

Community Education Activities, Sports Information, School Information, District News, and Community Events

## SPOTLIGHT PROGRAM

# "NRHEG Competition Cheerleading"



CHEER COACHES: Jennifer Bunn, Brooke Berg, Joni Churchill, Linda Stadheim

The NRHEG Competitive Cheerleading teams are made up of cheerleaders who strive to support and boost spirit at the school along with promoting positive sportsmanship through competition. Routines not only showcase sideline skills using signs, poms, and megaphones, but also perform challenging choreographed 2½ minute routines to music that include stunts, jumps, and tumbling as well. Teams are judged by a panel of cheerleading experts on difficulty and execution. The goal of competitive cheer is to have fun, gain experience and make great memories that last a lifetime, as well as learning cheers, stunts, dances, jumps, patience, persistence, teamwork, and communication. Our student athletes develop qualities in areas such as self-confidence, respect, responsibility, mental and physical strength, courage, and focus just to name a few!

At NRHEG our Competition Cheer Teams consist of a Middle School (5-9<sup>th</sup> grade) and a Varsity (8-12<sup>th</sup> grade) Team. Routines are choreographed by Northern Elite during the summer & tweaked or modified throughout the season by our coaches and students based on the ability and skill level of the athletes. Teams travel to competitions to compete 3-5 times per year & also perform locally at school athletic events throughout the season.



Not only are all teams trying to be the best in their prospective divisions, but Varsity is also vying for bids ("invites") to compete at the National High School Cheerleading Championship held in Orlando, Florida in February. This is the third year in a row the Varsity Competition Cheer Team won their state competition and were also invited to Nationals in Orlando after qualifying during a regional competition. The team was able to fundraise the amount needed from our local community businesses & members to travel to Florida where they placed 11th out of 40 total teams in the nation! Incredible!!



## **PISTRICT CONTACT INFORMATION:** Our Mission: Empowering students with knowledge and skills to succeed.

Our Vision: To be the school district of choice, inspiring excellence in academics, arts, and activities.

Fax: 507-684-2108

DISTRICT OFFICE:  Superintendent: Michael Meihak mmeihak@nrheg.k12.mn.us  Admin. Assistant: Sue Kulseth. skulseth@nrheg.k12.mn.us  Phone: 507-465-3206 Fax: 507-465-8633	COMMUNITY EDUCATION:  Director: Macy Whiteside mwhiteside@nrheg.k12.mn.us Phone: 507-417-2667 Fax: 507-465-8633 Assistant: Stacy Hutchens shutchens@nrheg.k12.mn.us  SECONDARY SCHOOL: Secondary Principal: David Bunn dbunn@nrheg@nrheg.k12.mn.us  Admin Assistant: Teri Kormann tkormann@nrheg.k12.mn.us Phone: 507-465-3205 Fax: 507-465-8633	
ATHLETICS / ACTIVITIES: Athletic Director: Dan Stork dstork@nrheg.k12.mn.us Phone: 507-417-2628 Fax: 507-465-8633		
ELEMENTARY SCHOOL:  Elementary Principal: Craig Kopetzki ckopetzki@nrheg.k12.mn.us Admin. Assistant: Jean Greenwood jgreenwo@nrheg.k12.mn.us Phone: 507-684-3181	We offer many ways to help you to Stay Connected with the NRHEG  School District! www.nrheg.k12.mn.us  NRHEG Elementary School, NRHEG Secondary School  NRHEG Community Education, NRHEG ECFE	

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# NRHEG District Newsletter April 2023

## A Letter from the Superintendent



## **Another Trip Around the Sun**

We survived another winter and are now heading into the spring months looking forward to summertime in Minnesota. Although students are not in classes during the summer months as they are during the school year, there are still all sorts of opportunities for learning. The hallways of the school buildings continue to be a buzz with students throughout the summer. Our

outside areas and ballparks are often times busy with practices and games as well. Fond memories and lasting relationships are built during these events that bring us together.

Students, parents, and community members are encouraged to take advantage of the programs made available through our district. We strive to offer classes or programs for all students ages 1-101.

We are also always looking for new offerings. If you don't find a current class or program that interests you, please contact us and share your ideas. Having more participants and more community members involved is what our main goal is about. If you are interested in leading a program or class, we would love to have you involved. Please let us know what you, or someone you know, can add to our programs.

New Richland, Hartland, Ellendale, Geneva, and all the surrounding communities are filled with people looking to make our district the best that it can be. Your involvement in our programs absolutely helps us build and grow our distinct and our communities.

Thank you for making Panther Pride something that is part of us all.

Mr. Meihak NRHEG Superintendent









## **What is Community Education?**

Community Education is an opportunity for local citizens, community schools, agencies and institutions to become active partners in addressing education and community concerns. Community Education embraces these beliefs: education is a lifelong process, everyone in the community shares a responsibility for the mission of educating all members of the community and citizens have a right and responsibility to link the needs of the resources to improve their community.



## **Services**



### Youth & Adult Programming

Classes provide youth and adults with educational and recreational programs to gain new skills and knowledge while building strong connections and empowering the community

### **Early Childhood Services**

- Early Childhood Family Education (ECFE)
- Panther Preschool
- Early Childhood Screening

### **Facilities Rental**

Need gathering space? We have it!

