

CRUHSD
Athletic Department
2251 Hwy 95
Bullhead City, AZ 86442



Achievement For All

Dear Parent and Athlete:

The attached handbook was developed by the CRUHSD Athletic Department in an attempt to improve communications between the parents, athlete, and athletic department.

Participation in athletics is a privilege, not a right. The athlete must earn this privilege through dedication, desire, and discipline.

Please read the policies carefully. The CRUHSD "Athletic Policies" must be understood and agreed to between school, athlete, and parents. Your signature on the next page(s) indicates that both the athlete and parents have read and comprehend the contents of this athletic handbook.

Have your son or daughter return the signed letter to their Athletic Office. This signed letter must be on file before participation in athletics at your student's school.

We invite your comments and questions.

INSTRUCTIONS

Please read all documents very carefully.

PARENTAL/GUARDIAN CONSENT RULE

Parental/guardian consent is required before a student can be eligible to practice or compete in interscholastic competition. All students shall have on file with CRUHSD all appropriate permissions in which the parent/guardian authorized student participation.

All forms must be completed and signed in INK. Forms completed in pencil will NOT be accepted.

Signature pages for all forms are available in the back of this packet. If all forms are not completed correctly and signed as applicable, the student will not be cleared to practice or play until corrections are made or signatures obtained.

PHYSICAL EXAMINATION

Per Arizona Interscholastic Association Bylaws (www.aiaonline.org), Article 15.7:

- ALL ATHLETES MUST HAVE A PHYSICAL EXAMINATION EVERY YEAR
- The physical must be dated on/after MARCH 1st for the following school year. If the physical is dated prior to March 1st, a NEW physical is required.
- Forms are available further in the packet or at:

<http://aiaonline.org/files/10800/form-157-a-annual-preparticipation-physical-evaluation.pdf>

<http://aiaonline.org/files/107/form-157-b-annual-preparticipation-physical-examination.pdf>

<http://aiaonline.org/files/11978/form-157-c-annual-preparticipation-acknowledgement.pdf>

PAY TO PARTICIPATE FEE

There are no fees to participate.



ARIZONA INTERSCHOLASTIC ASSOCIATION, INC.
7007 N 18th Street, Phoenix, Arizona 85020-5552
Phone: (602) 385-3810

AIA POSITION STATEMENT

SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES

PURPOSE OF FORM: All AIA Member schools are required to ANNUALLY communicate this AIA Position Statement on the use of supplements, drugs and performance enhancing substances to every participant in interscholastic activities. (See Article 14, Section 13, Paragraph 2).

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sports, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti-Doping Agency's Prohibited List (www.wada-ama.org).
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco (e-cigarettes) in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifetime behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

**CRUHSD
EXTRA-CURRICULAR ACTIVITY ATHLETIC HANDBOOK
UMBRELLA POLICY**

- I. Statement of Philosophy
 - A. The interscholastic athletic program shall be conducted in accordance with existing Colorado River Union High School District policies, rules, and regulations. While CRUHSD takes great pride in winning, it does not condone "winning at any cost" and discourages any and all pressures which might tend to neglect good sportsmanship and good mental health. At all times the athletic program must be conducted in such a way so as to justify it as an educational activity.
- II. Extracurricular Activities-Defined
 - A. All interscholastic activities in grades nine through twelve that are (1) of a competitive nature and involve more than one school where a championship, winner, or rating is determined and (2) endeavors for which no credit is earned in meeting graduation or promotion requirements that are of a continuous and ongoing nature, organized, planned, or sponsored by the District, consistent with District policy, shall be conducted under the provisions of this policy. Such activities will be established and designed to offer students worthwhile athletic and leisure-time interests, wholesome recreational and social activity, and an opportunity to develop skills in democratic and cooperative management for these activities. These programs will be appropriate to the maturity of students and as varied as staff and facilities permit. Membership in these activities does not constitute equal playing time.
 - B. All such activities conducted within the District shall be under the direct supervision of the certificated individual responsible for the activity.
- III. You Are Eligible If You:
 - A. Have had an annual physical examination. The physical must be dated no earlier than March 1st of the previous year.
 - B. Have recorded your birth certificate with the secretary in charge of eligibility.
 - C. Have the school insurance or a waiver of liability from your parents on file in the athletic office.
 - D. Have on file a signed (parent and athlete) letter indicating that you and your parents have read and understand the Athletic Handbook and have been warned of inherent risks involved in interscholastic activities. (Informed Consent)
 - E. Have satisfied all other requirements set forth by the Arizona Interscholastic Association, namely Enrollment, Attendance, Domicile, Transfer, Recruiting, Age Limit/Birth Record, Physical Examination, Parent or Legal Guardian Consent, Student Insurance, Amateur Standing, Clinics/Summer Camps, Competition on School Team Sports Only and Try Outs. The student eligibility requirements are enumerated and presented in detail in Article 16 of the AIA Bylaws. (attached)
- IV. CRUHSD Eligibility:

