

The Bulldog Times



Principal: Mrs. Chamberlain

Advisor: Mr. Barnes

Northern Lehigh Middle School

Spring 2010

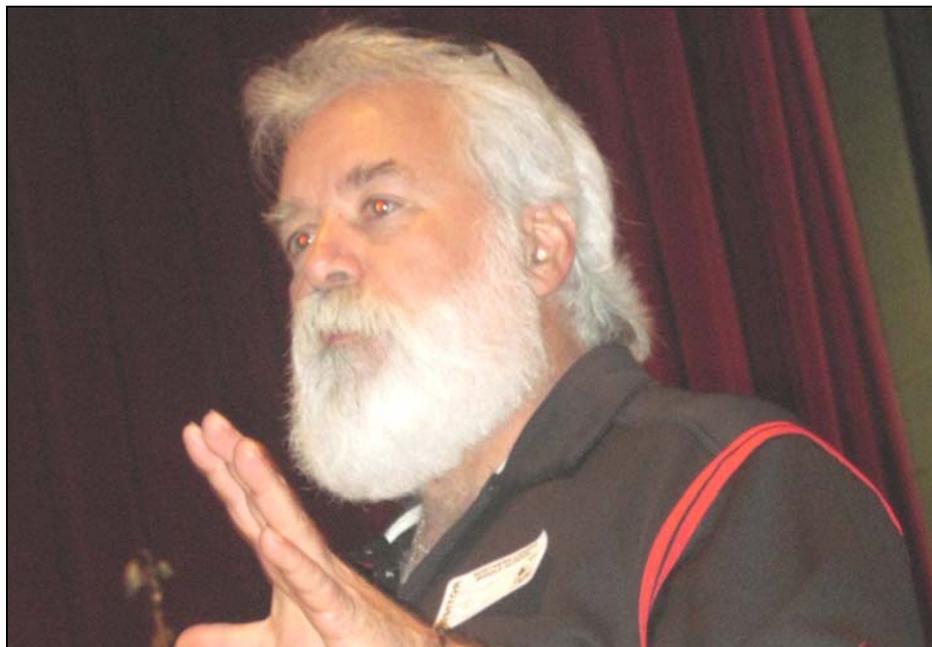
Issue 3

Sharing hearts with the homeless

By Anna Barnett
SouthEast Team

We are all *very* fortunate people. We have homes with families, an education, and much more. Sometimes, we don't take time to realize that, which is why we participate in "Have a Heart for the Homeless."

It really gives students time to think about all the things they should be thankful for, and why we have to help those who aren't so fortunate. "We want our students to understand the feeling of helping other people," said Mr. Barnes,



"Rooster" Valentini talks about his work with Lehigh Valley homeless students.

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Cookies for Cancer a success in 2009

By Makayla Gordon
SouthEast Team

This year's Cookies for Cancer was over the top! Our school raised more money than ever. The school also didn't have to buy any supplies, thanks to all the donations from students and staff.

We all should give a big "thanks" to Mrs. Bowser who

organized and made the Cookies for Cancer a success.

Also, she made homemade cinnamon rolls for the class who sold the most cookie kits. In addition, she also made hot chocolate. The classes that won and received the cinnamon rolls and hot chocolate were Mr. Graver's and Mrs. Marushak's home-rooms.

"This year's Cookies for

Cancer was the best ever," Mrs. Bowser said. "The competition that occurred between Mrs. Marushak's and Mr. Graver's home-rooms was great. They were responsible for almost half of the sales.

"I hope our students' funding for research can help find a cure. I was so proud of all those who helped bring ingredients and make and sell the kits."

Sharing hearts with those who need them

Hearts, from page 1

English teacher on the SouthEast team. “In my English classes, one of my journal questions was, ‘What is something for which you could be more thankful?’ The majority of my students said they could be more thankful for what they have in their lives, including family and an education. *Have a Heart for the Homeless* is the perfect way for our kids to reach a hand out to someone else. Strangers helping strangers is a beautiful thing.” His thoughts are very true.