Facility Scheduling & Requests Requests for the use of school facilities are made through the Community Education Office. Please contact the office at 507-417-2667 and ask for a facility use form or go to the NRHEG website and find the form under Community Education. A minimum of three week notice for use of facilities is required.

## BECOME AN INSTRUCTOR!!

Share your talents with Community Education.

Community Education classes are flexible and designed to meet the needs of our instructors and the community. Volunteer and salaried positions are available.

For more information call: 507-417-2667

email: mwhiteside@nrheg.k12.mn.us

## YOUTH DEVELOPMENT SCHOLARSHIPS: Through the generous donation

from the EF Johnson Foundation, we are able to offer \$50.00 scholarships per child for summer & fall programming – visit our website for guidelines and download the application or get one from your school office or email Macy at mwhiteside@nrheg.k12.mn.us! Income eligibility based off of the free/reduced lunch scale.



## **BIRTHDAY PARTY GYM RENTAL**

Is your child having a large birthday party this year and you don't want to host it at home? Then give us a call about renting our school gym & cafeteria! We help clean up the mess and provide your birthday party crew with basketballs, dodgeballs, footballs, a parachute, hoola-hoops, jump ropes, kick balls, etc. Gym Party Rental fee is \$60 for 2 hours of gym time for free play/games and cafeteria time to eat. Call 507-417-2667 or email mwhiteside@nrheg.k12.mn.us to check on gym availability (Ellendale or New Richland) and to schedule your party!



- \*A program of Community Education
- \* Full-time, Part-time, or **Prop-in Care available**
- \* You can register anytime!
- \* Homework help upon Request
- \* Fun recreational activities
- \* Breakfast & Snacks included
- \* Care on non-school days
- \* Care available ALL SUMMER!
- \* Arts & Crafts
- \*Fieldtrips
- \*Summer reading program

YOU CHOOSE YOUR SCHEDULE AND PAY **ACCORPINGLY!** 



(3-5 years old)

Hours 6:45am to 5:45pm, Monday-Friday YEAR-ROUND

All day care available for children enrolled in Panther Preschool in Ellendale or New Richland

# School Age Care (Bridges/Kind. - 5th grade)

Hours 6:45-8am & 3:00-5:45pm YEAR-ROUND

Before and/or After School care located at the New Richland & Ellendale School buildings

> For more information call Rachel at 507-416-2137 or email rpowell@nrheg.k12.mn.us

> > Visit our website:

https://www.nrheg.k12.mn.us/domain/680









### IS YOUR FAMILY INCLUDED ON THE SCHOOL DISTRICT CENSUS?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? ISD 2168 wants all families with young children to know about our programs and activities. Being on the school census also ensures that you will receive information regarding Early Childhood Family Education classes, Early Childhood Screening, and the Panther Preschool program information. In addition, funding for our Early Childhood Programs is based on the number of children on our census.

It is important that everyone be counted! To be added to the census, please call Karla at our school office, 417-2605 or find the form on our Community Education Website at www.nrheg.k12.mn.us under the community education tab.

Early childhood screening is mandated by the State of Minnesota for all children entering Kindergarten. The best time to have your child screened is between the ages of 3 and 4.



A navigator connecting pregnant and parenting families with young children (birth-8 years old) with services in their local communities that empower families to be healthy and safe.

minnesota Help Me Connect is an interagency collaboration between Minnesota's Departments of Education, Health and Human Services. For more information, visit

https://helpmeconnect.web.health .state.mn.us/HelpMeConnect/



SCREENING



Are you concerned about your child's development? Help Me Grow is a group of service providers working together to help area families. They provide free early intervention referral services to help families find and coordinate resources for their children aged birth to 5 years old.

- Help Me. Grow provides. Resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost.
- Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service. agencies.

Early Childhood Screening is FREE and the earlier the BETTER! When your child turns 3, please call 507–417–2667 to schedule a screening appointment.

UPCOMING SCREENING DATES: April 21 October 16-17-18, 2023 at the United Methodist Church in Ellendale

# NRHEG Panther

## **PRESCHOOL**





NRHEG Community Education and our School Readiness Programs take pride in investing in our youngest learners and in preparing children and families for success in school.

Registration Forms will be accepted starting Monday, March 13th.

NRHEG Panther Preschool provides programming designed to help early childhood learners prepare for Kindergarten. Our program is designed for all families. Three year old students are in the New Richland Secondary School or the Ellendale Elementary School and have options of 2 or 3 day-a-week programming in the morning. Four year old students are located in the New Richland Secondary School or the Ellendale Elementary School and have options of 2, 3, or 4 day-a-week programming in the morning or afternoon.

## Why do parents choose our preschool program?

Our Students: Children who attend our preschool program enter Kindergarten with foundational skills (social-emotional & academic) and experiences that will help them to be successful in school.

Our Teachers: State licensed & highly qualified in early childhood education, our teachers are dedicated and passionate about our earliest learners.

**Our Curriculum & Assessments:** Our 123-Learn curriculum is Parent-Aware Approved, research based, developmentally appropriate, and aligned with the MN state learning standards. We utilize TS Gold Assessment (Parent Aware approved) throughout the year along with our KRAT (Kindergarten Readiness Assessment Tool).

