletes during their intermediate transition year as there is not a tryout process.
- Practices take place at the school you are registered at and scheduled in season between the hours of 3-5pm.
- Bus transportation will be provided for athletes to all away competitions.

### Poms\*

Season: September - Early March

### Co-Ed Cross Country

Season: September - Early October

### Girls Basketball (7th/8th Grade Only)\*

Season: September - End of October

### Boys Basketball (7th/8th Grade Only)\*

Season: November-January

Cost: \$45 per sport (except 6th grade track - \$20)

### Wrestling

Season: Early January - Early March

### Girls Volleyball (7th/8th Grade Only)\*

Season: Late January - Mid March

### Track

Season: Early April - Mid May

**\*Tryouts Required**



For more information: Bobby Foreman - 414-604-4968 or [foremanr@wawmsd.org](mailto:foremanr@wawmsd.org)



# COMING SOON

in the Winter/Spring Activity Guide: Spring Indoor Soccer, Summer T-Ball, Baseball, Soccer and Girls Softball

For more information, please visit [wawmrec.com](http://wawmrec.com). Register today!

# JOIN HIGH SCHOOL ATHLETICS!



**CENTRAL HIGH SCHOOL FALL SPORTS — DANCE, CHEER, FOOTBALL, GIRLS SWIM AND DIVE, GIRLS TENNIS, GIRLS AND BOYS CROSS COUNTRY, GIRLS AND BOYS VOLLEYBALL, BOYS SOCCER**



**NATHAN HALE HIGH SCHOOL FALL SPORTS — DANCE, CHEER, FOOTBALL, GIRLS SWIM AND DIVE, GIRLS TENNIS, GIRLS AND BOYS CROSS COUNTRY, GIRLS AND BOYS VOLLEYBALL, BOYS SOCCER**



**REGISTER TODAY!**

**REGISTER FOR HALE ATHLETICS**

<http://bit.ly/HaleAthletics>



**REGISTER NOW FOR OUR JR. PROGRAMS!**

**Jr. Huskies**

<https://sites.google.com/wawmsd.org/hale-athletics/links>

**REGISTER FOR WAC ATHLETICS**

<http://bulldogon.com/>



**Jr. Bulldogs**

<https://sites.google.com/wawmsd.org/jrbulldogs/home>



The All is Dance Academy is a non-competitive dance program with a focus on creating an inclusive dance community where all are welcome to dance. It is a studio-like experience without the fees or commitment! Attire, class requirements and etiquette expectations are available online at [wawmrec.com](http://wawmrec.com) on the All is Dance Academy page.

### *Intro: 4-5yrs*

Intro classes are for those who have no previous dance experience. These classes will include a variety of introductory steps for each dance style.

### *Level 1: Beginner 6-17yrs*

If your child is interested in starting dance and has little to no experience, we suggest you enroll your child at this beginner level. This level will include a slow but fun learning curriculum.

### *Level 2: Intermediate 7-17yrs*

This level is for children who are interested in continuing dance and learning new skills at a slightly higher level than the beginner level. The curriculum for these classes includes learning new dance moves, memorizing choreography and following detailed directions.

### *Level 3: Advanced 8-17yrs*

This level is for children who have preferably had some dance experience in the past but are also fast learners. This level includes a faster moving curriculum and involves movement taught from past levels. This level expects dancers to have some dance knowledge, be open minded to trying new things, have music coordination and to be able to memorize choreography.

*See page 49 for adult class offerings!*



**Acro:** Learn the fundamentals of movement, timing and stunts. We will focus on flexibility, body strengthening and stunts.

**Ballet:** Let's start at first position and go from there! Ballet strives to improve coordination, posture and muscle development. Learn basic ballet positions, steps and floor combinations.

**Hip Hop:** Hip hop includes a wide range of styles primarily isolations, popping, voguing, locking and breaking. Dancers learn strong movements that are low and grounded and focus on their center.

**Jazz-Pop:** This upbeat style of dance emphasizes proper body alignment and clean technique. We will include stretch and strength exercises and floor work. Dancers will work on musicality, turns, kicks and jumps.

**Latin Style - Mini Merengue:** Try a variety of Latin dance styles that will focus on the steps and go from there.

**Lyrical:** Dancers will learn a combination of several dance styles from Ballet to Jazz to Contemporary that they will apply to the words of songs to create the beautiful choreography.

**Musical Theater:** Learn choreography that is typically performed by theater performers for their stage act.

**Poms:** Participants will work on techniques that include leaps, jumps, turns and flexibility.

**Tap:** Participants will work on timing and rhythms of tap as well as learning basic combinations while working on developing their coordination and stamina.





Code	Class	Level	Day	Time
415400.01	Ballet	Intro	M	6-6:50pm
415400.02	Ballet	Intro	TH	6-6:50pm
415400.07	Acro	Intro	SAT	12-12:50pm
415500.08	Acro	Level 1/2	SAT	1-1:50pm
415400.04	Ballet	Intro	SAT	10-10:50am
415500.01	Ballet	Level 1	SAT	9-9:50am
415600.01	Ballet	Level 2	SAT	9-9:50am
415700.01	Ballet	Level 3	SAT	12-12:50pm
415400.03	Tap	Intro	SAT	9-9:50am
415500.02	Tap	Level 1	SAT	10-10:50am
415600.02	Tap	Level 2/3	SAT	11-11:50am
415400.05	Latin	Intro	SAT	11-11:50am
415500.09	Latin Style	Level 1/2	SAT	1-1:50pm
415400.06	Poms	Intro	SAT	11-11:50am
415500.06	Pom	Level 1/2	SAT	11-11:50am
415700.02	Poms	Level 3	SAT	1-1:50pm
415500.03	Hip Hop	Level 1/2	SAT	9-9:50am
415500.04	Musical Theater	Level 1/2	SAT	10-10:50am
415500.05	Lyrical	Level 1/2	SAT	10-10:50am
415500.07	Jazz-Pop	Level 1/2	SAT	12-12:50pm

Day	Dates	Location	RES/NR
M	10/7-2/17*	Recreation Center	\$85/\$128
TH	10/10-2/20**	Mitchell Elementary	\$85/\$128
SAT	10/12-2/15***	Mitchell Elementary	\$85/\$128

\*No class 11/25, 12/23, 12/30, 1/6. | \*\*No class 10/24, 11/28, 12/26, 1/2.  
\*\*\*No class 11/30, 12/21, 12/28.

**Costume:** Families should anticipate an additional cost for a costume of approximately \$45-\$70 per class. Costume payments will be due at a later date after registration.

**Recital:** Participants will perform at an end of the year recital scheduled for Friday, February 21 and Saturday, February 22 at Nathan Hale High School. The rehearsal is scheduled for Thursday, February 20. More information to come.

**NEW Middle Eastern Belly Dance 8-12yrs**  
*Kailan Hoerl - Recreation Center*

It's a whole new world! Dancers will enjoy their time dancing in this vibrant environment. Not only will this dance style improve the dancer's coordination, but also their confidence and creativity. The class will focus on combining basic belly dance movements with playful exercises and technique.

Code	Day	Date	Time	RES/NR
415500.10	T	10/8-11/26	6-6:50pm	\$43/\$65

**NEW Kidz Bop 6-12yrs**  
*Mitchell Elementary*

Does your child like to move it? Dancers will be taught dance moves associated with popular Kidz Bop songs. This class is a great way for your child to use their imagination and let their creativity loose as they just dance. **No class 11/27.**

Code	Day	Date	Time	RES/NR
415500.11	W	10/9-12/4	5:30-6:20pm	\$43/\$65

**Dance Session for Solos/Duets 3-12yrs**  
*Diamond Twirlers - Frank Lloyd Wright Intermediate*

Do you like to dance? This session will give you some ideas to create your own dance solo or duet for talent shows or tryouts. Learn some basic moves and a short routine of a few counts. This is another way to get involved with the Diamond Twirlers and to learn more about our Danceline Teams for winter. **No class 11/2.**

*3-6yrs - First time with Diamond Twirlers*

Code	Day	Date	Time	RES/NR
315210.01	SAT	10/26-11/16	11:15-11:45am	\$20/\$30

*1-2 years experience with Diamond Twirlers*

Code	Day	Date	Time	RES/NR
315210.02	SAT	10/26-11/16	9-9:45am	\$20/\$30

*3+ Years experience with Diamond Twirlers*

Code	Day	Date	Time	RES/NR
315210.03	SAT	10/26-11/16	10:30-11:10am	\$20/\$30

**Try It! Baton Twirling 4-10yrs**

*Diamond Twirlers - Frank Lloyd Wright Intermediate*

Ever see a twirler in a parade or at a halftime show? Want to try to see if it is something you would like? Well, let's try it and see! This class is a great way to learn some of the basics and see if you would like it. It's all the fun without the commitment; sign up for one or both sessions!

Code	Day	Date	Time	RES/NR
315210.06	SAT	10/26	9:30-10:15am	\$10/\$15
315210.07	SAT	11/9	9:30-10:15am	\$10/\$15

**Mini Camp for Twirlers 5-12yrs**

*Diamond Twirlers - Frank Lloyd Wright Intermediate*

Looking to further your skills you learned at the Summer Parade Boot Camp or other baton classes, this session looks to add more skills and build off those learned from previous classes. **No class 11/2.**

*1-3 years of experience with Diamond Twirlers*

Code	Day	Date	Time	RES/NR
315210.04	SAT	10/26-11/16	9-9:30am	\$20/\$30

*4+ years of experience with Diamond Twirlers*

Code	Day	Date	Time	RES/NR
315210.05	SAT	10/26-11/16	10:30-11am	\$20/\$30

**NEW** **Swiftie Bash 9-15yrs**  
Recreation Center

It's nice to have a friend and even better when you can sing, dance and craft with them! While we play Taylor Swift's recent concert release, enjoy time to sing along with friends and make your very own friendship bracelets to trade with your besties!

Code	Day	Date	Time	RES/NR
312004.01	F	9/13	6-9pm	\$20/\$30

**NEW** **Creative Writing Club 6-13yrs**  
Afterschool Enrichment Solutions - Recreation Center

"Imagination is more important than knowledge, knowledge is limited. Imagination encircles the world." - Albert Einstein. The Creative Writing Club is designed to ignite the imaginations of young writers, foster their love for language and cultivate their creative expression through exploration of classic literature, inspiring writing exercises, creative language games and collaboration. Students will explore different genres, learn and practice grammatical concepts, develop their writing skills and build confidence in their ability to communicate effectively. Who knows, we may have the next J.K. Rowling in our midst.

Code	Day	Date	Time	RES/NR
304150.01	M	9/23-10/28	6:30-7:30pm	\$125/\$188

**NEW** **Indoor Snowball Fight 5K-5th Grade**  
Recreation Center

It may not be cold enough for an outdoor snowball fight, but we're ready inside! We will use "yarn-like" balls as snowballs as participants spend their time participating in a variety of games such as capture the flag, tag, and more while tossing their "snowballs" around inside. Who's ready for some "snow fun?"

*5K-2nd Grade*

Code	Day	Date	Time	RES/NR
304100.01	F	12/6	5:45-6:30pm	\$5/\$8

*3rd-5th Grade*

Code	Day	Date	Time	RES/NR
304100.02	F	12/6	6:30-7:15pm	\$5/\$8

**RENTALS**

Are you looking for the perfect space for your athletic event, theatre performance, birthday party, shower, meeting or special event? Our district offers state of the art facilities along with professional customer service to suit most events. Contact us at [facilityrentals@wawmsd.org](mailto:facilityrentals@wawmsd.org) or 414-604-4938 for availability and pricing. Visit [wawmrec.com/rentals](http://wawmrec.com/rentals) to download the facility usage request form and to review guidelines.

**NEW** **Smart Start Art 6-13yrs**  
Afterschool Enrichment Solutions - Recreation Center

"Every child is an artist." - Pablo Picasso. Your child will explore their artistic side. They will learn how to draw an array of animals from house pets to sea creatures to farm animals to jungle inhabitants! Discover creativity and imagination as an artist, developing fine motor skills, style and vision as we explore different artistic techniques through a variety of inspiring projects. Sketch and draw, shade and color, cut, glue, fold...create! Your child's imagination will come to life! Learn about great artists from throughout history and the present day, through weekly featured artists and fun exciting games. No experience necessary. Artists really only need creativity and imagination for this class.

Code	Day	Date	Time	RES/NR
304500.01	T	9/24-10/29	6:30-7:30pm	\$120/\$180



**Beginner Chess 7-12yrs**  
WSCF - Recreation Center

Don't be intimidated - we all start out at the beginning! We will focus on the fundamentals of chess. Students will learn opening strategies, the five basic checkmates and focus on good board vision. This class will be a balance of chess play and instruction. At the end of this session, there will be a tournament with trophies and medals. Although this is a beginner class, students will need to come to the first class knowing how to move the pieces. Let's play!

Code	Day	Date	Time	RES/NR
304400.01	W	9/25-11/13	6-7pm	\$82/\$123

**Chess Scholars 6-13yrs**  
Afterschool Enrichment Solutions - Recreation Center

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced coach.

Code	Day	Date	Time	RES/NR
304400.02	TH	9/26-10/31	6:30-7:30pm	\$120/\$180

REGISTER NOW [wawmrec.com](http://wawmrec.com) or **414-604-4900**



### Little Jragons Martial Arts 3-17yrs

Jason Jordan - Recreation Center

Martial arts can help build character qualities such as confidence, leadership, respect and discipline. Classes are designed to improve large and fine motor skills while enhancing their ability to focus and follow directions. **No class 11/26.**

#### 3-4yrs

Code	Day	Date	Time	RES/NR
304101.01	T	9/10-10/15	5-5:30pm	\$49/\$74
304101.04	T	10/29-12/10	5-5:30pm	\$49/\$74

#### 5-6yrs

Code	Day	Date	Time	RES/NR
304101.02	T	9/10-10/15	5:30-6pm	\$49/\$74
304101.05	T	10/29-12/10	5:30-6pm	\$49/\$74

#### 7-17yrs (Parents may register to participate too!)

Code	Day	Date	Time	RES/NR
304101.03	T	9/10-10/15	6-6:45pm	\$56/\$84
304101.06	T	10/29-12/10	6-6:45pm	\$56/\$84



The WAWM RCS Department works hard to make sure we provide the community with **NEW AND EXCITING** classes from season to season! Take a look throughout the guide to find our BRAND NEW classes this fall!

