



Whole Child Supports Professional Learning Opportunities 2024 - 2025 School Year

Whole Child Support Trainings/Workshops

While Metro RESA collaborates with school district personnel to address most professional learning and training needs, we also offer specialized trainings through our agency that are accessible to educators across multiple districts. These trainings are particularly helpful for districts with only a few schools requesting specific content, making it impractical to conduct a full district-wide training. They are also ideal for educators who missed in-district trainings due to scheduling conflicts. We also welcome individual educators seeking to expand their knowledge and school teams aiming to build capacity in specific areas.

Trainings are offered either virtually or in-person. Please check the location details to determine the delivery mode. Each participant must register on Metro RESA’s website using the provided link for the respective training. Registration typically closes one week prior to the training, though some classes may close earlier. Please refer to the registration description for specific details. Registered participants will receive training details, including materials and virtual meeting links if applicable, at least 48 hours before the event.

Training	Date	Time	Location
Empowering Educators: Mastering Essential Classroom Practices (For Teachers)	Tuesday, July 30, 2024	8:30 am – 3:30 pm	Metro RESA (Register Here)
Recharge! PBIS Tier I Individual Booster	Thursday, August 29, 2024	10:00am – 11:00am	Metro RESA (Register Here)
Empowering Educators: Mastering Essential Classroom Practices (For Instructional Coaches)	Thursday, September 12, 2024	8:30 am – 4:00 pm	Metro RESA (Register Here)
Restorative Practices: Intro, Day 1*	Wednesday, October 2, 2024	8:30 am – 3:30 pm	TBD (Register Here)
Restorative Practices: Circles, Day 2*	Thursday, October 3, 2024	8:30 am – 3:30 pm	(Register Here)
Check In, Check Out (CICO) Implementation	Wednesday, October 9, 2024	8:30 am – 12:00 pm	Metro RESA (Register Here)
OPR: Question, Persuade, Refer	Tuesday, October 22, 2024	9:00 am – 11:00 am	Virtual (Register Here)
Youth Mental Health First Aid	Tuesday, October 29, 2024	9:00 am – 2:30 pm	Virtual (Register Here)

10 Steps to Create a Trauma-Informed and Resilient School, Day 1*	Tuesday, November 19, 2024	8:30 am – 3:30 pm	Metro RESA
10 Steps to Create a Trauma-Informed and Resilient School, Day 2*	Thursday, November 21, 2024	8:30 am – 3:30 pm	(Register Here)
Empowering Educators: Mastering Essential Classroom Practices (For Teachers)	Tuesday, January 14, 2025	8:30 am – 3:30 pm	Metro RESA (Register Here)
10 Steps to Create a Trauma-Informed and Resilient School, Day 1*	Tuesday, February 11, 2025	8:30 am – 3:30 pm	Metro RESA
10 Steps to Create a Trauma-Informed and Resilient School, Day 2*	Wednesday, February 12, 2025	8:30 am – 3:30 pm	(Register Here)
Youth Mental Health First Aid	Tuesday, February 25, 2025	9:00 am – 2:30 pm	Virtual (Register Here)
OPR: Question, Persuade, Refer	Wednesday, February 26, 2024	9:00 am – 11:00 am	Virtual (Register Here)
Restorative Practices: Intro, Day 1*	Thursday, February 27, 2025	8:30 am – 3:30 pm	Metro RESA
Restorative Practices: Circles, Day 2*	Tuesday, March 4, 2025	8:30 am – 3:30 pm	(Register Here)
Youth Mental Health First Aid	Tuesday, April 22, 2025	9:00 am – 2:30 pm	Virtual (Register Here)

**Notates a two-day training series. Those who register must be present for both training days.*

Questions? Please contact Michelle Sandrock, Director of Whole Child Supports at michelle.sandrock@mresa.org