Thankfully, Mr. “Rooster” Valentini, Site Coordinator for Pennsylvania’s Homeless Children Initiative, was here to help. He talked about homelessness and how we can help; especially children just around our age. Mr. Valentini has been with this pro-

gram for 20 years. We found out that the usual age for a homeless person is 9 years of age. He told us about his poem book that he made over a few years, all about being a homeless kid. It is something all of us can really look at and think, “Man, I really have it good!”

In Mr. Barnes’ 7th grade English class, students read a book called “Monkey Island.” This book is all about a child’s homelessness, and all that he experiences. Think about living outside and alone on the streets of New York! Not that fun at all at age 11.

For many weeks, students and faculty at NLMS were asked to donate things like soaps, toothpaste, toothbrushes, combs, even school stuff! Notebooks, writing pads, pens, pencils, rulers, cray-

ons; the more the better! Listen to the wise words of Mr. Barnes.

“The best part of this campaign is being able to help local people, throughout the Lehigh Valley and in our very own district,” he said. “Our students might forget just how lucky they are to have notebooks, paper and even a pencil for class. Too many people in our world, even on a local level, would give anything to have something as simple as that.”

See how amazing those words were? You rock, Mistah B. So take a second and look around at everything you have. Everything that you don’t necessarily need, but *wanted*. You have it. Look at all the things you *need*, you have it. Let someone else have the same feeling as you.

Animals from Egypt



Chelsea Harlan (above), of the North team, and Paige Slack of West team, try on slithery bracelets at an assembly devoted to Egyptian animals.

7th graders go rollin' in the dough

Students learn all they 'knead' to know about baking bread

By Taylor Duplaga
West Team

On Jan. 27th, the seventh-graders had an assembly... about baking bread! We learned many things like the correct way to knead dough.

For instance, when you knead the dough, you want to fold it in half (toward you). Then push it away with the palms of your hands. Next you turn the dough and repeat the process. Make sure you knead it quickly so it doesn't stick to your hands and make a mess.

We also learned how to test water to see if it's hot enough. When you test water, you stick your hand in the water and if you can keep your hand in there without having to force yourself to do so, it's the right temperature.

The lady from King Arthur Flour who demonstrated the bread making had some students there to help her. They were Stephan Scheib, Alyssa Fritzinger and Brooke Ackerknecht. Stephan and Brooke showed the seventh-graders how to measure the ingredients. Stephan also showed them how

to make pizza with the bread dough. Alyssa and Brooke showed them how to make cinnamon rolls.

After the assembly, the students were given enough ingredients to make two loaves of bread. One loaf was to be brought back

to school to be donated to a soup kitchen. They got to make bread, pizza or cinnamon rolls with their portion of the bread dough.

So next time you want some homemade bread, don't go to a bakery... go to the seventh-graders!



Photo courtesy of NLMS Yearbook

Brooke Ackerknecht, of the SouthEast team, and Stephan Scheib of the West team, help seventh-graders learn how to bake bread.



Mr. Herzog got quite the homemade birthday gift from Mr. Eckhart when returning from Christmas break. “Mr. Herzog drew a caricature of me on the board for my birthday so I got the idea of doing this for his birthday because I know he’s a huge ‘Survivor’ fan,” said the NLMs art teacher. “When I first saw it,” Mr. Herzog said, “I laughed hysterically out loud. I couldn’t believe the amount of detail on the picture. Mr. Eckhart is extremely talented. But, then it got a little creepy seeing myself glaring back at me all day long. Now I know how my students feel! The picture now hangs inside my garage on the wall. My family has to pass by it every day as they enter our house. I jokingly tell them that they have to bow down before they enter. The tribe has spoken!” Also pictured are resident reptiles, Spike and Jake.

