



KLEIN ISD

PROMISE²PURPOSE

**GUIDELINES FOR CHILDREN AT RISK FOR
ANAPHYLAXIS RELATED TO FOOD ALLERGY**

ORGANIZATION

The campus Registered Nurse is the point of contact for management of students at risk for anaphylaxis and works in collaboration with the Campus Allergy Management Team to reduce risk for students subject to potential anaphylaxis. In addition to the Registered Nurse, members of the Campus Allergy Management Team may include:

- Campus Administration
- Classroom Teacher
- School Counselor
- Food Service Manager
- Nutrition and Food Services Department
- Lead Custodian
- Transportation Representative

ASSESSMENT AND PLANNING

- Information regarding student food allergies will be elicited at the time of enrollment via Request for Special Dietary Accommodations form on Skyward. Parent reports of allergies that are not diagnostically confirmed by a licensed medical provider, will be noted in the student health record by the school nurse and housed in the student cumulative folder.
- For students requiring food substitution, the Klein ISD Request for Special Dietary Accommodations form must be completed by a licensed medical provider.
 - When provided with a physician completed Request for Special Dietary Accommodations form, Klein ISD Nutrition & Food Services will record the food allergy special instructions in their electronic record.
 - The School Nurse will inform the parent that food substitutions cannot be made based solely on the Request for Special Dietary Accommodations form completed in Skyward.
- For a diagnosed food allergy, the school nurse will develop a food allergy management plan. The plan will include general and students at risk for Anaphylaxis procedures in accordance with [FFAF \(Local\)](#).
 - The campus Registered Nurse will utilize nursing judgement to determine if a student requires an Individualized Health Plan (IHP) in addition to the food allergy management plan.
- The school nurse will have two weeks' advance notice of field trips so appropriate plans can be made for food, training, and medication administration.
- During the school day, Epinephrine should be stored in a secure but unlocked area.
- Parents may elect to change the restricted foods listed on the physician signed Request for Special Dietary Accommodations form. To complete this request, parents must complete and sign a Parent Diet Modification form.

TRAINING AND INTERVENTION

- There will be compliance training for **all school staff** on allergy awareness.
- Food allergy management and emergency response teams will receive additional training on emergency medication storage, intervention strategies, EMS notification, as well as administration of epinephrine auto injectors.
- The School Nurse will facilitate a parent meeting (if requested) with the campus food allergy management team. This may include review of the food allergy management plan, medication prescriptions or collaboration on educational setting considerations.
- Classroom teachers will make severe allergy information available for substitute teachers and advise them to meet with the School Nurse for student specific training.
- Nutrition & Food Service personnel are trained in avoiding cross contamination during food preparation.
- Custodial staff will be notified of the need for special cleaning procedures in areas of common use, such as the cafeteria tables, as the need is determined, to avoid cross contamination.
- Bus drivers will be trained in allergy awareness, signs and symptoms of an anaphylactic reaction, and intervention to include administration of epinephrine auto injector.
- It is requested, all students/staff wash hands before and after lunch and before returning to the classroom. Sanitizing hand wipes can be used in lieu of hand washing. Hand Sanitizer **is not** an acceptable cleanser for the prevention of food allergic reactions.
- Parents of the child with food allergy and the School Nurse, should refer to menus provided by Klein ISD Nutrition & Food Services. Each menu contains nutritional information and potential allergens, which will assist with food selections in advance of arrival to the cafeteria.
- The reward and/or instructional use of food in the student's classroom should be avoided. If it cannot be avoided, then nutritional labels should be scrutinized by the classroom teacher **and** school nurse for presence of allergens. The School Nurse will require 2 weeks advance notice to review the food selection and nutrition labels.
- It is recommended that the food allergic student have a supply of safe snacks for use during standardized testing, classroom celebrations, etc.
- Non-food items can be encouraged for classroom celebrations.
- Parents wishing to provide food for classroom celebrations are required to submit food nutritional facts 2 weeks in advance of any classroom celebration. The school nurse will review the ingredients and packaging for the presence of known food allergens.
- If the student rides a Klein ISD bus, it is recommended the student have an assigned seat just behind the bus driver, at least through 3rd grade. Variations to this recommendation may be made based on student maturity and history of self-care.
- With permission from the licensed medical provider, parent, and school nurse, students will be allowed to carry an epinephrine auto injector on their person.
 - The school nurse will verify the students' competence to self-administer. It should be noted that even when individuals demonstrate skill in self-administration during

- practice, they may be too anxious to self-administer in an emergency. School staff should be prepared to act quickly.
- The student is required to have an emergency action plan that is reviewed and signed by a licensed healthcare provider annually.
 - The school nurse will have two weeks' advance notice of field trips so appropriate plans can be made for food, training, and medication administration.
 - The food allergic student will avoid the food allergen(s) by not sharing food with classmates and not accepting food that has not been planned.
 - The school will take threats and/or harassment related to food allergies seriously.

