

San Bernardino County Nutrition Action Partnership (CNAP)



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CNAP Coordinator

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This institution is an equal opportunity provider and employer.



San Bernardino County
Department of Public Health
Nutrition Program

County Nutrition Action Partnership (CNAP)



Vision:

We envision a County where access to healthy choices is a right

Mission:

To make healthy choices accessible and affordable to all through collaborative partnerships

San Bernardino County Nutrition Action Partnership (CNAP)



Collaborate and foster partnerships to:

- Enhance communication between agencies and organizations
- Increase access to healthy foods
- Improve food security in the CalFresh Food eligible and low income population
- Promote physical activity
- Provide consistent nutrition messaging and education



To be added to the General CNAP email list, please let me know in the chat box or email Robin.Ronkes@dph.sbcounty.gov



C4Yourself[®]
Access to Benefits. Simplified.



Access to Benefits. Simplified.

C4Yourself[®] is an online application system that allows you to apply for benefits. This is a secured site and all your information will be private and safe.

If you need help in your language, call your local county office. You have the right to ask for help in your own language. There is no cost for this help.

C4Yourself California Counties

See a map and listing of all C4Yourself counties where you can send your application.

Apply for Benefits

[Start an application](#)

Cash Assistance



Food & Nutrition



Medical



My C4Yourself

If you have already created a C4Yourself account you can log in by following the links below.

- [Create an Account](#)
- [View Documents](#)
- [View Things To Do](#)
- [Check Messages](#)
- [Check Benefits](#)
- [Open Saved Applications](#)



[See your remaining EBT balance](#)



[Questions and answers](#)



[Contact the County about your existing case](#)



The Mobile App for C4Yourself is here!

You can now access benefit information including EBT balances, upload and view documents, receive notifications, check messages, find an office near you, and more from your phone at any time.



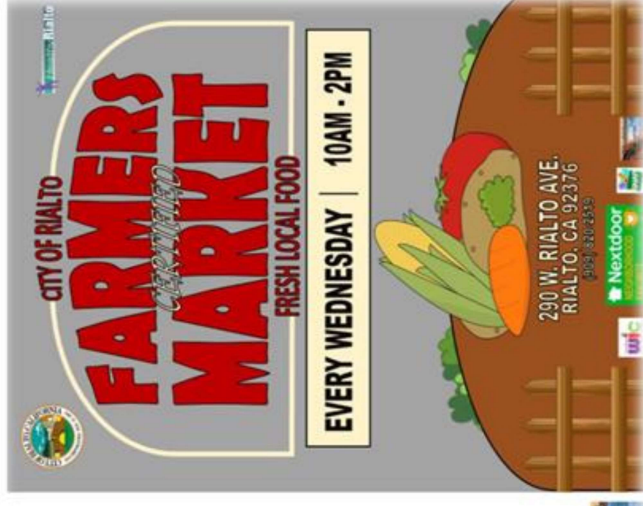
<https://www.c4yourself.com/c4yourself/index.jsp>

Farmers Markets and Market Match

**What's New? Market Match at
Rialto Certified Farmers Market**



Cristian Gutierrez, Healthy Rialto Coordinator, City of Rialto



County Nutrition Action Partnership (CNAP) School Meals Access Collaborative Update



Betty Crocker, Child Nutrition Director, Redlands USD



Julie Calderon, Adelanto Elementary School District



Daisy Munguia, Senior Program Manager, No Kid Hungry

SAVE THE DATE

**"New Year, New Opportunities: Feed the Need
through Policy, Participation and Preparation"
Thursday, Feb. 4th @ 2-3:35pm PT**