Read-On strives to beat last year

By Stephanie Stein
SouthEast Team

On Jan. 8, 2010, NLMS started the 9th annual Read-On program. This program helps the Child Advocacy Center, which is a child-focused facility for children to get help when they are abused.

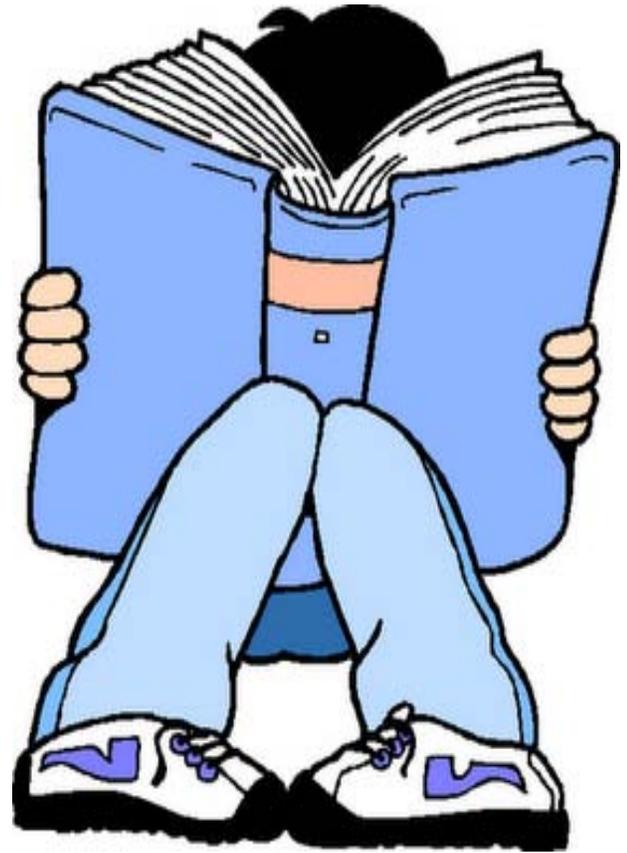
Our job in this is to read as many books as possible to help raise money for the center. Our school gets four sponsors to donate 25 cents a book that is read. Last year, our school raised more than \$1,700. Besides just reading, Mrs. Chamberlain challenges each student to read 15 books

in that time.

“I think it’s great when kids can help other kids simply by reading,” said West team reading teacher, Mrs. Walter, who also runs the program at this school.

“It’s the perfect opportunity for our students to give back to the community and especially other children in need,” said Mrs. Marushak. “Without spending any money, they get to read and help others at the same time so it’s a win-win situation.”

The competition ends March 31, 2010. Let’s see if this year, we can raise \$2,000.



Phys-Ed congratulations go to...

Congratulations to the following students who earned the American Red Cross CPR and AED certification in January. They are making our school a safer place! Jared Brozowski, Erin Fleischmann, Jacob Heintzelman, Shyann Irizarry, Julie Knerr, Bryce Moser, Erika McKay, Nathan Snyder, Austin Berger, Xena Berger, Samantha Miller-Brown, Makayla Gordon, Jamie Miller, Nathan Rex, Nina Schnyder.

Students can now sign up for Spring Netsports Intramurals, which begin April 7. Permission forms are located outside the gym on the wall by the park



bench. There will be a pizza party to conclude the intramurals on April 28.

Congratulations to the following teams who won the bas-

ketball tournament in PE class in December! Period 1: The Dawgs; Period 2: Roaring Tigers; Period 3: Bubba Gumps; Period 7: Vegas Babies. Also, congratulations to the winners of the heavy rope contest: Alex Hoffner (76 jumps) and Emily Bevans (58 jumps).

Congratulations to the following teams who won the volleyball tournament in PE class: Period 1: Magics; Period 2: Tropical Skittles; Period 3: Giant Slammers; Period 7: Kittens and Mittens.

