

PANTHER BASKETBALL



****EARNED—NEVER GIVEN****

**“THIS IS OUR CULTURE:
TOGETHER, WITH GREAT ENERGY WE’RE GOING TO:
ALWAYS WORK TO IMPROVE,
PLAY TOUGH DEFENSE,
SHARE THE BALL
AND YOU WANT TO WIN,
MORE THAN ANYTHING ELSE.”**

HARD

SMART

TOGETHER

PANTHER BASKETBALL: EARNED—NEVER GIVEN

TOUGHNESS

“PLAYERS PLAY, BUT TOUGH PLAYERS WIN.” TOM IZZO-MSU BASKETBALL

- **SET A GOOD SCREEN**
- **SET UP YOUR CUT**
- **TALK ON DEFENSE**
- **JUMP TO THE BALL**
- **DON'T GET SCREENED**
- **GET YOUR HANDS UP**
- **PLAY THE BALL, SEE YOUR MAN**
- **GET ON THE FLOOR**
- **OFFENSE FIRST CONTACT**
- **RUN THE FLOOR**
- **PLAY SO HARD, YOUR COACH CAN'T TAKE YOU OUT**
- **GET TO YOUR TEAMMATE FIRST**
- **TAKE RESPONSIBILITY FOR YOUR TEAMMATES**
- **TAKE A CHARGE**
- **FINISH PLAYS**
- **WORK ON YOUR PASSING**
- **THROW YOURSELF IN TO YOUR TEAM'S DEFENSE**
- **TAKE AND GIVE CRITICISM THE RIGHT WAY**
- **SHOW STRENGTH IN YOUR BODY LANGUAGE**
- **CATCH AND FACE**
- **DON'T GET SPLIT**
- **BE ALERT**
- **CONCENTRATE, AND ENCOURAGE YOUR TEAMMATES TO CONCENTRATE**
- **IT'S NOT YOUR SHOT; IT'S OUR SHOT**
- **BOX OUT AND GO TO THE GLASS EVERY TIME**
- **TAKE RESPONSIBILITY FOR YOUR ACTIONS**
- **LOOK YOUR COACHES AND TEAMMATES IN THE EYE**
- **MOVE ON TO THE NEXT PLAY**
- **BE HARD TO PLAY AGAINST AND EASY TO PLAY WITH**
- **MAKE EVERY GAME IMPORTANT**
- **MAKE GETTING BETTER EVERYDAY YOUR GOAL!**

PLAYER EXPECTATIONS

You are expected to be students first, and athletes second. Both of these go hand in hand. Usually the hard working students are the best athletes. Be a winner in the classroom and on the court. At all levels, emphasis will be placed on skill level, skill development, and attitude. The varsity level will focus on the top players and we are here to be highly competitive. Under all circumstances, coaches and advisors will provide an atmosphere where athletes who have the desire to progress and who exhibit a positive attitude will be given a fair opportunity to succeed. We will maintain a high standard of sportsmanship and carry ourselves in a way that projects class and pride.

WHAT DO I WANT IN PLAYERS?

- I want players who put in great energy to the process of getting better.
- I want players who are willing to make a commitment to being the best they can be each day and every time that they play.
- I want players who are willing and ready to do what has to be done to make a positive contribution in the most difficult of games and practices!!
- I want players who compete in each game as though there is nothing they will ever do, that will be more important.
- I want players who, more than anything, want our team to be the very best it can be.

THESE ARE THE IDEALS I WILL BE DEMANDING.

PLAYER CODE OF CONDUCT

- I will make the commitment to attend all practices, games and team functions and adhere to the "Players Code of Conduct".
- I will work hard, put my team before myself and support my teammates in practice and in competition.
- I will encourage good sportsmanship in victory and defeat by demonstrating positive support for ALL players, coaches and officials. I understand that my actions are a reflection of my family, team, school and community.
- I will treat players, coaches, fans and officials, on and off the court, with respect regardless of race, sex, creed or performance. I will let the coach's coach and the officials officiate and the players play. The penalty for unsportsmanlike conduct is under the jurisdiction of the officials. A player who breaks the rules and is ordered from the playing area must comply.
- I will not use any trash talk or profanity.
- I will demand a sports environment that is free from alcohol, drugs, and tobacco and will refrain from their use at all times.
- I will accept constructive criticism and not take it personally. I will address any concerns I have to the proper people at the appropriate time.
- I will respect and adhere to the rules governing eligibility and competition.
- I will believe in myself and play with confidence. I will not let fear of failure hold me back or dwell on my mistakes.
- I will have fun!

PLAYING TIME CRITERIA

It is a **privilege** to be a Panther basketball player! There are many benefits to being a member of a team, and **every player is important**. To be an effective player, all players should have a strong desire to play. However, this does not mean players are **entitled** to playing time. There will be situations in which the coach decides to give players little or no playing time, while others will play a majority of the game. This is the nature of high school athletics, especially at the varsity level--The coach's decision will be final.

Players will receive playing time based on the following criteria:

- Commitment
- Talent
- Effectiveness and effort in practice
- Effectiveness and effort in games
- Knowledge of the system
- Physical and mental preparation
- Physical and mental conditioning
- Attitude
- Following team rules

Every Panther player has a role to fulfill on the team, and the team depends upon each player to fulfill their role.

GSL Panther Basketball Captain Qualities

Definition of a Captain:

- A captain is a person chosen to lead and represent a team. It is an honor and a responsibility to be a captain of the GSL Panther Boys Basketball Team.

Expectations of a captain:

1. Leads by example—being the hardest working and most unselfish player on the team.
2. Attends all practices and works as hard in practice as he does in the games.
3. Encourages rather discourages—has positive attitude.
4. Always keeps his head up and never gives in to self-pity or frustration. A captain continually motivates and inspires teammates through his example, actions and behavior.
5. Stays positive, doesn't complain, listens to his teammates and communicates effectively with both players and coaches.
6. Takes to learning new things with an opened mind.

PLAYER/PARENT COMMUNICATION

1. Player connects with coach to discuss issue. Meeting is set up with head coach, player and an assistant coach.
2. If, after the player/coach meeting, the parents still want to meet, a meeting will be set up with the head coach, parents and assistant coach. The meeting will take place at school and at a time that works for the head coach. It will not take place during practice time.
3. If the issue is still not resolved a meeting with the head coach, parents, assistant coach and athletic administrator will be held.
 - THERE WILL NEVER BE DISCUSSION FOLLOWING A GAME.
 - THERE WILL NOT BE DISCUSSIONS ABOUT PLAYER'S ROLES COMPARED TO ANOTHER PLAYER'S ROLE OR PLAYING TIME.

GSL Panther Basketball Coaching Objectives

Overall Objectives:

- Provide a positive experience for every team member.
- *Have high expectations. Make the players reach your expectations.*
- Build a desire in each individual to want to achieve their personal best.
- Develop a team concept.
- Build strong fundamentals.
- Once the season ends, every returning player should be looking forward to next year.

Coaching Goals:

- Never get tired of teaching fundamentals.
- Correct player mistakes and teach- then correct again. Be a teacher.
- Be positive.
- Have practice plans well prepared- it is the most valuable time to teach.

On Court Specific Outcomes: *looking for improvement as the season progresses.*

