

# SANTA FE ISD SCHOOL HEALTH ADVISORY COUNCIL MINUTES - MEETING 2

Date: January 25, 2023

Time: 4:00 pm - 5:30 pm

Location: Cowan Administration Training Room

## Minutes

- Welcome and introduction of new members in attendance.
- Review of last meetings minutes - Jodi Nash
- YUM! Nutrition - Cherie Bowers
  - Request of input from committee regarding district's Wellness Policy review
  - Discussion about students being able to request cup for water at lunch instead of taking milk at elementary campuses.
- Health Services - Jodi Nash
  - Community Outreach - It's Time Texas community health challenge
    - Viewing of informational clip that will be presented to students to promote health challenge (<https://www.youtube.com/watch?v=DJfJAGXAXJg>) and copy of promotional flyer distributed.
    - May use website or download app on cell phone. Younger students will need assistance from parent/guardian if participating.
    - Track health data, such as water intake, eating fruits or vegetables, and healthy activities to earn points. Must log health data daily for points; not able to post-date health data entries.
    - Can win prizes for community or school district.
  - Illness/clinic trends and updates
    - Current illness trends in clinic are increase in GI-related illness.
    - Few flu and COVID cases reported to campuses but could be due to parent's/student's not reporting to school or not seeking medical care.
- Counseling Services - Katie Casey
  - Fentanyl poisoning awareness
    - Friendswood ISD is hosting a Fentanyl Poisoning Parent Informational Summit presented by DEA and other collaborators tonight, Jan. 25, at 6:30 pm and providing Narcan to anyone attending in person. Summit will also be available via Livestream on Facebook on @I45NOW or @BAYAREAALLIANCE.
    - Discussion about SHAC members attending/watching if possible and to bring any feedback to next meeting on thoughts about presenting recommendation for SFISD to host a parent summit also.
  - Mental health and wellness updates
    - Sample of a Jr. High Character Strong lesson reviewed.

# SANTA FE ISD SCHOOL HEALTH ADVISORY COUNCIL AGENDA - MEETING 2

Date: January 25, 2023

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## Minutes (continued)

- Curriculum - Kim Ross
  - Review and update of HB 1525
    - SFISD's EHAA Legal and Local policies and sample curriculum distributed for review by committee members. Feedback form provided to note questions, concerns, and key takeaways from documents to bring to next scheduled SHAC meeting.
    - Additional information will be sent via email to committee members.
- Open Forum
  - Brittany Rivers with GCHD presented upcoming community events and reported on success of recent event coordinated by SFISD Social Worker, Lois Jones, busing community members to Coastal Health and Wellness to sign up for benefits and/or appointments.
- Closing thoughts and reminders
  - Review HB 1525 documents and provide feedback at next SHAC meeting.
  - Review district Wellness Policy and provide feedback via email or at SHAC meeting.
  - Friendswood ISD Fentanyl Parent Informational Summit tonight at 6:30 pm - in person or livestream on Facebook; attend if able and provide feedback at next meeting.
  - Discussed Friday Beat as additional resource to assist in guidance of SHAC committee discussions.

## Future Meeting dates

- March 29, 2023
- June 7, 2023