Eligibility is governed by the Arizona State Board of Education, the Arizona Interscholastic Association, and the Florence Unified Schools Governing Board. It is necessary to have the extracurricular activities function within a realistic framework of control.

 - A. **ACADEMIC AND SCHOLARSHIP RULE**
 - a. The state eligibility criterion for extracurricular participation shall be a passing grade in all classes in which the student is enrolled and the student shall maintain progress towards promotion or graduation.

- b. Ninth Grade Enrollment - An eighth grade student graduate enrolling in the ninth grade for the first time may attend any member high school and be eligible for interscholastic activities provided District Board Policy governing boundaries are met.
- c. The school grading interval for determining eligibility shall: (a) be determined by each school: (b) be no longer than a nine- week duration, but may be less than nine weeks: (c) occur at equal intervals throughout the year: (d) apply to all students.
- d. A student must be enrolled in a minimum of five (5) courses the first twelve (12) quarters of high school and a minimum as determined by the district during the last four (4) quarters.

B. GRADING INTERVALS

CRUHSD grade checks covering all current athletes will be done weekly using official grades posted. Any athlete with an F will be considered ineligible for one week (Monday to Monday). Another grade check will be done the following Friday. If they have corrected their deficiency they will be reinstated for the next week, however they will be checked each week thereafter and must be passing all classes to remain eligible. Grade checks will be done on a weekly basis. Any work turned in after the official grade check is completed will not count toward the current grade check.

A student must receive a passing grade in all subjects taken in order to be eligible to participate in CRUHSD extracurricular activities. A failing grade in any class will disqualify an athlete from game competition for one or more weeks. An Incomplete grade in any class will disqualify the athlete until the incomplete is replaced by a passing grade. An AUDIT will disqualify an athlete from game competition for one or more weeks. It should be noted that a student athlete may NOT transfer out of a class to avoid a low or failing grade. If a transfer takes place the grade follows the athlete and the athlete is ineligible for the subsequent interval unless all work is made up in the class to which he/she transferred and eligibility is restored.

C. WRITTEN NOTIFICATION TO STUDENT AND PARENT/GUARDIAN

Parents will be notified of an athlete's loss of eligibility due to a failing grade by a Semester Report card that will be emailed home. Any change in eligibility status occurs Monday following the grade check.

D. REMEDIATION FOR ATHLETES THAT ARE FAILING

An athlete that receives a failing grade in any class will be declared ineligible to participate in any athletic contest for one week. Students who become ineligible at the end of any grading interval will be permitted to participate in practice sessions and attend group meetings, but they may not participate in any activities that include team or group competition. They will be required to attend a 40 minute athletic study hall before or after school for the entire week. If the student misses or does not use this time wisely they will be ineligible the next week or until they have the time made up. They also may not be involved in any athletic trip which results in the loss of class time.

E. BEHAVIORAL PROBLEMS

Since participation in athletics is a privilege, not a right, CRUHSD reserves the right to determine participation in the athletic program based on a student's conduct in and out of the classroom 24 hours a day, 7 days a week. Our athletes are expected to be role models for the student body. Any student whose behavior presents a problem or jeopardizes school discipline may be excluded or removed from a team for the rest of the

season. In extreme cases a student may forfeit his/her privilege of participation at CRUHSD for the entire year. Discipline is the backbone of our athletic programs. Students are required to abide by all athletic policies and school rules.

