MONDAY TUESDAY WEDNESDAY THURSDAY 1 2 3 4 8 9 10 11

Breakfast

- Waffles
- Syrup
- Low Fat Mozzarella String Cheese
- Cocoa Puffs
- · Fresh Orange
- Blueberries
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

Breakfast

- Skewered Sausage Pancake
- Syrup
- Low Fat Mozzarella String Cheese
- Reduced Sugar Trix
- Fresh Red Delicious Apple
- Assorted Fruit Juice
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

Breakfast

- · Blueberry Bash Waffles
- · Low Fat Mozzarella String Cheese
- Cocoa Puffs
- Fresh Orange
- Pineapple Tidbits
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

Breakfast

- · Sausage, Egg & Cheese Sandwich
- · Low Fat Mozzarella String Cheese
- Reduced Sugar Trix
- · Fresh Red Delicious Apple
- · Assorted Fruit Juice
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

15

Breakfast

- · Waffles
- Syrup
- Low Fat Mozzarella String Cheese
- · Cocoa Puffs
- Fresh Orange
- Assorted Fruit Juice
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

16

Breakfast

- · Cinnamon Toast Crunch
- · Low Fat Mozzarella String Cheese
- Reduced Sugar Trix
- Fresh Red Delicious Apple
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

17

Breakfast

- Strawberry Banana Bash Yogurt
- Whole Grain Blueberry Muffin
- Low Fat Mozzarella String Cheese
- Cocoa Puffs
- · Fresh Orange
- Assorted Fruit Juice
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

18

Breakfast

- Egg & Cheese Sandwich
- Low Fat Mozzarella String Cheese
- Reduced Sugar Trix
- Fresh Red Delicious Apple
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

22

Breakfast

- Waffles
- Syrup
- Low Fat Mozzarella String Cheese
- · Cocoa Puffs
- · Fresh Orange
- Blueberries
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

23

Breakfast

- Skewered Sausage Pancake
- Syrup
- Low Fat Mozzarella String Cheese
- Reduced Sugar Trix
- · Fresh Red Delicious Apple
- · Assorted Fruit Juice
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

24

Breakfast

- · Blueberry Bash Waffles
- · Low Fat Mozzarella String Cheese
- Cocoa Puffs
- Fresh Orange
- Pineapple Tidbits
- Pineapple Tidbi1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

25

Breakfast

- Cinnamon Toast Crunch
- Strawberry Banana Bash Yogurt
- Low Fat Mozzarella String Cheese
- Reduced Sugar Trix
- Fresh Red Delicious Apple
- · Assorted Fruit Juice
- 1% Low-fat Milk
- Chocolate Fat Free Milk, 8 fl oz, Kemps

29

- Breakfast Waffles
- Syrup
- Low Fat Mozzarella String Cheese

Kemps

- Cocoa PuffsFresh Orange
- Assorted Fruit Juice
- 1% Low-fat MilkChocolate Fat Free Milk, 8 fl oz,

30

- Breakfast
- Cinnamon Toast Crunch
- · Low Fat Mozzarella String Cheese
- Reduced Sugar Trix

 Reduced Sugar Trix

 Reduced Sugar Trix

 Reduced Sugar Trix

 Reduced Sugar Trix
- Fresh Red Delicious Apple
- 1% Low-fat Milk
 Chocolate Fat Free Milk, 8 fl oz, Kemps

31

- Breakfast
- · Strawberry Banana Bash Yogurt
- Whole Grain Blueberry Muffin
- · Low Fat Mozzarella String Cheese
- Cocoa Puffs
- Fresh Orange
- Assorted Fruit Juice

Kemps

1% Low-fat MilkChocolate Fat Free Milk, 8 fl oz,



ALL Grains menu are Whole Grain

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	If you have a food allergy, please notify us. Ask your determ, when you want to	ALL Grains menu are Whole Grain	Breakfast • Egg & Cheese Sandwich • Low Fat Mozzarella String Cheese • Reduced Sugar Trix • Fresh Red Delicious Apple • 1% Low-fat Milk • Chocolate Fat Free Milk, 8 fl oz, Kemps
5	6	7	8
12	13	14	15
19	20	21	22
26	27	28	29

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