Our families: Families are valued partners with the school in supporting their child's learning at home.

**Focus on the Transition into school:** Our programs are integrated and aligned with Bridges/Kindergarten to make that transition into school smooth and exciting for our youngest of learners.



# **Ellendale Elementary School Information**

## REMINDERS OF UPCOMING DATES & EVENTS:

Parents – Please take time to read to or with your student each day.

### APRIL

7 - No School - Spring Break

10 - No School - Spring Break

17-21 - Prairie Fire Theater "Wizard of Oz"

21 - Early Childhood Screening in Ellendale

28 - 2-Hour early dismissal

### MAY

22 - BK-2<sup>nd</sup> Grade Spring Concert at 6:30pm

22 - 3-5th Grade Spring Concert at 7:30pm

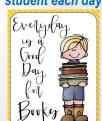
29 - No School - Memorial Day

### JUNE

1 - Last day of school for students



NRHEG ELEMENTARY SCHOOL





## PRAIRIE FIRE CHILDREN'S THEATRE

Don't miss your chance to be a part of the Prairie Fire
Children's Theatre's original musical production of "The Wizard of Oz"! This program starts with an audition on

Monday, April, 17th, is followed by a week of after school rehearsals, and ends with two productions. Students will have the chance to play the memorable roles of Dorothy, Toto, Glinda the Good Witch, the Tinman, the Cowardly Lion and many other special characters! Every registered participant will have a role in the play. Two PFCT staff will direct the play, as well as play the roles of The Wicked Witch of the West and the Scarecrow. A rehearsal schedule will be distributed after the audition on Monday.

Date: April 17-21 3:30-8 PM (times will vary based on your child's character)

Cost: FREE! (thanks to the generous support of our NRHEG PTO)

\*\*watch for reg. flyers to come home in the mail soon!



Daycare for children ages 3 years
– 5<sup>th</sup> grade. 6:45-5:45pm Monday-Friday

- \* All day care available for preschool age children in New Richland and Ellendale.
  - \* Before/After school care for B/K 5<sup>th</sup> graders in Ellendale and New Richland Schools
- \* Non-School day care located in New Richland (prek-5<sup>th</sup> grade) and all summer long!
  - Preschool before & after school all day care
     B/K-5<sup>th</sup> grade before & after school care
    - Kindergarten Readiness support
      - Homework help upon request
      - Fun recreational activities
      - Breakfast & snacks included
    - Care on non-school and summer days - Arts & Crafts

Please call or email Rachel at 507-426-2137 or 507-417-2626, rpowell@nrheg.k12.mn.us for more information!

Cost varies based on your hours needed per week. Visit our website at: www.nrheg.k12.mn.us/Page/3214



Grades: 3-5

Instructor: Macy W.

Summer is almost here and that may mean your child will be home alone for an extended period of time until you get home from work or an outing. Whether left alone for an hour or a few hours a day, your child should feel comfortable being alone. This workshop for children will address several topics relating to being "Home Alone". You also get your own first aid kit to bring home with you!

Date: Wednesday, May 10<sup>th</sup>

**Time:** 3:15-5:15pm

Location: Ellendale Media Center.

Cost: \$26 per student

Register by: Thursday, May 4th





# Babysitter's Training Program

**Ages**: 10-18

**Instructor:** Jackie Anderson (16 years of experience as ARC instructor) Email: anderson4redcross@gmail.com

The Babysitter's Training program is designed to educate young individuals with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training helps participants develop the leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave, and learn about basic child care. Participants will learn how to provide care for an infant and child choking, as well as learning how to provide rescue breathing.

**Materials required:** Babysitter's Training Handbook (digital download is free)

Optional ~ Deluxe Babysitter's Training Kit, \$29.95, purchased from ARC

Date: Saturday, May 6th 8:30-3:30pm.

**Cost:** \$90 per student — this includes the fee given to ARC for certification.

**Register by:** Thursday, April 27. New Richland Secondary School — Media Center (enter door #1E).

## Bring your own sack lunch!

Maximum of 20 students.

Another class will be offered in June if needed.

# A Pate with Mom

filled with building, bingo, & pizza!



What could be more fun than spending time with your mom, hammering some nails, painting, playing bingo, and eating pizza?!
Not only will you be building

memories with mom but you will also be building a real birdhouse to hang in your yard!

Kids and moms of all ages will enjoy this pre-cut wooden birdhouse kit. We like to keep it simple with just hammering, sanding, and painting your birdhouse, then afterwards playing Bingo to win some prizes, and filling your bellies with Pizza while having a great time with your mom and friends! Please bring a hammer if you have one.

**Date:** Sat., April 15. **Time:** 9:30-12:00

Cost: \$20 per birdhouse Register by: Fri, March 31

Location: New Richland School, enter door #1E

**Ages:** 2<sup>nd</sup> grade and up!

\*\*Please indicate on registration form how many birdhouses you would like to build



## **GRASP**

### NRHEG Academic Summer Program

A correspondence summer program designed to reinforce math & reading skills learned during the school year just completed. GRASP is a workbook program designed for students who have completed grades K-8 to keep their skills current over the summer months. Students complete nine lessons in math, reading, or both over the summer. Each lesson takes about one hour to complete. Mail the lessons in, then they are scored, results recorded and returned to the children. Children receive a medal soon after Labor Day. Books will be distributed to students the last week of school. Register for the grade just completed. *If interested, please email Macy at mwhiteside@nrheg.k12.mn.us for registration forms*.