Miss Barnes gains artful experience

Student teacher will look for teaching job in 'real world'

By Nathan Snyder
SouthEast Team

Mr. Eckhart's student teacher, Miss Barnes, left on March 5. Before she left, I asked her how she liked our school. She said we have very respectful students and that they are very creative. She said that we always surprise her.

I asked what she would want more of for our school and she said more time for Explorer classes.

Miss Barnes attends Kutztown University but said if you want to go to school to become a teacher, it is very hard but definitely worth it.

If she hadn't become a teacher, Miss Barnes said she would have liked to have become an archeologist. Her favorite events that we had while here were the Egyptian assembly and the bread-making assembly. Her favorite project that she did was Cityscape with the eighth-graders. Her favorite part about the school is the easy flow of students. She said that she likes how friendly everyone is.

Miss Barnes hopes to get a job in the county because of the sense of community. I think everyone in the school hopes she has a great future as an art teacher somewhere!



Seventh-grader Keith Schmidt listens as student teacher Miss Barnes covers an art lesson.



NLMS Enrichment class visits local media outlets



Northern Lehigh Middle School's Enrichment Class recently visited local media outlets including TV13 News studio (above).

By Julie Knerr
SouthEast Team

On January 15, the Enrichment class took a field trip to the Times News and the TV13 News Station. We learned about anything that has to do with getting information from reporters to everyday people like us.

Our first stop was the Times News building. Here, we learned how all of our news is printed, from the newspapers on our porches and brochures for events, to wedding invitations and business cards. One of the most interesting things that our group saw was the "roll room." Here the newspaper company keeps all the

paper used to print. Each roll of paper weighs about 3,000 pounds, costs \$1.35 per square foot (anywhere from \$3,000 to \$5,000 for the whole roll) and they use about two a day. However, they don't kill trees. All of their paper is recycled, and all of their paper scraps get taken away and recycled again. The workers at Times News put together the papers, try to "reclaim" previous customers, help to run the many machines at the company, print inserts for papers, and get advertisements for the many newspapers and brochures. Advertisements pay for almost everything that needs money at the company. Printing news is a real team ef-

fort.

Our next stop was the TV13 News Station. At the beginning of our tour, we met the people responsible for collecting all the news that is broadcast on the show. After that, we saw the control room. While the show is being broadcast, the director, producer, and a few other important people sit in this room to control the show. They make the graphics appear on the screen, or roll footage during the show. Our final visit in the tour was, of course, the actual set where the news is filmed live, each day.

The room was very bright, and had about four or five flat

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Student gives new puppy her identity

By Nathan Snyder
SouthEast Team

Mrs. Marushak recently got a new dog and she said the South-East team could help name it and whoever found a good name would get \$5. The name "Bella" was mentioned by Andrew Tarafas and he won the \$5.

The new puppy is very smart and very well-behaved. Although she chewed Mrs. Marushak's son's good work shoes. Mrs. Marushak has two older dogs named Gus and Ginger.

The puppy eats the older dogs' food instead of its own. The

puppy is being trained with Fruit Loops and has already learned how to sit. I asked Mrs. Marushak why they decided to get a new dog and she said, "My husband wanted a dog and I kept talking him out of it. Finally, after deciding that Mr. Marushak deserved it, we got the dog."

She also said that one time the puppy jumped on the dishwasher door, turned around and looked up at her.

Another thing she said is that the puppy jumps and barks at the older, 80-pound dogs. Bella's favorite place to sleep is on Mr. Marushak's lap. Mrs. Marushak said

one thing about getting a new puppy is it's a lot of work, but worth it.



Bella guards the dishwasher like a champ.

NLMS students take a trip to the 'news'

Media, from page 7

screen TV's. In the very front of the room was the green screen, where the weather reporter does his segment of the news. On the set, we talked to Marie Johns, one of the on-screen reporters. After a group photo, we got to explore the set. And that is always a good time. Again, live news is a huge team effort.