### Let's Code It 6-13yrs

Afterschool Enrichment Solutions - Recreation Center

Your child will have a blast designing video games and animations in this exciting STEM program. Our innovative approach to coding is sure to spark your child's interest in computer science, using a kid-friendly, intuitive, web-based platform called Tynkert. The fun-filled curriculum hones important skills related to problem solving, attention to detail, creativity, storytelling and critical thinking. Class topics include conditional statements, cloning, variables, loops, control structure, object-oriented design and data structures.

Code	Day	Date	Time	RES/NR
304401.01	SAT	9/28-11/2	10-11am	\$125/\$188

**VIRTUAL**

### Vamos a Comer 5K-5th Grade

Futura Language Professionals - Live Zoom

Studies show that children learn another language more easily when it is a topic that they find fun and interesting. This year's series incorporates useful and exciting Spanish vocabulary, culture, and conversation skills. Students will be introduced to the market experience from Spanish speaking countries, ordering food in a restaurant, and vocabulary to use at mealtime. Don't miss out on this valuable opportunity for your child to practice Spanish in an interactive bilingual classroom! **No class 11/27.**

Code	Day	Date	Time	RES/NR
304501.03	W	10/16-12/11	4:15-5pm	\$150/\$225

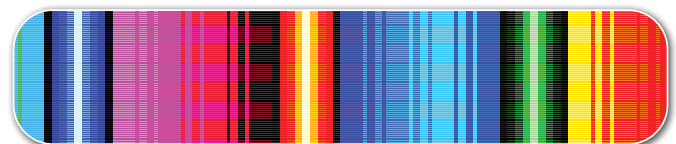
**VIRTUAL**

### Spanish Prep: A Foundation Course! 6th-8th Grade

Futura Language Professionals - Live Zoom

In this engaging class, students will learn essential fundamentals to build a strong base in the Spanish language. Participants will get a jump start preparing for future middle school or even traditional high school Spanish classes. Numbers, alphabet and pronunciation, days of the week, family members, and school vocabulary are just a few of the topics covered! Students will also practice common questions and answers for carrying on small conversations and sentence structure in Spanish. Lessons are dynamic with interactive activities and visuals, along with cultural lessons. Build your student's language foundation - enroll today! Open to new and previous middle school prep participants. Online portal resources and practice tools are included.

Code	Day	Date	Time	RES/NR
304501.04	M	10/21-12/9	3:30-4:15pm	\$150/\$225
304501.05	M	10/21-12/9	4:45-5:30pm	\$150/\$225



**VIRTUAL** Private Music Lessons 3rd Grade+  
**IN PERSON** Bob or Judy Halat - Frank Lloyd Wright  
*Intermediate or Zoom*

Individual lessons are designed to help you improve your skills and performance. Lesson times range between 3:15-6:45pm and each lesson is 30 minutes. If you are a first-time musician, trying to get back in tune or are looking to further your musical ability, this is a great opportunity for you. Lessons are for all band instruments, guitar and piano. Bob will contact you prior to your first lesson to schedule a time. **No lessons 11/1, 11/29.**

Code	Day	Date	Time	RES/NR
317100.01	M	9/9-10/14	3:15-6:45pm	\$100/\$150
317100.02	M	10/21-11/25	3:15-6:45pm	\$100/\$150
317100.03	T	9/3-10/8	3:15-6:45pm	\$100/\$150
317100.04	T	10/15-11/19	3:15-6:45pm	\$100/\$150
317100.05	W	9/4-10/9	3:15-6:45pm	\$100/\$150
317100.06	W	10/16-11/20	3:15-6:45pm	\$100/\$150
317100.07	TH	9/5-10/10	3:15-6:45pm	\$100/\$150
317100.08	TH	10/17-11/21	3:15-6:45pm	\$100/\$150
317100.09	F	9/6-10/11	3:15-5:45pm	\$100/\$150
317100.10	F	10/18-12/6	3:15-5:45pm	\$100/\$150



**Hot Wheels 7-12yrs**  
*Pettit National Ice Center Staff - Jefferson Elementary*

Who's ready to roll? Learn the basics of rollerblading which includes how to be safe while blading, transitioning from a v-walk to a basic stride and much more. We will practice stopping, skating backwards and turning. Safety equipment (helmet, wrist guards, elbow and knee pads) and roller blades will be provided.

Code	Day	Date	Time	RES/NR
304105.01	TH	9/5-9/19	6:30-7:15pm	\$20/\$30

**American Red Cross Babysitting 10+yrs**  
*Recreation Center*

Babysitting is one of the most important jobs a young person will ever have. Babysitting can be a lot of fun but the responsibility of it should never be taken lightly. This program is based on these essential themes: Leadership, Safety and Safe Play, Basic Care and First Aid (including rescue breathing). Upon completion of this course, you'll receive a valid certificate.

Code	Day	Date	Time	RES/NR
304602.01	M	9/23	8:30am-3pm	\$80/\$120

**NEW** Sweet Creations 5K-6th Grade  
*Melissa Piselli - Recreation Center*

Have a sweet tooth? Well, let's get into the kitchen and make something sweet! Bakers will learn to read recipes, work on measurements and follow directions to create yummy sweets. Cupcakes, chocolate covered pretzels and more will be the main focus in this series. Who's ready to jump into the kitchen and start baking?

**Sunflower Cupcakes**

*5K-2nd Grade*

Code	Day	Date	Time	RES/NR
304300.01	SAT	9/14	11am-12:30pm	\$25/\$38

*3rd-6th Grade*

Code	Day	Date	Time	RES/NR
304300.02	SAT	9/14	1-2:30pm	\$25/\$38

**Mummy & Frankenstein Cupcakes**

*5K-2nd Grade*

Code	Day	Date	Time	RES/NR
304300.03	SAT	10/12	11am-12:30pm	\$25/\$38

*3rd-6th Grade*

Code	Day	Date	Time	RES/NR
304300.04	SAT	10/12	1-2:30pm	\$25/\$38

**Turkey Pretzel Rods**

*5K-2nd Grade*

Code	Day	Date	Time	RES/NR
304300.05	SAT	11/9	11am-12:30pm	\$25/\$38

*3rd-6th Grade*

Code	Day	Date	Time	RES/NR
304300.06	SAT	11/9	1-2:30pm	\$25/\$38

**Snowmen & Santa Cupcakes**

*5K-2nd Grade*

Code	Day	Date	Time	RES/NR
304300.07	SAT	12/21	11am-12:30pm	\$25/\$38

*3rd-6th Grade*

Code	Day	Date	Time	RES/NR
304300.08	SAT	12/21	1-2:30pm	\$25/\$38



## Nerf Nites

*Milwaukee Area Nerf Outings Staff - Recreation Center*

Who's ready to wreak some havoc? The night will consist of a variety of games, such as Capture the Flag, Zombies, Wingman and more! We will provide the foam darts and rival foam balls but participants must bring their own blasters that are compatible. Eye protection will be provided as well. Who's ready to have some fun?

*6th-12th Grade*

Code	Day	Date	Time	RES/NR
304609.01	F	9/27	6-7:30pm	\$10/\$15
304609.02	F	10/25	6-7:30pm	\$10/\$15
304609.03	F	11/15	6-7:30pm	\$10/\$15
304609.04	F	12/13	6-7:30pm	\$10/\$15

*Family - 3rd Grade+*

Code	Day	Date	Time	RES/NR
304609.05	SAT	10/26	2-3:30pm	\$10/\$15



## **NEW** Korean Face Masks (Tal) Making 5-10yrs

*SeonJoo So Oh - Recreation Center*

Come explore Korean culture while creating beautiful Tal. Tal is a Korean face mask used to celebrate and to tell stories of Korean Culture. Supplies for the class can be purchased at the first day of class from the instructor.

Code	Day	Date	Time	RES/NR
304510.01	M	10/7-10/28	5-6pm	\$20/\$30

## **NEW** Acting Workshop 2nd-12th Grade

*First Stage - Recreation Center*

Lights, camera, action! In this workshop, students will explore acting in fun and creative ways. We will create stage pictures to tell stories while exploring vocal and physical choices when creating characters. Performers will work on cooperation, collaboration and concentration to tell stories. If your child is interested in acting, this is a great starter workshop for them.

Code	Day	Date	Time	RES/NR
312006.01	W	9/11-10/2	6-6:45pm	\$30/\$45

## **NEW** Improv 2nd-12th Grade

*First Stage - Recreation Center*

No need to memorize lines, it's all about thinking quickly on your feet. Students will create original characters and act without a script in this class. Collaboration and imagination take center stage as the main skills of focus for the students. This is a great opportunity for your child's imagination to go wild!

Code	Day	Date	Time	RES/NR
312006.02	W	10/16-11/6	6-6:45pm	\$30/\$45



## **NEW** Story Drama 4K-2nd Grade

*First Stage - Recreation Center*

Let's bring some of our favorite picture books to life through creative play. We will read the picture book together followed by acting out the story. If your child enjoys being the center of attention, this class has the space for them to shine!

Code	Day	Date	Time	RES/NR
312006.03	W	9/11-10/2	5-5:45pm	\$30/\$45

## **NEW** Choose Health: Food, Fun Fitness 3rd-5th Grade

*Foodwise/UW Extension Staff - Recreation Center*

Healthy living is composed of three things: food, fun and fitness. The combination of those three things makes healthy choices come easy. In this fun class, we will go over a variety of healthy choices while engaging the participants. Each class will be composed of a healthy lesson, a food activity and a physical activity such as tag, relay races, etc. Who's ready to get active and healthy?!

Code	Day	Date	Time	RES/NR
304303.01	T	9/17-10/22	6-7pm	\$20/\$30

## **NEW** Teen Cuisine 6th-12th Grade

*Foodwise/UW Extension Staff - Recreation Center*

Who's ready for some fun in the kitchen? In this hands-on teen cooking class, students will learn kitchen safety while preparing nutrient-dense food and snacks. We will also go over reading food labels, MyPlate and how to incorporate it in our meal planning, reading recipes and safe food preparation practices. Teen Cuisine is a great start to healthy eating for the future.

Code	Day	Date	Time	RES/NR
304303.02	T	10/29-12/3	6-7pm	\$20/\$30

## Kid Cuisine 5K-5th Grade

*Recreation Center*

Help your child learn to navigate their way around the kitchen. Each week a new cooking experience will be presented demonstrating tasty and healthy eats. Our chefs will prepare and eat what they create, giving them a feeling of satisfaction and accomplishment. We will also cover cooking terms, measuring, manners and kitchen safety.

*5K-2nd Grade*

Code	Day	Date	Time	RES/NR
304301.01	M	9/9-10/21	5:45-6:45pm	\$40/\$60

*3rd-5th Grade*

Code	Day	Date	Time	RES/NR
304301.02	M	11/11-12/16	5:45-6:45pm	\$40/\$60



## Kids Creative Crafts 5K-5th Grade

Noreen Murray

This class is designed for all young artists and craft enthusiasts, but is especially perfect for those enrolled in the Action 330 program. This course is an engaging and hands-on exploration of the world of art and crafting. Through a variety of fun and age-appropriate projects, children will learn valuable skills, boost their self-expression and develop a lifelong love for creating beautiful things.

**Time: 3:45-4:45pm • Price: \$5 RES/\$8 NR**



### Make Your Own Paper Plate Flower Weaving

Code	Day	Date	Location
304405.11	T	11/5	Mitchell
304405.12	TH	11/7	Irving
304405.13	T	11/12	Walker
304405.14	TH	11/14	Franklin
304405.15	M	11/18	Jefferson

### Make Your Own Plastic Bottle Wind Spiral

Code	Day	Date	Location
304405.01	M	9/16	Mitchell
304405.02	T	9/17	Walker
304405.03	TH	9/19	Irving
304405.04	M	9/23	Jefferson
304405.05	TH	9/26	Franklin

### Make Your Own Mini Canvas Ornaments

Code	Day	Date	Location
304405.16	T	12/3	Mitchell
304405.17	TH	12/5	Irving
304405.18	T	12/10	Walker
304405.19	TH	12/12	Franklin
304405.20	M	12/16	Jefferson

### Make Your Own Tin Foil Embossing

Code	Day	Date	Location
304405.06	T	10/8	Mitchell
304405.07	TH	10/10	Irving
304405.08	T	10/15	Walker
304405.09	TH	10/17	Franklin
304405.10	M	10/21	Jefferson





## MEET NOREEN!

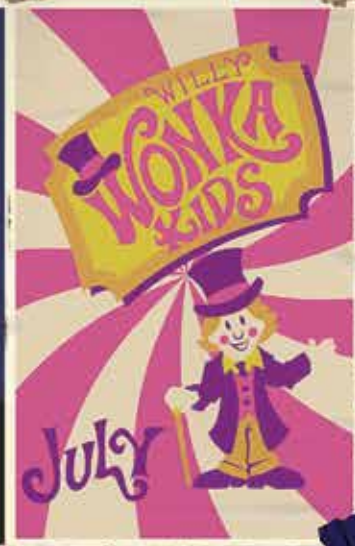
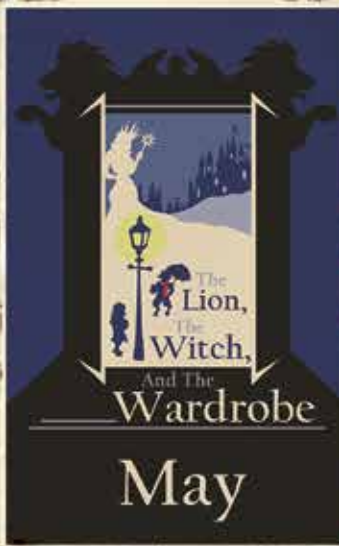
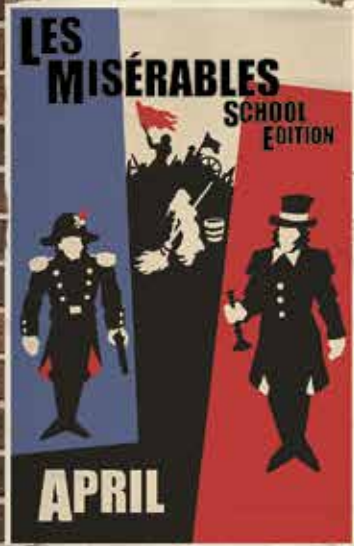
Noreen has worked with the WAWM RCS Department for 19 years. She loves working with kids and making crafts. In her free time, Noreen enjoys baking, cooking, gardening and spending time with family and friends.



