

MEDINA CENTRAL SCHOOL DISTRICT

IMPORTANT INFORMATION FROM THE HEALTH OFFICE

As part of a required school health examination, a student's weight and height are measured. These numbers are used to figure out the student's body mass index or BMI. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's health examination.

We will be reporting to the New York Department of Health only summary information. No names and no information about individual students are included. However, you may choose to have your child's information excluded from this survey report. The information sent to the New York State Department of Health will help health officials develop programs to make children more aware of their health.

If you **DO NOT** want your child's information included in the Department of Health survey, please complete the information and return it to your school's **health office**.

PLEASE DO NOT INCLUDE MY CHILD'S WEIGHT STATUS INFORMATION IN THIS YEAR'S SCHOOL SURVEY.

Child's Name (print) _____

Parent's Name (print) _____

Date_____ Parent's Signature_____