### **GRASP REGISTRATION DEADLINE:**

**Monday April 24** 

**Cost**: Math \$26.00. Reading: \$26.00. Both: \$48.00



## **New Richland Public Library**

### **Summer Event Schedule**

119 S Broadway | New Richland, MN 56072 | 507-465-3708

HOURS: M, Th 1-7 pm Tu, W 9 am-1 pm



### **Vietnamese Music\***

Listen to traditional Vietnamese music on a variety of instruments. Find out the history behind the instruments.

6/7 at 10 am All ages



# Paul Bunyan and Babe the Blue Ox Find the Blues!

Join us on a journey down the Mississippi River on a search for the Blues. On the way we find a variety of characters who represent various music genres. Listeners will be introduced to the oboe, English horn, and 4 different saxophones!

6/20 at 10 am All ages Sponsored by Friends of the New Richland Public Library



## **Magic Show**

Magic Bob creates fun, imaginative, and interactive magical adventures for a crowd.

7/5 at 10 am All ages Sponsored by Friends of the New Richland Public Library



### **SUMMER READING PROGRAM:** Ages 3-18 read to win prizes June –July

### **Kids Events**

Romp and Rhyme Story Time Wednesdays at 10 am

## Anishinaabe Beads Workshop\*

6/21 at 10 am (ages 9-12)

### **Little Explorers**

6/22 at 3 pm 7/26 at 10:30 am (ages 2-5)

### **Dog Man Unleashed**

6/26 at 2 pm (ages 7-12)

#### Kinder Konzerts\*

6/29 at 2 pm (all ages)

### Dragons, Flutes, and Monkeys Musical Folklore\*

7/11 at 10 am (all ages)

### My Little Pony Party

7/19 at 10 am (ages 4-10)

### Friendship Pins

8/8 at 11 am (ages 8-12)

### **Teen Events**

### **Book Cover Keychains**

6/13 at 10 am (ages 13-18)

#### **Skittles Art**

7/3 at 2 pm (ages 13-18)

### **Adult Event**

### Tea Towel Family Recipes\*

8/22 at 10 am (ages 18+)

### Battle of the Books

### Tween Battle of the Books\*

8/5 at 10 am (ages 9-13) St. Peter Community Center

### Teen Battle of the Books\*

8/5 at 12:30 am (ages 13-18) St. Peter Community Center

Register your book trivia team by 5/31!

\*This program is made possible by the voters of Minnesota through a grant provided by the Traverse des Sioux Library Cooperative, thanks to a legislative appropriation from the arts and cultural heritage fund.



PLAY BALL! Our T-ball program (ages 4 in June or currently in Bridges/Kind) is designed to give your child a fun experience while developing basic skills such as throwing, catching, batting, base running, fielding, and teamwork. Teams will be divided according to location and coach availability. A detailed registration form will be sent home in backpacks in March. Please fill that form out and return it to your child's school office or to Community Education.

Cost: \$30 per player

Time: 6:15-7:15pm (approx. end time)

Register by: April 7

Practices will be held the week of June 5<sup>th</sup> with games played on Mondays & Wednesdays for the remainder of June.



## Youth Co-Ed

Summer Coach Pitch is for players currently in 1st & 2nd grade (going into 2nd and 3rd grade this fall) and are ready for the next step after T-Ball. Teams will use a harder ball and will continue to develop their fundamental skills along refining their basic skills such as throwing, catching, batting, base running, and teamwork. Teams are divided according to location & coach availability. A detailed registration form will be sent home in backpacks in March - please fill that form out and return it to your child's school office or to Comm. Ed.

Cost: \$30 per player

Time:6:15-7:30pm (approx end time)

Register by: April 7

Practices will be held the week of June 5th, with games played on Tuesdays & Thursdays for the remainder of June.

## Fastpitch Softball Information 2023

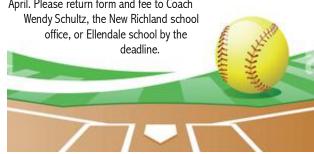
3<sup>rd</sup> & 4<sup>th</sup> grade information: 10U is designed for learning the fundamentals of the game. Each team has the option of either having a coach pitch or having a player pitch. Games are typically played Wednesday evenings at 6:00pm in June & July in Ellendale, Geneva, or Hartland.

Fee: \$25

### 5<sup>th</sup> Grade and up information:

Fee: \$85 (make checks payable to NRHEG Softball Boosters) Nights of play: TBD - will be shared on registration forms.

\*\*Look for registration forms sent home in backpacks the middle of April. Please return form and fee to Coach Wendy Schultz, the New Richland school





## For girls going into 3-6th grade this fall

Our summer softball camp will run the beginning of June and is designed for our young athletes to learn, develop, and enhance their skills in all phases and positions of softball.

Instruction includes offensive and defensive training such as batting practice, team drills, position work with your coaches, and individual work to improve your softball game.

So get ready to learn and have some fun with your friends this summer!