Whether you are hearing about the news through your TV, reading it in the newspaper, or just hearing it from another person, someone has to do a lot of work to put together a whole news broadcast, or a newspaper. Thanks to all of the workers at these companies, we get all the news we need anytime!



Kelcie Kramer, Brooke Ackerknecht and Connie Hepner are news ladies for a day.

Helping sick children while learning math

North, SouthEast teams prep for Math-a-Thon to help St. Jude's Hospital

By Julie Knerr
SouthEast Team

In the beginning of April, the SouthEast and North teams will participate in the Math-a-Thon, a fundraiser conducted by St. Jude's Children's Hospital. This will give the North and Southeast students a chance to help children sick with cancer and other diseases.

The Math-a-Thon was designed to raise money for St. Jude's Children's Hospital. This hospital helps children who are sick with various diseases. The hospital has teachers conduct the program to provide it with needed and appreciated donations. The hospital will not turn people away because they don't have health insurance, which helps pay for medical procedures.

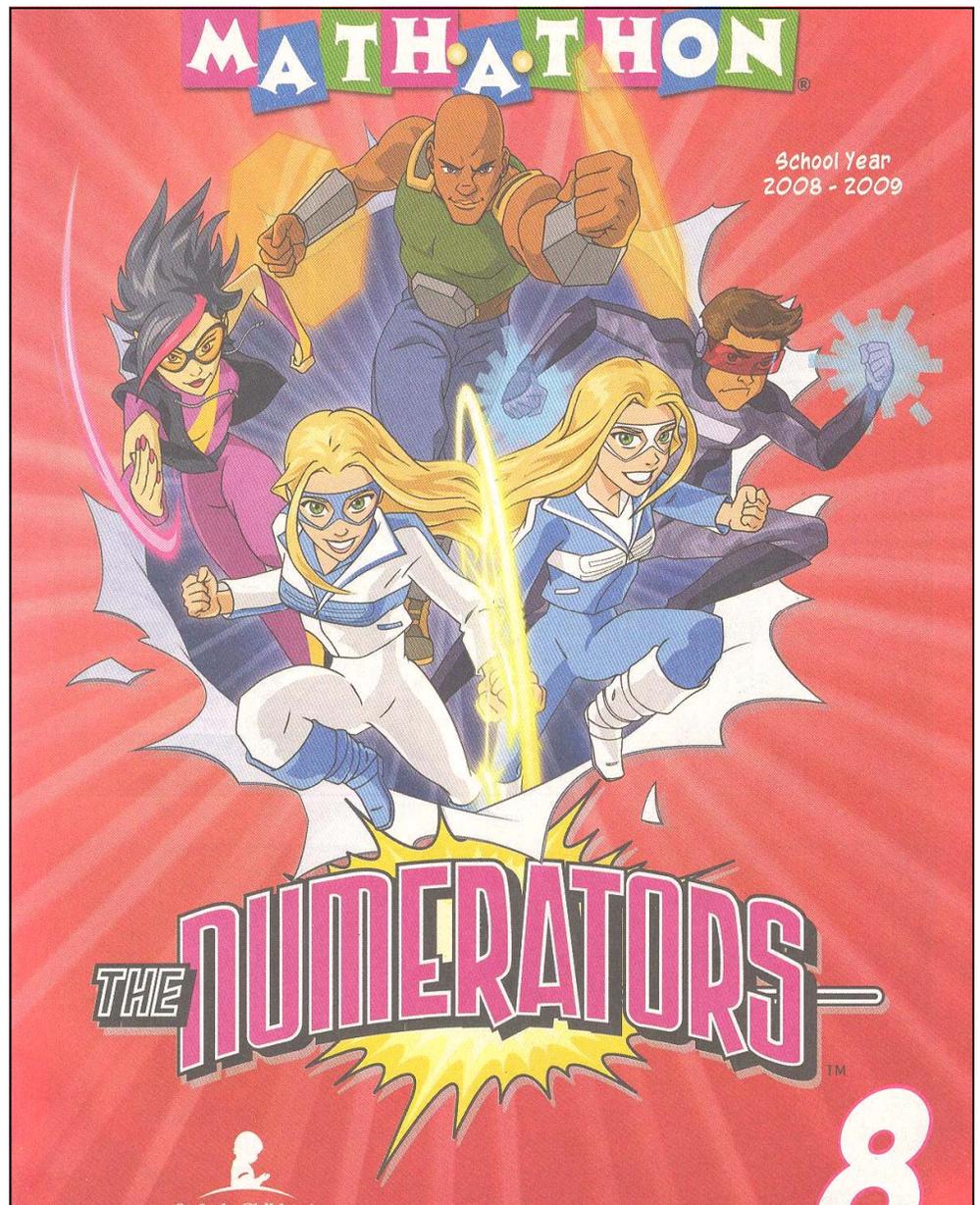
When the fundraiser begins, students will receive a booklet with different math problems on every page. Students can raise money by asking people to be sponsors. The sponsors can donate anything from a penny and up for each question answered correctly.