# BIRTHDAY PARTY PACKAGES

Celebrate your birthday with the WAWM RCS Department! Our birthday party hostess will make sure your special day is a memorable one. Visit our website at [wawmrec.com/events/birthday-packages](http://wawmrec.com/events/birthday-packages) to learn about what packages we offer.

**For more information:**  
**[bdaypartypackage@wawmsd.org](mailto:bdaypartypackage@wawmsd.org)**  
**414-604-4951**



**WAWM Youth Theater**  
**3rd Season**

*A Season of Classic Stories*

For audition info or show updates, scan here or visit [wawmtheater.com](http://wawmtheater.com)

WAWM Youth Theater is open to all 3rd-12th grade school district residents including those who attend a parochial school, private school, home school or public school outside the district that does not offer a theater program.



# Mother/Son Homecoming Dance 4+yrs

Recreation Center



Come dressed in your formal wear for an evening full of music and laughter. Enjoy a sit-down dinner prior to dancing the night away. This will be a night that you and your young gentleman can look back on and share the special memories together! This event is for any mother figure or guardian with a child. Pricing is per couple. \$10 for an additional adult/child.

**318003.01 Saturday, September 21 6-8pm**  
**\$20 RES/\$30 NR per couple**

FREE

# TREATS & TREASURES

3-10yrs

## Nathan Hale High School Parking Lot

Ready for a spook-tacular good time? Come dressed in your Halloween costume and “Trunk & Treat” through our not so spooky event. Trick or Treaters will stop at a variety of local businesses and groups who will be providing treats and treasures for your child. Each Trick or Treater must be registered for the event. **This is a free event for WAWM residents only.**

318100.01	SAT	10/26	10-10:30am
318100.02	SAT	10/26	10:30-11am
318100.03	SAT	10/26	11-11:30am
318100.04	SAT	10/26	11:30am-12pm



Are you a local business or organization who really enjoys Halloween and are looking for a chance to be more involved in our community? We are looking for businesses or organizations to help create “treat stops” at Treats and Treasures. If interested, please scan the QR code.



FREE

# PUNKIN CHUNKIN'



## Central High School Practice Football Field

Come dressed in your Halloween costumes and bring your pumpkins to a smashing good time. We will have music, food trucks and a variety of stations to help you get rid of your pumpkins. Activity stations will include: pumpkin bowling, pumpkin smashing and much more! Bring as many pumpkins as you wish to smash and families can use as many stations as they wish. Stomp'em, squish'em, throw'em, bat'em and more. Your family will have a blast at this Halloween party!

**Thursday, October 31 5-7pm**



# 2025

# Noon Years Party! 4+yrs

## Recreation Center

HAPPY NOON YEARS! Celebrate the New Years with your family and friends. The event will include a variety of family activities and a balloon drop at noon. Come enjoy the fun and experience of midnight at noon!

318200.01 Tuesday, December 31 10am-12pm

\$5 RES/\$10 NR\*

\*per person



FREE

NEW



# KINderMarket

Recreation Center

Thursday, December 5

6:30-8:30pm

Holiday craft fair for kids created by kids! Kids are the sellers in this KInDerMarket! Stop by the Recreation Center to browse and shop handmade items that are both crafted and sold by children. Open to the public and no registration is needed. Cash only for craft purchases. Santa will be here too!

## KID CRAFTERS NEEDED! *6+yrs*

Does your child enjoy making holiday cards, friendship bracelets, or other craft projects? Sign up to have a booth at our first-ever KInDerMarket. Crafters will learn first-hand about business while selling their crafts. Sign up today for your booth and further directions will be shared via email for our crafters.

**Code: 318400.01**

# PUZZLE PALOOZA 18+YRS

## Recreation Center

This puzzle challenge will surely be a thrilling one! Individuals or teams of four will compete to finish the same 500 piece puzzle the fastest. The first 3 teams will receive a prize. Although this competition may be about who finishes their puzzle first, it's really about having fun with your friends or family. Sign up as a team or individual and we will make sure your team will be ready to go! We promise there will be no missing pieces.



### Individual

Code	Day	Date	Time	RES/NR
316000.01	SAT	11/16	1-3pm	\$5/\$8
316000.03	SAT	12/21	1-3pm	\$5/\$8

### Team of Four

Code	Day	Date	Time	RES/NR
316000.02	SAT	11/16	1-3pm	\$20/\$30
316000.04	SAT	12/21	1-3pm	\$20/\$30

# THE ARTISAN EMPORIUM

## Recreation Center

Join us for an unforgettable day of creativity, community and craftsmanship at the WAWM RCS Department's First-Ever Craft Fair! This vibrant event is the perfect opportunity to discover unique, handmade treasures and support local artisans. Explore a diverse array of booths featuring talented artists and crafters showcasing their finest work. Whether you're shopping for one-of-a-kind gifts or simply looking to enjoy a day out, the Artisan Emporium promises a delightful experience for all ages.

**Saturday, October 12 | 9am-3pm**

**Fair Admission: \$5/person**

ACTION PROGRAM REGISTRATION IS NOW OPEN! ENROLL TODAY!

## AM Action

AM Action is centered around three main ideas: fitness, literacy and fun. AM Action will focus on keeping your child active through fun, physical activities along with the educational value of taking time each morning to improve literacy.

**Yearly Program Fee:** \$340 (see below for payment information)

**Time:** 7-8:30am

**Program Structure**

7-8am*	Fun fitness activities
8-8:15am	Breakfast (depending on school)
8:15-8:25am	Literacy (silent reading, partner reading, read aloud)
8:25-8:30am	Clean up and line up
8:30am	Dismissal to class (4K/5K students will be walked to their classroom)

\*All students must arrive at the program by 8am.



## Action 330

The goal of Action 330 is to help children learn and grow through structured play and activities in a fun, inclusive, caring and safe environment. We aim to accomplish this goal by offering a wide range of activities, games, social interaction and academics for each child. Students will be placed into groups by grade/age and will stay with that group each afternoon through rotations. We encourage all students to stay for the duration of Action 330 so that they are able to take part in all rotations.

**Yearly Program Fee:** \$448 (see below for payment information)

**Time:** 3:30-5:30pm

**Program Structure**

3:30-3:45pm	Check in/snack (provided)
3:45-3:50pm	Daily schedule overview and rotations
3:50-4:20pm	Rotation 1 (active games, arts/crafts, academic enrichment)
4:20-4:50pm	Rotation 2 (active games, arts/crafts, academic enrichment)
4:50-5:20pm	Rotation 3 (active games, arts/crafts, academic enrichment)
5:20-5:30pm	Clean up and dismissal



## 2024-2025 School Year Action Program Payment Options

### Payment Option 1:

You may pay for the year in full at the time of registration. This would secure your child's spot in the program for the year.

### Payment Option 2:

You may elect to make four quarterly payments throughout the school year to cover the program fee. This option provides you the flexibility to enroll for a quarter at a time, however does not guarantee a spot in the program for future quarters.

### Quarterly payments: AM Action - \$85 Action 330 - \$112

\*\*Programs can fill to capacity prior to these dates\*\*

1st quarter payment due to attend first day of school: Wednesday, August 28 - 5pm

2nd quarter payment due: Thursday, November 7 - 5pm

3rd quarter payment due: Friday, January 24 - 4pm

4th quarter payment due: Wednesday, April 9 - 5pm

- Program capacity maximums are based on availability of staff and space.
- Failure to meet payment deadlines will result in your child being unenrolled from the program.
- Late payments (after the listed payment due dates) will result in a one-day waiting period for your child to attend the program again.
- Once a quarter begins, no refunds will be given.
- It is recommended that you pay for quarters prior to the due date as programs typically fill.
- Action programs are open to all school district residents including those students who attend a parochial school, private school, home school or public school outside of the district.
- Please see the Parent Handbook found online at [wawmrec.com](http://wawmrec.com) for any questions regarding policy and procedure.



# Non-School Day Camps 4K-5th Grade

## Mitchell Elementary

Does your child spend days off of school playing video games or bored around the house with nothing to entertain them? The WAWM RCS Department will offer a series of day camps when school is not in session for all students 4K-5th grade. Camp hours are 7am-5:30pm and will be held at Mitchell Elementary. These camps are packed full of fun engaging activities, games and crafts to make sure that the day is not wasted, but rather days that your children look forward to! Camp specific information, such as themes, meals and any pertinent information will be provided directly to you via email two weeks prior to the camp date.

- September: 23
- October: 11
- November: 1, 4, 5, 27
- December: 13, 23, 27, 30
- January: 27
- February: 17, 18
- March: 7, 24-28, 31
- April: 1

### Fee

\$30 RES/\$45 NR per day



## The West Allis-West Milwaukee Recreation & Community Services Department is HIRING!

### WHO ARE WE?

We offer recreation opportunities and serve our West Allis-West Milwaukee community in a variety of ways. How do we do this all? With your help!

### WHY WORK FOR US?

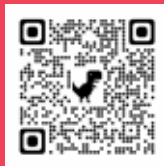
With activities from sports, art/music, cooking, fitness, aquatic lessons and so much more, there is something for everyone and every age. With your employment, you can make a difference in someone's life, build meaningful relationships and make an impact in your community...and do this all while having fun and getting paid!

### HOW DO I APPLY?

Ready to join the WAWM RCS Team? Go to [wawmrec.com/employment](http://wawmrec.com/employment) or scan the QR codes. Apply today and join the pride in working for the West Allis-West Milwaukee Recreation & Community Services Department!



Action Application



General Employment Application



9 out of 10 staff that are a part of our team believe that they contribute to a broader purpose. Be the difference for someone else today!

Questions? [wawmrec@wawmsd.org](mailto:wawmrec@wawmsd.org) | 414-604-4900



# ***Haunted Honey Creek***

***Friday, Oct. 25*** ☠ ***5-9 p.m.***

***Honey Creek Park & Cemetery • 8405 W. National Ave.***

***[www.WestAllisWI.gov](http://www.WestAllisWI.gov)***



**WEST MILWAUKEE**

**VILLAGE OF WEST MILWAUKEE**

**4755 W. BELOIT ROAD**

**WEST MILWAUKEE, WI 53214**

**TELEPHONE (414) 645-1530**

**FAX (414) 671-8089**

**[www.westmilwaukee.wi.gov](http://www.westmilwaukee.wi.gov)**

**[www.visitwestmilwaukee.org](http://www.visitwestmilwaukee.org)**



**THE VILLAGE OF WEST MILWAUKEE SUPPORTS OUR WAWM RECREATION DEPARTMENT**

## Recreational Adult Day Program (RAD) 18+yrs

### Recreation Center

The RAD Program serves adults 18 years and older with disabilities. This program aims to help participants learn and grow in the areas of daily living, personal, social, vocational, leisure and recreational skills. The RAD program meets Monday-Friday from 9am-3pm at the Recreation Center with multiple community outings throughout the month. **Please note:** this program is currently at capacity with a waitlist; however, if you are interested in learning more, or would like to set up a tour, please contact Linda at [gritl@wawmsd.org](mailto:gritl@wawmsd.org) or 414-604-4911.

## Homecoming Dance 18+yrs

### Recreation Center

Join us for a night of great food, amazing music and even better friends. We will have a light dinner from 5:30-6:15pm followed by music and the dance. Dress to impress and dance the night away!

Code	Day	Date	Time	RES/NR
313020.01	F	9/20	5:30-8pm	\$20/\$30



## Monster Mash 18+yrs

### Recreation Center

Monsters, superheroes and princesses unite for this fun costume party and dance. We will have great music, dancing, refreshments and plenty of fun to go around! At the end of the night we will have prizes for the best costumes!

Code	Day	Date	Time	RES/NR
313020.02	F	10/25	6-8pm	\$10/\$15

## Mini Golf Outing 18+yrs

### Big Putts Mini Golf: 4251 S. 27th St., Greenfield

Let's get together for a fun afternoon of mini golf! This 18-hole indoor course is great for all abilities and no prior experience is required. When we are finished with golf, we can play arcade games and have a snack.

Code	Day	Date	Time	RES/NR
313010.01	SAT	11/16	12-2pm	\$25/\$38

## Movie Outing 18+yrs

### Marcus Ridge Cinema: 5200 S. Moorland Ave., New Berlin

There's nothing quite like watching an exciting blockbuster movie with your friends! Meet us at Marcus Ridge Cinema to enjoy an afternoon out. We will let you know which movie we will be watching the week before the outing. Please bring additional money for concessions.

Code	Day	Date	Time	FEE
313400.01	SAT	12/14	1pm	\$20

## Cooking Classics 18+yrs

### Recreation Center

Join us for a morning of working on our skills in the kitchen! We will discuss kitchen safety as we work together to prepare our meal for the class. Afterwards, we will have time to socialize with our friends and enjoy the meal together.