KISD SNACK GUIDELINES

Pursuant to state law, KISD permits parents/guardians or grandparents to bring a birthday snack for their child's birthday or other school-designated functions. In addition, state law requires each school district to maintain Guidelines for Children at Risk for Anaphylaxis Related to Food Allergy. Parents can locate this guide on the Health Services website

The following procedures apply to both parent and staff provided snacks:

Parent/Guardian Provided Snacks

The campus nurse will be given a **two-week advanced written notice** of the parent's/guardian's decision to provide a snack. This notice allows time for the nurse to determine if allergens are present in the proposed snack and to arrange for suitable substitution if an allergen is identified.

- No substitutions may be made once the campus nurse is given this notice.
- Birthday snacks will be distributed at the end of the lunch period, after students have had a nutritious meal as defined by the School Lunch Program and Texas Department of Agriculture.
- Written consent from a parent/guardian must be obtained before a student will be permitted to have a birthday or other snack.
 - Consent may be obtained using an annual or individual form.
- Parents/guardians are encouraged to obtain snacks through the Klein ISD Nutrition & Food Services Department. With advance notice, the Nutrition & Food Services Department can provide a choice from an assortment of snacks selected snacks. Any parent/guardian who provides a snack from a vendor other than KISD must:
 - Submit to the campus nurse two weeks in advance of serving the snack:
 - A complete list of ingredients.
 - In the case of commercially prepared food, the product label must be provided, including the complete ingredient list and all information about production line exposure to known food allergens.
 - All snacks must be wrapped and packaged in a disposable container. Schools will not be responsible for parents' personal kitchen items.
 - All snacks must be delivered by the parent/guardians to the campus main office, where a written receipt for the item will be prepared. Children will not be permitted to carry snacks to school.

Klein ISD Provided Snacks

The use of food for instructional and reward purposes may put students at risk for severe allergic reactions.

- When teachers plan to utilize food for instructional and reward purposes, the campus nurse must be given two weeks' prior notice of the decision to provide said snack. This notice allows time for the nurse to determine if allergens are present in the proposed snack and to arrange for suitable substitution if an allergen is identified.
- No substitutions may be made once the campus nurse is given this notice.
- Written consent from a parent/guardian must be obtained before a student will be permitted to have a Klein ISD provided snack.
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In keeping with the KISD Local Wellness Plan, non-food treats such as pencils, erasers, stickers or markers are preferred. If a food treat is preferred, healthy treats are encouraged, such as fresh fruit, yogurt, granola bars, etc.

EVALUATION

- Should a student experience a food related allergic or anaphylaxis event at school, a Post Event Review will be conducted by the campus Registered Nurse in collaboration with the Campus Food Allergy Management Team. This review should include:
 - Identify, if possible, the source of allergen exposure and take steps to prevent future reactions.
 - Identifying and interviewing those who were involved in the emergency care of the student and those that witnessed the event.
 - Meeting with school staff to dispel any rumors and review administrative regulations.
 - With parent permission, provide factual information to parents and students that complies with FERPA law and does not identify the individual student.
 - If the allergic reaction is thought to be from food provided by the school food service, work with the Nutrition & Food Services Department to ascertain what potential food item was served/consumed, how to reduce risk in the cafeteria by reviewing food labels, minimizing cross-contamination and other strategies.
 - Review of the medication orders, food allergy management plan, and/or the 504 Plan and amend to address any changes that were made by the student's healthcare provider. Alterations may require new forms to be signed by the parents.
 - If an epinephrine auto-injector was utilized during the reaction, ensure that the parent/guardian replaces it with a new one.
 - In the rare event of a fatal reaction, the Klein ISD Crisis Team will be activated to assist the school community in dealing with the death. Healthcare providers with knowledge about food allergies should be on hand to answer questions.
 - Return the completed Anaphylaxis Event/Epinephrine Administration Review packet to the office of the Director of Health Services.

Resources

- [FFAC - Legal](#)
- [FFAF - Legal](#)
- [FFAF - Local](#)
- [Guidelines for the Care of Students with Food Allergies at Risk for Anaphylaxis](#)