If sponsors don't want to do this, they can agree to give a certain amount of money if the entire booklet is finished. Students should get as many sponsors as possible. When the booklet is finished, it gets corrected, and students collect the money from their sponsors. Students can also earn prizes for the amount of

money they raise. Mrs. Hubbs' goal last year was to raise \$500, and the SouthEast team alone raised over five times that. Her goal this year is to raise about \$3,000. I asked Mrs. Hubbs how she felt about the fundraiser. "This is an opportunity for the students to help other children," she said. "Hopefully, we can raise

as much money as possible to help children who are sick, and the hospital that takes care of them."

North team math teacher Mrs. Kuntz added, "I believe that this effort is an excellent way for students to hone their math skills while also helping very ill children."



SouthEast spends days with Astronomy



Ryan Klass cuts the perfect moon.



Brittany Kern colors in some stars.



Cubby George gets down and dirty with his yellowness.



Meghan Weil shows off a home-made planet.



Kaelah Horwath is so happy about coloring.



Josh Hamm and Hayden Falenwolfe work on a PowerPoint presentation.



Steve Ingles had fun going outside to set off rockets.



Emily Bevans sponged up a mural.



Tatiana Rodriguez braved the cold to set off her homemade rocket.

Northern Lehigh girls B-ball tries to stay focused in 2009-2010

By Rachel Hams
North Team

The Northern Lehigh Middle School girls basketball team is made up of 21 hard-working girls. The four captains of the 2009-2010 season were Kelsey Follweiler, Chelsea Harlan, Annelise Tarafas and Rachel Hams. The A Team had a record of 4 wins and 13 losses. The B Team had a record of 5 wins, 12 losses.

The highest scorer on our team was Kelsey Follweiler. The girl with the most rebounds was Jennifer Howell. The players with the most steals were tied between Meghan Weil and Kelsey Follweiler.

In response to this year's team, Coach Reinhard said the teams' best quality was their strong defensive skills. Our "fatal flaw" was shooting, though. We sometimes couldn't make a basket.

Overall, Mr. Reinhard thinks we are a great group of kids who played our hearts out this season. This was also the B Team's most successful season yet. Also, most of the games we lost were only by 6 points or less.

As Mr. Reinhard told us numerous times throughout the season that we need to focus to help us become successful. Overall, we did pretty well and had a very fun basketball season.



(Right) Kaelah Horwath practices a jump shot while (above) Chelsea Harlan plans her next move. No one is sure what Rachel Hams is doing.



Photo by Morgan Konek

The middle school basketball team gets psyched for battle at a recent practice.



OPINION

Why foreign countries don't like America

In America, we have plenty of novelties. Things like television and video games. When the less-developed or poorer countries look at what we have compared to what they have, they see a big difference. This is one of the reasons why foreign countries don't like us.