Code	Day	Date	Time	RES/NR
313100.01	SAT	10/12	10am-12pm	\$20/\$30
313100.02	TH	11/21	10am-12pm	\$20/\$30





**MAKER'S SPACE**

**HOURS:**  
 Monday - Thursday: 9 am - 7 pm  
 Friday: 9 am - 3 pm  
 Saturday and Sunday: 9 am - 1 pm

**AGE REQUIREMENTS**  
 5th grade and under with adult  
 6th grade and above must have school ID card

All ages are welcome at the Maker's Space!

Use this shared space to create anything you can think up! Materials are donated on a regular basis, or bring your own supplies.

This is a FREE space.

We can't wait to see what you create!

# SAVE THE DATE!

3rd Annual Disability and Accessibility Resource Fair  
 Tuesday, October 15, from 5-7pm  
 at the Recreation Center.



## Cornhole League

*Recreation Center*

Cornhole is indoors for the fall. Cornhole is a great way to get active and have fun doing it! Teams will get the opportunity to play two games each day. If you are signing up as an individual, don't worry, we can pair you up when you arrive. Meet new people and get some exercise at the same time!

Code	Day	Date	Time	RES/NR
330501.01	TH	9/12-11/14	10:30-12pm	\$30/\$45

**NEW**

## Badminton League

*Activity & Fitness Center*

Looking for a fun and social game that is also a great workout? Badminton is that game! For this league you can register for singles, doubles or both. If you are interested in registering as an individual and being paired with a teammate, please contact Linda at 414- 604-4911.

**No league 11/29.**

*Singles*

Code	Day	Date	Time	RES/NR
330502.01	F	10/11-12/20	10-11:30am	\$20/\$30

*Doubles - Fee is for you and your partner!*

Code	Day	Date	Time	RES/NR
330502.02	F	10/11-12/20	11:30am-1pm	\$40/\$60

## Indoor Pickleball League

*Recreation Center*

Who's ready for some pickleball fun? You will be guaranteed at least two games per week. Price is based on two participants. If you are interested in registering as an individual and being paired with a teammate, please contact Linda at 414- 604-4911.

Code	Day	Date	Time	RES/NR
330500.01	T	10/8-12/10	11:30am-1pm	\$40/\$60

## Badger Game

Fall is football season and we will be traveling to Madison to cheer on the Wisconsin Badgers as they take on the South Dakota Coyotes. Wear Wisconsin red and jump around to a Wisconsin victory! Make sure to dress for the weather as we will not be sitting in a covered section. Registration includes transportation and a ticket to the game. Although this is a Young at Heart program, family and friends under the age of 55 are encouraged to join!\*

Code	Day	Date	Time	RES/NR
330600.01	SAT	9/7	12:30-6:30pm	\$76/\$114

**\*Trip will depart from and return to the Recreation Center.**



## Six Pillars of Brain Health

*AARP Staff - Recreation Center*

In this interactive session you will learn about the six pillars of brain health, activities that support brain health and hopefully be inspired by others. This session is a good overview for anyone interested in learning more about brain health and will provide you with information on the latest research on brain health, lifestyle suggestions and resources to learn more.

Code	Day	Date	Time	RES/NR
330002.01	F	11/8	10-11am	\$5/\$8

## Decluttering and Downsizing: You Can't Take It with You

*AARP Staff - Recreation Center*

Having too much stuff can impede people from relocating or getting health care into their homes. This engaging presentation explores why stuff is so important for some people and teaches practical, easy-to-follow tips on downsizing and decluttering. Learn how to get started!

Code	Day	Date	Time	RES/NR
330002.02	F	12/6	10-11am	\$5/\$8



**August 24th**  
*Western Lakes Golf Club*

## FIRST-EVER CHAMPION FOR A CHILD GOLF OUTING

*For sponsorship information or to register your foursome, please visit our website for more info.*





# HEALTH FAIR

AT THE WEST ALLIS  
SENIOR CENTER

Flu Clinic  
Memory Screeing  
Blood Pressure Screening  
Many More!

FRIDAY,  
OCTOBER 18  
12 - 4 PM

**FREE TO ALL**

7001 W National Ave  
West Allis, WI 53214  
414-302-8700



## WEST ALLIS SENIOR CENTER OPEN HOUSE

Friday, September 24  
11 AM - 4 PM  
Crafts, Door Prizes, and Fun For All!

# 2024/25 ENROLLMENT NOW OPEN

REGISTER YOUR CHILD NOW  
FOR 3K THRU 8TH GRADE!



## Your Kids Deserve **the Best** EDUCATION

- Christ-Centered
- Nationally Accredited
- Exceeds Expectations rating from Wisconsin D.P.I.
- Small class sizes
- Co-curricular and extracurricular opportunities in athletics and fine arts



**Graduates are well-prepared for the expectations of high school**



**Participant in Wisconsin and Milwaukee Parental Choice Programs**

To schedule a tour call (414) 541-6251 or [principal@splcwa.org](mailto:principal@splcwa.org).



# WALK WITH US!

**There are many perks of walking/running at the Recreation Center**

Controlled Temperature • Smooth Walking Surface • Convenient Hours • Water Bottle Filling Station  
A Safe Place to Get Your Steps In • Bathrooms Available • Walk With Friends or Walk Alone

**For current track hours and closures, please visit our website at [wawmrec.com](http://wawmrec.com).**

<b>PASSES</b>	<b>Ages 5-14, Seniors 55+, Military</b>	<b>Ages 15-54</b>	<b>Non-Residents</b>
Daily Pass	\$2	\$3	\$6
30 Visit Pass	\$40	\$60	\$120
Yearly Pass	\$125	\$150	\$300

To purchase a Daily Pass, 30 Visit Pass and Yearly Pass Memberships, you will need to provide an acceptable form of residency verification. This includes: drivers license, mortgage statement or property deed statement, closing statement for purchase of a home, signed lease, current utility bill (gas, water/sewer, electric), auto or health insurance statement, homeowners or renters insurance statement.

## Check out these walking track bonus features

Stationary Bike • TRX Bands • Weights • Kettlebells



### QUESTIONS:

[wawmrec.com](http://wawmrec.com)/414-604-4900/[wawmrec@wawmsd.org](mailto:wawmrec@wawmsd.org)



**The WAWM RCS Department is currently offering pickleball, badminton, volleyball and basketball open gyms.**

**TO VIEW OUR CURRENT OPEN GYM SCHEDULE, PLEASE VISIT OUR WEBSITE AT [WAWMREC.COM](http://WAWMREC.COM) AND CLICK ON “OPEN GYM”.**

<b>FEES (CASH ONLY)</b>	<b>RESIDENTS</b>	<b>NON-RESIDENTS</b>
Youth (Residents Only)	\$2	—
Adults (19-54yrs)	\$5	\$8
Seniors (55+yrs)	\$2	\$4
Police, Fire & Military (Current or Former)	\$1	\$1

\*Punch cards (good for 5 visits) are available for purchase Monday-Thursday between 8am-5pm and Friday between 8am-4pm. Punch card purchases can be made with credit/debit card, cash or check.\*

## **General Rules**

- Open gym attire and clean tennis shoes are required.
- Participants may be asked to leave if they display inappropriate behavior.
- Participants must bring their own volleyballs or basketballs.
- Pickleball equipment will be provided.
- 6-10yrs, 11-14yrs and high school open gyms are reserved for residents only.



## Senior Morning Stretch

Betty Marr - Recreation Center

Stretch out and learn how to help keep your muscles toned without aerobic exercise. Start your day off with a fun class, great music and a total body stretch. **No class 11/29.**

Code	Day	Date	Time	RES/NR
308008.01	M	9/9-10/21	9-9:45am	\$21/\$32
308008.03	M	10/28-12/16	9-9:45am	\$24/\$36
308008.02	F	9/13-10/25	9-9:45am	\$21/\$32
308008.04	F	11/1-12/20	9-9:45am	\$21/\$32

## Chair Yoga For Seniors

Betty Marr - Recreation Center

Chair Yoga is designed to meet the specific needs of seniors and is structured to benefit everyone at any level of health and fitness. Class will include a combination of stretching and breathing exercises designed to relieve stress, calm the mind and increase mobility, balance and body awareness. The yoga poses used are adapted for seniors and are done either standing or seated.

Code	Day	Date	Time	RES/NR
308001.01	W	9/11-10/23	9-9:45am	\$21/\$32
308001.02	W	10/30-12/18	9-9:45am	\$24/\$36

## Strength and Conditioning for Everyone

Lori Witmer - Recreation Center

Learn to safely execute strengthening exercises for the whole body. We will use body weight, dumbbells, bands and balls which will be provided for you.

**No class 12/2, 12/3, 12/9, 12/10.**

Code	Day	Date	Time	RES/NR
308815.01	M	9/9-10/21	10:45-11:45am	\$28/\$42
308815.03	M	10/28-12/16	10:45-11:45am	\$24/\$36

*These sessions have more emphasis on cardiovascular exercise and you must be stable on your feet.*

Code	Day	Date	Time	RES/NR
308815.02	T	9/10-10/22	8:30-9:30am	\$28/\$42
308815.04	T	10/29-12/17	8:30-9:30am	\$24/\$36



## Urban Poling Workshop

Mary Wood - Recreation Center

Think cross-country skiing without the skis. The workout with Urban Poles has toning, calorie-burning and posture benefits. You will use 90% of your muscles which provides both cardiovascular and strength training. Benefits of Urban Poling are improved balance and confidence, elevated mood, off loading painful joints and increased stamina. Join this workshop and try out these patented, evidence-based ACTIVATOR Poles. This class is suitable for people who enjoy walking or would like to walk further, have hip and knee osteoarthritis, pre or post hip and knee replacement surgery, post spinal stenosis surgery, with conditions that affect your balance (aging, Parkinson's, MS, Stroke) or who walk year round at the WAWM indoor track. Poles will be provided for this workshop, with options to purchase your own from the instructor. If you purchase poles from the instructor, a \$10 credit will be applied to the \$110.00 purchase price of the poles. You must attend one class to receive this discount price.

Code	Day	Date	Time	RES/NR
308121.01	W	9/18	1-2:30pm	\$20/\$30
308121.02	W	10/16	1-2:30pm	\$20/\$30
308121.03	W	11/13	1-2:30pm	\$20/\$30



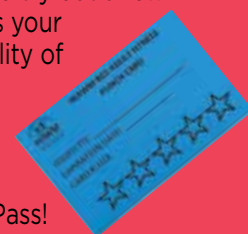
RESIDENTS NON-RESIDENTS

**\$25 \$40**

Good for 5 visits and is valid for one year after the purchase date.

## ADULT FITNESS PUNCH PASS

Can't make it to every class of a session? Want to try out a few different classes to see what they're all about? Is your schedule unpredictable and you need the flexibility of dropping in when you can? The WAWM RCS Department has Adult Fitness Punch Passes! Visit [wawmrec.com/adult/fitness](http://wawmrec.com/adult/fitness) for more important information on how to use your pass and how to purchase your Adult Fitness Punch Pass!



### Beginner Yoga

Betty Marr - Walker Elementary

This beginner yoga class is not only for beginners but anyone seeking to deepen their knowledge of yoga postures and breathing techniques.

Code	Day	Date	Time	RES/NR
308110.01	M	9/9-10/21	6:15-7pm	\$21/\$32
308110.03	M	10/28-12/16	6:15-7pm	\$24/\$36
308110.02	W	9/11-10/23	6:15-7pm	\$21/\$32
308110.04	W	10/30-12/18	6:15-7pm	\$24/\$36

### Hatha Yoga

Relax and refresh your body, mind and spirit while practicing Hatha style yoga. With an emphasis on proper alignment, you will be able to safely build a stronger core and increase flexibility and balance. All levels of experience are welcome!

No class 11/28.

Crystal Perry - Walker Elementary

Code	Day	Date	Time	RES/NR
308110.07	T	10/1-12/17	6-7:15pm	\$60/\$90

Richard Tarney - Recreation Center

Code	Day	Date	Time	RES/NR
308110.05	M	9/9-10/21	5:30-6:30pm	\$28/\$42
308110.08	M	10/28-12/16	5:30-6:30pm	\$32/\$48
308110.06	TH	9/12-10/24	5:30-6:30pm	\$28/\$42
308110.09	TH	10/31-12/19	5:30-6:30pm	\$28/\$42

### MEET ALICE!



Alice is a certified Usui Reiki Master/Teacher and has been practicing since 2013. It is through her practice of reiki that she became interested in the fascinating study of the chakra system. Through hands-on experience, intense observation and study, she has come to understand and appreciate the influence our energy bodies have on physical, emotional and spiritual interactions in our interpersonal relationships and society at large.

### My Chakras; What Are They and Where Do I Find Them

Alice Morrison - Recreation Center

We all know that we have an amazing and complex physical body but are you aware of your equally amazing and complex energy body? In this class, we will explore our seven main energy centers, referred to as the major chakras, and learn how they influence our decisions, life patterns and health. Together we will practice some basic techniques to assist in balancing and maintaining a healthy energetically flowing chakra system.

Code	Day	Date	Time	RES/NR
308040.01	TH	9/19-11/7	6-7pm	\$40/\$60

### Energizing Morning Yoga

Jim Neiman - Recreation Center

The focus of this class is to reduce stress and increase your strength, balance and flexibility at the beginning of your day. Yoga will help improve the things you enjoy - walking, running, sports, dancing or exercise classes. Give it a try and you will notice a positive difference in your health and well-being.

No class 10/1, 11/26.

Code	Day	Date	Time	RES/NR
308110.10	T	9/10-10/22	9-9:45am	\$30/\$45
308110.11	T	11/5-12/17	9-9:45am	\$30/\$45

### Early Evening Yoga

Jim Neiman

Reduce mental stress from the day. Work your core, hips, back and legs. You will feel better physically and mentally!

No class 10/1, 10/3, 11/26, 11/28.

