

CVE Monthly Counseling Themes

(Stephen Covey's The 7 Habits of Happy Kids)

Month	Theme	Traits
September	BE SAFE, BE KIND, BE RESPONSIBLE	
October	Habit 1 <u>Be Proactive: You're In Charge</u>	INDEPENDENCE: * Goal Setting * Planning
November	Habit 2 <u>Begin with the End in Mind: Have a Plan</u>	* Responsibility * Organization * Time Management * Vision
December	Habit 3 <u>Put First Things First: Work first. Then Play</u>	* Initiative * Integrity
January	Habit 4 <u>Think Win-Win: Everyone Can Win</u>	INTERDEPENDENCE: * Conflict Management * Empathy / Listening
February	Habit 5 <u>Seek First to Understand: Listen Before You Talk</u>	* Respect * Honesty * Speaking Skills * Problem Solving
March	Habit 6 <u>Synergize: Together is Better</u>	* Ethics / Manners * Openness * Teamwork * Value Diversity
April	Habit 7 <u>Sharpen the Saw: Balance Feels Best</u>	THE WHOLE PERSON: * Mental Skills * Desire to Learn * Social Skills * Emotional Stability * Fun * Physical Wellness
May	Careers	