



**CARROLLWOOD DAY SCHOOL
ELEMENTARY FLAG FOOTBALL
2024**

Dear Parents,

Your child is interested in participating in elementary flag football. The elementary flag football is for 1st& 2nd grade and 3rd-5th grade students. The season starts August 26 and ends October 25, 2024. Please see the schedule below.

There is a \$175.00 athletic fee to participate in flag football. The sign-ups for elementary athletics are through Veracross. Please wear CDS appropriate workout shorts and a shirt with tennis shoes. The athletes will receive a dry fit athletic shirt during the season. We will be using the NFL Flag Football elementary school curriculum for our practices.

In order to participate in flag football, students and parents should understand eligibility requirements and information.

- Athletes must demonstrate a cooperative, motivated, well-behaved spirit in all school areas.
- Our goal is developing skills, teamwork, good sportsmanship, and having fun!
- **TeamSnap is the new way that CDS athletics communicates with the teams. You will receive an invitation to TeamSnap. You will need to download the app and accept the invite**

1st & 2nd Grade Flag Football Schedule (Wednesday & Thursday) Practice Time: 3:30-4:30

August 28, 29
September 4, 5, 11, 12, 18, 19, 25, 26
October 2, 3, 9, 10, 16, 17

3rd-5th Grade Flag Football Schedule Practice (Monday & Tuesday) Time 3:30-4:30

August 26, 27
September 3, 9, 10, 16, 17, 23, 24, 30
October 1, 7, 8, 15, 21, 22

Please pick up your athletes at the elementary/aftercare carline starting at 4:30. Athletes who are not picked up within 10-15 minutes of the designated pick-up time will be signed into *After Care*. A parent/guardian must pick them up from *After Care*. There is a fee for *After Care* and will be billed at the end of the month.

We look forward to a super season! Thanks for supporting our elementary athletic program.
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