Register at <https://bit.ly/3h5rtxD>



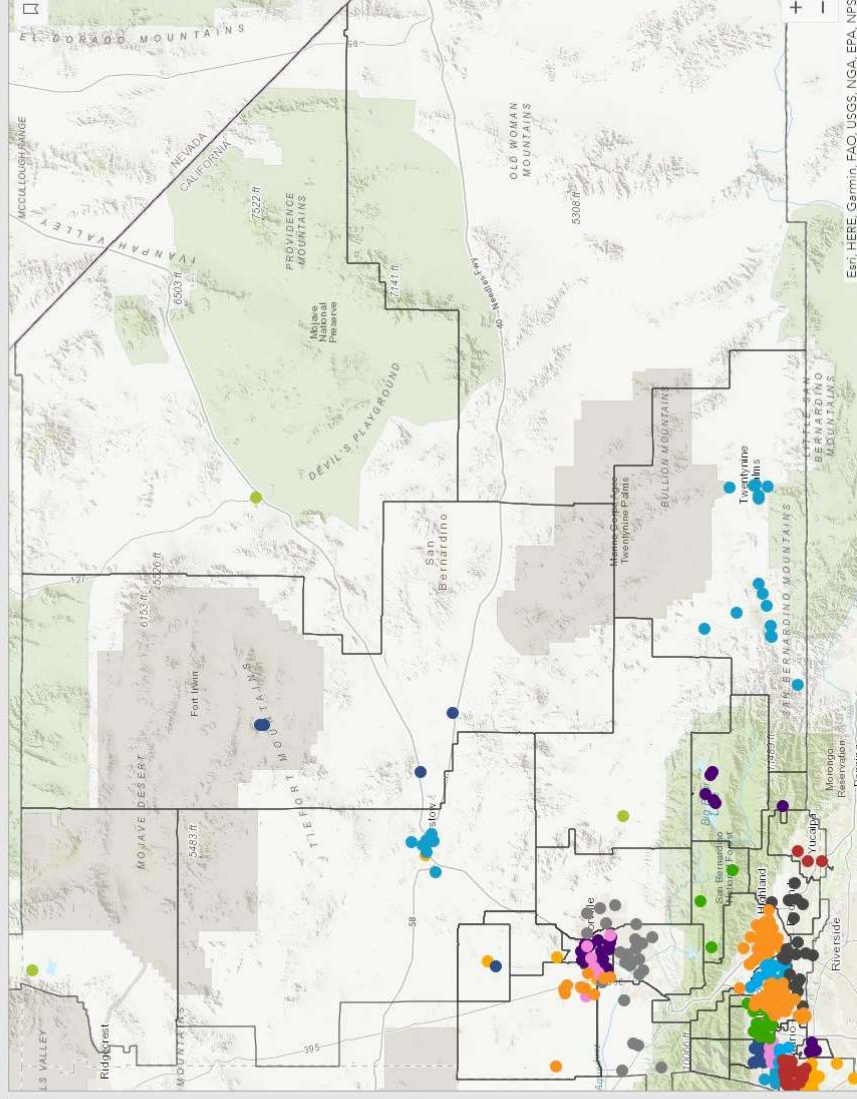
Register here (cap sensitive): <https://bit.ly/3h5rtxD>

Mobile Version

San Bernardino County Districts

- ☒ San Bernardino County
- ☐ Adelanto Elementary
- ☐ Alta Loma Elementary
- ☐ Apple Valley Unified
- ☐ Baker Valley Unified
- ☐ Barstow Unified
- ☐ Bear Valley Unified
- ☐ Central Elementary
- ☐ Chino Valley Unified
- ☐ Colton Joint Unified
- ☐ Cucamonga Elementary
- ☐ Etiwanda Elementary
- ☐ Fontana Unified
- ☐ Helendale Elementary
- ☐ Hesperia Unified
- ☐ Lucerne Valley Unified
- ☐ Morongo Unified
- ☐ Mountain View Elementary
- ☐ Needles Unified
- ☐ Ontario-Montclair
- ☐ Oro Grande
- ☐ Redlands Unified
- ☐ Rialto Unified
- ☐ Rim of the World Unified
- ☐ San Bernardino City Unified
- ☐ Silver Valley Unified
- ☐ Snowline Joint Unified
- ☐ Trona Joint Unified
- ☐ Upland Unified
- ☐ Victor Elementary
- ☐ Victor Valley Union High
- ☐ Yucaipa-Calimesa Joint Unified

For eligibility and pricing information, please contact District Nutrition Office.