V. Training Rules:

- A. Each coach will have a set of written rules and regulations which are set up for their respective sport. A coach's individual rules may be more restrictive than other rules covered by this handbook as long as athletes are informed of these rules at the beginning of the season. Coaches are asked to post these rules! (Copy to Athletic Director and Principal) Rules will be enforced everywhere twenty-four hours a day, seven days a week. Athletes must also be advised that the Discipline Policies covered in the CRUHSD Handbook will be enforced.

*****Severity of the action may result in immediate dismissal from the program.
(Administrators' Discretion)**

Hazing –

ARS 15-2301 Hazing means any intentional, knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student and in which both of the following apply: a) the act was committed in connection with an initiation into, an affiliation with or the maintenance of a membership in any organization that is affiliated with an educational institution b) the act contributes to a substantial risk of potential physical injury, mental harm or degradation, or causes physical injury mental harm or personal degradation.

Penalty –

1st Offense - Removal from team and referral to the Bullhead City Police Department.

B. Dropping a Sport:

If you drop a sport after attending any practice you will not be able to participate in any other sport or activity in athletics until the regular season of the sport you quit is over. Special cases may occur where both coaches agree that it is in the athlete's best interest to terminate a sport and join another.

C. Dismissal from a sport:

The above rule (V) shall apply to dismissal also.

D. Athletes will not be allowed to participate in another sport until all equipment/uniforms from the previous season have been returned.

E. Dual Participation:

An athlete, for the good of himself and his team may participate in one sport per season. Special cases may be referred to the coaches of the sport involved and the Athletic Director and Principal if necessary.

VI. Practice and Games

- A. A student must attend all his/her scheduled classes in order to practice or participate in actual interscholastic competition. (Absences for legitimate reasons - doctor appointment, family illness, death, etc. can be pre-arranged.) Prearranged absences should be done prior to the day of the absence. If extenuating circumstances arise then the student athlete must call the front office stating their name and the sport that they are involved with.**

- B. Any student suspended off campus is ineligible to practice/participate/compete for the duration of the suspension. Each suspension day starts at 7:00 a.m. and continues 24 hours. Unless the suspension is immediately invoked (student removed from campus) the suspension is served the next day.
- C. When an athlete breaks a team rule, the athlete is placed on competitive suspension or is ineligible; he is required to attend practices and home games but may not be in uniform or leave class early.
- D. **Athletes are required to travel to and from athletic contests with the team. We discourage parents from making travel arrangements for their kids but we recognize that emergencies do arise. If you are going to take your child you will need to sign him/her out with the coach after the contest. Under no circumstances will CRUHSD release an athlete to anyone but a parent/guardian. Special arrangements can be made, but must be in writing and turned into the front office prior to leaving for the event. The Athletic Transportation Liability Form must be completed and returned prior to the event.**

Colorado River Union High School District
ACTIVITY TRANSPORTATION
PROCEDURE

If parents/guardians provide transportation to, or allow another adult or their son/daughter to provide transportation to scheduled interscholastic athletic events, or any other after school activity including practices, they must be aware that the following policies are in effect:

- Where a parent/guardian provides transportation to their son/daughter to or from a scheduled event, including practices, the parent/guardian shall assume all resulting liability, and the school shall assume no liability.
- Where a parent/guardian, or another adult designated by a parent/guardian transports students other than their own to or from a scheduled event, including practices, the parent/guardian or designated adult transporting the students shall assume all resulting liability, and the school shall assume no liability.
- Where a student transports himself/herself to or from a scheduled event, including practices, the parents/guardians of that student shall assume all resulting liability, and the school shall assume no liability. Head Coaches/Sponsors reserve the right to require students to ride to and from the events with the team/program.
- Where a student transports other students to or from a scheduled event, including practices, the parents/guardians of the transporting student shall assume all resulting liability, and the school shall assume no liability.