\*\*Watch for registration forms in your child's backpack the beginning of May. Please fill out and bring the form & registration fee to the Ellendale School, Attn: Coach Schultz

# Flag Football

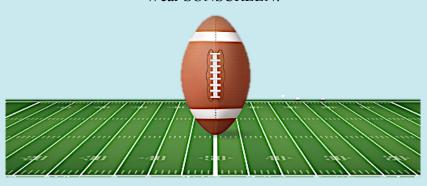
Join Community Education coaches and volunteers for a beginning football experience that will emphasize having fun and learning the basics of football. Participants will play flag football in small groups against players from their own grade or similar ages. Fundamental skills and basic rules will be taught in a fun and energized atmosphere. Make sure to bring athletic shoes or cleats, along with shorts and a water bottle!

Date: Mon's & Wed's, July 11 - Aug. 3 **Time:** 12:00-1:00pm (July 24, 26, 31, Aug 2) **Location:** New Richland Practice Fields **Ellendale Practice Fields** (July 10, 12, 17, 19)

Cost: \$40 per player

**Instructor:** Coach Trai Wicks Register by: Friday, June 30





## BOYS BASKETBALL CAMP

Are you looking for a camp where your child can learn or practice basketball? This camp is open to all skill levels in grades 3-8 and provides a positive and encouraging environment for young hoopers to have fun while playing and learning the game of basketball.

Our boys basketball camps are designed to improve your child's basic basketball skills and help them improve their overall game.

Watch for more detailed information to come out towards the end of June! Registration information will be available in our next brochure (released in June) and on the NRHEG Basketball Facebook page.

Registration information will be available this summer Stay tuned for more details!

## GIRLS BASKETBALL CAMP

More information coming home soon!!

Learn how to dribble, shoot, pass, and other basketball skills through drills. Experienced players will learn techniques to improve their game. Teamwork, sportsmanship, and fun will be emphasized!

When: Beginning of June (TBD) Cost: \$40 per player Location: NR Secondary School. Time: TBD

Grades: 3-8<sup>th</sup> grade

Detailed Registration Flyers with exact dates & times will be sent home in April – Please register at that time!

## YOUTH BASKETBALL CAMP

More information coming home soon!!

Our basketball clinic is designed to teach your child fundamental basketball skills while learning teamwork, strategy, and sportsmanship. Children will also be introduced to basketball rules, shooting, passing and ball handling. They will also become familiarized with basic offensive and defensive skills like rebounding and team play.

Camp dates: Mid-June (exact dates TBD)

<u>Grades</u>: 1-2<sup>ND</sup> grade (grade in fall '23) <u>Times</u>: TBD <u>Cost</u>: \$30 <u>Location</u>: New Richland School

A separate registration form will be sent home in April – Please register at that time!

## PANTHER VOLLEYBALL CAMP

Pacesetter Sports is the Midwest leader in providing HIGH QUALITY, LOW COST programs. The Pacesetter staff is comprised of former state champions, college coaches, or highly successful high school coaches who love teaching volleyball to young people. Pacesetter focuses on teaching the most important skills to make the greatest possible improvement in a few days...

# Pacesetters Camp

Mid-July (exact dates TBD)

Watch for email & Facebook notification to register through their website!

### **NRHEG JUNIOR HIGH**

## FOOTBALL CAMP

This summer Coach Kruger and the NRHEG Varsity football team will be hosting a 4 day football camp for our Jr. High team. This camp will focus on football fundamentals as well as introduce the players to the offensive and defensive schemes they will be using this season. Football helmets and pads will be introduced as the week goes on (will be provided). Registration deadline June 1<sup>st</sup>!

Monday – Thursday, July 24 –27. 9:00-11:00AM. \$40 per player For players going into 7<sup>th</sup> & 8<sup>th</sup> grade this fall New Richland football practice fields. Click on the QR Code to register:





## NRHEG CLAY TARGET TEAM

**Grades:** 6-12. Available in both fall and spring, this league is for students who have a valid gun safety certificate and have an interest in shooting sports. This is the fastest growing high school sport in MN! The State Class Championship represents the largest youth trap shoot in the nation and the MSHSL State Tournament is currently the only one of its kind in the nation.

<u>Fall League:</u> begins in mid-September and goes for 6 weeks with no state shoot at the end. It's a great way for students to introduce themselves to the sport before the Spring League. Registration for the Fall League begins in August so being on the mailing list before school starts is very important. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 6-week season, the cost of league registration, a meal at our fun shoot, and a team shirt.

Spring League: involves weekly shoots one night per week starting the first week of April and going through the MSHSL State Tournament in late June. Shoots are held at the Owatonna Gun Club. Registration covers 2 rounds of targets per week for the 10-week season, the cost of league registration, state shoot registration, a meal at our fun shoot, and a team shirt.

\*\*All students provide their own firearms, ammunition, and safety gear. Students from neighboring school districts without a team or who are home schooled are also welcome to join us!

For more information contact Dan Sorum at 507-417-2627 or email him at dsorum@nrheg.k12.mn.us. If you wish to be placed on the team mailing list email Mr. Sorum your contact information ahead of time.

ALL FEES need to be sent to Mr. Sorum (306 Ash Ave. South, New Richland, MN 56072) with checks made out to NRHEG Community Education with Clay Target in the memo. Registration is set in January so getting on the mailing list is important for up to date information.



