

THIS FALL, 'BACK TO SCHOOL' WILL ALSO MEAN 'BACK TO STUDENT MEAL RATES' FOR NUTRITIOUS SCHOOL MEALS

Schools will transition back to requiring family applications for free and reduced-price meals to meet USDA requirements.



In the 2022-2023 school year, schools are required to return to charging for school meals on the National School Lunch Program (NSLP) based on program eligibility.



All Income Eligible Families Should Complete These Steps:

- As soon as possible, complete the NSLP Application for Free and Reduced-Price School Meals
- Contact your district for where to access an application
- Return the form to the school office or submit online if available electronically
- Watch for notification of eligibility in the mail or in an email
- Familiarize yourself with how your school accepts payment in the cafeteria for meals and a la carte items
- Ask questions! Contact your district with any questions, your school nutrition department is excited to serve you and your student(s).

Why Aren't Meals Free to All Students?

During the pandemic, schools were able to offer no cost meals to all students due to temporary program flexibilities provided by the federal government. These flexibilities have expired, and the U.S. Congress did not provide funding in this year's budget to allow schools to serve free meals to all students in the 2022-2023 school year. Your school nutrition team looks forward to serving healthy, balanced meals to every student in the new school year. These meals offer a good source of nutrition for children.

Why Are Meals Free To All At Other Campuses?

Certain campuses are eligible to participate in the Community Eligibility Provision (CEP). The CEP is a federally funded option that allows all students to eat breakfast and lunch during the school day for free.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

Fraud Hotline: 1-866-5-FRAUD-4 or 1-866-537-2834 | P.O. Box 12847 | Austin, TX 78711
Toll Free: (877) TEX-MEAL | For the hearing impaired: (800) 735-2989 (TTY)

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
Nutrition Assistance Programs



Updated 6/23/2022
www.SquareMeals.org

More Than a School Meal Application!

Submitting your application for the National School Lunch Program (NSLP) can do more than just provide access to free and reduced-price meals. Families must meet eligibility criteria for each program listed. Additional applications may still be needed to secure benefits.

School Meal Application



School Funding

May provide additional funding for state and federal programs and services at your school.



Athletics

May result in free or discounted fees to participate in activities.



Internet Access

May qualify you for discounted rates on internet services.

Turn in your meal application today to take advantage of additional benefits while also helping your school!



P-EBT

Determines eligibility to receive Pandemic EBT benefits.



Academic Tests

May provide reduced registration fees for AP, SAT, and/or ACT tests.



College Application Fees

May qualify you for discounted rates associated with college applications.



School Meals

Establishes eligibility for free or reduced prices on delicious and nutritious meals.



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¡Mucho más que una solicitud de comida escolar!

Su solicitud para el Programa Nacional de Almuerzos Escolares (NSLP) le ofrece más que un simple acceso a comidas gratuitas y de precio reducido. Las familias deben cumplir con criterios de elegibilidad para cada programa. Es posible que se necesiten aplicaciones adicionales para obtener beneficios.

Solicitud de comidas escolares

Fondos escolares

Puede proporcionar financiación adicional para programas y servicios estatales y federales en su escuela.

Atletismo

Puede dar lugar inscripción gratuita o tarifas con descuento para participar en actividades.

Acceso a Internet

Puede dar derecho a tarifas con descuento para servicios de Internet.

Entregue hoy mismo su solicitud de comidas para aprovechar las ventajas adicionales y, al mismo tiempo, ayudar a su escuela.

P-EBT

Determina la elegibilidad para recibir beneficios EBT de la pandemia.

Pruebas académicas

Puede ofrecer tarifas de inscripción reducidas para los exámenes AP, SAT y/o ACT.

Honorarios de solicitud para entrar en la universidad

Puede calificar para un descuento en las tarifas de solicitud de ingreso a la universidad.

Comidas escolares

Ofrece la posibilidad de comidas deliciosas y nutritivas gratuitas o de precio reducido.



DEPARTAMENTO DE AGRICULTURA DE TEXAS
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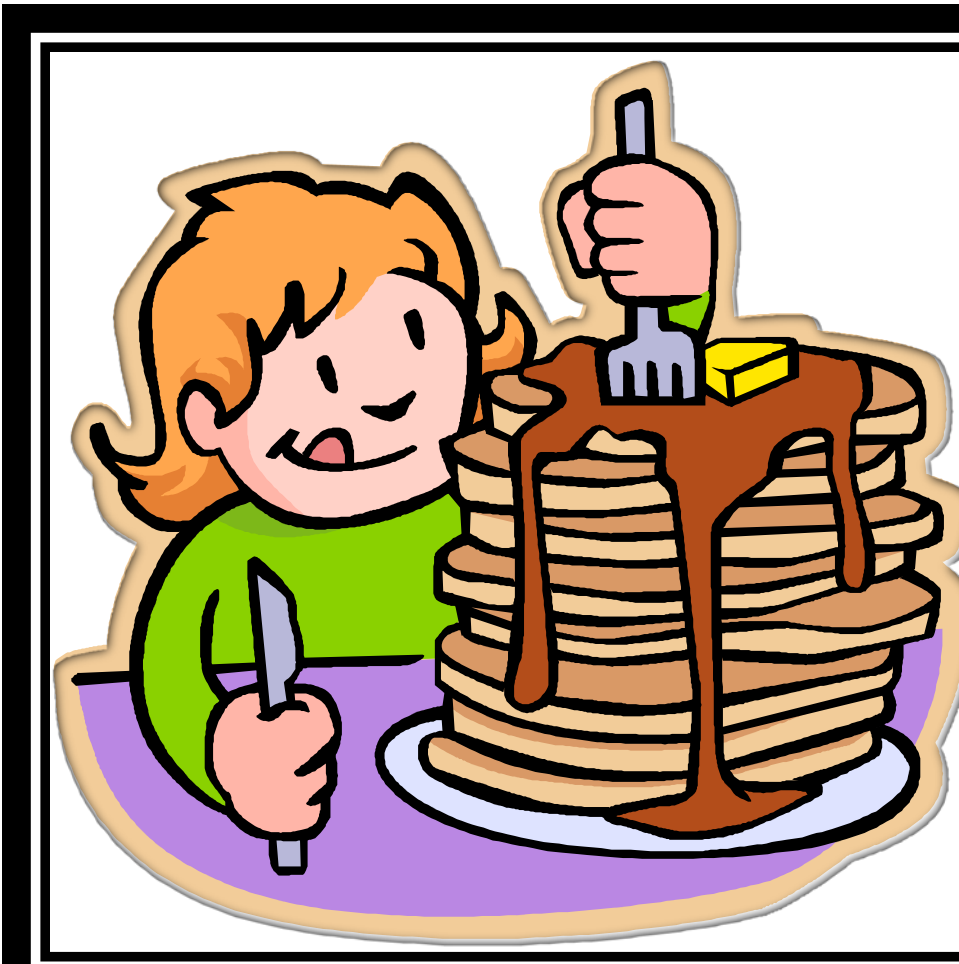


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www.SquareMeals.org



BREAKFAST AT SCHOOL

Right Start with a Healthy Breakfast

Mornings can be really crazy...the alarm doesn't go off...the kids don't want to get up...there's no time to eat breakfast before the bus comes...or they're just not ready to eat. Or maybe your teenager grabs a can of soda and a candy bar on the way to school. If this sounds like your house, we have good news for you.

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Breakfast is served at school!

A nutritious breakfast helps students be more alert so they can learn more in class!

Breakfast at school is affordable!

If you qualify for free or reduced lunches, you also qualify for the breakfast program, with no additional paperwork!

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