WAWM Activity & Fitness Center

Code	Day	Date	Time	RES/NR
308110.12	T	9/10-10/22	4:30-5:15pm	\$30/\$45
308110.14	T	11/5-12/17	4:30-5:15pm	\$30/\$45

Mitchell Elementary

Code	Day	Date	Time	RES/NR
308110.13	TH	9/12-10/24	4:30-5:15pm	\$30/\$45
308110.15	TH	11/7-12/19	4:30-5:15pm	\$30/\$45



### Saturday Morning Energizing Yoga

Jim Neiman & Betty Marr - Recreation Center

Start your weekend by reducing stress while increasing strength, balance and flexibility. Yoga will help you enjoy the rest of your weekend plans. No class 10/5, 11/30.

Code	Day	Date	Time	RES/NR
308110.16	SAT	9/14-10/26	9:30-10:15am	\$30/\$45
308110.17	SAT	11/9-12/21	9:30-10:15am	\$30/\$45



### Body Ball/Pilates

Mary Bockhorst - Recreation Center

Develop long, lean muscles without building bulk by focusing on the body's core to assist in the distribution of strength. The use of a body ball will increase strength and flexibility, improve posture and decrease stress.

Code	Day	Date	Time	RES/NR
308300.01	T	9/10-10/22	6-7pm	\$32/\$48
308300.02	T	10/29-12/17	6-7pm	\$32/\$48

### Sculpt, Strength and Stretch

Karen Lawton - Recreation Center

Come improve your body composition, strength, endurance, flexibility and balance. Emphasis is on sculpting the muscles of the arms, back, chest, abdominal, gluteal and legs through body weight exercises and using hand weights and other fitness equipment during floor and standing routines. **No class 11/27.**

Code	Day	Date	Time	RES/NR
308130.01	W	9/11-10/23	6-7pm	\$28/\$42
308130.02	W	10/30-12/18	6-7pm	\$28/\$42

### Line Dance Fitness

Vicki Franolucci - Irving Elementary

Come join us for some fun exercise and learn awesome line dances. You can Wobble, Slide, Hustle, Cha Cha and Tush Push those calories away! No dance experience needed. You will learn these dances as we go. Come prepared to have a good time, laugh and love every minute of this cardio class.

Code	Day	Date	Time	RES/NR
308230.01	T	9/10-10/22	6-7pm	\$28/\$42
308230.02	T	10/29-12/17	6-7pm	\$32/\$48

### Hypefusion

Tasha Seals - Recreation Center

In this class, the first half is cardio and the second part is for strength conditioning followed by stretching/cool down. For strength, various equipment is used like weights, bands and sometimes your own body weight. This class is for all skill levels and can accommodate all fitness types. In Hypefusion, you'll challenge yourself with a full-body workout, so prepare to get hyped! **No class 11/28.**

Code	Day	Date	Time	RES/NR
308136.01	TH	9/12-10/24	6-7pm	\$28/\$42
308136.02	TH	10/31-12/19	6-7pm	\$32/\$48



Perfect for everybody and every body! Each Zumba® class is designed to bring people together to sweat it out. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Super fun? Check and check. A total workout, combining elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Dina Sharafinski - Activity & Fitness Center

Code	Day	Date	Time	RES/NR
308100.01	M	9/9-11/14	6-7pm	\$36/\$54

Mike Krajewski - Frank Lloyd Wright Intermediate

Code	Day	Date	Time	RES/NR
308100.02	T	9/10-10/29	6-7pm	\$32/\$48
308100.05	T	11/12-12/17	6-7pm	\$24/\$36

Kayla Glainyk - Irving Elementary

Code	Day	Date	Time	RES/NR
308100.03	W	9/11-10/23	6-7pm	\$28/\$42
308100.04	W	10/30-12/18	6-7pm	\$32/\$48



### Turn Up Fitness Dance

Shawna Jesse - Recreation Center

This isn't just a workout program. It's a rapidly growing women's movement where we push limits and barriers that we have set for ourselves. We come together as women and empower one another to be multifaceted, to make ourselves a priority, to stop playing small and to live the lives we desire. We simply use fitness to move us forward. These workouts are intense, fun and life-changing, incorporating HIIT (high intensity interval training), strength training and dance! You will be challenged, but you will embrace it and as you step outside of your comfort zone with the turn up squad... and step into your girl power like never before!

Code	Day	Date	Time	RES/NR
308137.01	M	9/9-10/21	5:30-6:30pm	\$28/\$42
308137.02	M	10/28-12/16	5:30-6:30pm	\$32/\$48

### Crunch Time

Betty Marr - Walker Elementary

Trim your midsection and increase your strength. Power packed exercises in just 30 minutes!

Code	Day	Date	Time	RES/NR
308805.01	M	9/9-10/21	5:30-6pm	\$14/\$21
308805.03	M	10/28-12/16	5:30-6pm	\$16/\$24
308805.02	W	9/11-10/23	5:30-6pm	\$14/\$21
308805.04	W	10/30-12/18	5:30-6pm	\$16/\$24

### POUND®

Becca Whiting - Recreation Center

POUND® is a full-body cardio jam session, combining light resistance with constant simulated drumming. The workout fuses cardio, Pilates, strength movements, plyometrics and isometric poses. Through continual upper body motion using lightly weighted exercise drumsticks called Ripstix, you'll turn into a calorie-torching drummer, POUNDing off pounds as each song flies by!

Code	Day	Date	Time	RES/NR
308602.01	M	9/9-10/21	6:30-7:30pm	\$28/\$42
308602.02	M	10/28-12/16	6:30-7:30pm	\$32/\$48



### Thriller Workshop

Dana Peck - Recreation Center

Don't let the title "scare" you, this is one thrilling workshop! Learn the original choreography from Thriller! No dance experience is necessary. We will break down every step. Zombie costuming is encouraged but not required. We will end the workshop by performing the whole dance.

Code	Day	Date	Time	RES/NR
308204.01	SAT	10/19	1-3pm	\$10/\$15



### MEET GREG!

Greg Scribner is the newest Spin Instructor with the WAWM RCS Department. He has been doing spin classes for 13 years. Greg enjoys the outdoors and watching Wisconsin sports teams. His classes are designed for more advanced riders with a strength and endurance portion.

### Group Cycling

Madison Elementary

Spin your way into fitness! Group cycling will help you burn calories, build strength and gain endurance. Your instructors will take you on a ride using varying pedaling speed and resistance through hills, sprints and drills all while listening to fun music. These indoor cycling classes are designed for all fitness levels.

Melissa Olenchek

Code	Day	Date	Time	RES/NR
308400.01	SAT	9/7-12/21	9-9:45am	\$48/\$72
308400.02	M	9/9-12/16	5:45-6:30pm	\$45/\$68

Greg Scribner - Advanced strength and endurance workout

Code	Day	Date	Time	RES/NR
308400.03	W	9/11-12/18	6-7pm	\$60/\$90



# Thank YOU

Mike Hanrahan for your dedication in teaching Group Cycling for our department. We wish you the best of luck!

## Adult Golf Lessons

*Jim Rewolinski - Sunnyslope Golf Course - 4285 S. Sunnyslope Rd., New Berlin*

Fore! Is that a common phrase in your golf game? No worries, professional golf instructor, Jim Rewolinski, will cover the fundamentals and then some to help you shape your golf game for the season. Please bring your own clubs. Participants will be responsible to purchase practice balls (small: \$10, medium: \$12, large: \$14). Practice ball dispenser vending machine only accepts exact cash amounts or credit/debit cards. Minimize your "duff" shots by joining us! These lessons are for all skill levels. For weather cancellations, please call Jim at 414-427-9650.

Code	Day	Date	Time	RES/NR
307600.01	M	9/9-10/14	5:30-6:30pm	\$30/\$45



## Adult Volleyball Leagues

*Frank Lloyd Wright Intermediate - 10-week league*

Teams wishing to play both sessions are encouraged to sign up for both sessions at once to qualify for a discount. Leagues tend to fill up quickly for both sessions, so register early! **No matches 1/20.**

**Returning team registration now open.**

**New team registration begins: Monday, August 12**

*Fee for Both Sessions: \$750 RES/\$800 NR*

*Fee for One Session: \$400 RES/\$450 NR*

*Co-Ed*

Season	Day	Date	Time
Fall	M	9/9-11/11	6:15-9:15pm
Winter/Spring	M	1/6-3/17	6:15-9:15pm

*Women's Competitive*

Season	Day	Date	Time
Fall	T	9/10-11/12	6:15-9:15pm
Fall	W	9/11-11/13	6:15-9:15pm
Winter/Spring	T	1/7-3/11	6:15-9:15pm
Winter/Spring	W	1/8-3/12	6:15-9:15pm

*Women's Recreational*

Season	Day	Date	Time
Fall	W	9/11-11/13	6:15-9:15pm
Fall	TH	9/12-11/14	6:15-9:15pm
Winter/Spring	W	1/8-3/12	6:15-9:15pm
Winter/Spring	TH	1/9-3/13	6:15-9:15pm

*Men's*

Season	Day	Date	Time
Fall	TH	9/12-11/14	6:15-9:15pm
Winter/Spring	TH	1/9-3/13	6:15-9:15pm



## Men's Basketball Leagues

*Dottke High School - 10-week league*

**Registration is now open.**

Day	Date	Time	RES/NR
M, T, TH	9/23-12/12	6:15-10:15pm	\$550/\$600

## Men's Fall Softball Leagues

*WA Athletic Complex - 6-week league*

**Registration is now open.**

Day	Date	Time	RES/NR
T, TH	9/3-10/10	6:15-9:15pm	\$240/\$290



## Adult Co-Ed Soccer League

*WA Athletic Complex - 8-week league*

Soccer is the most popular sport in the world, so we are bringing it to West Allis for a fun recreational league for adults. Teams consist of 11 players with at least 5 women.

Day	Date	Time	RES/NR
W	9/18-11/6	6:15-9:15pm	\$320/\$370



**STAY TUNED**  
for more  
announcements  
to celebrate our  
**50th Annual  
Tournament!**

## WAWM RCS Department's 50th Annual Alumni Basketball Tournament

Calling all graduates from West Allis Central, Nathan Hale, West Milwaukee or James E. Dottie High School, get your team together and enter the 2024 Alumni Basketball Tournament! You do not have to be a former player on your high school team. All graduates are invited to play. Players need to be a graduate of one of our district high schools. This year's basketball tournament will be held on December 26 and 27 at Central High School and the cost is \$30 per team. If you are interested, please contact Amanda Schwitchenberg at [schwitchenberga@wawmsd.org](mailto:schwitchenberga@wawmsd.org) or visit the Adult Sports League page at [wawmrec.com](http://wawmrec.com) to complete an online registration form.



### The Men's Basketball tournament will be comprised of three divisions:

- Division I will be made up of teams graduating from the same high school and may combine two consecutive years from 2014-2024.
- Division II will be made up of teams graduating from 2002-2013. Teams must be formed from the same high school and may combine any years.
- Division III, 2001 and earlier, teams may combine as many years as needed and will play a halfcourt 3 v. 3 format.

## Cooking with Staci Joers 14+yrs

*Recreation Center*

Instructor Staci Joers has an Associate's Degree from MATC in Restaurant and Hotel Cooking. She has had the privilege of working with many great chefs. Staci will demonstrate how to prepare these recipes and you will observe and sample. **Please note, this is not a hands-on cooking series.**

### Tex Mex

Tex Mex is a blending of Northern Mexico and Southern Texas flavors and was perfected in the San Antonio area. The menu features some of the favorites of this worldly cuisine such as Loaded Guac with Grilled Corn and Bacon; Shredded Beef Chimichangas with Green Chile Sauce served with Sweet Corn Cake; and Chocolate and Chile Chess Pie. Don't miss out on this fun night!

Code	Day	Date	Time	RES/NR
306000.01	T	9/10	6:30-8:30pm	\$30/\$45

### Splendiferous Stromboli

Learn the art of making a beautiful stromboli! It's easier than you think and the filling options are endless. They are like a deluxe pizza, all rolled up like a burrito. Perfect for a busy weeknight. Staci will prepare several strombolis using a variety of dough so that you can choose your difficulty level. The sampling menu includes: Classic Stromboli with Salami, Capicola and Mozzarella using homemade dough; Ham, Egg and Cheese Breakfast Stromboli with Chives using a store-bought dough; and Cinnamon Roll Dessert Stromboli with Vanilla Bean Glaze using Puff Pastry. That's right, strombolis aren't just for dinner!

Code	Day	Date	Time	RES/NR
306000.02	T	10/15	6:30-8:30pm	\$30/\$45

### Impress Your Guests

Hosting may be a daunting task and you may want to order take-out, but Staci has a variety of recipes that will impress your guests but also won't intimidate you. Show off your culinary prowess with these flavorful recipes like, Endive Salad with Toasted Walnuts, Bosc Pears, Shaved Parmesan and White Balsamic Vinaigrette; Pork Piccata with Lemon and Capers in Tangy Butter Sauce, Roasted Green Beans with Shallots and Sliced Almonds; and Upside-Down Apple Blackberry Cake with Semi-homemade Salted Honey Ice Cream. Doesn't that sound fancy?

Code	Day	Date	Time	RES/NR
306000.03	T	11/12	6:30-8:30pm	\$30/\$45

### Recipe Classics

Who's ready to taste the fine cuisines from France and Italy? Staci has put together a menu of classics but with an American twist. The tasting menu includes: Arancini di Riso (fried risotto fritters) with five-minute marinara, Beef Bourguignon with Classic Rice Pilaf and Cannoli Pudding with Fresh Berries. It will be a great night to enjoy great food.

Code	Day	Date	Time	RES/NR
306000.04	T	12/3	6:30-8:30pm	\$30/\$45



**NEW**

### Freezer Meals

*Shawna Jesse - Recreation Center*

If you're tired of stressing over the question, "what's for dinner?" or often find yourself without a meal plan, then this freezer meal class is for you! Freezer meals make healthy and delicious dinners so much easier. We will provide the ingredients necessary for the freezer bag, as well as necessary supplies such as bags, labels and recipes. The veggies and canned goods will be pre-washed and pre-cut per the recipe requirements. So no cleaning or cutting up is required. Meals average 4-6 servings. Each class will showcase different recipes, so don't hesitate to sign up for one or all of the classes.

