

2024 Lee County Cross Country Schedule

* Indicates a Middle School Race is included *

Date	Day	Location	Start Times	Departure Time
August 17	Saturday	<u>Sherwood Invitational*</u> @ Sherwood Christian Academy 1418 Old Pretoria Rd, Albany, GA	9:00am HSG 9:40am HSB 10:30am MSG 10:50 am MSB	N/A
August 24	Saturday	<u>Furlow Fast Feet*</u> @ the Sumter Rec. Complex, Americus, Ga	8:30 am HSG 9:00 am HSB 9:30 am MSG 10:00 am MSB	N/A
August 29	Thursday	<u>Yellow Jacket Invitational</u> @ Thomas County Central Middle School	TBD No MS	Time - TBD 2 Mini buses
September 7	Saturday	<u>Lee County Invitational*</u> @ Kinchafoonee Primary School 295 Leslie Highway, Leesburg, Ga	8:00am HSG 8:45am HSB 9:30am MSG 10:00am MSB	N/A
September 14	Saturday	<u>Deerfield-Windsor Invitational*</u> @ ASU West (Soccer Fields), Albany, Ga	8:00 AM: HSB 8:30 AM: HSG 9:00 AM: MSB 9:30 AM: MSG	N/A
September 21	Saturday	<u>Marion Co. 10th XC Invitational*</u> @ Marion County High School 1 Eagle Dr., Buena Vista, GA	9:00 AM - HSB 9:45 AM - HSG 10:30 AM -MSB 11:00 AM - MSG	7:00am Middle West *1 lg bus with driver
September 28	Saturday	<u>Tift Invitational*</u> @ Abraham Baldwin College 2802 Moore Hwy, Tifton, GA	8:00 am HSG 8:45 am HSB 9:30 am MSG 10:00 am MSB	6:00am Middle West *1 lg bus with driver
October 5	Saturday	<u>Westover Invitational*</u> @ Robert Cross MS Campus 324 Lockett Station Road, Albany, Ga	8:00am HSG 8:40am HSB 9:15am MSG 9:45 MSB	N/A
October 10	Thursday	<u>The Red Flame Classic</u> 1358 HWY 215 S Rochelle, GA	4:30 pm- HSB 5:15 pm - HSG No MS	2:15pm Middle West *1 lg bus with driver
October 19	Saturday	<u>Quail Trail Run Thomasville</u> 1251 US Highway 319 South Thomasville, GA	8:00am HSB/HSG Parents: sign/pay for your runner at: https://runsignup.com/Race/GA/Thomasville/QuailTrail5Ks No MS	This is an optional race if you would like to participate. It is not an official LCXC meet. It will not factor into average times. Coaches will not be attending. The runner's parents will be 100% responsible for their child and their transportation..
November 2	Saturday	<u>Sectionals</u> Jeff Davis High School 156 Collins St, Hazlehurst, GA	TBD	Time - TBD Middle West *1 lg bus with driver
November 8	Friday	<u>GHSA XC State Championship</u> @ Carrollton HS, Carrollton, Ga	10:30am HSB 11:15am HSG	TBD

Head Coach - Christina Rice ■ Assistant Coach - Rob Hanson ■ Middle School Coach - John Daughety