

Santa Rosa Independent School District  
SCHOOL HEALTH ADVISORY COUNCIL MEETING

October 13, 2022

**MINUTES**

**I. Call to Order/Welcome**

Elizabeth Cisneros, Health Service Director, called meeting to order at 1:32 p.m. Mrs. Cisneros welcomed and thanked those in attendance. The meeting was held in person at Joe Nelson Middle School and via Zoom for purpose of recording meeting. There were 14 members in attendance.

**II. Minutes**

The committee reviewed the minutes from the April 14, 2022 meeting. There were no correction to be made. Mr. Troy Villarreal motioned to accept the minutes; Mr. Hector Lopez second the motion. The minutes were approved with as they were presented.

**III. ACE Updates**

Mr. Troy Villarreal was introduced to the committee and he came up to speak about ACE. He informed the committee of the current number of students they are servicing. They are currently servicing 282 students being serviced at Elma Barrera Elementary, 217 at JNMS, and 144 students at SRHS. The month of October SRISD started with the 4-day week for students. ACE is providing optional Fridays to students in the program. They currently have 53 students at E. Barrera Elementary, 38 students for JNMS, and 18 students for SRHS. Mr. Villarreal also informed the committee of upcoming and past events, they are as follows: On September 21, 2022 they had a wreath making activity with 15 parents in attendance at SRHS, on September 28, 2022 they had a Talent Show 30 parents in attendance and 16 performances and yesterday, October 12, 2022, they had Mum night with 86 parents in attendance. Upcoming events are the Fall Festival that will take place October 29, 2022, 5:30-7:30 p.m. at the Fine Arts Building at SRHS. A wreath making event is scheduled at E. Barrera Elementary on November 9, 2022 from 5:30-7:00 p.m. and a wreath making event at JNMS on December 7, 2022 from 5:30-7:00 p.m. He thanked those present and asked to be reached with any questions.

**IV. Wellness Summary for 21-22 SY, HB 1525 Updates & FLU/COVID/Health Updates**

Mrs. Cisneros passed out a copy of the Wellness District Summary for the 2021-2022 school year and asked members present to review it the floor was open for questions or comments, there were not any. Mrs. Cisneros discussed HB 1525 in regards to Human Sexuality Curriculum as outlined by TEKS from TEA, she invited Mrs. Cuevas, Dean of Instruction for SRHS to discuss the process at SRHS. Mrs. Cuevas came up and informed the SHAC committee that at SRHS and JNMS the curriculum being used is Good Heart Wilcox. She informed the committee that this book comes with a companion booklet that contains the Human Sexuality TEKS. At SRHS this portion will be introduced the 3<sup>rd</sup> six weeks. In this planning phase an outline with dates and topics to be taught is being created by the Health Teacher to send out to parents along with an informational and consent letter that will either give permission for their child to be taught this portion of the instructional material or opt out of it. This additional material is being provided by the publisher as an additional text book so that those parents who choose for their students to opt out of this portion do not have access to this additional teaching material. Once the letters are sent out to parents they will be provided with a link where parents can log in and review the material before it is taught to their child. This is also a requirement through HB 1525 that states parents must have access to the material being taught prior to giving consent. This link will also be on our district page for easy access by parents. Mrs. Cisneros advised the SHAC committee that a recommendation for QuaverEd was made to the Administrator of Elma Barrera Elementary for the Human Sexuality Curriculum. This recommendation was made based on other RGV school districts using it and on recommendations by TEA due to the alignment with TEKS.

FLU/COVID updates: Mrs. Cisneros informed the committee the current enrollment for SRISD is 913. Current COVID cases YTD are as follows: E. Barrera 7, JNMS 10, SRHS 26, FLU cases reported as of October 1, 2022 are: E. Barrera: 5, JNMS 16, and SRHS 25 as of today. We are being proactive with the

FLU as there has been an increase throughout all Valley school districts with FLU cases. We are encouraging good hand hygiene, Flu vaccines and to stay home when feeling sick.