Code	Day	Date	Time	RES/NR
306001.01	W	9/18	6-7pm	\$42/\$63
306001.02	W	10/16	6-7pm	\$42/\$63
306001.03	W	11/13	6-7pm	\$42/\$63

### Introduction to Cake Decorating

*Melissa Piselli - Recreation Center*

Ever see a cake at the store and wish you could make that at home? Well, your wish has been granted with this opportunity. Learn the basic techniques in this step-by-step class using buttercream icing to decorate beautiful treats. Techniques include: icing a smooth cake, filling layers, preparing a decorating bag, piping borders and gel transfers. There's no better way to show someone that you care than by making a cake for them.

Code	Day	Date	Time	RES/NR
306002.01	M	10/7-10/28	6-8pm	\$50/\$75

**NEW**

### Eating Smart Being Active

*Foodwise/UW Extension Staff - Recreation Center*

Discovering new recipes, saving time and money and celebrating healthy habits and all great reasons to join. This program is only for SNAP eligible families who have at least one child under the age of 18. If you don't know if you qualify for SNAP, check out this quick and easy SNAP eligibility screener at [www.mrelief.com](http://www.mrelief.com). We will have fun discovering fun and easy ways to prepare healthy foods and snacks for our families.

Code	Day	Date	Time	RES/NR
306715.02	T	10/29-12/10	6-7:30pm	\$20/\$30

**NEW**

### StrongBodies

*Foodwise/UW Extension Staff - Recreation Center*

StrongBodies will catalyze positive change in people of all ages to live stronger, healthier lives by providing knowledge, inspiration, access to programs, and ongoing support. This course is composed of a nutrition component as well as a physical activity for the participants. StrongBodies envisions a diverse community of individuals who are fit, strong, and healthy; in turn, these empowered individuals become agents of change for their families, communities and beyond.

Code	Day	Date	Time	RES/NR
306715.01	T/TH	9/24-11/19	10-11:30am	\$20/\$30

## Adult and Pediatric First Aid/CPR/AED - Blended Learning

Recreation Center

The Adult and Pediatric First Aid/CPR/AED blended learning course equips participants to recognize and care for a variety of first aid, breathing and cardiac emergencies involving adults, children and infants. It is designed for people who need a certification that satisfies OSHA workplace or other regulatory requirements. This class is taught in a blended learning format and the online portion (accessed via mobile desktop or tablet) must be completed prior to attending the instructor-led skills session. Upon successful completion, a valid two-year digital certificate for Adult and Pediatric First Aid/CPR/AED is issued.

Code	Day	Date	Time	RES/NR
306049.01	F	10/4	4-7pm	\$75/\$113
306049.02	TH	12/19	4-7pm	\$75/\$113



**NEW**

### Pet First Aid & CPR Certification 16+yrs

Renee Vanselow - Recreation Center

Do you know what to do in the event of a pet emergency? Learn how to provide support to an injured or ill pet until vet care is available. Learn proper first aid and pet CPR techniques for dogs or cats. Information will be provided about assembling your own pet specific first aid kits, so you are prepared for an emergency. After competition, in accordance with veterinarian reviewed and approved Pro Pet Hero curriculum, you will receive a two-year certification. This class is ideal for pet owners and pet professionals alike and includes hands on practice of skills and digital textbook. All supplies are included.

Code	Day	Date	Time	RES/NR
306201.01	W	10/23	6-9pm	\$100/\$150

**NEW**

### Personal Protection 16+yrs

David Pratt - Recreation Center

Personal protection is a practical and cost-effective self-defense program geared specifically towards busy adults. Effective self-protection techniques are introduced and practiced with the goal of improving both the physical and psychological skills of the participants. The instructor, Dave Pratt, has been involved in martial arts for over 20 years, attaining several advanced rankings along the way.

**No class 11/30.**

Code	Day	Date	Time	RES/NR
306302.01	SAT	9/21-10/26	9-10am	\$20/\$30
306302.02	SAT	11/2-12/14	9-10am	\$20/\$30

## Partner Dance Fusion

Jason Jordan - Recreation Center

Imagine feeling confident to dance with your partner to any music that you hear. Learn one simple step that can be used for swing, salsa, pop, rock, jazz and more. This class will be adapted for all levels. **No class 11/26.**

Partners

Code	Day	Date	Time	RES/NR
306910.01	T	9/10-10/15	6:45-7:30pm	\$98/\$147
306910.03	T	10/29-12/10	6:45-7:30pm	\$98/\$147

Singles

Don't have a partner? No worries, come meet new like-minded people and learn partner dancing. Partners will be rotated if needed.

Code	Day	Date	Time	RES/NR
306910.02	T	9/10-10/15	6:45-7:30pm	\$49/\$74
306910.04	T	10/29-12/10	6:45-7:30pm	\$49/\$74



**VIRTUAL**

### Private Music Lessons

**IN PERSON**

Bob Halat - Frank Lloyd Wright Intermediate or Zoom

Individual lessons are designed to help you improve your skills and performance. Lesson times range between 3:15-6:45pm and each lesson is 30 minutes. If you are a first-time musician, trying to get back in tune or are looking to further your musical ability, this is a great opportunity for you. Lessons are for all band instruments, guitar and piano. Bob will contact you prior to your first lesson to schedule a time. **No lessons 11/1, 11/29.**

Code	Day	Date	Time	RES/NR
317100.01	M	9/9-10/14	3:15-6:45pm	\$100/\$150
317100.02	M	10/21-11/25	3:15-6:45pm	\$100/\$150
317100.03	T	9/3-10/8	3:15-6:45pm	\$100/\$150
317100.04	T	10/15-11/19	3:15-6:45pm	\$100/\$150
317100.05	W	9/4-10/9	3:15-6:45pm	\$100/\$150
317100.06	W	10/16-11/20	3:15-6:45pm	\$100/\$150
317100.07	TH	9/5-10/10	3:15-6:45pm	\$100/\$150
317100.08	TH	10/17-11/21	3:15-6:45pm	\$100/\$150
317100.09	F	9/6-10/11	3:15-5:45pm	\$100/\$150
317100.10	F	10/18-12/6	3:15-5:45pm	\$100/\$150



## Organizing Your Inner Pack Rat

DeAnna Radaj - Recreation Center

Did you know that your stuff is a physical manifestation of your emotional baggage? What do your collections say about where you are currently and where you want to go in your life? We will discuss the psychology of clutter; how to purge; what to do with all that stuff; what to do with out-dated clothes, paper clutter, toys; and how to distinguish between collection and junk.

Code	Day	Date	Time	RES/NR
306506.01	T	9/24	10-11:30am	\$32/\$48
306506.02	SAT	11/2	10-11:30am	\$32/\$48

## Move Your Couch, Change Your Life

DeAnna Radaj - Recreation Center

Have you ever heard of Feng Shui? Here's your chance to make a small change in your living environment that could lead to a huge change in your life. We will discuss the history of Feng Shui: an ancient Chinese science; the three schools of thought; and the Bagua Board and its uses. Participants will gain a basic understanding of the nine Life Areas (Career, Knowledge, Family, Abundance, Success, Relationships, Creativity, Helpful People, Travel and Health). We will discuss how to improve your Feng Shui by using color and the five elements, the "evils" of clutter and how to purge excess baggage and DeAnna's top 10 Feng Shui tips for your home/office.

Code	Day	Date	Time	RES/NR
306506.03	T	10/15	10-11:30am	\$32/\$48

## Watercolor Painting

Diane Ulezelski - Recreation Center

Spark your artistic engagement with this watercolor painting class. Create a foundation for watercolor painting by learning basic watercolor techniques that you can further expand upon in future classes. Who's ready to paint their next masterpiece with us? A supply list will be provided to participants on the first day of class.

Code	Day	Date	Time	RES/NR
306600.01	T	9/10-10/29	6-8pm	\$80/\$120



## NEW Paper Flower Making

SeonJoo So Oh - Recreation Center

Flowers are beautiful and they are even more beautiful in paper form. Create your very own paper flowers under the guidance or renown Korean artist, SeonJoo So Oh. Take time to enjoy the process while appreciating each paper fold. Supplies can be purchased on the first day of class from the instructor.

Code	Day	Date	Time	RES/NR
306502.01	M	10/7-10/28	6:30-8:30pm	\$40/\$60

## Cutting the Cord - Controlling Cable and Internet Costs

C.T. Kruger - Recreation Center

Fees for cable television, home internet, smartphones and streaming services can quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on your devices.

Code	Day	Date	Time	RES/NR
306100.01	M	9/9	6:30-8:30pm	\$22/\$33

## iPad/iPhone - Tips, Tricks and Techniques

C.T. Kruger - Recreation Center

This hands-on class is specific to Apple iPhone and iPad devices. Learn tips, tricks and techniques to navigate, organize, backup and add useful apps to your devices.

Code	Day	Date	Time	RES/NR
306100.02	M	9/16	6:30-8:30pm	\$22/\$33

## The Camera in Your Smartphone

C.T. Kruger - Recreation Center

It's a camera, it's a photo album, it's a television - it's your phone. Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more?

Code	Day	Date	Time	RES/NR
306100.03	M	9/23	6:30-8:30pm	\$22/\$33



## You Have Pictures in Your Camera - Now What?

C.T. Kruger - Recreation Center

We have hundreds - if not thousands - of pictures in our cameras, smartphones and computers. Now what? This seminar teaches techniques to save pictures from cameras and smartphones to a computer, to external devices and to "the Cloud" using Windows 10 PCs.

Code	Day	Date	Time	RES/NR
306100.04	M	9/30	6:30-8:30pm	\$22/\$33

**VIRTUAL**

**Conversational Spanish: Beginner Part 1**

*Futura Language Professionals - Live Zoom*

Always dreamed of learning Spanish or refreshing your high school Spanish? Then this class is for you! The primary focus of the class will be on building conversational tools in Spanish through interactive practice and exercises. Vocabulary topics will include common greetings and introductions, pronunciation, numbers, food, clothing, likes and dislikes. Grammar topics will include subject pronouns, the verb estar conjugation, gender of nouns and plurality. Students will learn to carry on small conversations in Spanish and each class will include interesting cultural anecdotes including Spanish word origin, dialect differences and names in Spanish.

Code	Day	Date	Time	RES/NR
306755.01	M	10/21-11/25	6-7pm	\$110/\$165
306755.02	T	10/22-11/26	6-7pm	\$110/\$165
306755.03	W	10/16-11/20	6-7pm	\$110/\$165

**VIRTUAL**

**Conversational Spanish: Beginner Part 2**

*Futura Language Professionals - Live Zoom*

Learning a language is a lifelong journey and now you are on your way! Keep up the momentum in Beginner Spanish Part 2. Participants will continue with practical conversational components and builder phrases in Spanish enabling them to carry on small conversations related to giving and asking for directions and restaurant conversation. Vocabulary and grammar components will include weather, seasons, dates with months, days of the week, family vocabulary along with the verbs ser and tener conjugations. Culture discussions will include the importance of food, family and friendships in Spanish speaking countries. Applicable to new students and previous Beginner Part 1 Spanish conversation participants.

Code	Day	Date	Time	RES/NR
306755.04	T	10/22-11/26	6-7pm	\$110/\$165

**VIRTUAL**

**Conversational Spanish: Intermediate Part 1**

*Futura Language Professionals - Live Zoom*

¿Hablas un poquito español? Then this course is for you! Intermediate Spanish is specifically designed for the adult learner who has taken some Spanish in the past but wishes to improve conversational skills. Grammar and vocabulary concepts will include present tense AR verb conjugation, infinitive verbs, future tense with the verb IR, adverbs of frequency, useful prepositions and more. Participants will practice conversation skills including learning how to make plans and discussing preferences in Spanish. Culture discussions will cover holiday traditions and celebrations in Spanish speaking countries. Applicable to new students and previous Beginner Spanish Part 1 and 2 conversation participants.

Code	Day	Date	Time	RES/NR
306755.05	W	10/16-11/20	6-7pm	\$110/\$165



**VIRTUAL**

**Conversational Spanish: Advanced Part 1**

*Futura Language Professionals - Live Zoom*

¿Quieres mejorar tu español? Then this is the course for you! This advanced course is for students who have had previous Spanish classes and are looking to take their skills to the next level. Advanced Spanish will focus on the past tense (preterite and imperfect tenses) and more complex grammatical aspects of conversation including verb tenses and conjugations. Students will learn to express things they've done in the past in Spanish as well as broaden their conversational skills. Applicable to new students and previous Intermediate Spanish conversation participants.

Code	Day	Date	Time	RES/NR
306755.06	TH	10/17-11/21	6-7pm	\$110/\$165

**VIRTUAL**

**Spanish for Travel**

*Futura Language Professionals - Live Zoom*

Do you have future aspirations for traveling to a Spanish-speaking country? If so, this is the class for you! Participants learn basic conversation skills to get around a Spanish-speaking country with greater ease. This class will include helpful dialogue, greetings, how to barter at a market and order in a restaurant, and how to ask for simple directions. Each class will include a travel related theme to practice real world Spanish! Applicable to new students and previous Spanish conversation participants.

Code	Day	Date	Time	RES/NR
306755.07	TH	10/17-11/21	6-7pm	\$110/\$165



## Adult Performance Dance Classes

*Mitchell Elementary*

Do you have a passion for dance? Want to meet new people? Want to perform for family and friends? No previous dance experience needed! These classes will focus on form, technique and prepare for an optional end of year performance. The optional End of Season Showcase will be held for dancers to perform for family and friends. More details regarding the Showcase will be shared at classes.