Ryan Rubio

Also, because the people here that are arrogant and put our nation's problems in front of everyone else's are another reason why they don't like us.

There is always a selfish kind of person in a group. That's one of the reasons I think most countries don't like us.

They feel we're selfish and only do things for ourselves. The truth is, we don't... It's just sometimes we have to do what's best for our country, which may not be the best for the other countries.

They feel this way because they compare what we have to what they have and we have much better things.

Also, they have leaders that tell them it is our fault they don't have what we have.

My second and final reason I think foreign countries don't like America is because of some

people in our country. For example, my brother, Warren, who attends LCCC, was having a talk with his class about the situation in Haiti. A girl said to forget about Haiti and aid the economy of *our* country. She said that we shouldn't care about Haiti because it isn't even a third-world country. That is a prime

example of arrogance and this is why we have so many enemies.

We have certain arrogant people who like to shoot their mouths

off and say how we should forget about everybody else and work on repairing the state of our union.

Don't get me wrong, I would love for this to happen, but sometimes it's not all about us, it's about the world.

That's what I think some people have to learn.

In conclusion, I believe America is not as much hated as we are envied. Either way, people have a lesson to be learned. Whether it is learning to put other countries in front of ours or it's to appreciate what we have more, we can still do something to make our world better.





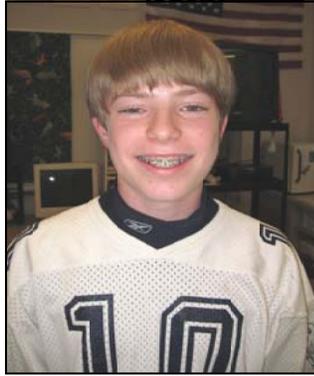
OPINION

Skinny jeans on guys just don't mix

Guys wearing skinny jeans has become the "style" these days; well I am here to tell you why skinny jeans do not belong on guys.

Skinny jeans are really tight, and are very uncomfortable in many places. They leave us no room to breathe and show off guys' legs, which I think most of us guys and girls would rather not see.

Most guys that wear these ridiculous things wear them so far



What Curdles My Milk

Tyler 'T.T.' Trumbauer

down their butt that they need to waddle around like a penguin to keep them from falling down. It's like *bello*, pull up your pants and walk normally. We are humans for god sakes.

They hear it yelled at them all day to pull them up. From teachers, parents, and other kids (especially me) but, they continue to push them farther, and farther south. If you are going to wear them that low, then you might as well just come to school with just your

boxers on, which again I think most of us guys and girls would rather not see.

Skinny jeans are meant for girls. That is who they were designed for. That is why they are called "skinny jeans".

So, the bottom line here is guys stay away from skinny jeans and girls' jeans. There is a place in most stores called the "Mens" section.

You guys should go visit it sometime. Also, for the sake of us guys and girls, please pull your pants up! That is what curdles my milk.

Eating disorders can affect anyone

I read an article about an eating disorder known as Anorexia. In my opinion, it is horrifying because the truth of the matter is you are either starving yourself or eating large amounts of food and throwing it back up.

Usually, an eating disorder is found in women more than men. In the article, some girls were bragging about how little they are! The problem is that when you are with friends, the more time you spend



Alexis Middaugh

together, the more you pick each other's habits.

This doesn't mean not to hang out with a friend that may have an eating disorder; it just means you should try to stop it in its tracks and don't get sucked into the horrible habit.

Also, the worst part is that when you don't eat for a long enough time, the lining of your stomach starts to be eaten away!

Ouch! There were several true stories in this article but one that

stood out was about a girl that ate around 50 or less calories per day, and while she was shopping she just collapsed!

It was because she was so severely dehydrated. When she went to the hospital, she had to get a feeding tube in her nose and nutrients pumped into her body through an IV.

Now would you like to be disgustingly skinny just to end up in a hospital?

Just remember, the image that you see in the mirror is not truly who you are.