Schedules could vary each week dependent upon Ellendale & New Richland gym availability and participants' schedules. Please join our Facebook group "NRHEG Pickup Basketball" to find the times, dates, and locations each week!

Cost: \$3 at the door. Leader: Aaron Sarvey



## Swimming lessons ST. OLAF LAKE

Instructor: Red Cross, City of New Richland.
Registration and payments can be made online at www.cityofnewrichlandmn.com in the Parks and Rec Section. Please call Sara Jo at (507) 465-3514 for questions.

A flyer may be sent home this spring for swimming lessons with session dates, times, and other important information.

Session 1: June 19-30 Session 2: July 17-28
Session 3: July 31-Aug. 11



## **Swimming Lessons GENEVA POOL**

Instructor: Red Cross, City of Geneva Please visit the Geneva City Pool Facebook page for updates in May regarding summer swim lessons. You may message the page for more information or to sign up once dates are posted.

# SECONDARY SCHOOL INFORMATION

## **REMINDERS OF UPCOMING DATES & EVENTS**

## **APRIL**

- 7 No School Spring Break
- 10 No School Spring Break
- 14 Spring Play (7:00pm)
- 24 Secondary Parent/Teacher Conferences (4:00-8:00pm)
- 28 2 Hour early dismissal
- 29 Prom Enchanted Midnight

## MAY

- 2 5-12th grade Band & High School Choir Concert (7:00pm)
- 8 Middle School Musical (7:00pm)
- 21 Baccalaureate (7:00pm)

## JUNE

- 1 Last Student Day
- 4 Graduation







## SPRING SPORTS



Information for 7-12<sup>TH</sup> Grade Students

GIRLS SOFTBALL
BOYS BASEBALL
BOYS & GIRLS TRACK AND FIELD
BOYS & GIRLS GOLF

Registration information has been sent to all families with students in grades 7-12 the end February. The spring sports meeting will be on Monday, March 13<sup>th</sup> at 6:00pm. For registration Information, visit the link below:

More information can be found at: https://www.nrheg.k12.mn.us/domain/732



## **Backyard Chickens for Beginners**







Raising backyard chickens can be a rewarding experience and a great way to teach kids (and yourself!) about nature, agriculture and responsibility of caring for animals. Chickens not only contribute to the making of good soil, but they also help promote sustainable food production, eliminate the need for factory-farmed food, and they make a wonderful (and natural) insecticide too!

### So, if you are thinking about raising your own chickens and you are not sure where to start, start here!

In this class we will cover everything you will need to know about raising chickens such as bio-security, local ordinances, predators, the best diet, coops, breeds, equipment, egg production, winter and cold weather, bird costs, breeds, and much, much more!

Date: Saturday, May 6 **Instructor:** Rachel Powell Location: New Richland Secondary School, enter door #1E

Register by: Thurs. April 27

Cost: \$25 per person.



## **June 25, July 23, August 11** New Richland, MN - City Park



The SummerBurst Concert series will continue with a second season of music for the New Richland area communities! Concerts are held at the park on Sunday afternoons with free admission (free will offerings are accepted). An additional concert is held prior to each park performance at the New Richland Care Center for its residents.

June 25<sup>th</sup> The Whitesidewalls: – The upper Midwest's premier doo-wop, rockabilly and rock and roll band, known for 50's and 60's music will perform the songs we all remember! 3:30-5:00pm

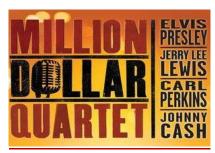
July 23<sup>rd</sup> Gavin Berg & Meghan Krause – Two Twin Cities performers will return to entertain their hometown, dazzling their audience with songs, people, places, and stories that inspire them! 3:30-5:00pm

August 11<sup>th</sup> Salsa del Soul – The Twin Cities five-piece multicultural orchestra will perform Latin America music specializing in Spranish speaking regions of the Caribbean. Special feature will include a dance instructor who will teach concert goers the moves to this fabulous music! 3:30-5:00pm.

\*\*A food truck will also be available at each concert for your eating pleasure! Please bring chairs &/or blankets to sit on.



This activity is made possible by the voters of Minnesota through a grant from the Prairie Lakes Regional Arts Council, thanks to a Legislation appropriation from the Arts and Cultural Heritage fund.



### **Tony Award Winning Musical** 21 HIT SONGS by 4 LEGENDS

A Tony Award musical inspired by the true story set on December 4, 1956, when an extraordinary twist of fate brought ELVIS PRESLEY, JOHNNY CASH, JERRY LEE LEWIS, and CARL PERKINS together at Sun Records for on of the greatest jam sessions ever. MILLION DOLLAR QUARTET brings that legendary night to life, featuring a score of rock hits including "Blue Suede Shoes", "Fever", "That's All Right", "Great Balls of Fire", "Walk the Line," Whole Lotta Shakin' Goin' On," "Who Do you Love?" "Sixteen tons." "Folsom Prison Blues," "Hound Dog", and more!

"It whips the crowd into a frenzy" - New York Times "Wildly entertaining" – Hollywood Reporter "Musical fireworks" – Associated Press

This fantastic trip includes a coach bus pick up from New Richland (9:00am) and Ellendale (9:15am) school parking lots, a lunch served at 11:30am, and tickets to see the MILLION DOLLAR QUARTET (1:00pm show time) at the Old Log Theater in Excelsior on Thursday, June 22.