TRANSPORTATION LIABILITY WAIVER

I have read the Athletic/after school Transportation Procedure and agree that I shall assume all liability from, but not limited to the following situations:

- *Where I transport my son/daughter to or from a scheduled event;*
- *Where I transport other students to or from a scheduled event, or I, as a parent/guardian, give permission to another adult to transport my son/daughter home from a scheduled event and have explained to he designated individual that s/he will assume all liability;*
- *Where my son/daughter transports himself/herself to or from a scheduled event; or*
- *Where my son/daughter transports other students to or from a practice or scheduled event.*

I also agree that the school or district shall assume no liability whatsoever for negligently caused injuries resulting from the above situations or any other situation where contracted transportation is not being used to transport students.

Parent/Guardian Signature

Date

REQUEST FOR ALTERNATE TRANSPORTATION

Activity: _____ Student Name: _____ My

child, named above, will not be riding the team bus/van on _____ because my child will be:
(date)

- | | |
|---|--|
| ___ 1. Riding with his/her parent/guardian. | ___ 2. Riding with a designated adult, _____,
other than his/her parent/guardian. |
| ___ 3. Driving. | ___ 4. Riding with a designated minor, _____. |

Parent/Guardian Printed Name

Date

Parent/Guardian Signature

This form must be returned to the Administrator or Head Coach **NO LATER THAN 1 DAY** prior to the event.

VII. Athletic Injuries

All injuries must be documented by the person in charge. Forms are available in the office. Each coach must be certain that every injury requiring medical attention is documented. A copy of this report must be submitted to the Athletic Directors office/secretary no later than the day following the injury.

- A. All injuries, no matter how insignificant they might seem, must be reported immediately to the coach. Parents must act as our home monitoring system. Parents must report injuries that players very often try to hide.
- B. Players have an obligation to report all equipment problems.
- C. **Any athlete sent to the doctor for medical attention or who seeks medical attention on their own must return with a signed note from the doctor giving the athlete clearance to participate.**
- D. No athlete is permitted in the training room unless the coach is present.
- E. No food, no horseplay, and no socializing are permitted in the training room. Only those athletes needing services are allowed to be present.
- F. All athletes must obey the instructions of the coaches in the training room

VIII. Care of Equipment and Uniforms

- A. School uniforms are to be used or worn in competition or practice only or with coach's permission.
- B. **You will be held responsible for all athletic equipment for unusual abuse or loss.**
- C. **Athletic equipment is the responsibility of the student to whom it was issued.**
- D. **Students shall turn in all athletic equipment issued to them immediately after completion of any sport or after dropping out of that sport as the case may be.**
- E. **Students shall pay for all items not turned in. Their money will be refunded when the items are returned with the receipt.**
- F. **Students failing to turn in all equipment issued to them or failing to pay for lost items shall not receive any honors or awards for that sport or be permitted to take part in any other sports until satisfactory clearance is made.**

THE INFORMATION CONTAINED HERE INCLUDES PORTIONS OF THE BYLAWS, NOT THE ACTUAL BYLAWS. PLEASE REFER TO THE BYLAW REFERENCES FOR THE COMPLETE STATEMENT OF THE BYLAWS IN THEIR ENTIRETY.

ELIGIBILITY RULES:

1. Enrollment Rule - Bylaw 15.3

* You must be enrolled & attending classes in your high school no later than the 14th school day of the semester in order to establish eligibility.

* If you have been enrolled in school for 15 or more days during any one semester, it will count as one of the 8 semesters of high school attendance during which you may possibly have eligibility.

2. Domicile Rule – 15.5

* Except as otherwise stated in Article 15, you, whether an adult or not, are privileged with eligibility for interscholastic competition only at the school in the district in which your parents are domiciled. In multi-school districts, you are eligible only at the school in the attendance zone in which your parents are domiciled.

3. Age Limit/Birth Record Rule – Bylaw 15.6

*If you become 19 years of age on or before September 1, you are NOT eligible for any part of that school year. 4.