316 Sites Providing Grab & Go Meals

Different Color for each School District

- School: Adelanto Elementary
District: Adelanto Elementary
- School: Donald F. Bradach Elementary
District: Adelanto Elementary
- School: Eagle Ranch Elementary
District: Adelanto Elementary
- School: El Mirage
District: Adelanto Elementary
- School: George Visual and Performing
District: Adelanto Elementary
- School: Melva Davis Academy of Excellence
District: Adelanto Elementary
- School: Morgan Kincaid Preparatory
District: Adelanto Elementary
- School: Theodore Vick Elementary
District: Adelanto Elementary
- School: Victoria Magathan Elementary
District: Adelanto Elementary
- School: Westside Park Elementary
District: Adelanto Elementary
- School: Alta Loma Elementary
District: Alta Loma Elementary

Last Updated on 2/16/21 at 1:35 pm

Locations displayed are sponsored by San Bernardino County districts and charter school locations have not been included. Grab and Go Meal information was obtained directly from district websites.

Prepared by the ESS Data, Assessment and Research team and Healthy SBCCSS. To update information please email: johnc.mattis@sbccss.net and jayna.coburn@sbccss.net



CalFresh
HEALTHY LIVING



Sarah Ronquillo
Program Technician



Farrah Northcott, MS, RD, CLS
Manager, Healthy SBCSS



Sonia Colchado, MPH
Nutrition Educator



Danielle Martinez
Nutrition Educator



Juan Robledo
Finance Specialist

Transforming lives through education

Farrah Northcott
farrah.northcott@sbcss.net

Danielle Martinez
danielle.martinez@sbcss.net

Sonia Colchado
sonia.colchado@sbcss.net

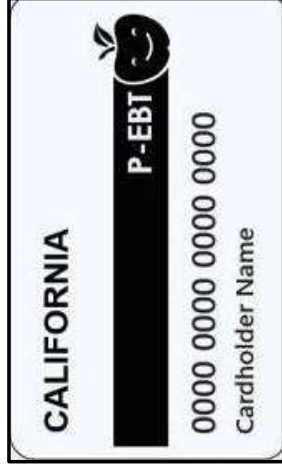


Healthy SBCSS

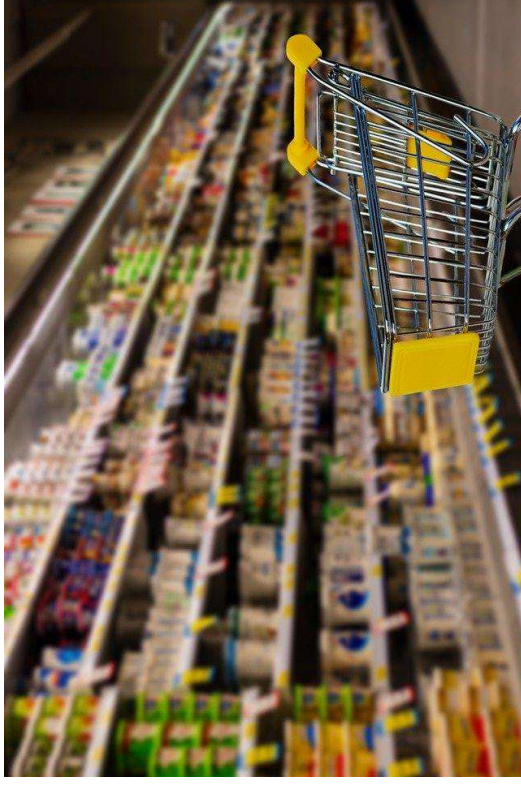
- Parent Engagement
- Nutrition Education and Physical Activity
- School Gardens and Mini-Farmers Markets
- Painted Playgrounds
- Teacher Trainings
- Support Summer Meals
- Policy, System, and Environment Change
- Updates School District Grab n' Go Meals