### Meal options include (please indicate option 1, 2, or 3 on registration form):

- 1. Bone-out Short Rib with mashed potatoes, green beans, and au jus sauce.
- 2. Chicken Breast with roasted potatoes, green beans, and a sherry cream sauce
- 3. Vegetarian pasta made with house marinara and fresh vegetables.
- \* Lunches includes dinner rolls, dessert, and coffee.

Bar service is available at your own cost.

Lunch seating will being at 11:15am and generaladmission show seating at 12:30pm.

Please register by May 22. Pick up times: New Richland Secondary School parking lot (east parking lot) at 9:00am and the Ellendale School north parking lot at 9:15am. Please arrive 5-10 minutes early to ensure adequate time to load. We will return to New Richland approx. 4:45pm and Ellendale at 5:00pm.

\$99 per person

# Medicare: Learn About Medicare Basics and How To Enroll with Diane Beckmann

Sifting through the piles of mailers or searching for Medicare answers on the internet can be overwhelming. Join us to learn all about Medicare and find answers to your questions. These seminars are for educational purposes only. No sales activity will be conducted.

Date: April 3 Time: 6:00-7:00 PM Cost: FREE.

**Location:** Waseca, MN Central Building Room 108

**To Register:** Call Waseca Community Education at 835-5626

# CITY OF NEW RICHLAND UPCOMING EVENTS

## April 1st is Ham Bingo

Will be held at New Richland City Hall. Hosted by the Commercial Club. Bingo begins at 7pm (doors open at 6:30). 15 games for \$15.

## **April City Wide Garage Sale**

will be Saturday April 29<sup>th</sup> – watch the City Website for information on how to register to be on the Map!

## May 20th is EMS Week Bingo

The Volunteer Ambulance Relief Association will be hosting an EMS Week Bingo on May 20<sup>th</sup> at 7pm at the New Richland City Hall. 15 games for \$15



## <u>ALL AGES</u> this summer

Schedules could vary each week dependent Ellendale upon New Richland gym availability and participants' schedules. Please join our Facebook group "NRHEG Pickup **Basketball"** to find the times, dates, locations each week

Cost: \$3 at the door. Leader: Aaron Sarvey

## Social Security - Timing is Everything with Diane Beckmann

Social Security is a vital income source for many retirees. But it can be a confusing topic, and making the most of it can have a lot to do with timing it right. Get answers to questions and learn what Social Security can mean for you. No sales activity will be conducted.

**Date:** April 24 **Time:** 6:00-7:00 PM

**Cost:** FREE

**Location:** Waseca, MN Central Building Room 108 **To Register:** Call Waseca Community Education at

835-5626

Interval training Cardio training

Strength training

## **POWER HOUR**

Adult Fitness Classes with Emily Schultz



### **ALL FITNESS LEVELS ARE WELCOME!**

Join me for a unique & customized group workout experience! I understand that every person is unique and every goal is personal, so by working together we can build healthy, happy people! Our unique personalized workout classes offer a wide variety of movements, routines, and challenges based on the strengths of the coach, the equipment available to us and the spaces we are provided. This is a truly customized group fitness class that offers multiple workout options 3 days a week so eventually you will discover multiple options/pathways within each of our workouts to help you achieve your goals!

LOCATION: Meet in the NR Secondary School weight room, enter through door #17

### Session 4

Dates: Jan 4 — Feb. 24 M-W-F Time: 5:00-6:00am Fee: \$75 per person / 8-weeks

### Session 5

Dates: Feb. 27 — April 28 M-W-F Time: 5:00-6:00am Fee: \$85 per person / 9-weeks

### Session 6

Dates: May 1 — June 30 M-W-F Time: 5:00–6:00am Fee: \$85 per person / 9-weeks

## 41st Annual Waseca County Early Childhood Fair

For families with children ages 0-5 years old Friday, March 24 from 5:00-7:00pm in the Waseca Intermediate. School gym.





- · Make a difference in the local community
- · Flexible schedule
- Great pay and bonus opportunities
- · Prior teaching experience not required

Call or visit us online to learn more.

800.713.4439 teachersoncall.com

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Morning routes, afternoon routes, morning and afternoon routes, evening routes, spring routes, fall routes, winter routes, summer routes, van routes, bus routes...

We can make any schedule work!!

Regular routes typically average 2 hours from start to finish. Evening routes can run as long as 6 hours. A great way to supplement your income as much or as little as you want.

#### TRAINING IS AVAILABLE

Don't be frightened away!

We will provide training for new drivers and make sure you are comfortable and confident behind the

We believe in working together as a team and helping each other out in any way that we can.

Come talk to us to learn more about how we can help you become a school bus driver!

### **BENEFITS AVAILABLE**

Competitive hourly pay Free NRHEG Activity Pass Flexible scheduling

Take your students to work, eliminate childcare expenses Supplemental income

Giving back to our schools and our communities Working with some pretty awesome people!





Have questions? Need more information? Talk to any bus driver or call Karla at 507.417.2605 or Mike at 507.417.2602

### Stay Active & Independent for Life

Do you wish you could improve your strength, balance and flexibility?

Do you want to decrease your risk of falling?