### Tap

Participants will work on timing and rhythms of tap as well as learning basic combinations while working on developing coordination and stamina. **No class 10/24, 11/28, 12/26, 1/2.**

Code	Day	Date	Time	RES/NR
415800.01	TH	9/26-2/6	6-6:50pm	\$85/\$128

### NEW Latin

Try a variety of Latin dance styles that will focus on the steps and go from there. **No class 10/24, 11/28, 12/26, 1/2.**

Code	Day	Date	Time	RES/NR
415800.02	TH	9/26-2/6	7-7:50pm	\$85/\$128

### Ballet

Let's start at first position and go from there! Ballet strives to improve coordination, posture and muscle development. Learn basic ballet positions, steps and floor combinations.

**No class 10/24, 11/28, 12/26, 1/2.**

Code	Day	Date	Time	RES/NR
415800.03	TH	9/26-2/6	8-8:50pm	\$85/\$128

### Jazz

This upbeat style of dance emphasizes proper body alignment and clean technique. We will include stretch and strength exercises and floor work. Dancers will work on musicality, turns, kicks and jumps. **No class 11/27, 12/25, 1/1.**

Code	Day	Date	Time	RES/NR
415800.04	W	10/2-2/5	7:30-8:20pm	\$85/\$128

### NEW Instructional Ballet

*Recreation Center*

Did you know ballet is a great way to stay fit? Ballet focuses on flexibility, posture, strength and endurance which leads to a great work out. We will focus not only on technique but also help dancers further develop their fitness core goals. No previous dance experience is needed.

Code	Day	Date	Time	RES/NR
415800.05	M	10/7-11/25	7-7:50pm	\$43/\$65



### NEW Instructional Tap

*Mitchell Elementary*

Looking to relieve some work stress and have some fun? This class is great for those who have never tap danced before and for those who wish to meet new people. We will go over technique and focus on some fun cardio work as you learn new dance steps. **No class 11/27.**

Code	Day	Date	Time	RES/NR
415800.06	W	10/9-12/4	5:30-6:20pm	\$43/\$65

### NEW Flow Arts: Poi and Hoop

*Marilyn Besasie - Recreation Center*

Dive into the captivating world of flow arts, an unique blend of object manipulation and dance. Explore Poi, the art of swinging tethered balls in beautiful patterns. Learn how to Hula Hoop on the body and off the body, moving to music. Discover how to integrate these elements into your personal expression of dance, meditation or exercise. Free Poi sets provided for class use, but please bring your own hula hoop.

**No class 11/26.**

Code	Day	Date	Time	RES/NR
415800.07	T	9/17-10/22	6-7pm	\$25/\$38
415800.08	T	10/29-12/10	6-7pm	\$25/\$38

### NEW Ballet Barre

*Emma Vlaqc - Recreation Center*

Dance as a workout is nothing new, but barre workouts are a great way to get all your muscles working. The ballet barre workouts have a heavy focus on legs, glutes and the core muscles, so yes, you will get a great bum, and a strong core! This workout will be fun and active.

Code	Day	Date	Time	RES/NR
415800.09	T	10/8-11/26	6:30-7:20pm	\$43/\$65



### Nerf Nites

*Milwaukee Area Nerf Outings Staff - Recreation Center*

Nerf is not just for kids anymore! Join the excitement and enjoy an evening of carefree fun. Revisit your childhood by playing games like capture the flag, zombies and more. Bring your own blaster and we will supply the eye protection and the foam darts. Who's in for the fun?!

Code	Day	Date	Time	RES/NR
306350.01	F	9/27	8-9:30pm	\$10/\$15
306350.02	F	10/25	8-9:30pm	\$10/\$15
306350.03	F	11/15	8-9:30pm	\$10/\$15
306350.04	F	12/13	8-9:30pm	\$10/\$15

# TRIPS | EXPLORING NEW PLACES AND MEETING NEW FACES!

All adult trips depart from the Recreation Center.



## Warrens Cranberry Festival\*

Did you know that the cranberry is Wisconsin's state fruit? Not sure what's so great about cranberries? Join us for the day as we travel to the village of Warrens to experience the 51st Annual Cranberry Festival. The festival offers craft booths, contests, flea markets, marsh tours, food demonstrations and a farmers market.

Code	Day	Date	Time	RES/NR
320005.01	SAT	9/28	8am-8pm	\$50/\$60

**\*If you registered for this trip over the summer, please reach out to our main office at 414-604-4900 as there is an important update regarding this trip.**



## Day Trip to Door County

Enjoy scenic Wisconsin as we venture to beloved Door County for a day of fall celebration. We will travel to Sister Bay by deluxe motor coach bus to join in their festivities of Fall Fest. While enjoying the festival, you can tour local shops for one-of-a-kind finds and restaurants to satisfy your taste buds.

Code	Day	Date	Time	RES/NR
320008.01	SAT	10/19	7:30am-9pm	\$50/\$75



## 78th Annual Chicago Shopping Trip

Come see the holiday sights that Chicago has to offer along the Magnificent Mile. If you don't wish to shop, the theater district is not far from our drop-off location so you can see a show or hop on a train and travel to see the exhibits at the Museum of Science and Industry. A continental breakfast will be served at 7:30am. The trip departs the Recreation Center at 8am and returns at approximately 9:30pm.

Code	Day	Date	Time	RES/NR
320000.01	SAT	11/30	8am-9:30pm	\$35/\$53

## **NEW** North Shore of Chicago Christmas Bakery Tour

All aboard! Join us for our very own Christmas Bakery Tour of the North Shore area of Chicago. We will visit four to five bakeries and shops and at each stop we will receive treats, samples and time to shop. Our trip will also include a generously portioned, sit-down lunch. Enjoy a fully narrated tour of the history of Christmas traditions for a variety of cultural groups such as the Greek, Polish, German, Italian, Irish and Chinese. In addition to visiting adorable bakeries and traveling along the beautifully decorated Sheridan Road, we will drive by the Home Alone house in the Village of Winnetka. There's no better way to spend the holiday season than traveling with friends and family and enjoying delicious baked goods.

Code	Day	Date	Time	RES/NR
321000.01	SAT	12/14	8am-8pm	\$150/\$225

A parent/guardian must accompany anyone under 18 years of age. Reservations are transferable and may be given to another person if you cannot attend the trip. Refunds will be given only if a participant from the waitlist fills your spot.

## Suburban Concert Band

*Nathan Hale High School*

Suburban Concert Band is a community band under the direction of Mark Grauer which is composed of both professional and amateur musicians from West Allis, West Milwaukee and the surrounding greater Milwaukee area. We welcome musicians ages 16 and above, from all communities throughout southeastern Wisconsin. We rehearse at Nathan Hale High School on Thursday evenings from September to May from 7-8:30pm and our Swing Street Big Band rehearses from 8:30-9:30pm.

The band performs four formal concerts throughout the year. In addition, the Concert Band and Swing Street Big Band are proud to represent the City of West Allis in local concerts and parades. Our fall concert for the 2024-2025 band season will be in October (date and location TBD). Please visit our website at [www.suburbanbands.com](http://www.suburbanbands.com) for more information regarding our band and future concerts.

Registration fees are \$10 RES/\$15 NR for a semester or \$20 RES/\$30 NR for the entire year.

Haven't played in awhile? There is no need to worry about an audition—just dust off that instrument and join us for a night of good music.



## Suburban Singers

*Frank Lloyd Wright Intermediate*

Love to sing? Suburban Singers are an adult mixed-voice choral group, ages 18-108 years old, sponsored by the West Allis-West Milwaukee Recreation & Community Services Department. Adults of all voice types and experience levels are welcome to join. Under the direction of Patricia Eby, the choir meets every Tuesday, 7-9pm from September to May with formal concerts in December and May and a cabaret show in February. In the fall, rehearsals begin on Tuesday, September 10. Before registering, new singers are invited to attend an open rehearsal at the start of each semester to meet the choir and try us out! Registration is \$35 RES/\$53 NR for the fall or spring semesters and \$60 RES/\$90 NR for the year. Registration will be available in August through the WAWM RCS Department. For further information email [thesuburbansingers@gmail.com](mailto:thesuburbansingers@gmail.com) or follow us on Facebook.

## West Allis-West Milwaukee Sinfonia

*Frank Lloyd Wright Intermediate*

Sinfonia is a string orchestra for players in high school, college and beyond, who have prior experience playing violin, viola, cello or bass. We welcome string players ages 14-adult from all communities in Southeastern Wisconsin. The ensemble will rehearse at Frank Lloyd Wright Intermediate School on Thursdays, September 19 through May 22 at 7-9pm and will perform one formal concert per semester at Central High School and one at the VA Chapel. Additional community events will be scheduled as needed. Membership fees for the 2024-2025 season are \$35 RES/\$53 NR per semester or \$60 RES/\$90 NR for the year. Email WAWM Sinfonia Director, Mary Pat Michels at [michm@wawmsd.org](mailto:michm@wawmsd.org) for additional information or to help recruit new members. Musicians should email Mary Pat with their name, instrument and contact information when they join so music is ready for them at the first rehearsal.

## West Allis Players

*West Milwaukee Intermediate*

The West Allis Players will be presenting Neil Simon's "The Odd Couple" this October as the group opens its 55th season!

Felix Unger, a fastidious man recently kicked out of the house by his long-suffering wife, moves in with his friend, Oscar Madison, a rather sloppy writer whose wife also gave him the boot. This show is a funny look at two men trying to live together without driving each other crazy. It won many Tony Awards for its efforts. Our show is directed by Ralph Frattura.

Come and experience a great play at the Liberace Auditorium at West Milwaukee Intermediate School. "The Odd Couple" opens in early October. Please visit our website for exact days and times along with ticket information. Tickets will also be available at the door.

Thank you for your ongoing support for the West Allis Players!



## Accident Insurance

The WAWM RCS Department does not provide hospital/medical insurance for people participating in sponsored activities. The Board of Education, School District of West Allis-West Milwaukee, et al does not provide hospital/medical coverage for WAWM RCS Department activities. Participants are encouraged to obtain their own medical insurance.

## Activity Guide

Activity Guides can be viewed at wawmrec.com, at each of the WAWM district schools' offices, WA Health Department, WA Library, WA City Hall and West Milwaukee Village Hall. The WAWM RCS Department publishes 3 activity guides per year which are mailed to WAWM District residents. The Fall Activity Guide is mailed at the end of July, the Winter/Spring Activity Guide is mailed mid-November and the Summer Activity Guide is mailed early April.

## Age Eligibility Verification

All participants must meet the minimum age or grade requirement before the last day of the program. Please do not request to have your child put in a program where they are not age/grade appropriate. The ages/grades are set to ensure the safety and benefit of the participants as well as for staff program planning.

## Americans with Disabilities Act

The WAWM RCS Department complies with the Americans with Disabilities Act (ADA) which prohibits discrimination on the basis of disability. We will make reasonable accommodations to support inclusive recreation participation. Individuals with disabilities are strongly encouraged to contact the WAWM RCS Department at 414-604-4900 in advance of participation regarding accommodation needs.

## Be Our Guest Senior Citizen Pass

Senior passes are available for West Allis-West Milwaukee School District residents who are at least 60 years of age. This pass is a small "Thank You" to our senior citizens who have provided tremendous support for our schools. The pass entitles the holder and a companion to be admitted, without charge, to all athletic events (except WIAA tournament games) and Youth Theater productions. Get your pass at the WAWM RCS Department today!

## Cancellation Deadlines

If a class or activity does not reach its minimum number of participants 5 days before the start of the class, it will be cancelled. If a program is cancelled, you will be offered a credit to your WAWM RCS Department account, we can transfer you to a different activity or refund you.

## Cell Phone Use in Locker Room

In accordance with State Statute 175.22 and WAWM School District Policy po9151, cell phone usage is prohibited in locker rooms with the exception of an emergency situation.

## Child Care

Child care is not provided for adult programs. Children are not permitted to attend adult programs without supervision of another adult who is not actively participating in the program.

## Class Sizes

All programs have a minimum/maximum enrollment number. If we do not meet our minimum requirement 5 days before the start of a class, classes will be cancelled with reimbursements issued or you may transfer to a different class. If a program is full, you can be added to the waitlist and in the event of a participant cancellation or new class creation, you will be contacted.

## Code of Conduct/Participant Guidelines

- Equal Access: No participant shall, on the basis of race, sex, creed, national origin or disability, be denied equal access to programs, activities, services or benefits, or be limited in the exercise of any right, privilege, advantage, or opportunity.
- Behavior: Participants are expected to exhibit appropriate and respectful behavior at all times. The following guidelines have been developed to make recreation department programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by WAWM RCS staff.
- Participants shall:
  - Show respect to all participants and staff.
  - Refrain from harassment which will not be tolerated.
  - Refrain from using foul, derogatory or disrespectful language.
  - Refrain from causing bodily harm to other participants or staff.
  - Show respect for equipment, supplies and facilities.
- Discipline: A positive and progressively appropriate approach will be used. The WAWM RCS Department reserves the right to dismiss a participant. Each situation will be evaluated individually on a case by case basis.

## Confirmation Notices

Your receipt is your confirmation. Please review your receipt to make sure your household information is accurate and the activities you are enrolled in are correct. If your phone number, home address or email address are incorrect or if you were enrolled in the wrong activity, please contact our office. Important program notes, information and reminders will be printed on your receipts.

## Late Registration Policy

There will be no prorating of program fees for late registration after program(s) have begun. Exceptions and other special circumstances may be considered.

## Missed Program Policy

Programs missed for individual absences (i.e. schedule conflict, vacation, etc.) are not "made up" nor may participants attend programs other than for the one they are registered.

## No On-Site Registration

Staff (instructors, building supervisors, coaches, etc.) will NOT accept registration at the program site. Fees must be paid at the office or online prior to participation.

## No Smoking/Alcohol or Facsimiles

The use of all tobacco products and facsimiles or drinking alcoholic beverages on premises owned by the West Allis-West Milwaukee School District is prohibited per state law or as dictated by city ordinance for programs in city parks. Your cooperation in adhering to this law is required.