Pandemic EBT

P-EBT is a federal program. The California Department of Social Services (CDSS), in collaboration with the California Department of Education (CDE), received approval to operate the program in response to COVID-19 related school closures. P-EBT provides food benefits to help families with children who are eligible for free or reduced-price school meals through the federal School Breakfast or National School Lunch Programs.

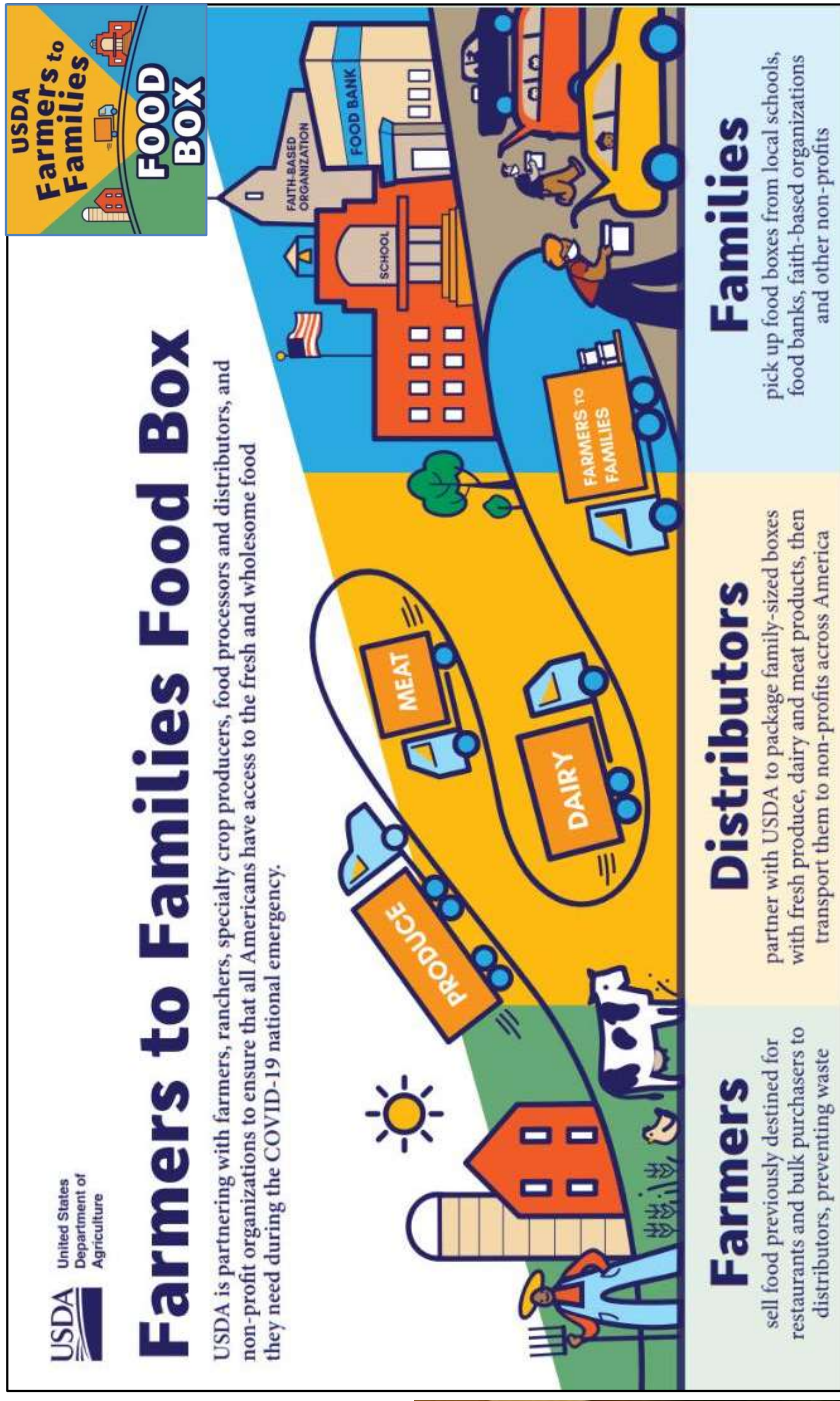


<https://www.cdss.ca.gov/home/pandemic-ebt>





Farmers to Families Food Boxes



Food Distribution Drive-Thru

FREE

Date: Saturday, March 20, 2021

Location: San Manuel Stadium
280 S E St, San Bernardino, CA 92401

Time: 10:00 AM – 1 PM
(or until supplies last)

Co-organized by:



Eloise Gómez Reyes
San Bernardino County
Public Health Nutrition



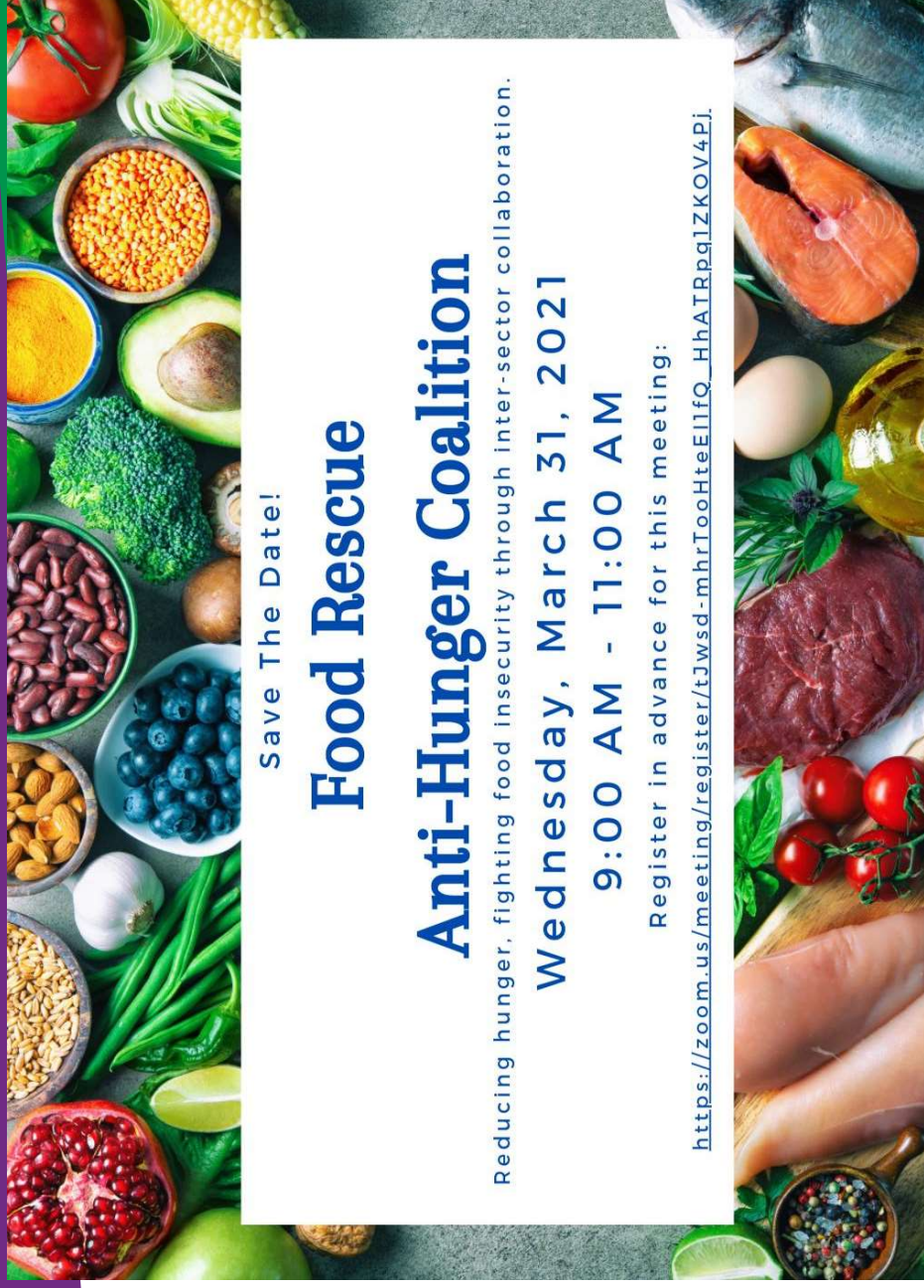
GGERS
Public Health Nutrition



For more information contact:

Nutrition.SanBernardinoCounty@dph.sbcounty.gov
909-388-5650





Save The Date!

Food Rescue Anti-Hunger Coalition

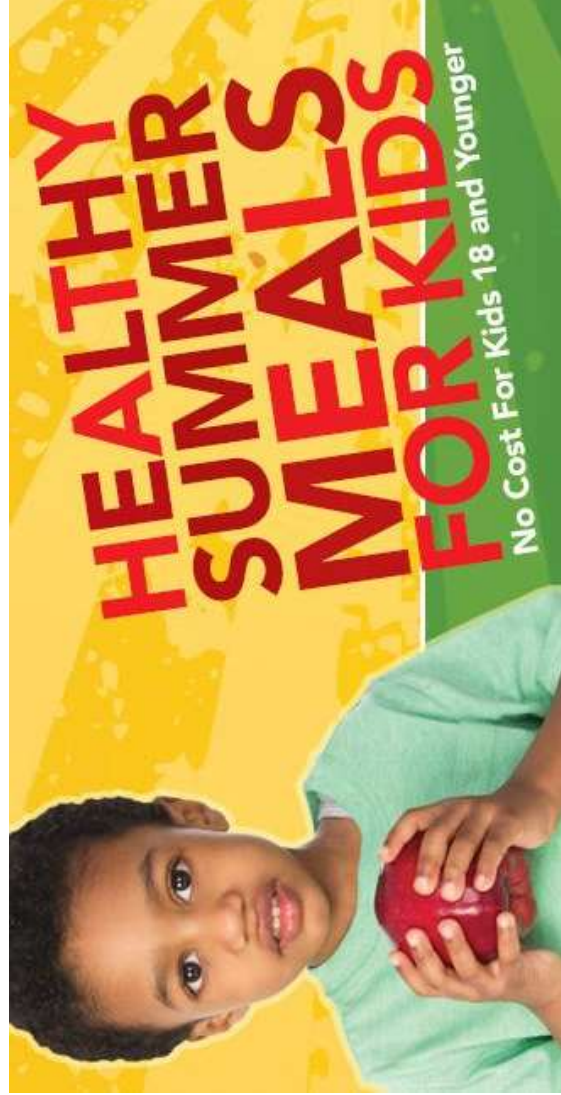
Reducing hunger, fighting food insecurity through inter-sector collaboration.

Wednesday, March 31, 2021
9:00 AM - 11:00 AM

Register in advance for this meeting:
https://zoom.us/join/zoom/register/tJwsd-mhrTooHteE1lfQ_HhATRpglZKOV4Pj

To be added to the Food Rescue Anti-Hunger Coalition email list, contact Alejandra Sanchez at Alejandra.Sanchez@dph.sbcounty.gov

Summer Meals



Open to all children and youth 18 and younger

No enrollment, paperwork or income qualifications

Text 'Food' OR 'Comida'
to 877-877

Apply to WIC!