- * You must submit an acceptable record of birth before your name is placed on an eligibility list for varsity.
- 4. Parental or Legal Guardianship Rule – Bylaw 15.8
 - * You must get signed permission to participate from your parents or guardian on a form provided by the school.
- 5. Maximum Participation Rule – Bylaw 15.9
 - * You are eligible to participate for only four seasons in each sport and no more than eight semesters.
 - * You may be eligible for no more than eight semesters you attend school after you enroll in the ninth grade. Attendance for fifteen (15) days or more in a semester constitutes a semester of attendance.
- 6. Transfer Rule – Bylaw 15.10
 - * If you move with your parents to a new school district, you will be eligible at your new school provided you meet all other eligibility requirements.
 - * If you transfer schools and your parents do not move into the district of your new school, you will be ineligible for 365 days.
- 7. Amateur Rule – Bylaw 15.11
 - * You must be an amateur. This means that you have never used and are not using your knowledge of athletics or athletic skill in an athletic contest for financial gain.
 - * You shall participate and always have participated under your own name.
- 8. Recruitment Rule – Bylaw 15.12
 - * The bylaws prohibit recruiting of high school students for athletic purposes. If you are solicited to enroll in or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.
 - * If the recruitment rule is violated, you will not be eligible at a member school until reinstated by the AIA Executive Board.
- 9. Non-School Participation Rule – Bylaw 14.4
 - * If you are a member of a school team, you may not practice or compete with a non-school team in the same sport during the same season.
 - * You will become ineligible if you violate the above rule.
- 10. Sportsmanship Rule – Bylaw 16.3
 - * If you are ejected from an interscholastic contest for unsportsmanlike conduct, you will be ineligible for your team's next contest. You may also be subject to other penalties.
- 11. Spectator Behavior – Bylaw 16.3.2.4

In the event that spectators, parents, or other non-school personnel initiate or engage in physical conflict, verbal abuse or other threatening or aggressive behavior with school personnel, officials, players, coaches, or other spectators. The school(s) involved shall utilize all available law enforcement resources to prosecute such offenders, and shall take all reasonable actions to help ensure that future similar incidents do not occur, such as temporarily or permanently prohibiting the offender(s) from attending future contests.

Code of Conduct:

- I. This code of conduct applies to all students engaged in any AIA sponsored interscholastic activity or other CRUHSD related event.
- II. The primary goal of CRUHSD is the academic education of all students. The students will also be instructed to maintain a character worthy of pride. Therefore, each coach or sponsor has the obligation to encourage students to perform within reasonable academic expectations while representing CRUHSD in the best light possible.

- III. CRUHSD supports and observes the “Pursuing Victory with Honor” program as outlined further below in this packet.
- IV. School officials are not expected to monitor off-campus, non-school activities unless an infraction is severe enough to be brought to the attention of the community and has the potential to damage the reputation of the organization or the school as a whole.
- V. Rule enforcement will be consistent and immediate. The disciplinary actions implemented will be appropriate for the violation and are outlined below.
- VI. Each coach or sponsor has the prerogative to establish additional rules pertaining to their activity. These rules may include participation in practices, games, trips, etc. Rules set by the individual coach or sponsor must be in writing and communicated to the student participants and parents before the activity begins.
- VII. CRUHSD administration will be notified of all violations of the Code of Conduct and the consequences of the infraction.
- VIII. In addition to the penalties already imposed on the student offender, additional penalties may be applied based on the appropriate CRUHSD disciplinary policies.
- IX. In accordance with the AIA Position Statement, found above, as well as the laws of the State of Arizona, there will be zero tolerance of any student found to be using and/or in possession of, or remaining on the premises where there is knowing use of the of the following:
 - A. Weapons
 - B. Alcohol
 - C. Tobacco or tobacco products
 - D. Non-prescribed controlled or illegal substances, including anabolic steroids
 - E. Paraphernalia associated with the use of non-prescribed controlled or illegal substance
- X. Students must adhere to all CRUHSD regulations, rules and requirements, including enrollment regulations as described above, or be subject to disciplinary action.
- XI. Students in an on-campus suspension may participate in practice and competition.
- XII. Students in an off-campus suspension will not be allowed to practice or participate in activities or athletics while they are on suspension.
- XIII. An alternative student’s participation in extracurricular activities will be at the discretion of the School Administration.

