

Wellness Summit Addresses Emotional Health of Students and Staff

San Bernardino County
Superintendent of Schools

Wellness Summit

Addressing the social emotional needs of students and staff

As the COVID-19 pandemic continues to affect the social emotional wellness of our students and staff, fostering a community of support to help address this concern was a top priority at this year's annual Wellness Summit.

More than 300 educators, liaisons, staff and community partners were given the opportunity to learn healthy living techniques as well as participate in breathing and daily stretching exercises to help address their own welfare.

These providers often work with students who are affected by trauma and need support to build on their own resiliency to better serve others.

Serving others also requires listening skills. Participants were captivated by powerful stories shared by students within the SBCSS foster youth services program. They spoke of the difficulties they are currently facing and of the tremendous odds they have overcome.

The summit also included outstanding student performances and motivational speeches from internationally recognized freedom worker, Jaiya John, Ph.D., and the founder and CEO of The Acadami, Ami Davis.

I would like to thank the University of Redlands and our Children Deserve Success Homeless Education and Foster Youth programs for organizing the virtual event.

The annual Wellness Summit brings together educators,

Volume 7, Issue 2

Newsroom Spotlights

Call For Education Medal
Of Honor Nominees



The annual San Bernardino County Education Medal of Honor is seeking nominations for this year's recognition. The deadline to submit entries is Feb. 19.

Learn more.

Call for County
Distinguished Service
Award Nominees

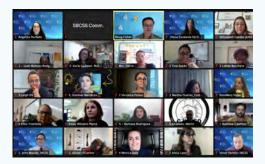


The annual San Bernardino County Distinguished Service Award is seeking nominees for this year's recognition. The deadline to submit entries is Feb. 19.

Learn more.

The Verdict is in - Cajon High Wins 2nd Mock Trial Championship providers and the community to support the needs of students in San Bernardino County. We have a shared purpose and commitment to transform lives through education!

Engagement and Inspiration Emerge from 2nd Annual Bright Spots Multilingual Event



It was impressive to see a great level of engagement and camaraderie present at this year's 2nd Annual Bright

Spots event in San Bernardino County hosted by our Multilingual Education department.

This colloquium offered excellent opportunities for honest open dialogue and sharing best practices for the success of English learners in our region.

Throughout the event, over 100 educators, administrators and partners from neighboring counties participated in six virtual breakout sessions centered on important topics that included the new <u>Cradle to Career Roadmap website</u>, successful steps for dual language immersion and ways to support English learners with disabilities.

It was heartening to see so many participants fully immersed in the discussions affecting our students.

In the afternoon, keynote speakers Doug Fisher, Ph.D. and Kate Kinsella, Ed.D., shared many excellent strategies and insights on how to maintain student involvement in virtual learning environments.

As we know, distance learning has truly transformed the way our educators teach and reach students. This is especially true in areas such as multilingual education where students require diverse and specialized supports.

I hope events like the 2nd annual Bright Spots in San Bernardino county and the resources they provide will continue to inspire educators to invite diverse and meaningful forms of student participation in this era of distance learning.



Cajon High School won its second San Bernardino County Mock Trial championship title when it defeated Los Osos High School in the event finals held virtually on Jan. 23.

<u>Read more</u>. <u>Watch the awards video</u>.

Register for the STEMapalooza 2021



STEMapalooza is a free virtual STEM experience is for all San Bernardino and Riverside County students, grades 4-8. The event will be held on February 24th.

To learn more and register.

Quick Links

<u>Newsroom</u>

Our Mission

Photo Gallery

SBCSS Website

Connect with me via twitter

@SBCo Supt Ted

Stay Connected











www.sbcss.net