Families who are pregnant, breastfeeding, and/or the sole guardian of a child under 5 years old can apply for WIC (includes fathers grandparents, and foster parents).

Visit our website:

- www.SBcounty.gov/WIC
- 1-800-472-2321
- WIC Call Center Hours:
 - Monday - Thursday: 7:30 a.m. - 5 p.m.
 - Friday: 7:30 a.m. - 4 p.m.

Webpage information:

- [Do You Qualify?](#)
- [WIC Foods](#)





IN COLLABORATION WITH -CHRIST
THE GOOD SHEPHERD-PANTRY,
HIGH DESERT SECOND CHANCE &
HIGH DESERT FOOD
COLLABORATIVE

FREE FOOD FOR ALL!

EVERY WEDNESDAY

TIME: 10AM – 12PM

OR UNTIL FOOD RUNS OUT!

At: Christ the Good Shepherd Church
17900 Jonathan St
Adelanto CA 92301



Food Distribution list that is given to our partners

Food Distribution List



The following organizations are actively serving residents in need of food. The information below is subject to change. Please call to confirm details and to check for requirements.

Adelanto Christ the Good Shepherd 17900 Jonathan St. Adelanto, CA 92301 (760) 246-7083 10:00am - 12:00pm 2nd and 4th Wednesday of every month	Apple Valley Feed My Sheep / First Assembly of God 21811 Ottawa Rd. Apple Valley CA 92307 (760) 243-4343 10:00am-12:00pm Fridays	Hesperia High Desert Second Chance Warehouse 16666 Smoke Tree St. Hesperia, CA 92345 (442) 267-4444 9:00am - 12:00pm Saturdays	Victorville The Lord's Table 15512 6th St. Victorville, CA 92395 (760) 241-2043 7:30am - 10:30am 3rd Friday of every month <i>Bagged meals available Monday-Friday 11:00am-12:00pm</i>	For Seniors 60+: Victor Valley Community Services Council (760) 243-9646 Seniors must have no alternative way of getting access to food (i.e. a relative who is able to shop for them) to be eligible for food delivery.	Victorville Victor Valley Rescue Mission 15572 7th St. Victorville, CA 92395 (760) 955-5958 Distribution begins at 2:30pm Fridays	CalFresh St. Joseph Health St. Mary cayoursself.com
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APPLY FOR CALFRESH (877) 410-8829

How to Protect Yourself and Others from COVID-19



Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.



Avoid close contact

- Practice social distancing and avoid contact with people who might be sick. Only leave your home for essential reasons (i.e. work and grocery shopping).



Cover your mouth and nose with a face cover when around others

- Everyone should wear a face cover when they have to go out in public. Continue to keep about 6 feet between yourself and others. The face cover is not a substitute for social distancing.



Clean and disinfect

- Clean AND disinfect frequently touched surfaces daily. This includes tables, door knobs, light switches, counter tops, handles, desks, phones, keyboards, toilets, faucets, and sinks.



Maintain a diet high in vitamins and minerals

- Vitamins and minerals are vital to good health and disease prevention. Add an array of colorful fresh fruits and vegetables to your plate and think of it as eating the rainbow. For example, dark, leafy greens, oranges, and tomatoes—even fresh herbs—are loaded with vitamins, fiber, and minerals. For more healthy eating tips: choosemyplate.gov

"Hand in hand with our funders, donors, and friends, we will continue to support our community. St. Mary is at your side during these challenging times."
John Kozira, St. Mary Foundation