Appeals:

- I. A student and his/her parents/guardians may choose to appeal a decision of disciplinary action by doing the following:
 - A. Providing a written request for an appeal hearing with the hearing officer of the school.
 - B. Requesting the hearing in writing within three days following the implementation of said action.
 - C. Writing the letter to the Athletic Director with a copy provided to the Principal.
- II. Subsequent to receipt of the letter of appeal, the following will happen:

- A. Within five school days after the letter is received, the Athletic Director will notify the parents/guardians and all necessary participants of the time and place of the appeal hearing.
- B. The school's hearing officer will hear both sides of the case and will take action that they consider to be in the best interest of the student and the school.
- III. During the time between the original decision and the hearing, the Principal has the authority to waive the action, which has been taken.
- IV. As per state school board statutes, the student and his/her parents/guardians have the right to further appeal a decision directly to the school board.

Requirements:

1. Online Video Course(s)

All athletes and their parents/guardians must complete free, online video courses. Free registration on the applicable websites is required before any course can be activated. Computers are available for use at public libraries if you do not have personal access to one. Printing of the completion certificate is mandatory as verification that this requirement has been met. Attach the certificate to this completed packet prior to turning it into your High School Athletic Department. The required courses are described below.

- I. The first courses are required by state law, as is the case in many states. Pursuant to Arizona Revised Statutes, ARS 15-341 (24) (SB 1521), concussion education must be provided to athletes, parents and coaches.

However, in April, 2011 Arizona went a step further and became the first state in the USA to mandate all athletes not only undergo concussion education but also pass a formal test before they are allowed to play. The completion of the Brainbook concussion course found at www.aiaacademy.org meets this requirement.

The course is to be taken one time in a student athlete's high school career and must be completed prior to participation in tryouts, practice or competitions.

i. For athletes, the course is located at

<http://www.aiaacademy.org/users/login/brainbook>:

1. Navigate to the require video class
2. Click on "Register as Student"
3. Complete all of the information in the "Name" section
4. Complete all of the information in the "Student Demographic Information" section
5. Click on "Register" at the bottom of the page
6. Complete the Brainbook concussion course
7. Print the complete certificate and attach it to this packet

ii. For parent/guardians, (not mandatory) the course is located at:

<http://www.craniumcommons.com/bb/>:

1. Navigate to the require video class
2. Click anywhere to start
3. Complete the information on the "Visitor Center" page
4. Click "Next"
5. Navigate through the course as instructed until completed
6. No completion certificate is available for parents/guardians

- II. The remaining courses are offered by The National Federation of State High School Associations (NFHS) located at www.nfhslearn.com.
- A. For athletes, the required video course is entitled Sportsmanship which is located at www.nfhslearn.com/electiveDetail.aspx?courseID=22000.
- B. For parents/guardians, the required video course is entitled The Role of the Parent in Sports and is located at www.nfhslearn.com/electiveDetail.aspx?courseID=18000. The steps necessary to access and view the applicable video courses are as follows:
1. Navigate to the required video class
 2. Sign in to the website
 3. Under "Elective Course", select "Order Now" on the applicable video course
 4. Select "I am ordering a course for myself" and click "Continue"
 5. Choose "Arizona" and then click "Save"
 6. Click "Checkout"
 7. The "Current Order" should show the correct course with the price listed as \$0.00
 - * If correct, click "Complete Purchase"
 - *If incorrect, begin the process outlined above again

Once the purchase has been completed, a receipt page will appear on which a link is available to access the course. Follow the link and complete the course. Be sure to print the completion certificate and attach it to this packet. The completion certificate can also be found on "My homepage/courses". Select "Completed and Expired Courses".

