

Unit 5, Week 1 Choice Board

How a plant grows from a seed



Read Aloud

Link: [A Bean's Life Cycle](#)

After listening to the book, ask your child to draw their own bean plant and help them label their drawing by sounding out and identifying the beginning and ending sound for each word: seed, stem, leaf, root.

Flashlight Fun

Write numbers on post-it notes or paper and stick to the wall. Turn the lights off and use a flashlight or your phone flashlight to find and identify the numbers.



Read Aloud



Link: [In the Garden: Who's Been Here?](#)

After listening to the read aloud, ask your child to retell what they saw in the garden throughout the story.

Challenge: Ask your child to draw their favorite animal, flower, or vegetable from the story and help them label it by sounding out and writing the beginning and ending sound of the word for their drawing.

My Alphabet Book

Make 1 page for each letter M-S. Practice writing that letter and draw pictures or cut pictures from magazines of things that begin with that letter.



Add It Up

Pretend you are going to the grocery store. Help your child learn addition by practicing "how many in all" questions, such as, "I want to buy 2 potatoes and 3 carrots. How many vegetables is that in all?" Repeat these types of questions with other items such as apples and oranges, then asking them to total the pieces of fruit by counting "how many in all," using their fingers on each hand, the number of apples on one hand and the number of oranges on the other.

Plant and Grow

Squat down low to the ground with your child and pretend to be a little seed. Together, slowly rise, like a plant growing, to a standing position, while counting aloud to 10. Then, slowly sink back down, while counting backward from ten to zero.



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