This free exercise program is for you.



Stay Active & Independent for Life (SAIL) is an evidence-based exercise program proven to prevent falls and improve health and well-being.

Designed for older adults, SAIL classes include strength, balance, flexibility and moderate aerobic training. Performing exercises that improve strength, balance and fitness are the most important activity that adults can do to stay active and independent. Exercises can be performed seated or standing.



NEW RICHI AND

EVERY WEDNESDAY AND FRIDAY 9:00 - 10:00 A.M.

TRINITY LUTHERAN CHURCH 204 FIRST STREET NW

Walk-in Registration

This is a FREE program

Contact Marlene with questions or to pre-register:

507.450.1518



## **COMMUNITY EDUCATION REGISTRATION FORM**

1 registration form per child please

-			
Address:		City:	Zip:
E-mail address:	notifications of class info.)	Cell phone:	Work:
Date:	Time:	Fee:	
2. Class/Activity:			
Date:	Time:	Fee:	
3. Class/Activity:			
Date:	Time:	Fee:	
How will your child be getting hom	ne after class/activity	is complete(who will pick	up)?
			Checks payable to: Community Ed n a school office or on our website.
P	ARTICIPANT EME	RGENCY CONTACT IN	FORMATION
			FORMATION
	AGE: AL		
STUDENT GRADE: PERTINENT MEDICAL INFO	AGE: AL	LERGIES:	
STUDENT GRADE:  PERTINENT MEDICAL INFORM  1. PARENT/GUARDIA	AGE: AL RMATION:	LERGIES:	
PERTINENT MEDICAL INFORMATION OF THE PROPERTY	AGE: AL RMATION : AN/RELATIVE/FRIEN	D NAME: CELL:	

RETURN FORM TO: NRHEG Community Education 306 Ash Ave. South New Richland, MN 56072 MAKE CHECKS PAYABLE TO: NRHEG Community Education. Please send separate checks for sports/trips & enrichment classes. You will be registered when the payment is received. If the class is cancelled, all checks will be returned or shredded.

## **COMMUNITY ED. REGISTRATION POLICIES**

### REGISTRATION INFORMATION

- \*Prompt registration is encouraged as space is limited and classes may fill quickly. Additional class times may be added if needed.
- \*Classes without enough participants will be cancelled
- \*Classes are filled on a first-come, firstserved basis. Waiting lists will be formed once classes are full.
- \*Confirmations of class registrations are NOT sent. Please assume you are registered unless otherwise notified.
- \*At this time phone and email registrations cannot be accepted. Please register via mail or in person. Include fee payment with registration form, as registrations will not be taken without payment

### REGISTRATION FEES

\*Fees for ALL activities are due at time of registration. Please register by the deadline. Make checks payable to NRHEG Community Education. Please use a separate check for each activity & put the name of the class in the memo line.

### TRANSPORTATION

\*Parents are responsible for their student's transportation unless noted otherwise. When picking up your student from class, please be prompt, as additional supervision is not provided.



NRHEG Public School District #2168 Community Education Macy Whiteside, Director https://www.nrheg.k12.mn.us/domain/49 507-417-2667 mwhiteside@nrheg.k12.mn.us

#### CANCELLATIONS

\*In the event of school cancellation (late start, early out, or all day) classes/activities scheduled during this time will be cancelled. All programs that are cancelled or partially cancelled due to the weather will be attempted to be made up at the convenience of the instructor and facility schedules. No refunds will be given on classes that are cancelled or partially cancelled due to the weather.

### SCHOLARSHIP INFORMATION

\*Families who qualify for the free/reduced price meal program may receive a reduction in class fees. Families may call NRHEG Community Ed to determine if they meet the criteria.

South Country Health Alliance (SCHA) members may take up to \$15 discount per class on most classes, limit of 5 discounted classes per year. If a class is less than \$15, the member may take the class free of charge. Members must be on SCHA at the time of registration, and through the duration of the class(es). Members must register in person I the Community Ed office and show SCHA card at the time of registration.

### REFUNDS

- \*If a class is cancelled due to low enrollment, fees are refunded or credited to your account. No refunds will be given 72 hours prior to class start date. Refunds will not be made after the first class meeting. Bus trips are non-refundable after the registration deadline and some classes may be non-refundable due to registration requirements.
- \*In the event that a class is filled or cancelled, you will receive a cancellation notice by mail, email, or telephone – your registration fee will be refunded.

### PHOTOGRAPHY DATA

\*Candid photos of participants in class or an activity may be used in NRHEG media and publications. You may decline authorization by contacting the Community Education Office at 417-2667



NRHEG School District 2168 306 Ash Ave. South New Richland, MN 56072 Non-Profit Organization U.S. Postage Paid Permit No. 1 New Richland, MN 56072

### Postal Customer



2022-2023 District Brochure



## School & Summer 2022-2023 Office Hours:

District Office: School year: Monday-Friday 7:30-4:00pm.

Summer hours: Mon.-Thurs. 7:30-4:00, Friday 7:30-12:00pm

Elementary School Office: School year: Monday-Friday 7:30-4:00pm.

Summer: Office closed June 12-August 18.

Community Ed. Office: School year: Mon.-Fri. 7:30-3:30. Summer: Mon-Thurs. 7:30-3:30