

Aldersgate Counseling Opt-Out Form

Eastern Center for Arts and Technology has partnered with Aldersgate to provide in-school counseling services to students who may need extra support. Support is provided in the form of individual counseling, group counseling, classroom lessons, peer mediation, and/or crisis intervention services depending on the student's level of need. Please indicate below if you would like to opt out of these services.

Student Information:

- **Student Name:** _____
- **Grade:** _____
- **Program:** _____
- **Home/Sending School:** _____

Parent/Guardian Information:

- **Parent/Guardian Name:** _____
- **Phone Number:** _____
- **Email Address:** _____

In school counseling topics may include, but are not limited to:

- Stress management
- Positive Decision Making
- Anxiety and coping mechanisms
- Conflict Resolution
- Anger Management
- Healthy Relationships and more

Opt-Out Details: Please indicate the specific counseling services you wish to opt your child out of:

- Individual Counseling ()
- Group Counseling ()
- Classroom Guidance Lessons ()
- Peer Mediation Programs ()
- Crisis Intervention Services ()
- Other (please specify): _____

Acknowledgement and Signature:

I understand that this opt-out will be in effect unless I provide consent to enroll my child in the selected services.

- **Parent/Guardian Signature:** _____
- **Date:** _____

School Use Only:

- **Received by:** _____
- **Date Received:** _____

Please return this form to Juli Macgregor or mail it to jmacgregor@eastech.org . For any questions or concerns, contact jmacgregor@eastech.org .