

Self-Help Resources

Adapted Clothing Resources

Here are some great options for adaptive clothing and shoe lace options that may assist with making dressing much easier. When you're choosing clothing, think about buying clothing that the child is able to put on independently.

- **Footwear Specific:**

Shoelace alternatives: <https://www.thegrommet.com/xtenex-x300-laces>

Elastic shoe laces: <http://www.curlylaces.com/>

<https://www.theoriginalstretchlace.com/>

Hickies lace: <https://www.hickies.com/>

Lock laces: <https://www.locklaces.com/>

EZ sox: <https://ezsox.com/>

Easy-up Shoes: <http://www.easyup-shoes.com/>

Billy Footwear: <https://billyfootwear.com/collections/footwear>

Nicer Shoes: <https://nicershoes.com/best-no-tie-shoelaces-reviewed/>

Nike: https://www.nike.com/us/en_us/c/innovation/flyease

Butler brand-may be helpful for foot orthotics, but not necessarily for full orthotics: <https://thebutlerbrand.com/>

Seal shoe covers (orthotics) <https://sealshoecovers.com/>

- **Adaptive clothing:**

Zappos-Clothing and shoes: <http://www.zappos.com/about/adaptive>

Target: <https://www.target.com/c/kids-adaptive-clothing/-/N-1laue?Nao=0>

Landsend: <https://www.landsend.com/adaptive-clothing-kids-school-uniforms-sensory-friendly/>

Tommy clothes: <https://usa.tommy.com/en/tommy-adaptive>

Myself Belts: <https://www.myselfbelts.com/collections/kids-belts>

Special Kids: <https://specialkids.com/>

Kozie clothes: <https://www.kozieclothes.com/>

Underarmour: <https://www.underarmour.com/en-us/outlet/mag-zip/g/611h>