For additional resources:
connecticut.org
or dial 211

Additional information regarding COVID-19 can be found at
sbccovid19.com

San Bernardino County Food Resource Directory

<https://sbcovid19.com/food-assistance/>



COVID-19 Response

SBCounty Home

COVID-19 Dashboard

Business Recovery

Vision

Visiting

Living

Working

Services A-Z

Directory

E-Subscriptions

FAQs

Food Assistance

Food Assistance

Q



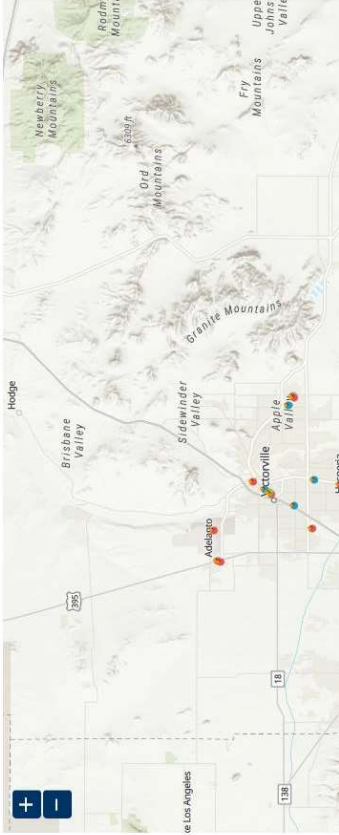
Countywide Food Assistance

For Grab and Go School Meals Click Here

Access Senior Meal Nutrition programs by calling (800) 510-2020 or click here

PSD Enrolled Children Meals/Diapers Click Here

Community Action Partnership



For a specific location near you, please use the Zip/City search option or browse the interactive map.

Show results within 10 Miles

0

20

Select filters to apply



San Bernardino County

Voluntary Organizations
Active in Disaster

Cooperation | Communication | Coordination | Collaboration

HOME

WHAT WE DO

RESOURCES

JOIN US

CONTACT US

LEADERSHIP

LOGIN



The San Bernardino County Food Resource Directory

Hide Fields

Filter

Sort

...

Another Level for Women	CITY	STATE
ADDRESS	11555 Cortez Ave	CA
ZIP	92301	
Calvary Chapel (Adelanto)	CITY	STATE
ADDRESS		
ZIP		

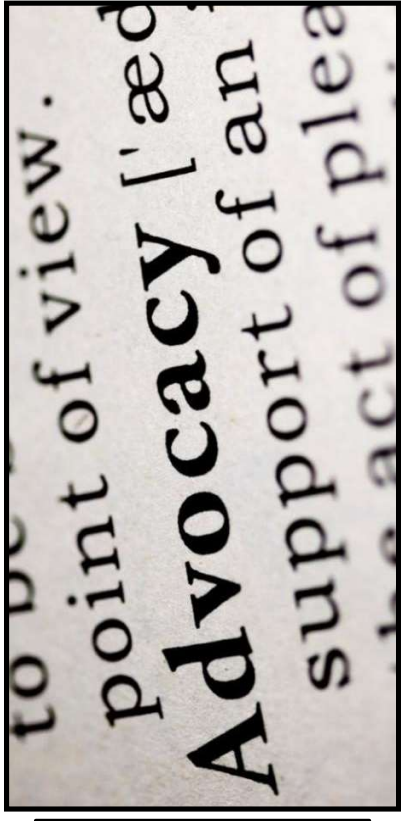
<https://www.sbcovoad.org/the-san-bernardino-food-resource-directory.html>

For more information, contact Eric Cimuchowski at eric.cimuchowski@vvchurchofchrist.org or 760.553.3777



Nourish California (formerly CA Food Policy Advocates)

Nutrition Policy Update Gabby Tilley, Policy Advocate



Sign up for Nutrition Action Alerts:

<https://nourishca.org/get-involved/action-center/action-alerts/>



Updates, Action Steps, Resources & Data

- State Policy Updates: <https://nourishca.org/get-involved/action-center/state-legislative-advocacy/>
- Federal Policy Updates: <https://nourishca.org/get-involved/action-center/federal-advocacy/>
- Sign up for Nourish California action alerts and updates on individual issues & bills <https://nourishca.org/get-involved/action-center/action-alerts/>

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