Student Transportation:

Students involved in extracurricular activities must travel with the team/group to and from all competitions away from the school site on transportation provided by the CRUHSD. In rare or unusual circumstances, other transportation arrangements may be authorized by the school administration or appropriate designee prior to the activity.

- I. Students arriving by other transportation without prior administrative approval will not be allowed to participate.
- II. Parents/Guardians arranging to drive their student to or home from an event must sign an Athletic Transportation Liability Form available at their HS Athletic Office or on the school website.

PURSuing VICTORY WITH HONOR

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to Pursuing Victory with Honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"). This code applies to all student-athletes involved in interscholastic sports in Arizona. As a CRUHSD student athlete, adherence to these standards is expected. Every student athlete must act in accord with the following:

TRUSTWORTHINESS

Trustworthiness - Be worthy of trust in all I do.

Integrity – lives up to high ideals of ethics and sportsmanship and always pursues victory with honor; do what's right even when it's unpopular or personally costly.

Honesty – lives and competes honorably; don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.

Reliability – fulfills commitments; do what I say I will do; be on time to practices and games.

Loyalty – be loyal to my school and team; put the team above personal glory.

RESPECT

Respect – treat all people with respect all the time and require the same of other student-athletes.

Class – live and play with class; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.

Disrespectful Conduct – don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks or a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

Respect Officials – treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

Importance of Education – be a student first and commit to getting the best education I can. Be honest with myself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.

Role-Modeling – remember, participation in sports is a privilege, not a right and that I am expected to represent my school, coach and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. **Suspension or termination of the participation privilege is within the sole discretion of the school administration.**

Self-Control – exercise self-control; don't fight or show excessive displays of anger or frustration have the strength to overcome the temptation to retaliate.

Healthy Lifestyle - safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco and drugs or engage in any unhealthy techniques to gain, lose or maintain weight.

Integrity of the Game – protect the integrity of the game; don't gamble. Play the game according to the rules.

FAIRNESS

Be fair – live up to high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

Concern for others – demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to myself or others.

Teammates – help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to the coaches.

CITIZENSHIP

Play by the Rules – maintain a thorough knowledge of and abide by all applicable game and competition rules.

Spirit of Rules - honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

WHAT DOES SPORTSMANSHIP LOOK LIKE?

- Integrity in all matters
- Never cheats
- Doesn't lie or deceive
- Doesn't fake fouls or injuries
- Calls plays against him/herself
- Generates trust
- Treats opponents, officials and game with respect at all times
- Is polite
- Doesn't fight with opponents
- Doesn't argue with officials
- Doesn't engage in taunting or trash-talking
- Doesn't engage in any celebrations that can be viewed as disrespectful
- Doesn't use profanity
- Handles all matters including winning and losing with grace and class
- Doesn't blame others or complain about bad luck or bad officiating
- Pursues excellence
- Tries his/her best and is hard-working Is a good role model
- Team player
- Puts the team before self
- Sacrifices personal statistics for team effort
- Plays fair and by the rules

(The pages that follow this packet are the forms that need to be signed and turned into the athletic office.)

CRUHSD DEPARTMENT INFORMED CONSENT/PARTICIPATION FORM/ATHLETIC POLICIES

Parental or legal guardian consent is required before a student can be eligible to practice or compete in interscholastic competition. All students must have on file in the office appropriate permission in which the parent or legal guardian authorizes participation.

I. I/We give our permission for _____ to participate in the organized athletic activities circled below:

Fall	Winter	Spring
Football	Cheer	Track
Volleyball	Basketball	Baseball
Swim	Soccer	Softball
Golf	Wrestling	Beach Volleyball
Flag Football		
Cross Country		
Cheer		

- II. I/We realize that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions the injuries can be so severe as to result in total disability, paralysis, quadriplegia, or even death. Participants can and have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical problems to their coaches or athletic trainers, follow a proper conditioning program, and inspect their own equipment daily. I/We have read, understand, and acknowledge that I/we have been fully advised and cautioned of the nature and extent of the inherent risks involved in interscholastic activities.
- III. I/We hereby acknowledge being informed of the athletic rules and regulations of CRUHSD.
- IV. I/We hereby acknowledge being informed of the AIA By-Laws regarding athletic eligibility.
- V. I/We hereby acknowledge that we have read and understand the CRUHSD Athletic Handbook and policy that is available in the Athletic Office.