## Photography Policy

The WAWM RCS Department uses photos of participants for promotional purposes. By registering and/or participating in a WAWM RCS Department program, you have granted us permission to use your photo for promotional purposes, unless you notify our department otherwise.

## Reduced Fees

Persons who feel they are unable to afford the cost of a youth activity may apply for a reduction of fees by providing proof of reduced or waived fees by presenting documentation qualifying for free or reduced school meals.

## Reimbursement Policy:

The policy of the WAWM RCS Department is to reimburse registration fees only under the following circumstances:

1. A reimbursement request form must be completed.
2. 2 business days or more prior to the start of a class/activity, a full refund will be given minus 10% service fee for a refund check or refund back to your credit/debit card. To avoid a service fee, class/activity fee can be credited to your WAWM RCS Department's account for future use.
3. Less than 2 business days prior to the start of a class/activity, but prior to the start of the second half, 50% refund or credit will be given.
4. After the first half of the class has passed, no refund or credit will be given.
5. A full refund or credit will be given when the WAWM RCS Department cancels a class.
6. Separate reimbursement policies apply below. Please call 414-604-4900 for further information.
  - 6a. Adult sports: 50% refund will be given prior to the schedules being printed. No refunds will be given after that occurs.
  - 6b. Trips: Refunds will be given only if a participant on the waitlist fills your spot. Reservations are transferable and may be given to another person if you cannot attend the trip.
  - 6c. Non-School Day and Summer Camps: Cancellations made in advance of 7am on day of camp will receive a refund/credit to your WAWM RCS Department account. Refund/credits will not be available after 7am day of the camp.
  - 6d. Action Programs: After a quarter has started, no refunds will be issued. Future quarters that have not started yet may be refunded. Please see 2 and 3 for information about service fees.

## Residency Verification

The WAWM RCS Department requires residency for first time registrants (Driver's License/State ID, Utility Bill, Lease Agreement, Homeowners or Renters Insurance).

## Resident/Non-Resident Fee Policy

Resident status is for individuals living in the West Allis-West Milwaukee School District and all students enrolled in a West Allis-West Milwaukee public school. Residency is determined by where the participant resides, not where the person paying resides.

## Spectators

One of the fundamental instructional program goals is to provide everyone with a safe, fun and positive learning opportunity with their peers while developing their skills. For these reasons, some classes and programs will not allow spectator:

- Dance/Gymnastics: Information will be distributed to parents/guardians regarding class observation days.
- Parents/guardians are to discuss their child's progress/participation with an instructor before or after class where appropriate.
- Parent/Child Classes: Please make arrangements for siblings as they will not be permitted in the program and they may not be left unsupervised/unattended in hallways, classrooms, locker room areas, etc.
- Adult classes: Please make arrangements for children as they will not be permitted in the program and they may not be left unsupervised/unattended in hallways, classrooms, locker room areas, etc.

## Waiting Areas

Most facilities have a designated spot where parents may wait during classes/programs. Please help us keep the privilege of use of school district facilities by not wandering around the buildings, no food or drink, and please keep siblings supervised at all times.

## Waiting Lists

The WAWM RCS Department will make every effort to accommodate individuals on waiting lists. The waitlist helps us determine the need to add additional class offerings. Please note, being added to a waitlist is not an enrollment in a class. If an opening becomes available you will be contacted by phone.

## Weather Cancellations

For weather related cancellations, please call our weather line at 414-604-4900, option 2. You can follow us on Facebook and Instagram for weather updates @wawmrcs. If news media posts the WAWM School District is closed due to inclement weather, all WAWM RCS Department programs are cancelled as well.

# COMMUNITY RESOURCES

## Proud Sponsors of WAWM RCS Department Youth Sports



## Proud Sponsors of WAWM RCS Department



## We are Proud Members of



**WEST ALLIS - WEST MILWAUKEE  
SCHOOL DISTRICT**

## Superintendent of Schools -

*Dr. Tarrynce Robinson*

## Board of Education -

*Joe Becker, Brendan Burns, Jane Carr, Amy Deal, Brian Keller, Kristen Keyser, Rebecca Lee, Noah Leigh, Jeff Sikich*

**WAWM RCS Department Office:**

2450 S. 68th Street • West Allis, WI 53219

414-604-4900 • wawmrec.com

LOCATION SITES/FIELDS	ADDRESS
Activity & Fitness Center	1300 S. 109th St.
Burnham Pointe Park	6039 W. Burnham St.
Central High School	8516 W. Lincoln Ave.
Dottke High School	7815 W. Lapham St.
Fairview Park	2450 S. 68th St.
Frank Lloyd Wright Intermediate	9501 W. Cleveland Ave.
Franklin Elementary	2060 S. 86th St.
Franklin Fieldhouse	1964 S. 86th St.
Honey Creek Park	8405 W. National Ave.
Horace Mann Elementary	6213 W. Lapham St.
Hoover Elementary	12705 W. Euclid Ave.
Irving Elementary	10230 W. Grant St.
Jefferson Elementary	7229 W. Becher St.
Klantz Park	2601 S. 72nd St.
LaFollette Park	9418 W. Washington St.
Liberty Heights Park	1540 S. 62nd St.
Madison Elementary	1117 S. 104th St.
Mitchell Elementary	10125 W. Montana Ave.
Nathan Hale High School	11601 W. Lincoln Ave.
Pershing Elementary	1330 S. 47th St.
Recreation Center	2450 S. 68th St.
Reservoir Park	9621 W. Lapham St.
Vets Park	6900 W. National Ave.
Walker Elementary	900 S. 119th St.
West Allis Athletic Complex (WAAC)	2606 S. 117th St.
West Milwaukee Intermediate	5104 W. Greenfield Ave.
West Milwaukee Community Center	1345 S. 47th St.
West Milwaukee Park	5000 W. Burnham St.
Wilson Elementary	8710 W. Orchard St.

# WANT TO REGISTER ONLINE?

Want to register online but don't have a WAWM RCS Department account? Head over to our website at [wawmrec.com](http://wawmrec.com) for easy-to-follow directions to get you set up with an account. Online registrations are fast, easy, can be done at any time of day or night, and there are no service fees! If you have any questions, please contact us at 414-604-4900 or [wawmrec@wawmsd.org](mailto:wawmrec@wawmsd.org)

## HAVE YOUR BUSINESS STAND OUT!

We invite you to advertise your business in our activity guide. Our activity guide is sent out three times per year to over 47,000 homes in West Allis, West Milwaukee and surrounding communities. We also reach many others via online access to our activity guide. Prices per issue are listed below:

- Quarter Page: \$75 • Half Page: \$100 • Full Page: \$200

**For more info, contact Shelly Strasser, [stram@wawmsd.org](mailto:stram@wawmsd.org) or 414-604-4937**

SHARE THE LOVE



## HAVE AN IDEA OR TALENT?

We would love to hear from you!  
Call or email with your talent or idea:  
**414-604-4900 / [wawmrec@wawmsd.org](mailto:wawmrec@wawmsd.org)**

## GREAT GIFT IDEA!

Give the gift of fun, fitness, adventure, learning and so much more! Gift certificates can be purchased at the WAWM RCS Department for any denomination. They don't expire and can be redeemed at our office or online. Please note, purchases only accepted with cash or credit card.





# Registration

Please print clearly

Please indicate your relationship to registrant/s

Self   
  Spouse   
  Parent/Guardian   
  Other: \_\_\_\_\_

Name of Person Paying \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Email \_\_\_\_\_

School Child Attends (Required) \_\_\_\_\_

**YES, Please sign me up for the month E-Newsletter! Stay up to date on all the latest WAWM RCS Department News**

Emergency Name & Phone \_\_\_\_\_

Relationship to Registrant/s \_\_\_\_\_

Liability Statement: An adult must sign below. The signature of a parent/guardian is required for youth registration. I, the undersigned or parent/guardian of the individual(s) named below, do hereby agree to indemnify and hold harmless the West Allis-West Milwaukee School District and its employees, officers and agents from and against any and all liability resulting from participation in the activities listed below. I understand that the program(s) in which I am enrolling, like all activity programs, has some inherent risk, for which I agree to assume the liability. Furthermore, the individuals named herein are in good physical health appropriate for the activities in which they will be participating. I understand that the West Allis-West Milwaukee School District does not provide accident insurance.

**Signature** (Participating adult or parent/guardian of minors listed below) \_\_\_\_\_

**YES, I'm interested in coaching youth sports** Required

Name \_\_\_\_\_ Phone \_\_\_\_\_

League \_\_\_\_\_ T-Shirt Size: Adult  S  M  L  XL  XXL

Participants Name (First, Last)	M/F/NB	Birthdate M/D/Y	'24-'25 Grade

Which race/ethnicity best describes you?  Hispanic/Latino     American Indian or Alaska Native     Asian  
 Black/African American     Native Hawaiian     White     Two or more Races     Prefer not to answer

Class Name	Registration Number	Fee
1st Choice:		
Alternate Choice:		

T-Shirt Size (If applicable) Youth:  6-8     10-12     14-16    Adult:  S     M     L     XL     XXL

Participants Name (First, Last)	M/F/NB	Birthdate M/D/Y	'24-'25 Grade

Which race/ethnicity best describes you?  Hispanic/Latino     American Indian or Alaska Native     Asian  
 Black/African American     Native Hawaiian     White     Two or more Races     Prefer not to answer

Class Name	Registration Number	Fee
1st Choice:		
Alternate Choice:		

T-Shirt Size (If applicable) Youth:  6-8     10-12     14-16    Adult:  S     M     L     XL     XXL

Participants Name (First, Last)	M/F/NB	Birthdate M/D/Y	'24-'25 Grade

Which race/ethnicity best describes you?  Hispanic/Latino     American Indian or Alaska Native     Asian  
 Black/African American     Native Hawaiian     White     Two or more Races     Prefer not to answer

Class Name	Registration Number	Fee
1st Choice:		
Alternate Choice:		

T-Shirt Size (If applicable) Youth:  6-8     10-12     14-16    Adult:  S     M     L     XL     XXL

Make check payable to: WAWM RCS Department     Credit Card\*     Check     Cash     Total \$ \_\_\_\_\_

\*Online, In-Person or Phone-in (Visa, Mastercard, Discover)



# YOUR DONATION CAN HELP

According to the National Recreation and Park Association, in the past decade, participation in youth sports has decreased by 8% and the gap is growing, especially for lower income families. Kardys, Jack (2019, October) Leveling the Playing Field for Youth Sports, Parks & Recreation Volume 54 (10). Recent research published by the Rand Corporation confirmed that children from lower income families are less likely to participate in sports. Do you know that over 50% of the students in our district qualify for free and/or reduced meals? This means that their family is living at or below the federal poverty threshold. For a family of four that is an annual income of \$25,750 or less. This leaves little to no discretionary income for a family to enroll their child in youth sports programs or provide safe alternatives for after school activities. In the West Allis-West Milwaukee School District this means that potentially 2,300 students in 4K-8th grade may never have the opportunity to participate in a youth sports program or be actively engaged in an Action program.

Your donation will ensure that students in our community can reap all the benefits that youth sports has to offer or you can ensure that students have a safe place to play and be active during before/after school hours, providing a parent with peace of mind while at school or work that their child is safe and well cared for. No donation is too small and every dollar goes directly toward ensuring that every child has a chance. Prefer to donate online? Go to [wawmrec.com](http://wawmrec.com), click on "register" and then on the "donate now" tab.

Yes, I would like to donate to the WAWM RCS Department Champion for a Child Scholarship Fund

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Donation Amount:  Youth Sports \$ \_\_\_\_\_  Action Program \$ \_\_\_\_\_  Other \$ \_\_\_\_\_

Sport you would like to sponsor: \_\_\_\_\_ (Baseball, Flag Football, Softball, Swimming, Soccer, Tennis, Volleyball)  No preference

School you would like to sponsor an athlete/student at: \_\_\_\_\_  No preference

Thank you for your donation!  
You are a CHAMPION!

Checks payable to WAWM RCS Department or call 414-604-4900 to make your donation.

All donations are tax deductible. Mail to: 2450 S. 68th St. West Allis, WI 53219





# SPONSOR

## GET YOUR BUSINESS NOTICED!

**Support Youth Sports Programs and Special Events in Our Community.**

Demonstrate your commitment to community stewardship by supporting recreation youth sport opportunities for children and community special events in the West Allis-West Milwaukee School District. By doing so, your business will gain valuable advertising exposure while making a difference.

### **BRONZE LEVEL**

Youth Sports - \$125  
Special Events - \$250

- Business Name/Logo on league schedules distributed to all players or event flyers/posters.
- Business Name/Logo in following season activity guide distributed to 47,000+ homes.

### **SILVER LEVEL**

Youth Sports - \$250  
Special Events - \$500

- Business Name/Logo on league schedules distributed to all players or event flyers/posters.
- Business Name/Logo in following season activity guide distributed to 47,000+ homes.
- Business Name/Logo on social media (Facebook, E-Newsletter, Website).

### **GOLD LEVEL**

Youth Sports - \$500  
Special Events - \$1,000

- Business Name/Logo on league schedules distributed to all players or event flyers/posters.
- Business Name/Logo in following season activity guide distributed to 47,000+ homes.
- Business Name/Logo on social media (Facebook, E-Newsletter, Website).
- Business Name/Logo on youth sports league t-shirts (up to 80 players) or on banner at special event for onsite marketing.





Recreation & Community Services Department

2450 S. 68th Street  
West Allis, WI 53219  
wawmrec@wawmsd.org  
Office Hours: M-TH • 8am-5pm  
F • 8am-4pm

Dated Material

**Come visit the BIGGEST chair in West Allis & West Milwaukee!**



**FOR MORE INFORMATION: 414-604-4900**  
To reach our front office staff..... press "0"  
For weather related cancellations.....press "2"



### Mission Statement

The West Allis - West Milwaukee Recreation & Community Services team, as a department within the school district, inspires and empowers you to be an active lifelong learner through engaging, equitable and accessible programs, services, and opportunities that are a source of pride for our community.