**Fentanyl Update:** There has been an increase in Opioid use throughout Texas, particularly the use of Fentanyl. TEA has just released an update requesting that districts create a response plan in regards to use and drug overdose in schools. Nurse Cisneros informed the committee that she has been speaking with Chief Betancourt and are going to speak with Superintendent Chapa in regards to stocking Narcan, which is used in overdose cases. Mrs. Cisneros informed the committee that the appealing look of this drug makes it very dangerous for young children and teens. Mrs. Cisneros asked for questions or concerns from the SHAC committee. There was a question as to how staff would know if substance abuse was present, Mrs. Cisneros informed the committee that a Substance Abuse course would need to be provided to staff prior to any use of Narcan at SRISD. She informed that this is still in the discussion phase and then once approved we would discuss the planning phase.

There was a question made by Ms. Laura Garza, JNMS principal in regards to outcry to self-harm from a student and what is the protocol? Mrs. Cisneros informed Ms. Laura Garza that it is on a person to person basis, does the student have a plan? has the student expressed this concern before? ect. Mrs. Cisneros informed her that the Counselor should be involved, and the crisis team. Consent should be received from parent to inform them of outcry and seek consent for professional assessment of the student. EMS can be called based on the threat. The parent has the option to have the student released to them and assume full responsibility.

Mr. Montemayor, Administrator for SRHS informed those present that for substance abuse the administrators is in charge, Chief Betancourt gets involved for the legal aspects and nursing performs a medical assessment but does not diagnose.

Mrs. Cisneros informed those present that before we can stock Narcan or any other medication the Board must approve it and has to be put in policy. Consent would be required by parents if there is a suspicion of an overdose due to legal aspects. Mrs. Cisneros informed the committee that the Valley Aids Council and Region One are currently doing substance abuse trainings for districts. Should the Superintendent and Board want to move on with stocking Narcan for opioid overdose we would look at having them come in and train staff of SRISD.

Mrs. Cisneros moved on to discussing what the SHAC committee is and why it was created. She stated that SRISD established a health committee to comply with Senate Bill 19 sec. 28.00 that mandates the implementation of a SHAC. The SHAC plays a vital role as an advisory council to the School Board for the purpose of exercise, nutrition, and health attitude and behaviors. She informed the SHAC that there are openings for the following positions in the SHAC committee: Chair, Vice-Chair, and Secretary. She asked administrators for help in recommending any parents that would like to be a part of the SHAC committee. Mrs. Cisneros informed them that she would contact the parent and inform them of their role should they decide to run for office. Mrs. Cisneros states that she would like for the election process to take place during the December 2022 scheduled meeting.

Question was made as to when the next SHAC meeting was? Mrs. Cisneros states the tentative date would be December 12, 2022. She would email the committee with the scheduled date.

## **V. Questions & Committee Comments**

There was a question made as to how to get consent from parent for students in case of the Narcan needing to be administered. Mrs. Cisneros replied that what other districts are doing is if the parent has signed consent for emergency and health screening treatments this would fall under that signature.

Another question was made as to who would reach out to the parents being recommended to join SHAC?

Mrs. Cisneros stated that she would reach out to those parents once those names were given to her.

Mrs. Cisneros introduced Shyanne Moreida who is with Cameron County Public Health Department who came in to give information of their services. She spoke of WIC, maternal health, immunizations and communicable diseases. She spoke that Immtrac is a public registry for immunizations particularly for those over 18 years of age. She informed that once a person turns 26 all immunizations are erased from data base unless the person signs consent at age 18. This will ensure that records are kept in database for future use.

Question was asked where someone would fill out this consent for their child who is close to turning 18? Ms. Moreida stated that the physician's office should have them available or you can go into the CCPH offices and fill one out.

**VI. Adjournment**

Mrs. Cisneros thanked everyone for coming and welcomed Mr. Longoria and all others present. Meeting was adjourned at 2:04 p.m.