Parent/Guardian Signature

Date

Player Signature

Date

Student-Athlete Eligibility Questionnaire

1. Name _____
2. Current Grade _____
3. Date of Birth _____
4. Current Physical Address _____
5. Who do you live with? _____
Is this person your legal guardian? _____
6. Have you ever attended another high school beside Mohave or been homeschooled?
_____ (If **YES** go to question 7) (If **NO** go to question 11)
7. Name of High School(s) attended. _____
8. Did you play sports or were you involved in activities at this other high school? _____
9. What sports or activities did you do? _____
10. What was your address when you attended this other high school?

11. Have you ever received money or gifts for playing sports? _____

I have answered truthfully to all the questions above.

Athletes Signature _____

Parent Signature _____ Date _____

CRUHSD STUDENT PERSONAL PROPERTY POLICY

In the past, many students have left valuable items completely unsecured in the locker rooms and other areas on campus. These students are then surprised and disappointed to learn that such items get stolen. Colorado River Union High School District will not employ any resources to investigate any stolen item that was not secured using a school issued lock. CRUHSD will

not investigate the theft of any item that is not permitted at school (this includes AirPods/Ear Phones, cell phones, Smart Watches). If you are the victim of theft under such circumstances it is your responsibility to file a police report.

I understand all of the information on this form:

Printed Student Name: _____

Student Signature: _____

Date: _____



OUR STUDENTS, OUR TEAMS . . . OUR FUTURE.

**Arizona Interscholastic Association, Inc.
Mild Traumatic Brain Injury (MTBI) / Concussion
Annual Statement and Acknowledgement Form**

I, _____ (student), acknowledge that I have to be an active participant in my own health and have the direct responsibility for reporting all of my injuries and illnesses to the school staff (e.g., coaches, team physicians, athletic training staff). I further recognize that my physical condition is dependent upon providing an accurate medical history and a full disclosure of any symptoms, complaints, prior injuries and/or disabilities experienced before, during or after athletic activities.

By signing below, I acknowledge:

- My institution has provided me with specific educational materials including the CDC Concussion fact sheet (<http://www.cdc.gov/concussion/HeadsUp/youth.html>) on what a concussion is and has given me an opportunity to ask questions.
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician or athletic trainer.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the school staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified health care professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC the following sports have been identified as high risk for concussion; baseball, basketball, diving, football, pole vaulting, soccer, softball, spiritline and wrestling.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and that I agree to be

Colorado River Union High School District Athletic Emergency Information

(Information is covered under the Privacy Act)

School: _____ Date: _____

Student: _____ Birth Date: _____

Address: _____ Home Phone: _____

Father: _____ Work Phone: _____

Mother: _____ Work Phone: _____

Notify Next: _____ Phone: _____

Doctor: _____ Phone: _____

Hospital Preference: _____ Phone: _____

Insurance Company: _____

Policy #: _____

Health Problems: Circle if Appropriate

Asthma Diabetes Epilepsy Bee Sting Allergies Heart Problems

Other/Specify _____

Medication _____

Consent for Athletic Emergency Care

Be It Known that in the event I cannot be reached, I, the undersigned parent or guardian of the student above named, do hereby give and grant unto any Licensed Medical Professional, medical doctor or hospital my consent and authorization to render such aide, treatment or care to said student as, in the judgment of said doctor or hospital may be required, on an emergency basis, in the event said student should be injured or stricken ill while participating in an interscholastic activity sponsored by the above named school.

It Is Hereby understood that the consent and authorization hereby given and granted are continuing, and are intended by me to extend throughout the current school year.

It Is Further understood that any expenses incurred will be paid for by insurance or the parent of the student. Payment of the expense is not a school responsibility.

Signature: _____ Date: _____
Parent or Guardian